

# HOMEOPATHY - KEYNOTES FOR 341 DRUGS

INFORMATION EXTRACTED FROM ARCHIBELS' RADAR/SYNTHESIS v8.1

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## # ABELMOSCHUS (abel.)

### Mind

- IRRATIONAL FEAR OF ANIMALS agg. night.
- Delirium with hallucinations.

### Generals

- agg. Night.
- amel. Eating small quantity.
- Addison's disease.
- Pernicious anemia.
- Tetany.

### Food and drinks

- Desire: Cold food and drinks.

### Head

- Migraine.
- Heavy feeling, as if in a vice.

### Eye/vision

- Pain as from a nail.
- Scotoma: spots before eyes with difficult vision.
- Glaucoma. Detached retina.

### Ear/hearing

- Difficult hearing on ascending stairs.

### Face

- Paralysis, trembling lips and jaw.
- Clenched jaw.
- Pale, yellow; itching.

### Mouth

- Salivation increased, with sensation of dryness.
- Saliva thick, sticky.
- Difficult speech.

### Throat/external throat

- Swallowing difficult.

- Pain sides throat on turning head.

#### Stomach

- Pain in pit of stomach.

#### Respiration

- Difficult.

#### Chest

- Tight feeling region of heart.

- Palpitations with anxiety.

#### Extremities

- Trembling, weakness, paralysis; with edema.

#### Dd

Apis, Ars, Bell, Carc, Chin, Stram.

### # ABIES CANADENSIS (abies-c.)

\* Esp. digestive problems.

#### Mind

- Irritability, moody, peevish (Nux-v). Snappish.

- Not as impatient or driven as nux-v.

- Mental exhaustion. Dazed. Indifferent.

#### Generalities

- Chilly; as if blood were ice-water.

- Wants to lie down. Lies with legs drawn up.

Sluggishness not amel. by eating stimulating food.

- agg. Right side.

- amel. Pressure.

#### Food and drinks

- Desire: Coarse, indigestible food.

- Aversion: Sour food.

- agg.: Coarse food, tea.

#### Head

- Faint, drunken feeling.

#### Stomach

- GNAWING PAIN; GREAT APPETITE, TENDENCY TO OVEREAT.

Faint feeling at epigastrium, ext. to head.

- Distention agg. eating.

#### Abdomen

- Sensation as if RIGHT LUNG AND LIVER SMALL AND HARD.

- Pain right hypochondrium, ext. to right scapula (Chel.).

- Rumbling agg. eating.

#### Rectum

- Burning pain (constipation).

## Genitalia

- UTERINE DISPLACEMENT; PROLAPSE.(Sep.)

Sensation as if uterus is soft.

## Respiration

- Difficult from distention of stomach.

## Chest

- Palpitations from distention of stomach.

## Back

- Coldness. Sensation of a WET CLOTH ON THE BACK, as if cold water between scapulae.

## Sleep

- Position: With limbs drawn up.

## Dd

Abies-n., Ang., Chel., Gels., Lyc., Nux-v., Sep.

## # ABIES NIGRA (abies-n.)

\* Gastro-intestinal system.

## Mind

- Hypochondriacal. Fear of cancer. Sad.

- Feels mentally aged. Mind feels blocked. Difficulty in 'digesting' information.

## Generalities

- Sensation of a lump (throat, lungs, stomach).

- Indigestion with heart complaints or dyspnea, esp. in old people.

## Food and drinks

- Desire: Cucumber.

## Head

- Congestion.

## Face

- Flushed.

## Stomach

- FEELING OF A LUMP (egg, stone) or constriction in top of stomach.

agg. Immediately after eating.

- Want of appetite in the morning; but excessive at night.

- Indigestion, agg. tea, tobacco.

## Chest

- As if something hard had to be coughed up.

- Heart works slow; feels heavy.

## Sleep

- Restless. Sleeplessness with hunger.

## Dd

Abies-c., Asaf., Bry., Chel., Ign., Nux-v., Thuj.

## # ABROTANUM (abrot.)

\* Metastasis (alternating complaints)

### Mind

- Cheerfull, talkative with people they like.
- Alternating moods.
- Angry. Cross. Ill-humored.
- Malicious, vindictive, violent, cruel.
- Anxiety about health. Fear of idiocy.
- Mental fatigue.
- Children: Irritable, obstinate, melancholic. Sit by themselves.

Dull. Depressed.

### Generalities

- METASTASIS: One diseased condition disappears and another takes its place.

Mumps go to testes or mammae; rheumatic or cardial sx. when diarrhea stops. Hemorrhoids, bleeding, as soon as rheumatism is better.

Suppression of one condition brings on another.

- Ailments from suppressed discharge, eruption, hemorrhoids, rheumatism, etc.
- amel. DIARRHEA, discharges.
- agg. Night.
- Chilly. agg. Cold, wet.
- MARASMUS: Wasting of lower extremities, ext. upward.

Babies, children not gaining weight, with eruptions and discharges from umbilicus, old looking (face wrinkled).

- EMACIATION WITH RAVENOUS APPETITE.

- Anaphylaxia after T.B. vaccination.
- Weakness, esp. after influenza.
- Anaesthesia, paresis.

### Food and drinks

- Desire: Bread, milk.
- Aversion: Sweets.

### Head

- Pain alternating with hemorrhoids.
- Unable to hold head up from weakness, in infants (Aeth., Calc-p.).

### Face

- Old looking.
- Wrinkled, pale, dry.
- Cold with blue discoloration around eyes. Distended veins on temples.

### Stomach

- Empty, weak feeling with increased appetite.
- Stomach feels relaxed, hanging down.

## Abdomen

- DISCHARGE FROM UMBILICUS, esp. in newborn (Calc., Calc-p.).
- Enlarged glands with emaciated abdomen.

## Rectum

- Diarrhea with rheumatism.
- Hemorrhoids alt. with rheumatism.

## Male genitalia

- Hydrocele in boys after suppressed eruptions.
- Swelling of testes after mumps.

## Chest

- Cough alt. with diarrhea.
- Rheumatic heart conditions.
- Pleurisy, agg. right side.

## Back

- Weakness. Pain at night, amel. motion.

## Extremities

- EMACIATION OF LOWER LIMBS, ext. upward.
- Rheumatic pain in all joints, alt. with diarrhea, hemorrhoids; amel. motion.
- Sore or neuralgic pains amel. motion.
- Weakness with numbness, prickling, coldness.
- Chillblains.

## Skin

- Flabby, loose, shrivelled.
- Purplish discoloration after eruption disappears.

## Dd

Absinth., Aeth., Agar., Bar-c., Calc., Calc-p., Cham., Cina., Gels., Lyc., Mag-c., Petr., Sil., Sulph., Tub., Zinc.

## # ACETICUM ACIDUM (acet-ac.)

\* Wasting diseases.

## Mind

- Anxiety about his declining health; his children.
- Fear something bad will happen (Chin-s.). Fear of people, strangers, water.
- Complaining in a peevish way. Irritable, agg. with headache.
- agg. Emotional excitement.
- Tormenting panic-attacks with feeling of suffocation. Sighing.
- Ailments from grief, vexation.
- Weakness of memory. Dull, indifferent.
- Confusion: Does not recognize his children; esp. during fever.
- Children: Peevish, complaining, des. to be carried, av to be touched on head.

## Generalities

- Remedy for WASTING DISEASES like tuberculosis, pernicious anemia, cancer, aids; old opium users.
- Anaemia, emaciation, loss of appetite, weakness, cachexia.
- Night-sweat, burning thirst, cough, diarrhea, vomiting, polyuria.
- Face pale, waxy, bluish lips, sunken eyes with dark circles.
- HEMORRHAGES.
- Dropsy. (DD: Apis: thirstless).
- Hectic fever with coughing and night-sweats.
- Effects from chloroform.
- amel. Lying on abdomen.
- agg. COLD; sleeping on back.

## Food and drinks

- Aversion: Cold drinks, salty things.
- agg. Cold drinks, vegetables.

## Head

- Pain from abuse of narcotics, since narcosis.

## Face

- Pale, waxy, emaciated, with bluish lips.

Eyes sunken, surrounded by dark rings.

## Stomach

- Cancer. Violent burning followed by coldness and cold sweat on forehead.
- Severe gastritis.
- Stomach as if full of sour, vinegar (like the remedy).
- EXTREME, burning THIRST.

## Abdomen

- Flatulence, distention.
- Colic-like pains.
- Sore to touch.
- Sinking sensation while lying on back.

## Rectum

- Chronic diarrhea.
- Hemorrhage.

## Bladder

- Profuse urination.

## Male genitalia

- Impotency from weakness.
- Semen passes at stool.

## Female genitalia

- Menses profuse. Metrorrhagia.

## Larynx and trachea

- Croup.

## Cough

- Chronic hacking cough.

Expectoration

- Hemoptysis.

Back

- Pain amel. lying on abdomen.

Extremities

- Weakness and lameness. Paralytic sensations.

- Edema of lower limbs with diarrhea (phtisis).

Skin

- Naevi.

- Waxy skin.

Sleep

- Lying on back impossible.

Dd

Agn., Apis., Ars., Carb-ac., Chin., Nit-ac., Phos., Tub.

# ACHYRANTHES CALEA (achy.)

Mind

- Sadness; fear of suffering.

- Want of moral feeling.

- Anxiety of conscience. Religious preoccupations. Begs forgiveness and excuses himself for his errors.

- Light agg., needs darkness. Sensitive to noise.

- Desire for company, but averse being spoken to.

- Apathy, indifference towards environment.

- Stupor, sudden starting from sleep; wakes often, only for a short time.

- Answers in monosyllables.

Generals

- agg. Change in barometric pressure.

- agg. Cold, damp, motion, during heat.

- amel. Rest, strong pressure.

- Left sided.

- DRYNESS, BURNING.

- Sensation of heat, but desires covers.

- Weakness, fatigue, agg. mental exertion.

- ACUTE, CONGESTIVE FEVER. Meningitis.

- Inflammation of bone-marrow (osteo-myelitis).

- Sepsis.

- Muscular stiffness.

Food and drinks

- Desire: Cold drinks.

- Aversion: Solid food.

## Head

- Severe congestive frontal headache.

Pulsation temples.

Pain agg. touch, amel. pressure.

- Noises in head.

## Eyes

- Photophobia.

- Pain burning; as from sand.

Painful eyeballs, amel. pressure.

- Bloodshot.

- Yellow discharge, agglutination.

- Eyelids heavy, hot; eyelashes turn upward.

## Ear/hearing

- Itching, heat, dryness meatus.

- Acute hearing.

## Nose

- Sinusitis.

- Dry, stopped, painful; amel. discharge.

- Blackish discharge.

- Epistaxis agg. left, blowing nose.

## Face

- Pain in masseter and zygomatic muscles unable to close mouth.

- Red, swollen, as from sun.

## Mouth

- Hot and dry. Burning tongue.

- Water tastes bad.

- Aphthae from sun or indigestion.

## Throat/external throat

- Dry, burning. Needs to swallow often to moisture.

- Prickling after cold drink.

- Torticollis.

## Gastro-intestinal

- Gastritis. Colitis.

- Thirsty.

- Acute epigastric pains from cold.

- Constipation, no urge.

## Urinary tract

- Burning pains.

- Frequent urination of small quantities hot urine, with pressing pain.

- Urine reddish.

## Male genitalia

- Penis hot and flacid.

- Scrotum congested, veins distended.

- Sexual desire wanting, agg. cold.
- Erections incomplete; ejaculation seldom.

#### Female genitalia

- Dry, burning vagina.
- Relaxation of external genital organs.

#### Larynx/trachea

- Hoarseness agg. cold weather.

#### Respiratory

- Difficult breathing, short, noisy, fast.
- Light, tiring cough.

#### Chest

- Inflammation lungs.
- Oppression, desire to deep inhaling.
- Pain intercostal, pre-sternal, precordial.
- Mammae sensitive to touch.

#### Back

- Heaviness, soreness. Sudden pain. Lumbago.
- Cold perspiration.

#### Extremities

- Acute rheumatism.
- Burning hands and feet.

#### Sleep/dreams

- Child wakes in panic from nightmare.

#### Fever

- agg. after sudden change of temperature.
- High fever.

#### Skin

- Dry, burning; red. Dermatitis.
- Sensation of goose-flesh.
- Malignant lupus erythematosus.

#### Dd

Acon, Apis, Bapt, Bell, Bry, Hell, Pyrog, Rhus-t, Sang, Stell, Stram, Sulph.

#### # ACONITUM NAPELLUS (acon.)

#### Mind

- FEAR AND PREDICTING DEATH. Convinced they will die, PREDICT THE TIME. Fear of death during pregnancy, labor.
- FEARS: CROWD, NARROW PLACES, OPEN SPACES, darkness, elevator, tunnel, heart-disease, heart will stop, brainstroke, fainting, air plane, earthquake.
- Fearful RESTLESSNESS.

- PANIC STATES: Sudden, violent. Like internal earthquake.

With palpitations, red face, vertigo, one sided numbness, faintness, perspiration, trembling, dyspnea.

agg. Midnight to 4 a.m.

agg. 15 to 30 minutes after falling asleep.

agg. On falling asleep (Lach).

agg. Becoming warm in bed.

agg. Twilight (until midnight).

Calm in between the panic states.

- Extroverted. Desire company.

- Anxiety about others. Sympathetic.

- Alternating moods.

- Complains, reproaches. Quarrelsome. Misanthropy.

- Over-sensitive to noise, light, touch.

- Sad, indifferent; with aversion company.

Generalities

- Extreme excitability of nervous and vascular system.

- Desire open air.

- agg. COLD DRY weather, dry COLD WIND, east wind,

agg. becoming cold when overheated.

- agg. Motion; lying on affected side; touch (esp. during fever).

- agg. FRIGHT, SHOCK; experience of IMMINENT DEATH.

- agg. Twilight.

- amel. Discharges (vomiting, diarrhea).

- Plethoric. local congestions.

- Epilepsy or convulsions.

- Numbness, tingling agg. left side.

- Intolerable pains; stinging, burning. Protects painful part with hands.

Vertigo

- During panic.

- On rising, on attempting to sit up in bed.

Head

- Tormenting headaches, agg. occiput and forehead, with fear of death; after fright; exposure to cold.

- Congestion and fullness, agg. evening; as if enlarged.

- Sensation of boiling inside.

Eye

- Conjunctivitis from cold, dry wind, reflection of snow. Inflammations from injury (Symph.).

- Hot and dry. Red conjunctiva of lids. Profuse lachrymation. Lids hard and swollen.

- PHOTOPHOBIA FROM SUNLIGHT.

- Eyeballs feel enlarged.

- Loss of vision after fright, very cold or hot weather.

Ear

- External ear hot and red; painful sensitivity; noise intolerable.

Nose

- Acute smell for unpleasant odors.
- Epistaxis; bright red.

#### Face

- Anxious expression.
- NEURALGIA, PARALYSIS after dry, cold wind, agg. left side.
- One cheek red, one pale (Cham).
- ONE-SIDED NUMBNESS.
- PALE ON RISING, with faintness.

#### Mouth

- Numbness and tingling of tongue and lips. Burning.
- Everything tastes bitter except water.

#### Teeth

- Grinding.
- Pain from dry, cold wind; during pregnancy.

#### Throat

- Acute inflammations with high fever, dark redness, burning and stinging.
- Swallowing difficult.

#### Stomach

- Gastritis from drinking cold water when overheated.
- THIRST for large quantities (cold water).
- Burning pain ext. to mouth.
- Pressure as from a stone, ext. to back.

#### Abdomen

- Acute hepatitis. Splenitis.
- Severe colic with green, watery stool, amel. after stool.
- Tympanitic swelling, burning hot, painful to touch, agg. umbilical region.

#### Urinary

- RETENTION of urine in NEWBORNS, from FRIGHT; from cold, esp. children, with crying and restlessness.
- Frequent urination during crisis.

#### Male genitalia

- Acute orchitis.

#### Female genitalia

- Acute inflammation ovaries from suppressed menses.
- Suppressed menses, dysmenorrhea from fright, becoming cold.
- Abortion from fright.

#### Larynx/trachea

- CROUP, in early stage; after cold, dry wind.

Larynx sensitive to touch, inspired air; as if raw.

#### Respiration

- Hyperventilating with a croupy sound, agonizing, with fear of suffocation.
- Dyspnea from fright, cardiac excitement.
- PSYCHOGENIC DYSPNEA (Lob.).

## Cough

- Short, dry, hoarse, barking, forcible; from irritation in throat.

## Chest

- PALPITATIONS, WITH ANXIETY AND FEAR OF DEATH, RESTLESSNESS; agg. lying.

As if boiling water in chest. As if heart will explode.

- ANGINA. Intense pain in all directions, esp. down left arm; with numbness and tingling.

- Pneumonia, pleurisy.

- Stitches in right side, agg. lying on right side, motion, coughing, breathing.

## Extremities

- Acute rheumatism with sensation of enlargement of the part.

- Affections often associated with NUMBNESS, TINGLING.

- Paralysis, from exposure to cold, dry wind, from fright; hysterical.

- Paralysis on waking, unable to move, gives panic.

## Sleep

- Restless.

- Nervous sleeplessness, with anxiety, restlessness.

- Nightmares, instead of panic-attack.

- Position: Left side.

## Fever

- HIGH FEVER.

## Skin

- Jaundice in new-borns.

- Dry.

- Erythema, agg. sun. Erysipelas. Red rash.

- Fine prickings as from needles. Tingling.

## Compl.

Arn., Coff., Sulph.

## Dd

Arg-n., Ars., Bell., Ferr-p., Op., Phos., Rhus-t., Stram.

## # ACTAEA SPICATA (act-sp.)

### \* Rheumatism

Pain and swelling small joints

esp. WRISTS.

### Mind

- Easily making contact, esp. with other sex.

- Searching for attention. Likes to talk about themselves.

False self-image. Egotism.

- Irritable, obstinate when things don't go as they want.

- Flirting. Unpredictable, unreliable in relationships.

Av. to thinking. Wants to enjoy without effort.

- Easily frightened, startled. agg. Alone, from sudden noise.
  - Constant fearful presentiment. Company amel..
  - Anxiety with restlessness on lying down (Mag-m.), must rise and move.
- Fear of death, agg. night, alone.

- Later: Weakness of memory, absent-minded, easily upset, confusion.

Feel everything will fail, hopeless. Irresolute.

Depression.

Generalities

- Weakness.
- agg. FATIGUE. Fits of sudden weakness.
- agg. From fright.
- agg. Cold, change of temperature.
- agg. Exertion, although likes it.
- amel. In company.

Food and drinks

- agg. Beer, tobacco, salt meat, fruits.

Head

- Pain agg. night, walking; amel. after coffee.

Vision

- Objects seem blue.

Face

- Neuralgic or rheumatic, violent pain (tearing), running from teeth/molars to upper jaw ending in temples; agg. slight touch, motion of muscles.

Stomach

- Hunger with av. to food; empty feeling without hunger.
- Cramp-like pains, stitches, agg. inspiring.
- Cancer.

Female genitalia

- Menses suppressed from cold, fright.

Extremities

- RHEUMATISM, GOUT OF SMALL JOINTS, ESP. WRISTS AND FINGERS, also ankles, feet.
- Pain and swelling joints after slight exertion.

Rheumatism, gout: agg. MOTION, pressure, touch.

Sometimes discoloration, numbness and coldness of affected fingers.

Can be associated with gastric derangement.

- Deforming, climacteric arthropathy of fingers joints.

Compl.

Caul., Coloc., Sabin., Stict., Viol-o.

Dd

Guaj: left wrist.

Viol-o: right wrist.

Bry., Caul., Caust., Rhod., Sal-ac., Stel.

## # AESCULUS HIPPOCASTANUM (aesc.)

### \* VENOUS CONGESTION AND STASIS.

#### Mind

- Plethoric people with vivid mind, active, engaging.
- Feel miserable with complaints, become irritable, cross.
- Anger from disagreement with actions of others.
- Confusion on waking, doesn't recognize anyone/his surroundings, feels himself lost: disorientated.
- Indolence, amel. animated conversation, mental stimulation, talking ab. controversial subject.
- Becomes lazy and inactive. Loathing of live.
- Weak memory.

#### Generalities

- Venous system in a state of stagnation, sluggishness affecting all levels.

Veins are flabby, full of blood and engorged.

- Sensation of internal fullness and external heaviness.
- agg. SLEEP, LYING.
- amel. VIOLENT EXERCISE; vivid conversation; intense thinking.

But is difficult to get them to do it.

- Wants to lie, but agg. lying; amel. strong motion, exertion.
- agg. 4 p.m. (Lyc.).
- agg. DURING AND AFTER SLEEP.
- Superficial affections agg. cold, amel. heat; deeper affections opposite modalities.
- Warm perspiration with downward flushes of heat.
- Splinter-like pains.

#### Head

- Congestive pain.
- Fullness; outward pressure, as if brain would burst.
- Flashes of heat in occiput, ext. downw. to neck/shoulders.

#### Eye

- Redness, burning, varicose veins.
- Eyes feel heavy and dull.

#### Nose

- Congestive catarrh. Fullness in root.

#### Face

- Congested, red, swollen after washing.

#### Mouth

- Viscid yellowish mucus; tongue coated yellow.
- Toothache amel. cold water.

#### Throat

- Varicose veins.

- Dark, red, congested with full feeling.
- Constricted sensation. Feeling as if something had lodged.
- Burning, stitching, agg. swallowing.

#### Stomach

- Weight of stone, agg. 3 hours after meal.

#### Abdomen

- Congestion of liver, feels full, sluggish functioning.
- Dull pains: in liver, right hypochondrium ext. to back, scapula; in umbilical region, epigastrium.

#### Rectum

##### - HEMORRHOIDS

Large, painful, bluish/purple, protruding.

Dry feeling, as if filled with needles or sharp sticks (Coll).

agg. straining at stool, after stool, standing.

amel. Kneeling.

Hemorrhoids have an affect upon different parts of the body.

- PAINS: Splinter-like, dragging, heaviness, full feeling; ext. to back, sacro-iliac joint and hips.

#### Chest

- Fullness in region of heart.

#### Back

- Severe PAIN (lumbago, sciatica, rheumatic)

in LUMBO-SACRAL, SACRAL AND SACRO-ILIAC region,

ext. to hips.

##### REFLEX FROM HEMORROIDS.

agg. Rising from seat, motion, stooping, walking.

agg. Before chill; from suppressed menses; after stool.

- Lameness sacral region on waking.

#### Extremities

- Varicose veins.
- Shooting pains from shoulder ext. to arm, wrist, thumb.

#### Dd

Aloe, Coll., Ham., Nux-v., Paeon., Rat., Sulph.

#### # AETHUSA CYNAPIUM (aeth.)

#### Mind

- Self-contained, a loner. Isolated.
- Strong emotions inside. Seems as if they have decided not to communicate them with others.
- Feels that no one really understands them.
- Conviction that communication on deeper level is impossible.

- Unload emotional energy in social work, contact with animals. Tremendous LOVE FOR ANIMALS, talks with them, look after them with unnatural passion; delusion of animals.
- Ailments from insignificant emotional trauma/disappointment, no clear cause.
- Aversion of things that excite their emotions.
- Fear: dark, fears suffocation in the dark
- FEAR TO GO TO SLEEP (Mag-m.)
- fears come out when falling asleep (Acon.), esp. fear of death; fear they will never wake up.
- Fear of not waking up after an operation.
- Fear of examination.
- Strong attachment to family. Fear member of family may die.
- Overloaded unconscious.
- Talk to themselves (Staph). Talks in sleep.
- Somnambulism.
- Irritability from controlled emotions, agg. before and at beginning of menses, agg. outside, amel. indoors.
- Unable to think or to fix attention. Overtaxed from mental exertion.

#### Generalities

- WEAKNESS AND LOSS OF WEIGHT, esp. in children, mostly from VOMITING AND DIARRHEA.
- agg. Heat, esp. summer.
- Seems to unload in violent vomiting, diarrhea.
- Violent convulsions.
- Desire open air during sleep (Acon, Grind, Lach).

#### Children

- Vomiting of (curdled) milk; after milk.
- Great weakness.
- Losing weight.

#### Food and drinks

- Desire: Cheese, farinaceous food, salt.
- Aversion: Fat, fruit, MILK.
- agg. MILK (Lac-d., Mag-c., Nat-c., Sil.).

#### Head

- Pain from mental exertion (Calc-p.).

#### Face

- Serious expression. Looks wise and old. Hippocratic.
- Red flushes, gives a wild look.
- ERUPTIONS AROUND OR ON TIP OF NOSE (Caust).
- Wrinkled in newborns.
- Linea nasalis. Furrows.

#### Stomach

- Vomiting violent, esp. milk.

- Child vomits partly curdled milk. Appears as if dying. Pale, sunken face. Exhausted.

#### Abdomen

- Cramping pain from milk.

- Colitis.

- Distention, agg. irritation, after eating.

#### Rectum

- Diarrhea, esp. after milk.

#### Genitalia

- Gradual decrease of sex desire. Control their desire.

#### Sleep

- Exhausted sleep after vomiting.

- Sleep restless, interrupted by frequent startings.

#### Compl.

#### Calc.

#### Dd

Ars., Calc., Calc-p., Ign., Mag-c., Mag-m., Nat-c., Nat-m., Sil., Verat.

### # AGARICUS MUSCARIUS (agar.)

\* Neurological symptoms. Twitchings. Convulsions.

#### Mind

- Dependant, weak-willed. Avoid responsibility (Lyc.). Seek sheltered, comfortable life.

- Suppressed, non-aggressive manner (Staph., Bar-c.).

- ANXIETY ABOUT HEALTH. Fear of CANCER (Ars, Kali-ars., Nit-ac., Phos). They drive you crazy with it.

- Tell everybody about their (supposed) complaints.

- Obsessed with sufferings of people around them.

- Desire to help people with fatal conditions. Superstitious way of doing good deeds.

- Morbid thoughts (about death, disease, ghosts, graveyards, coffins). An element of spookiness about them.

- Out of body experiences which feel good, even amel. general state

(Cann-i: terrifying experience).

- Exciting, cheerful states alternating with fearful, sad states.

- Anxious when feels some happiness. Are sure they will die because they feel calm, happy.

- Mental symptoms: Loquacity. Hilarity. Embrases everyone. Makes verses. Crazy fearlessness. 'Stupid'.

#### Indifferent.

- "Dare-devil". Temerity. Runs about in most dangerous places.

- Alternating physical and mental symptoms.

- Hysteria after sex. Fainting.

#### Children

- Late learning to walk, to talk.

- Slow comprehension. Irresolution.
- Dependent. Chorea, convulsions after punishment.
- Restless. Fidget. Wild at playing. Bad concentration.

#### Generalities

- CHOREA, TWITCHINGS, SPASMS, CONVULSIONS.
- agg. Coition, excitement, fright, death of loved one, suppressed eruptions or discharge.
- Aura: sensation of cold air going along the body or spine.
- Chorea in children. Spasms after punishment.
- Neurological disorders. Paralysis. M.S. , A.L. S.
- Child rolling the head, biting himself (meningitis).
- agg. Cold.
- agg. Before thunderstorm.
- agg. MORNING, amel. evening.
- agg. After COITION.
- amel. After sleep.
- Sensation of HOT OR ICY COLD NEEDLES sticking in.
- Complaints diagonally: right arm, left leg.
- Alcoholism: trembling, itching.

#### Food and drinks

- Desire: Salt, salthy things, eggs.
- Aversion: Bread, meat, wine.
- agg. Cold food and drinks.

#### Head

- Pain: sensation of icy or hot needles sticking in head.
- Feels cold, esp. after scratching;
- forehead cold, but feels warm when touched.

#### Coldness in spots.

- Pain right side, as from nail, agg. sitting, amel. walking.
- Meningitis: Rolls head, bite or try to injure themselves.

#### Eye

- Trembling or TWITCHING eyelids, agg. left, before THUNDERSTORM, amel. during sleep.
- CONVULSIVE INVOLUNTARY MOTION of eyes, like a pendulum (Elaps).

#### Ear

- Redness.
- Chilblains during menses. Feels frozen, frostbitten (Petr., Puls.).
- Extreme itching, with burning (Ars., Bry., Petr.).

#### Nose

- Red tip of nose.
- Pain in root during headache.
- Long cough ends in sneezing.
- Hay fever: itching in ears, palate, nose.

#### Face

- TWITCHINGS, agg. left side.

- GRIMACING, esp. mouth.

- Painful part as if frozen.

- Paralysis.

Stomach

- Empty eructations alternating with hiccough.

Abdomen

- Quivering and twitching of abdominal muscles, agg. evening in bed.

- Pain in liver and spleen when jogging.

Urinary

- Urine feels cold on passing (Nit-ac).

- Urine milky in afternoon.

- Dysuria with painful coldness and twitching of left leg.

Genitalia

- Sexual desire increased agg. morning on waking.

Masturbation.

Cough

- Paroxysmal, convulsive cough ending in sneezing.

Chest

- Tubercular remedy. Pneumonia, bronchitis.

- Palpitations with red face, agg. evening, after stool.

- Ailments after disappearance of milk.

Back

- LUMBAGO. SCIATICA.

- Pain agg. SITTING (Am-m.), raising thigh when sitting, motion; amel. lying.

- Tension, agg. standing, stretching, touch.

- Coldness, as from cold water flowing.

Extremities

- DIFFICULT COORDINATION. Awkwardness, stumbling, clumsy (Apis, Bov., Nat-m.).

- Twitchings or spasms, esp. in the nates; agg. before thunderstorm, after coition.

- Jerking of muscles on falling asleep, esp. toes.

- Chorea after punishment in children.

- Chilblains.

- Coldness in spots.

- Paralytic weakness lower limbs dur. pregnancy.

Sleep

- Starting on falling asleep (Kali-c.).

Skin

- Chilblains, like icy or very hot needles.

Compl.

Calc.

Dd

Apis, Ars., Arg-n., Bar-c., Bism., Bov., Calc., Hyos., Kali-ars., Merc., Nit-ac., Phos., Puls., Verat., Zinc.

## # AGNUS CASTUS (agn.)

\* Breakdown after abuse of sex, drugs, alcohol.

### Mind

- Great ANXIETY ABOUT HEALTH. Despair.
- Convinced their vital organs are about to collapse, they have wasted their health.
- Fear of death. Feeling that DEATH IS IMMINENT.
- Mental weakness. Unable to concentrate.
- Manic depression: hide weakness with extreme behaviour, attitude of superiority, arrogance; discontented, self-contempt when alone.

Alternating with deep sadness, worthless feeling, desires death.

- Apathy (Ph-ac), with feeling as if nothing ever existed.

### Generalities

- WEAKNESS (Mur-ac), anaemia.
- Sensation of inner trembling and coldness.
- Relaxation of inner organs (Sep).
- agg. Motion, amel. rest.

### Head

- Pain agg. motion eyes (Bell., Bry., Ruta).
- Constriction/tightness forehead while reading.

### Stomach

- Increases appetite, but food desired gives weakness.
- Eructations smell like old urine in cloths.

### Abdomen

- Sensation of weakness, as if intestines prolapse. Wants to support abdomen.

### Rectum

- Flatus with ammoniacal odor.

### Male genitalia

- EXCESSIVE SEXUAL DESIRE/PERVERSITIES leading to impotency.
- Ejaculation: premature (Con.); when embracing a woman (Fl-ac.).
- IMPOTENCY: with many sexual fantasies (Calad.), after suppressed gonorrhoea; in urethritis.
- COLDNESS OF GENITALS.
- Loss of semen during stool, while walking, when embracing a woman.

### Chest

- Milk absent/stops flowing in nursing women, with sadness and aversion to coition.

### Extremities

- Sprains.
- Arthritis. Gout.

### Sleep

- Erotic dreams.

Dd

Calad., Fl-ac., Lyc., Sel., Sulph.

# ALLOXANUM (allox.)

Mind

- Dictatorial. Industrious.  
- Desire for solitude, which amel. sadness.

Indifference to surrounding.

- Nervous anxiety. Anxiety about future.  
- Mistakes spelling.  
- Loss of short-term memory.  
- Somnambulism.  
- Alcoholism.  
- Delusion head separated from body.

Generals

- Lack of vital heat and reaction.  
- agg. Left side.  
- amel. Ascending.  
- Weakness.  
- Diabetes. Osteoporosis.

Food and drinks

- Desire: Cold drinks, refreshing things.  
- Aversion: Salt.

Head

- Constriction.  
- Heaviness of head and bursting and pressing in forehead and eyes on waking, amel. rising.  
- Sensation of hair being pulled, agg. 4-5 p.m.  
- Sensation of heat, feels cold when touched.

Eyes

- Pain, burning, itching, redness agg. light, reading, amel. closing eyes.

Nose

- Acute coryza with profuse discharge alternating sides, agg. dust, smells, heat.

Face

- Dry, chapped lips. Cracked mouth corners.

Mouth

- Aphthae.  
- Pain tip of tongue. Neuralgia of tongue.  
- Taste bitter, acrid; sweet taste on lips.  
- Dry.

Throat

- Pain, dry, burning agg. left, swallowing, amel. warm drinks.

#### Gastro-intestinal

- Thirsty.
- Nausea before eating; heaviness after eating.
- Flatulence.
- ileocaecal pain agg. bending forward, motion.
- Diarrhea agg. 6-9 a.m. ; excoriating, burning sensation rectum.
- Unsatisfactory stools.
- Stool clammy, sticky, blood-streaked.

#### Urinary tract

- Kidney pain agg. left.
- Involuntary urination agg. rising, sneezing.
- Urine frothy.
- Burning urethra while urinating.

#### Female genitalia

- Sensation of swelling of vagina agg. standing.

#### Respiration

- Difficult agg. after eating.

#### Chest

- Cardiac neurosis.
- Shooting pain heart agg. walking. Cramping.
- Sensation of a weight.

#### Back

- Arthritis of spine, preventing movement.
- Pain, lumbar, agg. in bed, kneeling, standing, amel. warm weather.
- Stiff cervical region agg. in bed, amel. stretching.
- Cramping, cutting pain in scapulae agg. drinking.

#### Extremities

- Cramps in calves, toes agg. in bed.
- Pain in arms with chilliness, agg. cold, standing, amel. stretching.
- Heaviness legs. Varicosities.
- Dry, cracked hands.
- Hip-joint disease.

#### Sleep/dreams

- Sleepless untill 2 a.m.
- Waking every hour.
- Disturbed by dreams.
- Dreams: Accidents, persued, death, robbers, animals, falling, killing, being imprisoned.

#### Skin

- Ecchymosis.
- Dirty.
- Eczema. Itching pimples.

#### Dd

Ars, Bry, Calc-ph, Carb-v, Cimic, Kali-ars, Lac-c, Ph-ac, Poth, Sep.

## # ALLIUM CEPA (all-c.)

### Mind

- Absent-mindedness. Dullness agg. afternoon.
- Sleepiness, lethargic (Op., Nux-m.) with indifference.
- Mistakes in writing.
- Passive insanity after emotional shock.

Does not recognize relatives, indifferent to them.

Foolish behaviour. Walks on his toes or lateral side of feet.

- Depression. Misanthropy.

### Generalities

- amel. OPEN AIR.
- agg. WARM ROOM, EVENING.
- Ailments go from left to right side.
- NEURALGIC, tearing pains, like a thread; AFTER AMPUTATION (Am-m, Asaf, Hyper, Staph, Symp).
- Ailments after operations, injuries.

### Food and drinks

- Desire: ONIONS.
- Aversion: cucumber.
- amel. Onions, agg. cucumber.

### Head

- Pain mostly forehead ext. to temples or nose.
- agg. Warm room, evening, closing eyes, winking, WHEN DISCHARGE (coryza, menses)  
DIMINISHES.

amel. Open air, during menses.

### Eye

- Lachrymation in warm room.
- Sensation of smoke.

### Nose

- CORYZA AND HAY FEVER
- ACRID, EXCORIATING, WATERY DISCHARGE FROM NOSE AND BLAND LACHRYMATION  
(Euphr.: opposite).

Discharge irritates upper lip.

Violent sneezing.

agg. warm room, evening; amel. open air.

Starts left, ext. to right.

Spreading to ears, throat, larynx, bronchi.

- WARNING: If you're not sure about the remedy-choice, don't give high potencies since unjust application of All-c may cause dyspnea, esp. in people tending to allergic asthmatic complaints.

- Polyps.

Face

- Neuralgia amel. cold air.

- Paralysis, agg. left side; with profuse urine.

Larynx and trachea

- PAIN LARYNX ON COUGHING, MUST GRASP LARYNX.

- Whooping cough.

- Hoarseness.

Respiration

- Allergic asthma.

Cough

- agg. Cold air, going from warm room to cold air or vice versa, getting into bed at night.

Back

- Pain right scapula, agg. lying.

Extremities

- Ulcers feet, esp. heel.

Compl.

Phos., Puls., Thuj.

Dd

Arund., Euphr., Gels., Op., Puls., Sabad., Sin-n., Wyeth.

# ALOE SOCOTRINA (aloe)

Mind

- Preoccupied with his disease (stool).

- Irritable, discontented, filled with displeasure.

- Cross, peevish agg. cloudy weather.

- Angry when hearing different opinion. Has to restrain himself.

- Irritable before stool, weak after.

- Alternating states, agg. during digestion, after eating.

Easily excited, alt. with resigned and weak.

Mental activity alt. with indolence.

- Appears to be calm, stoic, content. Underneath he is indifferent, not involved in life.

- Loathing of life.

- Predicts time of death (acute cases).

- Fear on seeing blood, doctors, hospitals, being alone, high places.

- amel. Evening.

Generalities

- Portal congestion and stasis.

- agg. Heat (but can be chilly).

- amel. Cold applications, open air.

- Sensation of a plug internally; sensation of congestion over surface of body.

## Food and drinks

- Desires: Fruit, esp. apples.
- agg. Beans and peas, sour things.

## Head

- CONGESTIVE PAIN amel. COLD APPLICATIONS, agg. HEAT.
- Dull pain with heaviness in eyes and nausea.
- Pain during constipation, before stool.
- Complaints of head alt. with abdominal, uterine symptoms, back pain, hemorrhoids.

## Eye

- Twitching lids, esp. left, during daytime.
- Closes eyes from headache.

## Ear

- Sensitive to noise, esp. music, cause trembling.

## Face

- Heat of face.
- Lips dry and cracked.

## Stomach

- Appetite increased, agg. morning after stool; emptiness after stool.
- Indigestion after beer, sour things, mistakes in diet.
- Bitter eructations.
- Hematemesis.

## Abdomen

- SPASTIC OR ULCERATIVE COLITIS.
- Complaints agg. from suppressed anger.
- Flatulence, distention, rumbling, agg. before stool.
- Pain before stool. PAINS EXTEND TO DIFFERENT PARTS.

## Rectum

- Annoying, tormenting, INSECURE FEELING IN RECTUM.
- INVOLUNTARY OR UNNOTICED STOOL ON PASSING FLATUS. Feels weak. Has to keep his attention to the sphincter.

During sleep, urination, after eating.

Irritability, shame because of this.

- Intolerant, deep itching, sticks finger in rectum.
- Sensation of plug, full sensation; paralyzed feeling.
- DIARRHEA: 5 or 6 a.m. , driving them out of bed (Podo, Sulph); from unripe fruit, beer, oysters; agg. being overheated, before menses, from vexation; agg. standing, amel. lying on abdomen; sputtering, cream colored, burning stool, mucus in stool, jelly-like.
- HEMORRHOIDS like bunch of grapes, purple, amel. cold bathing.
- Constipation alt. with frequent stools.

Male genitalia

- Impotency.

Cough

- amel. Lying on abdomen, agg. rising from sitting.

Extremities

- Coldness and numbness.

Cold hands alt. with cold feet.

Dreams

- That he is soiling himself.

Compl.

Kali-bi., Sep., Sulph.

Dd

Aesc., Lyc., Nat-s., Nux-v., Podo.

# ALUMINA (alum.)

\* CONFUSION AND RETENTION.

Mind

- VAGUENESS, no clear symptoms come out.

- Seems closed, self-protective.

- SLOWNESS. Slow comprehension. Dullness.

- Answers slowly and vague. Seems not involved, speaks monotonous.

- Difficult in expressing himself or his problems. Rubs forehead.

Mind seems 'constipated'.

- RESTRICTED IMAGINATION. Irresolution. Incomprehension.

- DON'T TOLERATE PRESSURE, ESP. OF TIME.

Sensation of being hurried inside, can't stand being hurried.

Cannot do two things at the same time.

- Can have notes to make sure not to forget anything. Works hard to overcome the slowness.

- Aversion to conversation, agg. morning. Can't comprehend what everybody is talking about.

- Withholds feelings. Releases anger only towards family members.

- Notices mental problems: FEAR OF INSANITY.

- CONFUSION OF IDENTITY. "Who am I?".

When they talk, think someone else is talking.

Everything seems unreal.

- FEAR OF KNIVES, blood (Nux-m.), cockroaches, disease, epilepsy (Arg-n., Merc.), evil spirits (Calc., Manc.).

Impulses to kill or hurt when seeing knife (Merc.) or blood.

- Anxiety in the morning on waking.

- Despair of recovery. Depression.

Generalities

- DRYNESS.

- agg. MORNING ON WAKING;
- agg. 4-8 P.M. (Lyc.), sometimes amel..
- amel. EVENING.
- amel. Snow; eating.
- amel. Lying down.
- agg. Heat, heat of the bed.
- Periodicity, every other day.
- NEUROLOGICAL DISORDERS: Paralysis, m.s. , a.l. s.
- Ailments from long use of allopathic drugs, c.v. a.
- Can be slow-acting remedy (Calc-ph., Sil.).

#### Food and drinks

- Desire: DRY FOOD, indigestible things.
- agg. POTATOES, STARCHY FOOD.

#### Vertigo

- On closing eyes while standing (Rhomberg's sign).

#### Head

- Periodical headaches. One-sided.
- Falling of hair.

#### Eye/vision

- Dryness.
- THICKENING OF LIDS. Induration.
- Falling of eyelashes.
- Tumors of meibomiam glands (Chalazion).

#### Nose

- Frequent recurring colds, ext. to throat. Catarrh. Sinusitis.
- Dryness. Cracks.

#### Face

- Sensation of tightness of the skin.
- Pale, whitish color.

#### Throat

- Scraping from dryness.
- Difficult swallowing from dryness or paralysis. Choking.

#### Rectum/stool

- CONSTIPATION FOR MANY DAYS, even with SOFT STOOL (Sil.).
- PASSIVE AND DRY RECTUM (Hep., Nux-m., Sep.).

Rectum seems paralyzed.

No urging, have to aid with fingers.

Perspires from great effort and straining at stool.

amel. While urinating.

#### Bladder

- Urination: Feeble stream agg. morning on waking.

Retarded, must press a long time.

#### Male genitalia

- Impotency, often after excess.

#### Female genitalia

- Can have active sexual fancies. Likes the foreplay, but doesn't allow orgasm.
- MENSES SCANTY, one day only.
- Alternating symptoms, on cessation of menses.
- MENTAL AND PHYSICAL EXHAUSTION AFTER MENSES (Carb-an.).
- Leucorrhea.

#### Cough

- CONSTANT, DRY (Caust., Rumx.), agg. morning, talking.

#### Extremities

- PARALYSIS: slow onset, starts with numbness soles of feet, heaviness legs, tingling in upper limbs.
- Incoordinated walking, ATAXIA.
- SENSORY-DISORDERS, e.g. slow reaction on prick of needle (Cocc, Plb).
- Brittle nails.

#### Sleep

- Unrefreshing. Frequent waking, agg. before menses.
- Dreams of robbers (Nat-m.).

#### Skin

- DRY. Fissures.
- ITCHING WITHOUT ERUPTION (Ars., Dol., Mez., Sulph.).

Scratch until it bleeds.

- No perspiration.

#### Compl.

Bry., Caust., Ferr.

#### Dd

Caust., Cocc., Hell., Mang., Merc., Nux-m., Op., Ph-ac., Plb., Thall.

# AMBRA GRISEA (ambr.)

\* INHIBITION, TIMIDITY, BASHFULNESS.

#### Mind

- Emotional, sentimental people who suffer from inhibition.
- Impossible to express himself, communicate, agg. company of strangers.

Must make tremendous effort to keep conversation going.

- Cannot let go. Aversion to seeing or hearing others laughing.
- Extremely conscious of what people will think about them.
- Embarrassed esp. regarding personal habits like stool, urine, perspiration.
- Ailments from failure, being put down/insulted, embarrassment in their work: lose confidence, become

bashful, avoid people.

- Dwell on past unpleasant experiences, offences, being hurt.
  - Strong sex desire, lascivious thoughts and masturbation; feel guilty.
  - Claustrophobia.
  - Sensitive to music. Music agg..
  - Irritability. Hysteria. Fear of killing.
  - Forgetful, dull, mental slowness. Unable to calculate.
  - Mind weakens like when getting prematurely old. Dreamy state of mind.
- Silly prattling, loquacity, jump from one subject to another, ask questions but don't wait for the answer.
- Delusions, often frightening.

Generalities

- Over-impressionable patients, tired, emaciated.
- Prematurely old and senile (Alum., Bar-c., Plb., Sec.).
- Ailments like nondescript vertigo, high blood pressure, headache, colitis. Arteriosclerosis.
- agg. PRESENCE OF OTHERS, MUSIC, SPRING, MORNING IN BED.
- One-sided perspiration.
- Numbness.
- Nervousness, twitches, jerks.

Food and drinks

- Desire: SALT.
- Aversion: fat (Nat-m).
- amel. cold drinks, cold water.

Vertigo

- Nondescript vertigo, giddiness, esp. of old people.

Head

- Hyperaemia, heat, while listening to music.
- Heaviness or trembling sensation in head from talking, conversation.

Eye

- Dim vision as in elderly people.

Ear

- Impaired hearing without underlying pathology as in ageing proces.
- Noises.

Nose

- Epistaxis, agg. early morning while lying in bed, during menses.

Face

- Twitching. Spasmodic trembling. Spasms of lips.
- Old looking expression.
- One-sided perspiration.

Mouth

- TUBERCLES under tongue. RANULA (sublingual cysts).

Nodosities under right side of tongue.

## Throat

- Sensation of a lump with difficult swallowing.
- Grayish mucus.

## Stomach

- Emptiness, amel. lying down.
- Heartburn after milk.
- Indigestion from warm drinks.
- Pain amel. frequent sips of cold milk, agg. excitement, lying on abdomen.

## Abdomen

- Colitis.
- Flatulence, amel. eructation and flatus, which is impossible if someone is around.
- Internal coldness; onesided.
- Pressing pain around navel amel. eructations.

## Rectum

- Can only pass stool if no one is around.
- Constipation during pregnancy, from sedentary habits.
- Hemorrhage during stool.

## Urethra/urine

- Cannot pass urine in front of others.

## Male genitalia

- Violent erections in morning. Desire increased.

## Female genitalia

- Desire increased.
- Metrorrhagia after exertion, between periods, from slight provocation, from hard stool.
- Bluish leucorrhoea, agg. night.

## Cough

- Nervous cough, agg. From hearing music, when in company.
- Deep cough followed by eructations; or eructations excite cough.

## Respiration

- Asthmatic; in old people; agg. slight exertion, coition, music; amel. eating.

## Chest

- Palpitation agg. music, walking in open air.

## Extremities

- Rheumatism, arthritis.
- Heaviness, paralytic weakness; with numbness.
- Trembling from conversation.
- Contraction of hamstrings.
- Cramps in thighs, calves, feet, at night
- Bluish discoloration left leg (varices) during menses, with pressing pain.

## Sleep

- Sleepless after conversation, from excitement, from worries.
- Sleepy with sleeplessness after going to bed.
- Position: right side.

Dd

Bar-c., Lyc., Merc., Nat-m., Staph.

# AMMONIACUM GUMMI (ammc.)

\* Respiratory system.

Mind

- Melancholic. No pleasure in life.
- Morose. Cross. Displeased with everything. Dissatisfied.
- Slow. Dull. Difficult thinking, comprehending.
- Apathy. Indolence.
- Sadness.
- Not capable of mental work, with sleepiness.
- Excitement, restlessness evening in bed; dull, sleepy in morning.

Generalities

- WEAKNESS.
- AGED, weakened constitutions. Old people.
- agg. WINTER, cold wet weather, cold air, cloudy weather.
- agg. Exertion, 9 p.m. - 5 a.m.
- At first decreased mucus discharge, later increased.

Head

- Pain with frontal sinusitis (Kali-bi.).

Eye/vision

- Combination of Ruta and Belladonna symptoms.
- Weakness, pain as from overexertion, like reading. Easily fatigued eyes.
- Fiery points before eyes, agg. evening, when tired.

Nose

- Motion of wings, constant, in pneumonia.

Abdomen

- Rumbling with soft stool and accumulation of gas with confused feeling in head, agg. afternoon.

Respiration/cough

- Catarrh in old people. Catarrh alt. with diarrhea (Seneg.).
- COPIOUS MUCUS in air passages.
- CHRONIC BRONCHITIS in weak, old people.

Organism can not get over it.

Every winter strong cough at night with copious, stringy expectoration.

With accelerated pulse, oppression of chest, dyspnoe and some anxious restlessness. Dyspnoe is not very serious/fatal.

- RATTLING RESPIRATION/COUGH. Difficult expectoration.
- DIFFICULT RESPIRATION FROM MUCUS IN TRACHEA.
- Acute BRONCHOPNEUMONIA (DD: Ant-t., Bry.)

Exhaustion, high fever, persistent violent coughing at night.

Cough agg. 9 p.m. - 5 a.m.

Easily expectorated, copious ropy mucus with the cough.

Dyspnoe, stitching chest pain agg. left side.

Patient looks sleepy, is irritable, nothing seems to interest him.

Patient looks older, indifferent.

Back

- Pain lumbar region when breathing.

Extremities

- Rheumatic pains. Gout.

- Weakness, lameness, heaviness.

Dd

Ambra, Ant-t., Bell., Hippoz., Kali-bi., Ruta, Seneg.

# AMMONIUM CARBONICUM (am-c.)

Mind

- Mental picture not clear yet.

- Sour, ACID disposition.

- Obstinate in company and reluctant to obey.

- Irritable, agg. headache, bad weather, evening.

Unfriendly, abusive.

- Sulky, refuses to answer, "don't bother me".

Indisposed to talk. Doesn't share emotions.

- Timid. Avoid crowds.

- Talk during sleep: REVEALS SECRETS.

- Feels unfortunate, fear of misfortune, agg. morning.

- Anxious, fearful in evening, feel like crying.

Bad mood in morning, tends to weep, which amel. in evening (Graph.).

- SADNESS, agg. CLOUDY, WET WEATHER.

- Walking agg. : recalls disagreeable memories, gets discouraged.

- Sensitive to criticism, even towards others,

agg. hearing others talking.

- Hysterical women, with a tendency to faint.

- UNCLEANLINESS. Aversion to bathing often because of agg..

- Absentminded. Mistakes in calculating, speaking, writing.

Children

- Seem backward, immature. Difficulty learning. Lazy.

- Critical, demanding.

Generalities

- Flabby, obese. Soft tissues.

- GREAT WEAKNESS OF CARDIAC AND RESPIRATORY SYSTEM.

- Tremendous EXHAUSTION (Stann, Mur-ac, Helo), agg. menses.
  - Lack of reactivity.
  - DISCHARGES ACRID, PUNGENT, excoriating: ear, nose, eye, stool, menses, leucorrhoea, ulcers.
- Mental and physical acidity.
- Difficult oxygenation of blood. Sluggish circulation.
  - Tendency to dark hemorrhages, no coagulation.
  - agg. DURING MENSES, 3-4 A.M. (Kali-c.).
  - agg. COLD, WET, CLOUDY, WINDY WEATHER. BATHING (Sulph.).
  - agg. Walking in cold air. Ascending.
  - agg. Pollution (Sul-ac.).
  - amel. Lying on abdomen, becoming warm in bed.
  - Severe cases with cold body, weak pulse, cyanosis.
- Food and drinks
- Desire: SUGAR.
- Head
- Pain: Congestive.
- Forehead, ROOT OF NOSE, AS IF HEAD WILL BURST.
- As if brain oozes out through forehead and eyes.
- agg. wet weather, walking in open air,
- agg. stepping.
- Eye
- Sensation of hot water in right eye.
  - Dry, swollen, cracked lids, from excoriating discharge.
- Ear
- Acrid discharge.
  - Painful sensibility in deaf ear.
- Nose
- History of repeated coryza, with burning acrid discharge, ext. throat, bronchi. Weakening the chest resulting in dyspnea, emphysema.
  - Obstruction at night, waking him, agg. menses.
  - Hay fever.
  - Epistaxis, while washing face and hands, while eating.
- Face
- Pale, bloated, puffy (Cushingoid).
  - Heated while eating, from excitement.
  - Cracks in mouth corners and lips from acrid saliva.
  - Cyanosis.
  - Boils and pustules during menses.
  - Cracking of jaw on chewing
- Mouth
- Saliva acrid, excoriating.
  - Food tastes metallic.
  - Gums receded, bleeding, spongy. Teeth loose, fall out.

## Teeth

- Toothache during menses, agg. when biting teeth together.

## Throat

- Tonsils inflamed and bluish-purple (Lach.).

## Rectum

- Acrid, burning diarrhea (Merc-c.).
- Bleeding hemorrhoids during menses.

## Male genitalia

- Masturbation. Sensitive to sexual impressions.

## Female genitalia

- Sexual desire diminished. AVERSION TO SEX.
- Hysterical reaction to sexual stimulation (oversensitive clitoris).
- Cholera-like (diarrhea, vomiting) symptoms at beginning of menses.
- Menses profuse, dark and clotted.
- Leucorrhoea acrid, burning.

## Respiration

- CARDIAC ASTHMA. BRONCHIAL ASTHMA. EMPHYSEMA WITH CYANOSIS.
- ASPHYXIA FROM CHARCOAL FUMES (Carb-v.).
- Bronchitis with dry, tickling cough, agg. 3 a.m. (Kali-c.).
- RATTLING respiration; accumulation of mucus with difficult expectoration (Ant-t.).
- Dyspnea agg. ASCENDING, WARM ROOM, POLLUTED AIR, 3 A.M. ; amel. open air.

Dyspnea with cyanosis, rapid pulse, anxiety.

- Acute pulmonary oedema.

## Chest

- WEAKNESS OF HEART. DILATATION OF HEART. ANGINA PECTORIS.
- VIOLENT PALPITATIONS, agg. from motion; with prostration and sense of suffocation.

Have to lie down to calm down heart.

## Extremities

- PANARITIUM. Violent inflammation finger.
- Bone pains, agg. cold, wet weather.
- Chronic sprains.

## Sleep

- Talking during sleep. Revealing secrets.
- Starting from sleep.

## Skin

- Eruptions dark RED, LIKE SCARLATINA.
- Erysipelas with brain symptoms. Malignant scarlatina.
- Snake-bites with sepsis, thin black bleeding (Elaps).
- Whitlow.

## Dd

Ammoniums, Ant-t., Ars., Calc., Carb-v, Kali-c, Lach., Laur., Stann.

## # AMMONIUM MURIATICUM (am-m.)

### Mind

- Timid. Reserved.
- Thoughtful, serious.
- Intellectual type. Like to read, study.
- Only like to talk about their subject of interest.

Get excited with red face during discussion.

Obstinate, 'knows' he's right.

- Like others to respect and admire their scientific or professional insights.
- Do not express feelings. Lack of emotional warmth.

Likes to be admired, not loved.

- Aversion to certain persons.
- Ailments from grief (Nat-m).
- Irritability agg. headache, amel. after eating.
- Can be rude, abusive; even malicious.
- Anxiety about work, achievements.
- Fear crowd, dark, killing somebody, being killed.
- Easily frightened, startling. Wake up frightened in the morning; startle at night on falling asleep.
- Discontented after disappointment in career or emotional upset.

Feels not appreciated enough.

- Depression with indifference.
- Becomes inflexible. Indolent, agg. morning.
- Mental confusion. Weakness of memory; mistakes in writing, speaking.
- amel. Walking in open air by themselves in the morning.

### Generalities

- agg. During menses.
- Discharges: Acrid (nose), glairy (expectoration, leucorrhoea).
- Always feel tired and sore.
- LOCAL PULSATIONS (e.g. eyelids, glands, tonsils, carotids).
- Irregular circulation. High blood pressure.
- BODY CORPULENT, abdomen fat, LEGS THIN.
- Phantom pains (All-c.,Hyper.).

### Food and drinks

- Desire: Lemonade.

### Head

- Pain with irritability.
- Congestive pain with flushed face.

### Eye

- PALPITATION IN EYELIDS.

### Nose

- Coryza with ACRID DISCHARGE, corroding lip.
- Coryza with dry lips and sores.

## Face

- Burning eruptions amel. cold water. Ulcers corners of mouth.
- Pale, flushed from excitement.

## Throat

- PULSATIONS IN TONSILS, CAROTIDS.
- Swelling with tough, viscid mucus.

## Stomach

- Thirstless during intermittent fever.
- Incomplete, bitter eructations.
- Vomiting during menses.

## Abdomen

- FATTY DEPOSITS around abdomen.
- Tense, sprained feeling in groins during menses, must walk bent.

## Rectum

- Burning pain during and after stool, for hours.
- Diarrhea during menses.

## Male genitalia

- Pulsation of spermatic cords.

## Female genitalia

- Menses: with prostration, diarrhea, vomiting, dark clotted blood, with contracting pain in groin, forces her to walk bent.
- Leucorrhoea like white of an egg (Nat-m.).

## Respiration/cough

- The same respiratory symptoms as Am-c, but not as severe.
- Cough agg. fumes, exhaust gases (Sul-ac.).
- Cough with profuse salivation.

## Expectoration

- Difficult expectoration of GLAIRY MUCUS.

## Back

- SCIATICA , LUMBAGO: amel. LYING, agg. SITTING, left sided.(Agar.)

## AS IF MUSCLES ARE TIGHT.

- Icy-coldness between shoulder blades.
- Sore pain in coccyx: when sitting, during sleep.

## Extremities

- MUSCLES AND TENDONS FEEL TENSE, SHORT, CONTRACTED (Caust., Ruta).
- Chronic sprains (Arn., Bell-p., Bry., Rhus-t., Sul-ac.).
- Phantom pains.

## Sleep

- Starting during sleep

## Dd

Ammoniums, Caust., Mag-m., Mur-ac., Nat-m., Rhus-t., Ruta, Sep.

## # AMORPHOPHALLUS RIVIERE (amor-r.)

### Mind

- Anxiety and fear. Looks bewildered, dazed.
- Indifference, apathy. Semi-conscious, no reaction.

### Generals

- Exhaustion agg. menses, diarrhea. Uneasiness, feels ill.
- Burning of orifices.
- amel. Eating.

### Food and drinks

- agg. Alcohol.

### Vertigo/head

- Vertigo while walking, as if walking bent forward.
- Headache periodical, every 8 days; by day, amel. at bed-time.

Frontal pain ext. right temple, later to left.

### Gastro-intestinal

- Thirsty.
- Nausea agg. on waking, sight of food, amel. eating.
- Strong burning in stomach. Acidity.
- Heaviness stomach when eating, amel. after a few hours.
- Stomach problems agg. taking a nap.
- Rumbling.
- Diarrhea with tenesmus, weakness, every 2 hours.
- Stool offensive, black, excoriating.

### Female genitalia

- Inflammation vagina, Bartholin glands.
- Cancer of uterus.
- Burning vagina, cervix.
- Leucorrhea offensive, greenish, acrid.
- Menses painful, prolonged, dark, greenish, acrid.

### Back

- Sacral, lumbar pain agg. menses.

### Extremities

- Numbness.

### Dd

Ars, Camph, Kreos, Nit-ac, Sep, Verat.

## # ANACARDIUM ORIENTALE (anac.)

\* Lack of self-confidence/inferior feeling.

Internal conflict.

## Mind

- Two types: 1. Cruel.
- 2. Helpless, hopeless, pleading, needy.
- Great insecurity and LACK OF SELF-CONFIDENCE (Bar-c.). Irresolution.
- Feels INFERIOR. Often seems very mild during consultation.
- Refuses to admit these feelings, tries to prove himself, creating an INTERNAL CONFLICT.
- Contradiction of will.
- Stay in bad situation; need to prove themselves over and over.
- Students before examination: fear of failure. Students who pressure themselves intensively.
- Anxiety about future, misfortune.
- Complaints from (supposed) humiliation, being put down.
- Misanthropy.
- Irritability, lose selfcontrol. Fly into a temper. Take everything in bad part.
- Tendency to SWEAR (Hyos., Nit-ac., Nux-v.).
- Becomes hardhearted. Cruel. Lose moral feelings. Indifference to torture of others.
- Delusion pursued by enemies. Suspicious.
- MEMORY WEAK. Sudden loss of memory. As if something blocks memory.
- Fear of insanity.
- CONFUSION OF IDENTITY; AS IS DOUBLE (a demonic half). Feels as if living in a dream.

## Schizophrenia.

- Religious behaviour out of fear of God, the consequences of their behaviour.

## Children

- Mischievous. Curse. Cruel to animals.

## Generalities

- amel. EATING.
- amel. Moving slowly.
- Sensation of BLUNT PLUG anywhere.
- Sensation of a BAND AROUND ANY PART (Plat., Tub., Cact.).
- Weakness. Lack of power.
- Ailments from drug or alcohol abuse.

## Food and drinks

- Desire: Sweets, salt.
- Aversion: Beans and peas.

## Head

- Pain as from a plug, blunt instrument; as from a band.

## Eye

- Pressing as from a plug on upper orbit.

## Stomach

- Emptiness, 11 am (Sulph).
- Dyspepsia, nausea, pain amel. eating, but agg. again soon after eating.
- Pressing pain from mental exertion.

## Rectum

- Constipation with ineffectual urging (Nux-v).

- Sensation of a plug.

Back

- Dull pressure in the shoulders, as from a weight.

Extremities

- Sensation of a band.

Sleep

- Dreams: vivid, anxious; of murder, being pursued, of fire, of dead bodies.

Skin

- Eruptions: pustular, erysipelatous, vesicular.

Neurodermatitis.

- Itching and burning.

- Reactions to poison oak or poison ivy.

Dd

Ang., Bar-c., Hyos., Lyc., Lyss., Med., Nit-ac., Nux-v., Staph., Stram.

# ANGELICAE SINENSIS (ange-s.)

Mind

- Picture of person who has put a lot in his work, or has taken care of family; loses strength and balance. Feels overwhelmed, disappointed, lack of recognition.

- Alternating moods.

- Desires to be alone to find balance again.

- Feels disappointed, forsaken, angry.

- Aversion to do his work. Tired.

- Sadness. Melancholia.

- Dullness.

Generalities

- Chills alt. with flushes of heat.

Flushes of heat that wake at night, with perspiration.

- agg. Heat of sun.

- amel. Open air.

- Ailments from climacteric.

Food and drinks

- agg. Fat.

- Desire: Ice cubes.

Eye

- Photophobia.

Gastro-intestinal

- Sens. of fear in stomach.

- Nausea.

- Abdominal pain agg. menses, amel. pressure.

- Diarrhea from fat.

Back

- Chills, as from ice cubes, up and down spine.

Extremities

- Restless legs at night, evening.

Perspiration

- Hot. Offensive. Profuse at night, during sleep.

Sleep

- Unrefreshing.

- Waking at 2-3 a.m. from heat.

Dd

Arist-cl., Cocc., Ip., Puls., Sang., Sep.

# ANGSTURA VERA (ang.)

Mind

- OVERSENSITIVE NERVOUS SYSTEM (Coff.).

- Overly excitable, vivacious.

- Lively people with vivid imaginations, esp. afternoon.

- Lacking in stamina and steadiness. Cannot accomplish ideas.

- Theorizes.

- Restlessness, mainly internal or mental.

- Timid. Feeble. Express emotions mainly among familiar people.

- TOUCHY. Deeply affected from SLIGHT OFFENCES.

Easily offended, criticized.

- Discontentment.

- Confusion agg. mental exertion.

- Absentminded, dullness agg. afternoon.

- Discouraged, irresolute. Anxious about trifles. Serious, av. to jokes.

Generalities

- Weakness and stiffness.

- Paralysis.

- Tetanic spasms, agg. touch, drinking lukewarm water.

- Caries of long bones. Exostoses.

- Flushes of heat with perspiration and anxiety.

- amel. Standing.

Food and drinks

- Desire: COFFEE.

- Aversion: Fats and rich food, pork.

Vertigo

- When crossing a bridge, on seeing or near running water.

Head

- Pain agg. twilight; alternating with asthma.

#### Face

- Exostosis of lower jaw.

#### Mouth

- Dryness.

- Tip of tongue feels burning.

#### Teeth

- Pain amel. applying cold finger.

#### Stomach

- Pain after warm milk.

- Gastric derangements.

#### Abdomen

- Pain after warm milk.

- Distention.

#### Rectum

- Hemorrhoids.

- Diarrhea.

#### Male genitalia

- Easily excited, strong desire, but not very potent.

#### Female genitalia

- High desire with involuntary orgasms.

- Sensation of uterus beating against right ovary.

#### Respiration

- Irregular, convulsive, spasmodic.

#### Cough

- Violent cough; with belching.

#### Chest

- Sensation of swelling of heart, with fear of dying.

#### Back

- Pain, twitchings like electric shocks, quivering, agg. touch.

#### Extremities

- Paralytic weakness and stiffness. Rheumatic conditions.

Tension or drawing feeling in joints and muscles.

- Cracking in joints.

- Exostoses on tibia. Caries of long bones.

#### Sleep

- Frequent waking.

#### Fever

- Chill at 3 pm., agg. touch.

- agg. Warm room.

#### Skin

- Caries and very painfull ulcers affecting long bones.

#### Dd

Chin., Coff., Ign., Lyc., Nux-v., Staph.

## # ANHALONIUM LEWINII (anh.)

### Mind

- Often introspective, brooding type of people, not very sociable.
- Feel that they are different. Lack self-confidence when in company.
- Lack of initiative, insecurity, irresolution.
- Feel isolated, forsaken.
- Changeable mood. Irritable. Distrustful, resentful to society.
- EXISTENTIAL ANXIETY. Spiritual seekers.
- Flight from reality. Escape in a world of dreams.
- Mental prostration. Confusion. Dullness.
- MENTAL CONDITIONS: false 'spiritual', 'mystic' states.
- Breaks down the usual effect of time and space.

Time seems prolonged, space disintegrated.

- DEPERSONALIZATION. Dissociation from the environment.
- Weakened will-power with increased self-awareness, insight in the inner workings of the psyche; increased bodily awareness.
- Clairvoyance. Uncontrollable active and perceptive mind. Exaltation of fancies.
- Affected greatly by sounds: 'kaleidoscopic hearing'. Out of the body experience or colourful delusions from noise.
- Involuntary, colourful visions.
- Overtaken by world of delusions. Feels merged with environment.
- Confusion of identity. As if he had two wills, or separated from his thoughts.
- Delusion is floating in the air; body is immaterial; being double; being separated from the physical world and observes from above.
- Usually no fear arises with the illusions.

Desire for company to talk about the delusions/illusions.

- Schizophrenia.

### Generals

- agg. Skin contact, agg. visions or sounds.
- agg. Light, motion.
- amel. Rest, darkness.
- agg. Closing eyes.
- Ailments from drug abuse, spiritual seekings.
- Motor incoordination.

### Head

- Pain with disturbance of vision.

### Eye/vision

- Optic hallucinations.
- Brilliant visions agg. on closing eyes, from noises, touch.

- Objects seem transparent.

Ear

- Exaggerated reverberation of sounds.

Nose

- Illusions of smell.

Face

- Left-sided trigeminal neuralgia.

Stomach

- Nausea amel. lying down.

Sleep

- Sleeplessness from activity of mind.

- Visionary dreams.

Dd

Agar., Anag., Cann-i., Cann-s., Op.

# ANTHRACINUM (anthraci.)

\* Succession of boils. Septicemia. Malignant conditions.

Mind

- EMOTIONAL ABSCES formed out of very painful emotional experiences. Difficult to open.

- Deeply hidden grief. Silent suffering.

- Often grief about loss of a loved one or someone upon whom they relied.

- Hardly seems to remember the incident. Does not talk about it. Does not seem to realize the suffering from it.

- Unable to feel, express or share deep emotions. Emotional deadness (Hyos., Ph-ac., Sep.).

- Mildness in communication.

- Looks and acts old and tired.

- Irritable outlets, anger, impatience, agg. before menses.

- Anxiety about relatives.

- Confusion.

- During septic fever: Overexcitement, restless, desire to bite; stupor unconsciousness.

Generals

- amel. DISCHARGES (Lach.).

- Burning, EXTREME PAINS.

- EASY SUPPURATION AND SEPTIC CONDITIONS (Pyrog.).

- Ulcers and hemorrhagic infiltrations in mucous membranes and glands.

- Great swellings of affected parts.

- Cancerous affections.

- BLACKISH appearance of external, affected parts.

- Hemorrhage: non-coagulable, thick, tenacious blood, dark clots.

- Allergy to handling raw wool material.

- Convulsions.

## Food and drinks

- Aversion: Eggs.

## Head

- indescribable pains.
- As if smoke, heat, is going through the head.
- Symmetrical hemorrhages in brain.

## Face

- Black pustules on lips.
- Cancer of submaxillary glands.

## Throat

- Inflammation of tonsils, agg. right.
- Edema. Swelling of glands.

## Abdomen

- Hemorrhagic infiltrations with swollen glands.

## Kidneys

- Swollen with small spots of hemorrhage.

## Extremities

- Felon, malignant.
- Tetanic convulsions.

## Perspiration

- Sticky.

## Skin

- **BOILS, CARBUNCLES AND ABSCESSSES; ULCERS**

malignant character,

**BURNING** pains,

dark red, **BLACKISH**,

offensive discharge.

- Black and blue blisters.

- Gangrena.

## Dd

Ars., Lach., Pyrog., Sec., Tarent-c.

## # ANTIMONIUM CRUDUM (ant-c.)

### Mind

- Overwhelming **SENTIMENTALITY**, agg. fever, menses.

Emotional immaturity.

- Every emotion affects **STOMACH/SOLAR PLEXUS**.

- Sensitive and closed individual.

- Refined, 'romantic', often unrealistic, emotions, that give painful experiences. Ailments from grief.

- Emotions agg. moonlight, candlelight, music: poems, weeping, fantasies.

Ecstasy walking in moonlight.

- Romantic thoughts, imaginations agg. at night (Nat-m., Staph.).
- Moody, SULKY from disappointment.
- Become TOUCHY. Sensitive to touch, being looked at. Gives irritability.
- Suicidal thoughts at night after disappointed love.
- Anxieties at night in bed, about future.
- Mental retardation. Idiocy.
- Children: With acute disease: Moody. Irritable, dissatisfied, complaining, peevish (Cham). Not aggressive, don't attack or hit impulsively. But don't want to be looked at, touched. Aversion to rudeness. Like to watch nice, romantic films.
- Closed. Don't want their picture taken/on video.
- Retardation. Fontanelles don't close in time.

#### GENERALITIES

- agg. (RADIANT) HEAT, sun, open fire, etc.
- agg. COLD BATH.
- agg. Evening/night, in bed.
- agg. Alcohol, wine, esp. SOUR WINE.
- agg. Menses.
- agg. Loud noise.
- amel. Open air.
- Obesity, esp. at younger age.
- Prostrated easily (Stann).
- Metastasis of complaints (Abrot.). Stomach pains alt. with headaches, arthritic pains.
- Bulging, callosities, lumps.

#### Food and drinks

- Desire: CUCUMBER, pickles, sour.
- agg. SOUR THINGS.

#### Head

- Headache in connection or alt. with stomach problems.

#### Eye

- Red, inflamed lids. Conjunctivitis.
- Pustules on margins.

#### Face

- Cracks in corners of mouth.
- Eruption on eyelids, chin or cheeks.

#### Mouth

- TONGUE COATED THICK WHITE, like snow. "Milky tongue".

#### Stomach

- CENTRE OF GRAVITY OF THE AFFECTION.

Many complaints. Associated with headaches.

- Loss of appetite during headache.
- Thirstless.
- SENSITIVE SOLAR-PLEXUS.

#### Abdomen

- DIGESTIVE PROBLEMS.

- Flatulence; painful. Rumbling. Distention.
- Diarrhea from sour food or drinks.

Stool

- Lumpy.

Male genitalia

- Increased desire.
- impotency with atrophied testes, penis.

Female genitalia

- Sexual desire increased, agg. suppressed menses. Nymphomania.
- Menses suppressed from cold bathing.
- Lumpy leucorrhoea.
- Bearing down sensation of uterus.

Extremities

- Gouty, arthritic symptoms.
- CALLOSITIES ON SOLES, painful. Corns, indurations.
- Horny WARTS on hands, fingers.
- Cracks next to fingernails.
- Splitted nails.
- Paralytic trembling of hands, agg. motion, writing.

Skin

- DRY. Cracked.
- THICK, HARD, SORE.
- HORNY EXCRESCENCES, warts.

Compl.

Squil., Sulph.

Dd

Ant-t., Bar-c., Cham., Graph., Puls.

# ANTIMONIUM TARTARICUM (ant-t.)

\* Severe affections of respiratory tract.

Mind

- Anxious and restless.
- Despair of recovery. Fear of being alone.
- Irritable. Ailments from anger or vexation.
- Suicidal mania.
- Confusion, agg. after sleep.
- Children: Aversion to be touched, looked at.

Bad humor, peevish, whining, moaning.

Restlessness amel. being carried about sitting up.

Clings to mother.

## Generals

- WEAKNESS. DROWSY, SLEEPY.
- agg. Warmth; at night; lying.
- amel. Sitting; expectoration; vomiting.

## Food and drinks

- Desire: Fruit, esp. sour; apples, acids.

agg.: Acids.

## Head

- Heaviness.

## Eye

- Tired feeling.
- Rheumatic conditions of eyes.

## Nose

- Fanning nostrils.

## Face

- Pale, dark circles around eyes, pointed nose.
- CYANOSIS in babies.
- Cold perspiration.
- Quivering of chin, lower jaw. Twitching agg. coughing.

## Stomach

- Gastroenteritis with severe nausea, retching, prostration, cold perspiration.
- Thirstless.

## Respiration

- DIFFICULT, SUFFOCATIVE, WHEEZING, amel. lying right side, eructations, sitting; agg. lying, 3 a. m.

## Cough

- LOOSE, RATTLING.
- amel. Lying right side, eructations.
- Chronic cough in old people with hippocratic face.

## Chest

- Severe BRONCHITIS, PNEUMONIA, etc.

LOUD RATTLING deep in chest.

CHEST FULL OF MUCUS, TO WEAK TO RAISE MUCUS.

- Emphysema. Chronic bronchitis.
- Asphyxia in newborns.
- Edema and impending paralysis of lungs.

## Back

- Fatigue. Sensation of heaviness at coccyx.

## Extremities

- Weakness.
- Coldness, esp. finger-tips. Cyanosis.

## Sleep

- Sleepiness. Comatose state.

## Skin

- Pustular eruptions. Vesicular eruptions.

Small pox. Variola. Impetigo.

Compl.

Bar-c., Ip., Phos., Sil., Sulph.

Dd

Ammc., Am-c., Ant-c., Ars., Bar-c., Carb-v., Hippoz., Ip., Kali-s., Laur., Op, Seneg., Stann.

## # APIS MELLIFICA (apis)

\* SWELLING, EDEMA, agg. HEAT.

### Mind

- PASSIONATE, intense emotions, not easily expressed.

- Simulates good mood when feeling wretched.

- JEALOUS. Ailments from grief.

- High sexual interest. Even sexual mania.

- BUSY. Restless.

- AWKWARDNESS. Clumsiness.

- Irritable. Quarrelsome.

- Rage with uncontrolled emotions; say things to hurt.

- Discouraged, weepy. Try to hide their feelings.

- Fear of birds.

- Shrieking with pain, in sleep; brain cry.

- Loquacious delirium, agg. menses; with meningitis.

- APATHY. Indifference.

### Generalities

- STINGING, BURNING pains.

- agg. HEAT; touch.

- agg. Right side.

- amel. COLD APPLICATION.

- EDEMATOUS SWELLINGS.

- Sudden, rapid developing complaints.

- Ailments from suppressed eruptions, suppressed sexual desire.

- Anaphylactic shock.

### Food and drinks

- Desire: Milk.

### Head

- MENINGITIS: rolling head, bores occiput in pillow, BRAIN CRY, after suppressed skin eruptions.

- Congestion, agg. heat, before menses. Swollen, enlarged sensation.

- Headache with vertigo.

- Hydrocephalus.

## Eye

- Inflammations with swellings, burning pains, amel. cold applications.
- Great swelling of conjunctiva, lids turned inside out.

## Face

- Swelling around eyes, rose coloured.
- Flushed.
- Erysipelas ext. to eyes.

## Mouth

- Swollen tongue and lips.
- Grinding teeth.

## Throat

- Inflammation amel. cold drinks. GLOTTIDIS.
- Swollen uvula like a water bag, with burning pain, amel. cold.

## Stomach

- THIRSTLESS.

## Abdomen

- Ascites.
- Sore feeling, sneezing. Sensitive to touch.

## Urinary

- RETENTION OF URINE. Acute KIDNEY FAILURE with EDEMA OVER WHOLE BODY.
- Cystitis: burning pain. Shrieking from pain.

## Male genitalia

- Desire increased.
- Swelling of scrotum, testes, agg. right side.

## Female genitalia

- Desire increased.
- CYSTS, indurations, swelling OF OVARIES, agg. RIGHT.
- Hypertrophy of uterus.
- Tendency to abortion in early months.

## Respiration

- Dyspnoe, suffocation from edema, agg. lying down, heat.
- Feels he could not draw another breath; every breath seems to be the last.

## Extremities

- Swelling, inflammation of joints. Rheumatism.
- Swelling of ANKLES (Med.).
- Heavy and powerless, as if paralysed.

## Sleep

- Drowsy.

## Dreams

- Of travelling long distances; flying.
- Full of care and toil.

## Skin

- EDEMA of entire body.

- Transparent, waxy.
- Erysipelas: sudden onset of rose coloured eruption.
- URTICARIA: with swelling; agg. night, amel. cold water.

Compl.

Arn., Ars., Bar-c., Hell., Merc-cy., Nat-m., Puls., Sars., Sulph.

Dd

Apoc., Canth., Hell., Lach., Puls., Sulph., Vespa., Zinc.

## # APIUM GRAVEOLENS (ap-g.)

Mind

- Compelled to think, cannot stop it.
- Restless.

Generals

- amel. Open air, eating.
- Discharge of mucous membranes increased; retention of urine.
- Rheumatic pains disappear when ulcers appear.

Food and drinks

- Des. apples.

Head

- Pain amel. eating.

Throbbing agg. motion, left; amel. rest.

Eye

- Eyeballs feel sunken.

Teeth

- Pain amel. cold water.

Stomach

- PRESSURE IN STOMACH BEFORE URTICARIA APPEARS.

Pain amel. eating.

Abdomen

- Pain ext. to rectum.

Female genitalia

- Sharp, sticking in ovarian regions, left ext. to right, amel. bending over, lying on left side with legs flexed.

Chest

- Constriction over sternum, with drawing through to back on lying down.

Extremities

- Growing pains.

Sleep

- SLEEPLESS FROM ACTIVITY OF MIND.

Skin

- Urticaria, itching agg. undressing at night.
- Granulating ulcers with profuse discharge, alt. with rheumatism.

Dd

Bell., Chin., Coff., Rumx., Urt.

## # APOCYNUM CANNABINUM (apoc.)

\* Renal failure.

Mind

- Retention of emotions. Deep problems are not discussed.

Does not like to express anger.

Though seems to be open, doing allright.

- Depression. Apathy. Dull.
- Aversion to talk or being talked to.
- Irritable and anxious during pain.
- Restless at night.

Generals

- EDEMA, dropsy.
- RETENTION OF FLUIDS (perspiration, hemorrhage).
- CHILLY; agg. cold.
- Edema alt. with other conditions.

Kidney disease alt. or together with heart, digestive, rheumatic complaints.

Head

- Hydrocephalus.

Face

- Bloated, agg. lying.
- Dry lips.

Stomach

- Thirsty, but usually agg. from drinking.
- Constant vomiting during menses, before menses.
- Vomiting immediately after drinking few drops in gastritis (Phos., Bism.).
- Sinking sensation, with nausea, agg. morning on waking.

Hanging down sensation.

- Gastritis with paralysis of stomach.

Abdomen

- ASCITES.

Urinary

- RENAL FAILURE.
- RETENTION OF URINE.

Male genitalia

- Edema scrotum, penis.

Female genitalia

- Metrorrhagia, diminishes when energy lowers.

### Respiration

- Difficult, has to sit up. Cannot take a deep breath.

- Rattling.

### Expectoration

- Hemoptysis, suddenly in great quantities.

### Chest

- Feeble heart: weak, slow pulse, irregular palpitations.

Mitral and tricuspid regurgitation.

### Skin

- Dry.

### Dd

Apis, Ars., Chin, Dig., Stroph.

## # AQUA MARINA (aq-mar.)

### Mind

- Hypersensitive, agitated.

- Anxiety agg. talking, walking, company, iced drinks, perspiration, amel. 2-4 p.m.

- Delusion being watched.

- Tormented by sexual thoughts. Seeks salvation in religion.

- Fear of insanity.

- Absent-minded. Apathy.

### Generals

- Aversion to bathing.

- agg. Seaside, motion, pressure, heat.

- amel. Eating, rest.

- Weakness agg. morning, 10 a.m.

- Hyperthyroidism.

Emaciation. Trembling. Perspiration.

### Food and drinks

- - desire: salt.

### Vertigo/head

- Headache with vertigo; forehead, occiput; agg. thinking about pain, 6 p.m. , pressure, eating, heat, motion; amel. sleep.

### Nose

- Stopped left nostril, root of nose.

- Discharge posterior nares, thick, offensive, agg. eating, respiration, sleep.

### Face

- Dry lips, agg. night; crack middle lower lip.

- Red, painful rash agg. chin, cheeks; vesicles.

### Mouth

- White, yellowish mucus.

#### Throat/external throat

- Pain, splinter-like, agg. cold drinks, swallowing, amel. gulping.
- Pain right tonsil agg. eating, amel. pressure, sleep, night.
- Congestion, agg. left side.
- Offensive, bad tasting mucus, agg. morning on rising.
- Exophthalmic goitre.

#### Gastro-intestinal

- Hunger and thirst increased, agg. 11.30 a.m. , after eating.
- Pain epigastrium agg. morning, pressure, warm bath/applications, rest, amel. exercise.

Abdominal pains agg. 11 p.m. , excitement.

- Heaviness rectum before and during stool.
- Hemorrhage, burning rectum.
- Stool large, first hard then soft.
- Worms.

#### Male genitalia

- Sexual desire increased with impotency.
- Seminal discharge followed by weakness, sleepiness, muscular pains with stretching.

#### Chest

- Pain three lowest intercostal spaces agg. pressure, morning on rising.

#### Back

- Pain and stiffness in spine, cervical, dorsal region, agg. hot drinks, heat, pressure, touch.

Difficult turning head.

#### Extremities

- Pain right elbow ext. fingertips.
- Perspiration offensive hands and feet.
- Involuntary motion of legs agg. touching ground.
- Pain muscles on pressing them.
- Itching toes, inner side thighs, bend of elbows and knees.

#### Fever

- 10 a.m. with dry mouth and chilliness.

#### Dd

Ars, Bry, Hep, Lil-t, Nat-m, Nit-ac, Plat, Sel, Staph, Tub.

# ARANEA DIADEMA (aran.)

#### Mind

- Delusion is swollen.
- Everything seems unreal.
- Fear narrow place.
- Confusion agg. evening, after eating, mental exertion; amel. smoking in open air.

#### Generals

- agg. COLD, WET circumstances.
- agg. Lying down at night; smoking.
- amel. Dry, open air, pressure, smoking tobacco in open air.
- COLD FEELING in different parts of body, in bones.
- Sensation of SWELLING/ENLARGEMENT, numbness, heaviness in parts of body.
- EXACT PERIODICITY (Cedr.).
- Chronic intermittent fever. Malaria.
- Hemorrhages.
- Neuralgias.
- Lassitude with desire to lie down.

#### Mouth

- Toothache night on lying down.

#### Face

- Trigeminal neuralgia.
- Striae (Nat-m, Sep, Zinc).

#### Stomach

- Violent convulsive pains after eating little.

#### Female genitalia

- Menses too early, too copious.

#### Chest

- Intercostal neuralgia.

#### Extremities

- Sensation of swelling of hands, arms, at night in bed.
- Numbness and heaviness.

#### Compl.

#### Cedr.

#### Dd

Ars., Cedr., Chin., Mygal., Nux-v., Rhus-t.

### # ARANEA SCINENCIA (aran-sc.)

#### Mind

- Fear narrow place.
- Speech heavy.

#### Generals

- agg. Warm room.

#### Head

- Dull pain, agg. occiput; with concentration difficult; as if hang-over.

#### Eye

- TWITCHING OF LOWER LIDS.
- Inflamed, weak, watery; swelling lids.

#### Mouth

- Salivation increased.

- Taste sweet.

Chest

- Palpitations on waking.

Sleep

- Restless.

- Sleepiness when sitting.

Dd

Agar, Apis, Kali-s, Op, Puls, Spiders, Sulph.

# TELA ARANEAE (tela)

Mind

- Calm and delightful state. Delicious tranquillity.

- Slight but pleasant delirium; jumped and danced all night.

Generals

- Hypertension.

- Periodicity.

Head

- Sore pains.

Skin

- Ringworm.

Sleep

- SLEEPINESS.

- Sleeplessness.

Dd

Op.

# ARBUTUS MENZIESII (arb-m.)

Mind

- Lack of enthusiasm, motivation.

- Wants to sit and do meaningless things or nothing at all.

- Undertakes nothing lest he'll fail. Pssive. Pessimism.

- Feels overwhelmed when demands are made on him.

Can't complete tasks. Aversion to responsibility.

- Difficult concentration. Slowness of thinking, answering. Forgetful.

- Difficulty with mathematics, abstract thinking.

- Apathy, indifference, lethargy.

- Scattered, spaced out, confused.

- Feels seperated from body; her hand does not belong to her; disassociated from reality.

No direction in life.

### Generals

- Ailments from drugs, marijuana, LSD,...
- Feeling of weakness, loss of vitality.
- agg. Heat.
- amel. Fresh air, moist air. Wants to be near water, rivers, seaside.
- Food allergies.

### Food and drinks

- Aversion: Meat, salt, vegetables.
- Desire: Cold drinks.

### Head

- Pains.

### Mouth

- Dryness.

### Throat

- Choking.

### Stomach

- Thirsty.
- Lack of appetite.

### Bladder

- Inflammation.

### Female genitalia

- Chronic vaginal infections.

### Sleep

- Sleepless, until 4 a.m.
- Position: left side.

### Dd

Alum., Anh., Bar-c., Cann-i., Hell., Lec., Med., Mur-ac., Pic-ac., Ph-ac., Sep., Sulph.

## # ARGENTUM CYANATUM (arg-cy.)

### Generals

- Weakness.
- Cancer.

### Face

- Discoloration red.

### Mouth

- Cancer of tongue.
- Tongue red.

### Throat/external throat

- Constriction. Spasms of esophagus.
- Burning in throat.

Larynx/trachea

- Cancer of larynx.

Cough/respiration

- Severe spasmodic, dry cough.
- Asthma.

Extremities

- Cramps foot.

Sleep

- Sleepless.

# ARGENTUM METALLICUM (arg-met.)

Mind

- Sensitive and excitable.
- Extroverted but fragile.
- When fatigue sets in, become more isolated.
- Unbalanced from slight incidents. Become upset, angry, confused.

Avoids the bother of conflicts.

- Ailments from mental exertion.
- Weakness of memory.
- Dullness. Depression.
- Manic-depressive state.

Generalities

- Weakness, prostration, agg. talking.
- agg. 12 O'CLOCK, AT NOON.
- agg. MORNING.
- Symptoms appear gradually, but deepseated.

Pain appears gradually or suddenly, disappears suddenly.

- Affections of CARTILAGES. Inflammation and thickening of cartilages.

Osteochondritis. Epiphysitis.

- THICK, GRAY, TENACIOUS SECRETIONS of mucous membranes, like boiled starch.

Head

- Sudden vertigo.
- Cloudy sensation, as from smoke in the brain.
- Neuralgic pain.

Eye

- THICKENED, RED MARGINS OF LIDS, with purulent discharge and photophobia. Blepharitis.

Nose

- Severe fluent coryza without sneezing.
- Affection of nasal cartilages.

Face

- Looks older.

## Throat

- Hoarseness, laryngitis, loss of voice, from overuse of voice.
- Hawking up of jelly-like mucus.

## Stomach

- Increased appetite.
- Nausea, with hunger; in dreams.

## Male genitalia

- Overexcitement followed by impotency.
- Pain and swelling testes, agg. right, agg. walking, touch of clothing.
- Seminal emissions with atrophy of penis.

## Female genitalia

- Overexcitement followed by aversion, from tiredness.
- Pain and swelling ovary (esp. left); with prolapse of uterus.

## Expectoration

- Easy, of transparent, gelatinous mucus, like boiled starch, esp. morning.

## Chest

- Weakness, agg. talking (Stann.).
- M. Tietze: benign painful swelling of cartilage junction between sternum and clavicle/ribs.

## Neuralgic pains of cartilages.

- PALPITATIONS, arrhythmias amel. SIGHING, deep breaths; agg. lying on back.

## Extremities

- Violent JERKING OF UPPER LIMBS ON FALLING ASLEEP.
- Weakness.
- Painful tension in muscles. Twitching and palpitation in muscles.
- Calves feel too short. Contracture of tendons.

## Sleep

- Restless.
- Electric-like shocks during sleep or on going to sleep.
- Tiredness coupled with excitement gives sleeplessness.
- Unrefreshed.

## Skin

- Exanthema with soreness.

## Dd

Agar., Phos., Sel., Sep., Stann., Zinc.

## # ARGENTUM NITRICUM (arg-n.)

## Mind

- Extrovert. Over-emotional. Cannot hide his feelings.
- Sympathetic. Desire company (expression feelings).

- Vivid imagination.
- IMPULSES. Mental weakness.
- Anxiety about HEALTH. Fear being alone.
- FEARS: HEIGHTS, crossing bridge, CLAUSTROFOBIA, fainting, disease, hospitals, death.
- ANTICIPATION. Hurry. Feels he lacks time.
- ANXIETY NEUROSIS with irrational behavior. Compulsive neurosis.
- Suggestible. SUPERSTITIOUS. Fixed ideas.
- Weak memory. Brain fog.

#### Generalities

- agg. HEAT.
- amel. Cold applications, cold bathing.
- agg. Lying on right side.
- Neurological complaints: inco"rdination, convulsions, ataxia.
- PERIODICAL WEAKNESS.
- SPLINTER-LIKE PAINS.
- Tendency for growths (warts, papillomas).

#### Food and drinks

- Desire: SWEETS/SUGAR, SALT, STRONG CHEESE, ice cream, cold drinks.
- agg. SWEETS.

#### Vertigo

- From heights. When crossing a narrow bridge.

#### Head

- Pain starts gradually, stops suddenly.

Headache from frights, mental exertion. With weakness.

#### Eye

- CONJUNCTIVITIS. Bright red, raw area, like raw meat.
- Ulcers of conjunctiva, cornea.
- Photophobia agg. warm room.
- Purulent ophthalmia, esp. in babies.

#### Throat

- Inflammations, splinterlike pains, agg. swallowing, amel. cold drinks.
- Sudden HOARSENESS, LOSS OF VOICE in PUBLIC SPEAKERS, singers.
- Polyps, condylomata vocal cords.

#### Stomach

- Loud explosive ERUCTATIONS.
- Vomiting mucus during diarrhea.
- Ulcers.

#### Abdomen

- DISTENSION.
- Pain when lying on right side.

#### Rectum

- Flatulence.
- Diarrhea from anticipation, excitement, sweets.

## Urinary

- Frequent urination from anticipation.
- Involuntary urination.

## Male genitalia

- Sexual desire increased.
- IMPOTENCY, loses erection because of sudden fixed idea during sex.

## Female genitalia

- Sensation of swelling at right ovary.
- Metrorrhagia agg. after coition.

## Respiration

- Dyspnea, agg. room full of people, taking deep breath.

## Chest

- Sensation heart is beating so violent that it will jump out of place.
- Palpitations agg. lying right side.

## Extremities

- ATAXIA, esp. lower limbs. Paralysis.
- Weakness, heaviness.
- Numbness in forearms, agg. sleep, touch.
- Coldness in forearms during menses.
- Restlessness. Chorea.

## Compl.

Calc., Gels., Nat-m., Puls., Sep.

## Dd

Arg-m., Ars., Carb-v., Chin., Gels., Lyc., Med., Phos., Puls., Sulph.

## # ARISTOLOCHIA CLEMATITIS (arist-cl.)

\* Skin. Intestines. Urinary tract. Female genitalia.

## Mind

- Emotionally instable. Manic depression.
- Extremes of moods. Sadness and exhilaration, eventually alternating.
- Extreme introversion or extroversion.
- Tearful depression. Sensation of isolation with aversion company.
- Inconsolable and cross.
- Nervous sensitivity. Easily offended.
- Lack of self-confidence. Anticipation.

## Generals

- Aristolochia means 'excellent for labor'.
- agg. BEFORE AND AFTER MENSES. SUPRESSED MENSES.
- agg. Morning on rising; 2-4 a.m.
- amel. OPEN AIR, MOTION, DISCHARGES.
- CHILLY, not amel. heat.

- Obesity
- Flushes of heat with perspiration (menopause).
- Weakness alt. with unusual activity.

Weakness with vertigo, nausea, chilliness. Hypoglycemia.

- Poor circulation and local venous congestion.

post-partum phlebitis, with septic thrombosis .

Head

- Headache amel. open air, cool applications, coryza; agg. before and after menses bending forward.

Eyes

- Burning, itching, lachrymation agg. reading, strong light.

Ear

- Noises with otalgia and headaches.

- Otitis media.

Nose

- Coryza with obstruction and headaches, agg. morning, amel. rising, open air.

- Sneezing agg. 8-9 a.m.

- Polyps.

- Hayfever.

- Sinusitis.

Face

- Neuralgia agg. cold, amel. heat.

Mouth/teeth

- Cracked corners of mouth. Herpes.

- Toothache agg. cold, amel. heat.

Throat

- Dry, sore. Hoarseness.

- Tonsillitis with yellow coating on tonsils.

Gastro-intestinal

- Nausea with chilliness, vertigo, agg. lying down.

- Sour, bitter vomiting, agg. sauerkraut, amel. milk.

- Gastritis.

- Painful distention abdomen agg. menses.

- Constipation with flatulence. Ineffectual desire for stool.

- Sudden diarrhea, agg. after eating.

- Tenesmus with rectal prolapse.

- Neurospastic intestinal states. Anticipatory colitis.

- Bleeding hemorrhoids.

- Mucous stools

Urinary tract

- Painful, frequent desire to urinate agg. night.

- Involuntary dribbling. Enuresis agg. older women.

- Cystitis, pyelitis from cold.

- Albuminuria with white discharge.

## Male genitalia

- Prostatitis, epididymitis agg. cold.

## Female genitalia

- MENSES: PAINFUL, WEAK, SHORT, LATE, SUPRESSED.
- Blood black, with clots.
- Amenorrhea due to confinement in prison, camps, flight or travel, during lactation.
- Delayed menarche. Too early menopause.
- Leucorrhoea brown, agg. before menses.
- Voluptuous itching of vagina agg. before, after menses, amel. during menses.
- Eczema.
- After-pains with laryngitis.

## Cough\respiration

- Morning cough with pain left side of chest.
- Respiration asthmatic.

## Chest

- Pain and induration left mammae.

## Extremities

- Swelling of feet and ankles agg. before menses.
- Joints painful amel. menses, leucorrhoea, motion agg. suppressed menses, sewing, knitting, sitting.
- Rheumatism of knees with congested veins.
- Heaviness lower limbs, agg. before menses.
- Coldness. Chilblains.
- Varicose veins agg. before menses, pregnancy.

## Sleep

- Sleeplessness agg. before menses.

## Skin

- POORLY HEALING WOUNDS; INFECTED WOUNDS. (Calend)

## Blisters from friction.

- Eruptions. Eczema. Cracks. Acne. Erysipelas. Furuncles.

## Dd

Ange-s., Calend., Lach., Merc., Myrist., Puls., Rhus-t., Sep.

## # ARNICA MONTANA (arn.)

\* AILMENTS FROM INJURY/TRAUMA, physical or psychic.

## SORENESS.

## Mind

- FEAR OR AVERSION OF BEING TOUCHED, others approaching them.
- Says he is well, thinks he is well, sends doctor away.
- Sensitive to pain.
- Defensive: Irritable, obstinate when approached.

Contradictory, capricious.

Dictatorial.

- Loners.
- Fear of being raped, using tampons (penetration).
- Fear of wind .
- Anxiety states, with fear of death (Acon.) at night.
- Restless because of soreness. Feels as if bed is too hard.
- Forgetful. Absentminded.
- Stupor, unconsciousness, coma during high fever, from brain damage,...

Answers correctly when aroused and falls back into stupor.

Generalities

- Complaints ever since a TRAUMA (Nat-s).
- AILMENTS FROM INJURIES WITH A BLUNT INSTRUMENT; OVEREXERTION, labor, surgery,...
- agg. Cold wet.
- agg. Jar.
- agg. Evening, night; movement; noise.
- amel. Lying head low.
- SORE, BRUISED PAINS.
- Tendency to hemorrhages, externally and internally.
- ODOR: SPOILED, ROTTEN EGGS (Sulph.).

Head

- AILMENTS AFTER CONCUSSION.
- Head hot and body cold, with fever (Bell., Stram.).
- Headache with cold or heat in spots.
- Cerebral hemorrhages.

Eye

- Ecchymosis; from coughing. Retinal hemorrhage.
- Inflammation and pain agg. heat.

Ear

- Hearing impaired after injuries.

Nose

- Cold tip.
- Epistaxis while washing face, from cough.

Mouth

- Taste of rotten eggs.
- Complaints after extraction of teeth.

Stomach

- Eructations with smell of spoiled eggs.

Abdomen

- Sore pain agg. coughing, touch, jar.
- MOVEMENTS OF FETUS FELT INTENSELY, keeps the woman awake, gives nausea, vomiting.
- Tenderness in inguinal region, must walk bent forward.
- Inflammation of appendix, intestines,...

## Rectum

- Diarrhea with smell of spoiled eggs.

## Urinary

- Retention of urine after overexertion, labor, injuries.

## Male genitalia

- Inflammation and swelling of testes after concussion, operation.

## Female genitalia

- Ailments during and after labor.
- After-pains while nursing.

## Cough

- After weeping in children.

## Chest

- Pains around heart and fear of heart disease agg. night.
- ANGINA PECTORIS: bruised feeling chest.
- Has to hold chest during cough.

## Extremities

- Arthritis, rheumatism agg. cold wet weather.

## Joint pains agg. jar.

- SPRAINS. BRUISES.
- Varices (Ham.).

## Skin

- SYMMETRICAL eruptions (1st remedy).
- ECCHYMOSIS.
- Crops of small boils.

## Compl.

Acon., Apis, Calc., Hyper., Ip., Led., Nat-s., Psor., Rhus-t., Sulph., Sul-ac., Verat.

## Dd

Acon., Bapt., Bell-p., Bry., Ham., Lach., Op., Rhus-t., Sul-ac.

## # ARSENICUM ALBUM (ars.)

\* A deep seated INSECURITY.

## Mind

- Feels vulnerable and defenseless esp. concerning disease and death.
- Needs company for reassurance and support. Demanding and clinging.
- Selfish.
- Possessive. Greedy.
- FASTIDIOUS. Orderly.
- Critical. Perfectionism.
- RESTLESSNESS WITH ANXIETY AND OR WEAKNESS. Nervous.
- FEARS: BEING ALONE, DISEASE, DEATH, robbers, poverty.
- Anxiety attacks, agg. 12 - 3 a.m. Anxiety neurosis.

- Anorexia nervosa.
- Suicidal. Impulse to kill, fear of killing.

#### Generalities

- CHILLY, agg. cold, amel. heat (except headache).
- agg. AFTER MIDNIGHT, 0 - 2 a.m.
- agg. Seaside.
- BURNING PAINS, amel. HEAT.
- Discharges: Acrid, scanty, thin, offensive.
- Right sided.
- Periodicity.
- WEAKNESS.
- Alternating complaints.
- TENDENCY TO MALIGNANCY.
- Apyrexia, patients who seldom or never develop fever.
- Edema, ascites.

#### Food and drinks

- Desire: FAT, lard, olive oil, sour things (lemon), alcohol (whiskey, wine), bread.
- Aversion: Farinaceous food, beans and peas, meat, sweets.
- amel. Milk, warm drinks.

#### Head

- HOT HEAD WITH COLD BODY.
- Headache: Congestive, burning; periodical; alt. with arthritis, stomach pain; amel. cold applications.
- Headache after eating ice-cream (Puls.).

#### Eye

- Conjunctivitis. Acrid, burning discharge. Keratitis. Iritis.
- Photophobia.
- Swelling of the lids.

#### Nose

- CORYZA, HAY FEVER: Acrid watery discharge. Violent sneezing agg. waking in the morning.
- agg. RIGHT SIDE.

#### Face

- SWELLING AROUND, UNDER EYES.
- EPITHELIOMA of lids.
- Prematurely old. Shrivelled. Bluish and cold.

#### Mouth

- Aphthae, ulcers: burning amel. warm drinks.

#### Throat

- Inflammation, ulceration: burning pains, amel. warm drinks.

#### Stomach

- THIRST FOR SMALL QUANTITIES FREQUENTLY.
- AFFECTIONS WITH BURNING PAINS :Gastritis, ulcer, malignancy.
- Pain amel. (sweet) milk, agg. cold food/drinks, 2 a.m.
- Vomiting after cold food or drinks.

- Anxiety felt in pit of stomach.

#### Abdomen

- Food poisoning: **DIARRHEA AND VOMITING SIMULTANEOUSLY** (Verat.), with restlessness, coldness, weakness.

- Ascites.

- Colitis.

- Hepatitis.

#### Rectum/stool

- **DIARRHEA** with vomiting (Verat), with great **WEAKNESS**.

From cold drinks, fruit, ice cream.

- Stool: acrid, offensive.

#### Urinary organs

- Involuntary urination.

- **ATONY, PARALYSIS** of bladder, esp. in elderly people.

#### Genitalia

- Malignancy of ovaries, testes, uterus.

#### Respiration

- **ASTHMATIC**, agg. after midnight, lying down; amel. sitting.

With anxiety, restlessness, weakness, cyanosis, burning in chest.

#### Chest

- Palpitations, arrhythmias: agg. after midnight, lying down; with anxiety.

- Pneumonia. Pleurisy. Emphysema.

- Sensation of smoke or dust in lungs.

- Cancer of mammae.

#### Extremities

- Paralytic weakness.

- Black nails.

- Coldness. Raynaud syndrome.

#### Sleep

- Restless.

- Dreams of robbers.

#### Skin

- **DRY**, rough, scaly.

- Psoriasis, eczema.

- Itching without eruption, must scratch until it bleeds.

- Ulcers, chronic, spreading, burning.

- Gangrene.

#### Compl.

All-s., Anth., Carb-v., Chin., Kali-bi., Lach., Nat-s., Phos, Psor., Puls., Pyrog., Rhus-tox., Sec., Sulph., Tarent., Thuj.

#### Dd

Acon., Aran., Bism., Cadm-s., Carb-v., Chin., Ferr., Hep., Iod., Kali-ars., Merc., Nit-ac., Nux-v., Phos., Psor., Rhus-t., Sil., Sul-ac., Verat., Zing.

## # ARSENICUM IODATUM (ars-i.)

### Mind

- Extremely RESTLESS (Ars. + Iod.), agg. night. Never stops moving.
- Hyperactive children. Difficult concentration.
- Changeable moods.
- Irritable. Over-sensitive to noise.
- Impatience and hurry.
- Sudden impulse to kill with knife.
- Anxiety and fear, agg. warm bed.
- Indifference and prostration.
- Sadness.
- Mental prostration. Acts as if stupid.

### Generalities

- agg. WARMTH.
- agg. Exertion, ascending stairs.
- agg. Draft, bathing and cold.
- Desire open air.
- TUBERCULAR miasm: Thin, emaciated people; burns out the body ;frequent colds.
- DISCHARGES: THICK, YELLOW, HONEY-LIKE; corrosive.
- Weakness. Lack of reaction. No recovery after pneumonia.
- Severe chronic conditions. Cancer. Tuberculosis.
- Induration: glands, ulcers.

### Food and drinks

- Desire: Milk, stimulants.
- Aversion: Fish.

### Head

- Headache with DULL, HEAVY FEELING.
- Psoriasis: thick scales with inflamed, raw patches underneath.

### Eye

- Granular conjunctivitis. Chronic catarrhal conditions
- Red margins of lids. Lids swollen, red.
- Protrusion.

### Nose

- Hay fever.
- Catches colds easily. Chronic catarrh.
- Excoriating, honey-like discharges.
- Pain at root of nose.

### Abdomen

- Hard, distended.

### Rectum

- Pressure on rectum from uterus, when lying.

#### Female genitalia

- Cancer of uterus. Ovarian tumors.

- Acrid leucorrhoea.

#### Respiration

- Asthmatic, difficult, agg. ascending, 11 p.m. to 2 a.m.

#### Chest

- Valvular problems.

- Anxiety in heart region.

- Colds go to chest: Bronchitis, pneumonia.

- Pleurisy. Phtisis.

#### Extremities

- Edema.

#### Skin

- Harsh. Dry, scaly.

- Psoriasis.

#### Compl.

Kali-i., Phos.

#### Dd

Ant-i., Ars., Iod., Kali-i., Naph., Rhus-t., Sulph., Tarent., Tub., Verat., Zinc.

### # ARTEMISIA VULGARIS (art-v.)

\* EPILEPTIC, CONVULSIVE CONDITIONS IN CHILDREN, GIRLS AT PUBERTY.

#### Mind

- Excitement, irritability before epilepsy.

- Kleptomania.

- Somnambulism. Gets up at night and works.

- Absence: Walks in street, suddenly stops, stares into space, mumbles a few words and becomes normal.

#### Generalities

- Ailments after fright, excitement, masturbation, menstrual irregularities, injuries to head.

- agg. Cooling off while over-heated.

- agg. Menstrual disorders.

- agg. Teething.

- Petit mal. Epilepsy. Eclampsia of infants. Chorea amel. night.

- Convulsions, spasms during menses.

#### Vertigo

- From coloured light, as from stained-glass windows.

#### Head

- Drawn back.

#### Eye

- Photophobia.
- Pain and blurred vision, amel. rubbing, agg. exertion eyes.

#### Face

- Twitchings. Mouth drawn to left.

#### Mouth

- Grinding teeth.
- Bites tongue.
- Speech unintelligible.

#### Female genitalia

- Violent contractions of uterus.
- Irregular, scanty menses.

#### Respiration

- Rattling.
- A deep inspiration ends the attack.

#### Extremities

- Over-fatigue or weakness of feet.

#### Perspiration

- Smells like garlic.

#### Dd

Absinth., Bufo., Cic., Cupr., Hyos., Oenan., Op., Stram.

#### # ARUM TRIPHYLLUM (arum-t.)

\* Affects mainly mucus membranes of mouth, nose, pharynx.

#### Mind

- PICKING LIPS UNTILL THEY BLEED.
- BITING NAILS, fingers, lips.
- Delirium with restlessness, restless hands and fingers picking at nose and lips.
- Children: Irritable, capricious.

#### Generalities

- Burning pains. Appear and disappear suddenly.
- Left sided.
- Swelling of glands.

#### Food and drinks

- Desire: Meat.
- Aversion: Milk.

#### Head

- Perspiration at night.
- Headache from anything hot.

#### Eye

- Swelling of margins of lids.
- Quivering of upper lids.

## Nose

- BORING NOSE (Cina).
- Scabs in and around nostrils.
- ACRID DISCHARGE, agg. left; with sensation of obstruction.

## Face

- REDNESS, IRRITATION, TINGLING AND ITCHING AROUND MOUTH AND NOSE.
- Lips cracked, red, dry and swollen.
- Cracks at corners of mouth.

## Mouth

- Tongue is cracked, swollen.
- Burning pains at side and tip of tongue.

## Larynx/trachea

- HOARSENESS from overuse of voice.
- Liquids are forced into nose.
- Mucus in larynx.

## Stomach

- Thirst for cold water; often for small quantities (Ars., Lyc.).

## Cough

- Hacking, distressing cough.

## Extremities

- Cramps.
- Feet very painful on standing, feel bruised.

## Skin

- Eruptions like scarlatina.

## Compl.

Nit-ac.

## Dd

Ail., All-c., Bry., Cina., Nit-ac., Sil., Zinc.

## # ASA FOETIDA (asaf.)

\* UNSTEADINESS. Hysterical, nervous symptoms.

## Mind

- Oversensitive. Excited at trifles.
- Hypochondriacal with hysterical anxiety.
- Anxiety, fear of death after eating. Fear of paralysis.
- Hysterical, nervous. Unpredictable behavior.

Unintelligible speech, rhythmic motions in arms and legs, constant chewing, convulsions, paralysis.

- Alternating moods. Capricious. Spasmodic laughter.
- Excitable sexually. Flirting. Nymphomania.

## Generalities

- alternating states: from excitement to stagnation.

- agg. AFTER EATING. At rest. At night.
- amel. Slow motion. Open air. Pressure.
- NERVOUS AFFECTIONS: chorea amel. holding on to something; epilepsy; twitching, jerking, trembling.
- FAINTNESS, agg. after coition, reading, sleeping left sided, amel. deep breath.
- Numbness of affected parts.
- Sensation of internal plug.
- Obesity.
- Ulceration with offensive discharges.
- Abscess with chronic suppuration.
- Ailments from suppressed emotions, discharges, eruptions.
- Violent, hard throbbings. Venous stasis.
- Affections of bones: fistulae, periostitis, osteitis.
- Deep syphilitic cases.

#### Head

- Congestive headache.
- Sensation of a plug pressing.
- Numbness of scalp.

#### Eye

- Deep seated inflammation with ciliary pain. Iritis.
- Ulceration of cornea.
- Coldness of canthi.

#### Ear

- Hearing impaired with offensive otorrhea. Caries.

#### Nose

- Caries. Offensive discharges.

#### Face

- Phletoric. Dark red, dusky. Hot.
- Numbness of bones.

#### Mouth

- Grinding teeth.
- Nodosities on palate.

#### Throat

- SENSATION OF A LUMP/BALL RISING FROM STOMACH, with difficult breathing.
- REVERSE PERISTALSIS in esophagus. Everything comes up, nothing goes down.
- Spasms of esophagus, glottis, alt. with contraction of fingers/toes.

#### Stomach/abdomen

- FLATULENCE. Great DISTENSION of abdomen, INCARCERATED FLATUS; EXPLOSIVE ERUCTATION.
- Pulsations.

#### Stool

- Offensive.

## Female genitalia

- Bearing down.
- Leucorrhea: greenish, offensive.

## Respiration

- HYSTERICAL ASTHMA, agg. coition, eating.

## Chest

- Spasmodic tightness of the chest.
- Milk in non pregnant women.

Deficient milk; milk is thin, bluish.

- NERVOUS PALPITATIONS.

## Extremities

- Cramps, twitchings, contractions. Chorea.
- Numbness.
- Bone pains.
- Cold hands with hot face.

## Skin

- Deep ulcers, spreading, with highly sensitive, bluish edges; with offensive discharge; surrounded with varicose veins.
- Old cicatrices break open, turn purple/black, esp. of amputated limb.

## Compl.

Caust., Puls.

## Dd

Carb-v., Chin., Hep., Ign., Lach., Mosch., Puls., Sumb., Valer.

## # ASARUM EUROPÆUM (asar.)

\* OVERSENSITIVE NERVOUS SYSTEM.

## Mind

- Tremendous SENSITIVITY TO NOISE, esp. scratching on blackboard, silk, linen, paper unbearable, even mere imagination agg..
- Serious workers. Overworked. Nervous breakdown.
- Do not tolerate any kind of violence, not even to be commanded.

Feels easily humiliated.

- Wringing hands. Fidgety.
- Hysterical laughing and crying. Alternating moods.
- Fear of insanity, because mind is breaking down.
- Aversion to coition, sexual matters in general.

Children who don't like to be kissed, hugged.

- Delusion limbs are FLOATING, as if floating in the air.

- Parts of the body feel fixed or stuck.

#### Generalities

- CHILLY.

- agg. DRY, COLD WEATHER, amel. WET WEATHER.

- Locally amel. cold, wet applications.

- amel. Open air, agg. closed room.

- Chills go up and down body, agg. noise, emotions.

- ALLERGIC TO VARIOUS CHEMICALS, FOODS.

#### Food and drinks

- Desire: Alcohol, nuts (Cub.), milk.

- Aversion: Onions, garlic, fish, fat.

#### Vertigo

- Hysterical,agg. least motion, amel. rest.

- FLOATING SENSATION.

#### Head

- Feels pulsation of arteries in occiput.

#### Eye

- Eyes feel stuck, fixed.

#### Ear

- Deafness from over-sensitivity of auditory nerve.

#### Face

- Twitching, esp. left upper eyelid, amel. blinking.

#### Stomach

- Nausea during pregnancy, everything is rejected.

- Vomiting with anxiety and chilliness.

#### Stool

- Yellow, stringy mucus.

#### Extremities

- Floating sensation.

- Chilliness in single parts.

- RESTLESS HANDS, FINGERS.

#### Sleep

- SLEEPLESSNESS OR WAKING FROM LIGHT NOISE.

#### Compl.

Caust., Puls., Sil.

#### Dd

Aur., Coff., Merc., Nat-m., Nux-v., Ther., Zinc.

# ASTERIAS RUBENS (aster.)

\* Irritable nervous system seeks an outlet.

#### Mind

- Irritable, choleric. Impatient.
- Easily excited by any emotion, esp. contradiction.
- Quarrelsome, agg. between 12 to 2 p.m.
- Weeps easily.
- Hysteria.
- FEAR OF APOPLEXY, of misfortune, evil, bad news.
- Brain feels agitated after mental exertion.
- Sadness, depression alt. with excitement.
- Insanity during climacteric period.
- Delusion under control of strangers; hears voices; away from home, among strangers.

#### Generalities

- agg. 2-3 p.m.
- agg. During menses.
- Left sided symptoms.
- Affects FEMALE ORGANS and hormonal system.
- Disturbances of CIRCULATION. High blood pressure. Congestions. Pulsations.
- NERVOUS AFFECTIONS: Neuralgias, chorea, twitchings, epilepsy.

Epilepsy: agg. after 3 p.m. ; by emotions, esp. contradiction.

Before: Days before twitchings over whole body. Irritable.

After: Great prostration. Sense of distress in epigastrium.

Chorea: Quiet only when hands are in pockets.

#### Food and drinks

- Desire: Highly seasoned, strong cheese, liquors, coffee, cold drinks.
- Aversion: Meat.
- agg. Coffee.

#### Head

- CONGESTION. Head feels hot, as if surrounded by hot air.
- Feels as if head would burst.(Bell.)
- APOPLEXY.
- Electric-like shocks in brain with internal pressure.
- Restless feeling in brain after mental exertion.

#### Face

- Congested. Red and swollen.
- Acne with small red base and black tips. (Kali-br., Rad.).
- Neuralgia on left side.
- Convulsive movement of jaws.

#### Abdomen

- Distress in epigastrium.
- Colic alt. with flushes of heat in face.
- Flatulence after every meal.

#### Female genitalia

- DESIRE INCREASED, not amel. by coition.
- Tumors in uterus with a sense as if something is pushing out.

- Twitching in uterus.
- Colic amel. appearance of flow.

#### Chest

- CANCER, ULCERATION OF MAMMAE, ESP. LEFT.

Nodes and indurations in mammae.

Lancinating pains agg. night.

Feeling as if breast or nipple is drawn back.

Pain ext. through arm to end of little finger.

- Axillary glands swollen and knotted agg. night, damp weather.

#### Extremities

- Lessened sensibility in lower limbs. Unsteady gait.

Muscles refuse to obey the will (Hell.).

- Permanent contractions of muscles, esp. lower limbs. Restlessness.

#### Sleep

- Restless. Sleepless from agitation.

- Awakes by electric shocks.

- Very vivid dreams.

#### Dd

Bell., Carb-an., Con., Cund., Glon., Lil-t., Murx., Sil., Thuj., Zinc.

### # ASTRAGALUS EXCAPUS (astra-e.)

#### Mind

- Nervous; unstable moods.
- Depression, loss of self-confidence.
- Obsessional tendencies. Tormenting thoughts.
- Prostration of mind, agg. evening.
- Confusion agg. morning, sees as through a fog.
- Mental symptoms alt. with respiratory complaints.
- Anorexia.

#### Generals

- Emaciation.
- Tension disorders of organs.
- Cerebral softening.
- Caries of bones. Tumors of bones.

#### Vertigo/head

- Vertigo.
- Shooting pain above right eye.
- Fullness left temple.

#### Nose

- Chronic coryza; watery, profuse discharge, burning, excoriating.

#### Sinusitis.

## Face

- Pressing pain in maxillary sinuses. Fullness left side.
- Tumors of maxillary bones, jaw.

## Gastro-intestinal

- Burning esophagus.
- Emptiness stomach with weakness, faintness.

## Respiratory

- Respiration slow, difficult; choking sensation.
- Wheezing.
- Cough dry or loose; in fits; with suffocation.

## Extremities

- Weakness lower limbs.
- Awkwardness while walking; incoordination; locomotor ataxia.
- Formication right heel, ext. toes.
- Coldness left calf.
- Raynaud.

## Dd

Alum, Arg-m, Ars, Con, Lac-c, Plb, Sil, Syph, Tub, Verb, Zinc.

## # ATRAX ROBUSTUS (atra-r.)

### Mind

- Mental weakness agg. evening.

### Generals

- Weakness agg. morning, physical and mental exertion.
- agg. Left side.

### Vertigo/head

- Vertigo agg. 7 p.m.

### Eye

- Discharge yellowish-white, profuse at night.
- Agglutination morning.
- Eyeballs painful agg. left; sensation of protrusion.

### Ear

- Drawing outward as from a string.

### Nose

- Discharge thick, sticky, yellowish, black.

### Face

- Pain below left eye agg. lying.

### Throat/external throat

- Sensation of obstruction, agg. lying on back.
- Pain agg. left side.
- Dryness, not amel. drinking, agg. cold drinks.

- Sensation of protrusion of thyroid cartilage.

Exophthalmic goitre.

Gastro-intestinal

- Pain in region of umbilicus, agg. after breakfast, leaning backwards, walking, standing; amel. pressure, lying on abdomen, stooping.

Urinary tract

- Cystitis.

Extremities

- Sudden weakness agg. legs, amel. lying, pressure.

- Pain in knees.

Sleep

- Sleeplessness until 1 a.m.

Dd

Aran, Spig,

# AURUM METALLICUM (aur.)

\* DEPRESSION AND LOATHING OF LIFE.

Mind

- Introverted. Serious with a touch of sadness.

- Sensitive. Refined. Easily hurt.

- Sensitive to any criticism.

- Don't share emotions. Outbursts of temper.

- Emotional weakness, mentally strong.

- Correct. Well educated. Conscientious.

- Responsible. Disciplined and highly ambitious. Convicted they are more capable than others.

- WORKAHOLIC. Attain high position in society.

- Ailments from grief, humiliation, from business reversal.

- Self-reproach. Feels worthless, incapable. Fear of failure.

- FORSAKEN FEELING. Delusion lost affection of friends.

- Strong sobbing at night during sleep. Moaning during sleep.

- ANXIETY OF CONSCIENCE. Delusion neglected his duty, has done wrong, everything will fail, he is unfit for the world.

- PRAYING with weeping. Despair of salvation.

- Emotions become still, cool, hard.

- Fear heart disease, high places, in crowd.

- SUICIDAL IMPULSES; esp. JUMPING FROM HIGH PLACES. Suicidal from pain.

- Desires death. The idea of dying brings relief, almost joy.

Generalities

- amel. EVENING. agg. SUNSET TILL SUNRISE.

- amel. Moonlight.

- Warmblooded, amel. open air, cold applications.

- amel. MUSIC (religious, classical, soft music).
- Pains agg. night.
- Syphilitic miasm.
- Swelling glands. Indurations. Malignancies.
- Bone pains.
- Emaciation in pining boys; obesity in old people.

#### Food and drinks

- Desire: Alcohol, milk, bread, sweets.
- Aversion: meat.

#### Head

- Violent headache with suicidal thoughts.
- Boring pain, left or right side of root of nose.
- Headache agg. blowing nose.
- Falling of hair.
- Exostoses of skull.

#### Eye

- Inflammations, ulcerations.
- Horizontal hemiopia.
- Moonlight amel. vision.

#### Ear

- mastoiditis. Caries. Obstinate offensive discharge.

#### Nose

- Chronic nasal obstruction. Sinusitis.
- Agglutination of nostrils. Inflammation of bones.
- Carcinoma.
- Caries.

#### Mouth

- Sour, bitter taste.

#### Abdomen

- Incarcerated flatus.
- Swelling and hardness of glands, liver. Bubo.
- Pain right hypochondrium. Tension on sides of abdomen.
- Inguinal hernia children.

#### Male genitalia

- Inflammation and induration testes agg. right side.
- Undescended testes.
- Sexual desire increased. Masturbation.

#### Female genitalia

- Induration, ulceration of uterus.
- Fibromas uterus (Aur-m-n.).

#### Chest

- ANGINA PECTORIS.
- Endocarditis. Rheumatic conditions heart.

- Palpitations with anxiety, agg. hormonal changes, night, sudden noise, emotional stress.

Arrhythmia. Extra systoles.

- Oppression in region of heart, with edema of lower limbs.

Extremities

- Psoriatic arthritis. Rheumatoid arthritis.

Wandering pains. Pain agg. night.

- Bone pains agg. night.

Sleep

- Sleeplessness with tossing about in bed. Short interrupted periods of restless, anxious sleep.

- Nightmares.

Compl.

Merc., Sulph., Syph.

Dd

Other Aurums, Merc., Nat-m., Nat-s., Nux-v., Plat., Psor., Puls., Sep., Syph.

# BADIAGA (bad.)

Mind

- Ailments from excessive joy.

- Cheerful, excited.

- Desires mental activity.

- Restless.

- agg. Thinking of complaints.

- Weeping during cough.

- Mistakes in time.

- Dementia, parietic.

Generalities

- SORE PAINS, as if beaten, very sensitive even to touch of clothing.

- Induration of glands.

- Syphillis (infantile).

- Injuries, trauma, concussion.

- Rheumatic pains: agg. cold, wet and stormy weather; cold air.

Head

- Pain with pain in back of eyeballs, agg. motion eyes.

Eye

- Intermittent neuralgia, agg. motion eyes.

- Inflammation, agg. heat.

- Pain in paroxysms.

Abdomen

- Swelling of inguinal glands.

Cough

- FORCIBLE, spasmodic.

- EXPECTORATION FLIES FROM MOUTH AND NOSTRILS.
- Sneezing after coughing. Cough causes sneezing and profuse coryza.
- Caused by tickling in larynx, as if sugar was dissolving.
- amel. Warm room.

Compl.

Iod., Merc., Sulph.

Dd

Arn., Bapt., Con., Cund., Cupr., Dros., Ham., Rumx.

## # BAPTISIA TINCTORIA (bapt.)

Mind

- AS IF DRUNK, SLEEPY, INTOXICATED.
- ANSWER, THEN FALL BACK ASLEEP.
- Delirium from sepsis/fever.
- DELUSIONS: Sensation as if body is separated, scattered, try to get parts together.
- As if double, divided, enlarged.
- Sensation tongue is thick and heavy, burnt.
- Restlessness.
- Indisposed to talk about sickness.

Generalities

- Inflammations with RAPID SEPTIC-LIKE CONDITIONS, even with coma.
- OFFENSIVE odour mouth, stool, flatus, perspiration.
- SORE PAINS (Arn., Bad.).
- Influenza: bruised feeling, uncomfortable in any position, bed feels too hard (Arn.). HEAD
- Mastoiditis.

Face

- DARK RED. CONGESTED.
- Stupid look.

Throat

- Stricture of esophagus. Gagging on solid food, can only swallow liquids.
- PAINLESS INFLAMMATION. Dark red discoloration.

Rectum

- Painless diarrhea.

Sleep

- COMATOSE (Op.).

Compl.

Ars., Bry., Crot-h., Ham., Nit-ac., Ter.

Dd

Arn., Bad., Hell., Hyos., Op., Petr., Ph-ac., Pyrog.

## # BARYTA CARBONICA (bar-c.)

### \* IMMATURITY.

#### Mind

- Shy, Timid.

Children hide behind mother.

Children don't play, just stare, have no friends.

Fear strangers, stay in family.

- Delayed development. Slow learning to talk, walk.

- Childishness in old people. Senility. Silly.

- LACK OF SELF CONFIDENCE.

- IRRESOLUTION. Weak will.

- Difficult comprehension. Weak memory.

- Dependant in relationships, easily suppressed (Staph).

- Neat, perfect in dress (conscientious about appearance).

- Suspicious: "They laugh at me".

- Biting fingernails.

- Jealousy in children causing: enuresis, colds, hiding etc.

- Acute: breakdown of mental functioning.

#### Generalities

- Dwarfishness. Immature development of parts of the body.

- Ailments from c.v. a.

- Chilly.

- Swelling glands.

#### Food and drinks

- Aversion: fruits, esp. plums.

#### Head

- Baldness.

#### Mouth

- Open mouth.

#### Throat

- Swelling tonsils.

- Stricture esophagus. Spasms esophagus, on swallowing.

#### Genitalia

- Small, immaturely developed.

- Sexual desire low, indifferent.

#### Back

- Swelling cervical glands.

#### Compl.

Ant-t., Dulc., Psor., Sil.

#### Dd

Ambra, Bufo., Calc., Cic., Graph., Lyc., Onos., Puls., Sil., Thuj.

## # BARYTA MURIATICA (bar-m.)

### Mind

- Dullness.
- Cowardice. Fear of people. Timidity.
- Sits still in a corner. Aversion to play in children.
- 'Imbecility'.
- Mania as sexual desire increases.

### Generalities

- Similar to Bar-c, but have more cramps, convulsions.
- SWELLING AND INDURATION OF GLANDS, like knotted cords.
- Chronic catarrh of ear, nose, respiratory organs.
- Cramps. Convulsions, epileptic.
- agg. Morning.
- Electric shock like sensations.
- Aneurysma. Arterio sclerosis.
- Paresis after influenza, weakness agg. morning, lower limbs. M.S.

### Head

- Tinea capitis.

### Face

- Inflammation of submaxillary glands with hard swellings.

### Throat

- TREMENDOUS SWELLING TONSILS. Tonsillitis.

### External throat

- Induration of glands, like knotted cords.

### Stomach

- Cramps.

### Abdomen

- Aneurysm aorta.

### Genitalia

- Sexual desire increased.

### Chest

- Aneurysm.

### Dd

Agraph., Bar-c., Bufo., Con.

## # BELLADONNA (bell.)

\* GREAT INTENSITY of symptoms.

## Mind

- Often emotionally balanced with fits of anger, etc.
- Vivid emotions, imaginations.
- Senses acute. Sensitive to light, noise, jar.
- Irritability. Sudden fits of anger.
- Fear of dogs.
- Want to hit people, pull their hair, spit, bite.
- Knocks head against the wall.
- Attempt to escape; des. to hide.
- Violent impulses and mania. Psychosis.

## Generalities

- Robust, vital, plethoric.
- Circulation: CONGESTION, flushes, PULSATING PAINS. High blood pressure.
- Pains (esp. neuralgic) come and go suddenly.
- Convulsions, twitches.
- agg. RIGHT SIDE.
- agg. 3 P.M.
- agg. JAR, MOTION; noise, light, touch.
- agg. Heat, sun.
- agg. Draft, cold after being overheated.
- agg. Sudden change of temperature.
- agg. Hormonal changes, menses.
- amel. LYING ON ABDOMEN, pressure.
- amel. Semi erect position, covering the head.

## Acutes:

- SUDDEN onset. Violent attack.
- HIGH FEVER.
- BURNING HEAT; BRIGHT RED DISCOLORATION.
- THROBBING PAINS, DRYNESS.
- HOT HEAD WITH COLD EXTREMITIES.
- Eyes glistening. Wild look.
- Go easily into delirium, hallucinations.

## Food and drinks

- Desire: LEMONADE, LEMONS.

## Vertigo

- agg. TURNING IN BED, moving head.
- Meniere: ringing right ear.

## Head

- Pain: PULSATING, throbbing, hammering

MADDENING (Gels)

cold feet during headache

agg. RIGHT SIDE

agg. LIGHT, NOISE, JAR, SUN, MOTION, bending forward

amel. cold applications, dark room, pressure, sitting after cutting hair; due to hormonal changes.

- Pain as if head bursts open in hypertension.
- Sinusitis: sensation of heaviness

agg. slight touch, stooping; amel. hard pressure.

Eye

- Photophobia.
- Glistening. Wild.
- Dilated pupils.

Ear

- Otitis, agg. right side; throbbing pain.

Nose

- Epistaxis, bright red; with hypertension (Meli.).

Face

- Red.
- AcnÃ: fiery red, big deep painful boils, leaving scars (Sil, Thuj, Tub).

Teeth

- Grinding during sleep.

Throat

- Tonsilitis agg. right side.

External throat

- Aversion tight clothing (Lach.).

Stomach

- THIRSTLESS.
- Pain ext. to back; amel. lying on abdomen.

Abdomen

- Transverse colon: colitis; protrudes, palpable.
- Appendicitis, pain agg. slight touch, jar; amel. lying on abdomen.

Rectum

- Hemorrhoids: congested, throbbing, sensitive to touch.

Female genitalia

- Affections of right ovary (Apis, Lyc., Pall., Podo).
- Dysmenorrhea.
- Metrorrhagia: bright red blood mixed with dark cloths (Croc., Sabin.); feels hot.

Cough

- BARKING (Dros., Stram.)

Chest

- Mastitis, agg. right side.

Extremities

- Cold extremities with congested head.

Sleep

- Snoring, talking during sleep.

- Dreams of falling (Thuj.); wakes suddenly.

- Position: on abdomen.

#### Skin

- Dry and hot.

- Sensitive to the sun.

#### Compl.

Bor., Calc., Carb-v., Hep., Lach., Merc., Nat-m., Sil., Sulph., Vario.

#### Dd

Acon., Bry., Glon., Hyos., Lach., Lyss., Mand., Meli., Stram.

### # BELLIS PERENNIS (bell-p.)

\* SPRAINS, BRUISES, injuries, bone fractures. etc.

#### Mind

- Psychic traumatism. Doesn't tell or show it.

- Obstinate. Fixed ideas.

- Confusion of surroundings.

#### Generalities

- SPRAINS, BRUISES, injuries, bone fractures. etc.

- Injuries to deeper tissues after major operation, esp. on pelvis organs, abdomen.

TRAUMATISM OF PELVIC ORGANS; after parturition.

Sore, bruised feeling in pelvic region (uterus).

- agg. OVEREXERTION.

- Ailments after: cold drinks (cold food), getting cold when heated.

- Overworked old labourers, gardeners, commercial travellers, railway spine.

- Boils. Abscesses.

#### Face

- Acne, agg. menstrual irregularities.

#### Abdomen

- Inability to walk during pregnancy from soreness of abdominal walls.

- Pain after ice-cream.

- Ailments after operation on abdomen.

#### Male genitalia

- Masturbation in children.

#### Female genitalia

- Masturbation.

- Menses: suppressed from cold. Dysmenorrhea.

- Sore pains of uterus during pregnancy.

- Metrorrhagia, agg. exertion.

- Ailments from interrupted coition.

## Chest

- Cancer of breast, induration of mammae after contusion of the breast.

## Back

- Injuries of coccyx (Hyper.).

## Dd

Arn., Symph., Raph., Ruta, Staph.

## # BENZOICUM ACIDUM (benz-ac.)

\* Rheumatic and gouty conditions associated with urinary problems.

## Mind

- Hypochondriasis.  
- Horrible things affect profoundly. Inclination to dwell on unpleasant subjects.  
- Children desire to be carried.

## Generalities

- amel. WHEN URINE CONTAINS SEDIMENT.  
- amel. Heat.  
- agg. Open air, uncovering; wine; motion.

## Head

- Pain alt. with rheumatic symptoms.

## Mouth

- Tongue thick, spongy, with ulcers.  
- Glossitis.

## Throat

- Tonsillitis. Pain amel. eating.

## Stool

- OFFENSIVE, thin, watery, white.

## Urinary

- Urine: very OFFENSIVE, like horse's (Nit-ac), dark colour, full of sediment.  
- Kidney stones agg. right side.  
- Renal insufficiency.

## Cough

- agg. Night, lying on right side; with tender chest.

## Chest

- Heart problems from suppressed gout, rheumatism (Abrot); alt. with kidney problems.

## Extremities

- ARTHRITIS, GOUT WITH OR ALTERNATING WITH OFFENSIVE, THICK URINE WITH SEDIMENT.  
- Arthritic nodosities.

- Gout agg. knee, big toe , agg. right side.
- Contraction, esp. fingers.

Compl.

Colch., Cop., Lyc.

Dd

Abrot., Berb., Colch., Kalm., Lith-c., Nit-ac.

## # BERBERIS AQUIFOLIUM (berb-a.)

Generals

- agg. Evening, night.
- Allergies.

Head

- Cramping forehead ext. to occiput.

Pulsation.

- Hair feels stiff.

Eye

- Sensation as if eye falling from socket.

Face

- Acne with irregular menses.

Mouth

- Vesicles on edge of tongue.

Gastro-intestinal

- Aversion to food.
- Nausea, vomiting.
- Heaviness in stomach, liver.

Urinary tract

- Heaviness bladder.
- Urging frequent for small quantities.
- Pain region of kidneys agg. sitting; with urging and burning pain.

Back

- Rheumatic pain lumbar, sacral agg. night, exertion.

Extremities

- Rheumatic pains joints hands, fingers, agg. rest at night, prolonged motion; with swelling.

Skin

- Dry. Inability to perspire.
- Pruritis agg. evening, amel. cold water. Urticaria. Vesicles.

Psoriasis.

Dd

Psor, Sulph.

## # BERBERIS VULGARIS (berb.)

\* Arthritic affections and urinary disturbances.

### Mind

- Optimistic. Courageous.
- Aversion of twilight. Delusion of spectres in twilight.
- Weary of life during menses.
- Mental work is impossible by least interruption.

### Generalities

- RADIATING PAINS, e.g. in arthritis, gout, lumbago, kidney colic, cystitis, neuralgia.
- Pains: sharp, twinging, radiating in uncoordinated fashion (no pattern).
- agg. left side.
- agg. Motion.
- Prematurely old and worn out patients.

### Face

- Blue circles around eyes.
- Sunken.

### Larynx

- Polyps of vocal cords.

### Abdomen

- gallbladder colic.

### Rectum

- Fistula anus: with shooting pain in rectum.

### Bladder

- CYSTITIS: radiating pain agg. before and after urination, on urging to urinate, when not urinating, motion;
- painful urging to urinate, agg. motion;
- sediment in urine: flocculent, yellow, cloudy, mealy, thick, white, red, sandy, gelatinous.

### Kidneys

- KIDNEY STONES/COLIC
- pain radiates into thigh, bladder, testes, genitalia;
- agg. jar, lying, motion, menses, pressure, urination, amel. standing;
- numbness region kidneys.
- Gurgling or bubbling sensations in kidney region.

### Male genitalia

- Pain in testes, agg. motion, left side.
- Pain in spermatic cord, ext. to testes.

### Female genitalia

- Dryness vagina.
- Menses only evening when lying.

### Back

- Pain/lumbago: radiating, around abdomen,

sciatic-like, ext. downward, into spermatic cord.

agg. Lying, sitting, rising from sitting.

With stiffness and prostration.

Extremities

- Arthritis: WANDERING (Puls, Form, Kali-bi, Kali-s.),

agg. motion, dur. menses.

- Gout and arthritis, radiating pain.

Compl.

Lyc., Mag-m., Sulph.

Dd

Benz-ac., Colch., Form., Kali-bi., Kali-s., Puls.

## # BERYLLIUM METALLICUM (beryl.)

Mind

- Anorexia.

Generals

- agg. Physical exercise, heat, motion.

- amel. Cold, fresh air.

- Emaciation.

- Weakness.

Food and drinks

- Aversion: Sweets.

Vertigo/head

- Pain pulsating amel. fresh air, lying on painful side, agg. least motion.

Occiput ext. to mastoid.

From left mastoid to right.

Nose

- Discharge acrid, excoriating, amel. open air, agg. warm room (All-c.).

Mouth

- Small ulcers on lips, tip of tongue.

- Lips dry, cracking.

- Palate shiny.

Throat/external throat

- Shiny, red, painful, burning; agg. evening, amel. eating, cold drinks.

Constant need to swallow.

Gastro-intestinal

- Appetite wanting, increased afterwards

- Nausea amel. eating, agg. smell or sight of food, riding in bus.

Respiratory tract

- Respiration painful, agg. motion.

- Cough: deep, dry, spasmodic, painful, agg. bending backwards, smoke, amel. warm room.

- Tuberculosis. Sarcoidosis.

#### Back

- Pain agg. bending head forwards, lying down.
- Stitching, as from needles and coldness dorsal and lumbar.

#### Extremities

- Cold buttocks.
- Sore pain arms.
- Blue discoloration of hands.

#### Skin

- Nodules, papules, granulomata.
- Fissures.
- Moist, burning eruptions.

#### Dd

All-c, Bry.

# BISMUTHUM-SN. (+ -O.) (OLD ABBR.) (bism.)

#### Mind

- FEAR OF BEING ALONE (Ars, Phos). Des. company.
- Clinging, child will always take the hand of the mother.
- Anguish, never long in one place. Restlessness, driving out of bed.
  - GREAT FEAR OF DEATH.
  - Discontented, lamenting. Morose.
  - Undertakes many things, perseveres in nothing.
  - Unfeeling.

#### Generalities

- amel. Cold drinks, but vomiting when stomach becomes full.
- amel. Bending backward (stomach pain, pressure in spine).

#### Stomach

- ACUTE VIOLENT PAINS with great anguish and restlessness, faintness; cramping, agg. rubbing plexus solaris, amel. rubbing back.
- GREAT THIRST, esp. for cold water (Phos).
- VOMITING as soon as water gets warm (Phos), or as soon as it reaches the stomach (Apoc).
- Vomits at intervals of days; agg. liquids; vomits food days after eating.
- Cancer.

#### Abdomen

- Ailments after operation on abdomen.
- Bloated in ridges.

#### Rectum

- Painless diarrhea.

#### Dd

Acon., Ars., Nux-v., Phos.

## # BLATTA ORIENTALIS (blatta-o.)

### Generalities

- Obesity.
- agg. Cold, wet weather.

### Respiration

- Asthma and bronchitis in corpulent, robust people.

### - DYSPNEA

- agg. slight exertion,
- agg. ROTTING LEAVES, e.g. walking in a forest, in autumn,
- agg. rainy weather.

### Dd

Calc., Ferr., Nat-s.

## # BOMHENIA (bomh.)

### Generals

- Chronic malignant diseases.

### Female genitalia

- Uterine hemorrhage, agg. climacteric; dark red, profuse.
- Ulceration, malignancy of cervix.

### Dd

Aur-m-n., Calc., Con., Graph., Hydr., Kreos., Thuj.

## # BORAX VENETA (borx.)

### Mind

- Fear DOWNWARD MOTION (elevators, stairs, airplanes).

babies put to bed or being rocked, seasick),

- Fear falling; infection (Nat-m).
- STARTING easily, from NOISE, even at a distance.
- Babies cry and scream, when nursing, before passing stool or urine, during sleep.
- Irritable. Swears.

- Timid. Mild.

### Generalities

- amel. After stool (Nat-s).
- agg. 10 a.m.

- Diarrhea or thin stool + aphtae.
- If you're looking for a Natrum, but can not find it, think of Bor.
- Paleness of mucous membranes.

#### Infants

(az)

- Birth-trauma. Late birth.
- Timidity. Do not react.
- Aversion being rocked.
- Loss of appetite. Prefer right breast.
- Pale face. Dark red tongue.
- Shrieking during sleep. Clinging to mother, cradle.
- Shriveled palate, like hands and feet.
- Skin suppurates easily after scratching.
- Eyelashes grow into eyes (Graph).

#### Vertigo

- Descending stairs.

#### Head

- Pain agg. 10 a.m. (Nat-m).
- Hair tangles easily.

#### Face

- Herpes about mouth.
- Suffering, anxious expression.

#### Mouth

- APHTAE, ulcers; with heat in mouth; ext. through whole gastrointestinal tract.

Pain when nursing, in child.

#### Teeth

- Dentition difficult.
- Caries.

#### Stomach

- Nausea from riding in a car; seasickness.
- Indigestion after pears; pain from fruit.

#### Abdomen

- Diarrhea after fruit, smoking; with colic; with aphtae.
- Sensation of motion of hard body.

#### Bladder

- Infections in children,  
painful urging for urination, SHRIEKING before, know it will hurt.

#### Female genitalia

- Leucorrhoea: transparant, white, albuminous, like boiled starch, as if warm water flowing down.
- Sensation of distention in clitoris with sticking.

Pain in clitoris + leucorrhoea.

- Herpes.
- Sterility.
- Vaginismus from pain.
- Dysmenorrhea.

Chest

- Pain in opposite breast when child nurses.
- Empty feeling in mammae, after child nurses, with stitches, amel. compressing, pressure with hand.
- Milk: Cheesy, bad; child refuses milk.
- Stitching pain during cough or respiration.

Sleep

- Sleeplessness 3-5 a.m. ; from heat, esp. in head.
- Waking as from fright.

Skin

- Herpes (lips, face, genitalia), agg. pregnancy.
- Unhealthy.

Dd

Calc-p., Merc., Natriums, Sanic., Sul-ac.

# BORRAGO OFFICINALIS (borra-o.)

Mind

- Too much responsibility on young age.
- Anxiety things might go wrong. Vulnerable. Insecure.
- Overly responsible, protective.
- Controlling personality. Dictatorial.
- Rigid. Strict.
- Aversion to contradiction.
- Easily offended. Anger. Rage.

Generalities

- Plethoric.
- Warmblooded.
- agg. Heat.
- amel. Uncovering.
- Hypertension.

Head

- Pulsating pain in occiput, waking at 3 a.m. ; starts left occiput.
- amel. Sitting, cold applications. agg. Lying, motion, noise, sun.

Nausea, vomiting. Photophobia. Eyes go black.

Before coloured lights before left eye.

Eye

- Red veins.
- Crusty, itchy mornings.

#### Ear

- Noises, pulsation, swishing, agg. right side.

#### Face

- Discoloration, red, purple.
- Swelling.

#### Mouth

- Discoloration, tongue, red, purple.

#### Extremities

- Arthritic pains agg. heat.
- Eczema hands, dry cracks with oozing fluid.

#### Skin

- Eczema.

#### Dd

Apis, Calc-i., Dulc., Ferr-i., Kali-s., Lach., Med., Puls., Sulph.

### # BOVISTA LYCOPERDON (bov.)

#### Mind

- Loquacity and unreserved conversation. Openhearted, tell the plain truth. Naive.
- Hysterical element + menstrual problems.
- Alternating moods.
- Quarrelsome. Takes everything in a bad part.
- Restless.
- AWKWARD in speech and action: stutters, drops things.
- Staring, look fixed on one point. Absent minded. Dull
- Closed, can't connect, go in and out of eye contact, sensitive, agg. criticism.
- Fear of contagious disease.

#### Generalities

- agg. Before and during menses.
- agg. Tight clothing.
- Perspiration smells like onions.
- Sensation of enlargement or swelling (head, heart).

#### Food and drinks

- Desire: bread.

#### Face

- Acne agg. summer, from use of cosmetics, bathing.

#### Stomach/abdomen

- agg. Tight clothing.

#### Rectum

- DIARRHEA BEFORE OR DURING MENSES.

Female genitalia

- MENSES ONLY AT NIGHT (Mag-c).

- Dysmenorrhea. Metrorrhagia between menses, agg. exertion.

- Leucorrhoea, agg. before or during menses.

Extremities

- AWKWARDNESS HANDS: DROP THINGS. Clumsy before menses.

Skin

- General puffiness; bloated body surface, causing

EASY INDENTATIONS WITH BLUNT INSTRUMENT (scissors etc.).

- Herpetic eruptions. Eczema.

Urticaria agg. excitement, bathing.

Dd

Apis, Mag-c.

# BROMIUM (brom.)

Mind

- Cheerfull; lively disposition.

- In the evening, when alone, feels as if he should see something if he should turn around; as if someone behind him.

Delusions strange persons looking over his shoulder; that he would see someone on turning.

- Nervous excitement; quarrelsome.

- Hysteria from suppressed sexual desire.

- Biting nails.

- Weakness with aversion to every kind of work; indifferent and tired; sad and discouraged.

- Sits alone in her room without doing anything; looks constantly in one direction without saying anything.

Generalities

- Affects glands: parotid, submaxillary, thyroid, testes, ovaries.

- GLANDS SWOLLEN, (STONY) HARD,

but painless, NO SUPPURATION.

- Lot of RESPIRATORY symptoms, esp. of larynx and trachea.

- agg. HEAT, summer, change from cold to warm.

- agg. LEFT SIDE.

- amel. SEASIDE (Med), violent motion.

- Emaciation and weakness. History of tuberculosis.

Head

- Pain agg. left side, drinking milk.

Nose

- Chronic, obstinate coryza, with rawness of nostrils.

Face

- SWELLING OF PAROTID, SUBMAXILLARY GLAND, agg. LEFT.

- AcnÃ. (DD:Sil: large, red, deep, hard nodes; scars from acnÃ,

Bell: large, bright red, very painful,

Tarent: burning pain,

Calc-sil.)

External throat

- INDURATED CERVICAL GLANDS, LIKE STONES.

Larynx

- Hoarseness. Croup. Constriction.

- Cold sensation on breathing.

Respiration

- ASTHMA in sailors who come ashore,

amel. seaside (Med),

agg. dust,

inspiration difficult. Chill on inspiring.

- Sensation as if air-passages full of smoke, dust, fur.

Cough

- Dry; hoarse; suffocative. agg. Swallowing, dust/smoke, overheating.

Chest

- Pneumonia with epistaxis.

Male genitalia

- Swelling testes, hard, painless, agg. left side.

Female genitalia

- Swelling, tumors of left ovary.

- Flatus from vagina.

Compl.

Tub.

Dd

Bar-m., Lach., Med., Sulph.

# BRYONIA ALBA (bry.)

\* agg. MOTION, amel. REST.

Mind

- AVERSION BEING DISTURBED. Irritable, wants to be left alone. Reserved.

- Fear of poverty, fear of starving, anxiety about future.

- Materialistic. Possession oriented.

- Insecurity, withdrawn into themselves, isolated from social contact.

- Thoughts, talks about BUSINESS. Determined.

- Despair of recovery. Seem to hold others responsible for their suffering.

- Dullness morning on waking, agg. exertion, conversation.

- Children ask for things that are difficult to find, immediately throw it away (Cham).

#### Generalities

- agg. Least MOTION. But may be restless from severe pains.
- agg. Heat. Over-heating.
- agg. 9 p.m.
- amel. REST (being quiet).
- amel. PRESSURE, lying on painful side.
- amel. Cold applications, except stomach: agg. cold applications.
- DRYNESS mucous membranes; emotionally.
- Often slow onset of acute diseases.
- Injuries, sprains, etc.
- Stitching pains.

#### Acute

- Slow onset (Gels).
- GREAT THIRST FOR LARGE QUANTITIES, often; at long intervals.
- Also possible: dry mouth and thirstless.
- Pains: agg. SLIGHT MOTION, agg. heat.

#### Food and drinks

- Desire: meat, oysters, warm drinks (milk) or cold drinks.
- Aversion: Fat.
- agg. Beans and peas, bread.
- Great THIRST for large quantities (often or long intervals).

#### Vertigo

- Sensation they are sinking through bed.

#### Head

- Pain: starts over LEFT eye, extends to occiput and whole head, agg. moving eyes, agg. light (= motion of iris), agg. jar, cough, touch, agg. ironing (= motion + heat), agg. when constipated, amel. pressure, holding head, closing eyes.
- Meningitis.

#### Eye

- Pain on moving eyes or lids.

#### Nose

- Epistaxis from suppressed menses; agg. morning after rising.

#### Face

- Chewing motion,

in arteriosclerosis or fever with brain involvement.

- Dry, cracked lips.

Mouth

- Dry, with or without thirst.

- Discoloration tongue brown or white.

- Bitter taste.

Teeth

- Pain, amel. cold water, lying on painful side.

Stomach

- Capricious appetite.

- Gastritis amel. warm drinks.

- Vomiting on slight motion, while coughing, immediately after drinking, after eating.

- Sensation of a stone, agg. after eating.

Abdomen

- Appendicitis (1st rem, 75%): agg. touch, amel. pressure, lying on painful side.

- Peritonitis.

- Pain in liver, amel. lying on right side.

Rectum

- Constipation. Dryness.

- Diarrhea, agg. motion; morning after rising and moving; fruit; warm weather.

Stool

- Dry, hard, large.

Cough

- Dry, hard painful. agg. Motion, warm room.

Chest

- Pneumonia. Bronchitis. Pleuritis.

- Mastitis.

- Pain on coughing, hold chest to keep it immobile.

- Pain on inspiration in pleuritis.

Extremities

- RHEUMATISM of joints and muscles, arthritis, gout; inflammation of joints with swelling and stiffness.

agg. Motion, heat; amel. rest, cold, pressure.

Sleep

- On left side.

Skin

- Dry.

- Jaundice after anger (Nux-v.).

- Eruptions: rash, urticaria, vesicular. Slow appearance in eruptive fevers.

Compl.

Abrot., Alum., Kali-c., Lyc., Nat-m., Rhus-t., Sep., Sulph., Upa.

Dd

Aur., Chel., Lyc., Mag-m., Nat-m., Nat-s., Nux-v., Psor., Rhus-t., Sal-ac., Stell., Sulph.

## # BUFO RANA (bufo)

### Mind

- Partial intelligence, brilliant in one subject (Savant syndrome).
- Seek solitude to practice masturbation (= likes to withdraw to be absorbed in his favourite subject).
- Anger when misunderstood. Anger when alone.
- Restlessness, impatience in children.
- Biting nails.
- Low minded. Stupidity.

Dull, towards retardation + excessive sexual energy (Bar-m).

- Childish behaviour (Bar-c, Cic). Animalistic urges.
- Strong desire for pornography. Promiscuous.
- Prematurely senile.
- Unconsciousness after convulsions.

### Generalities

- CONVULSIONS, epileptic: connected with sexual sphere, menses; agg. during sleep, new moon, during coition, masturbation, before menses, from suppressed menses; in children from fright of mother during pregnancy.

amel. Bathing feet in hot water, drinking warm drinks.

Convulsions begin in face or abdomen (solar plexus, uterus/genitals).

Before convulsions: Unintelligible speech, restlessness, dilated pupils, open mouth, eyes turned upwards to left.

During convulsions: Involuntary urination, biting tongue, frothing from mouth, shrieking, grinding, perspiration.

After convulsions: Unconsciousness, deep sleep, headache.

- LYMPHANGITIS.
- Cancerous ulcers, agg. glands.
- Burning pains.

### Food and drinks

- Desire: alcohol.

### Head

- Motions of head, after fright; agg. before convulsions.

### Ear

- Low positioned.
- Very sensitive to noise (agg. or amel.).

### Nose

- Epistaxis with congestion of face.
- Itching before convulsions.

### Face

- Thick lips. Foolish expression.
- Greasy skin.

## Mouth

- Lapping tongue. Biting tongue.

## Male genitalia

- Sexual desire increased. MASTURBATION.

## Female genitalia

- Menses copious, too frequent.
- Cysts and tumors of ovaries: burning and stitching.
- Tumors of uterus.

## Chest

- Cancer of mammae.

## Extremities

- Inflammation lymphatics of arm. Red streaks under skin.
- Panaritium, pain runs up arm (+ lymphangitis).
- Sciatica.

## Skin

- Blue, large boils.
- Vesicular gangrenous eruptions.
- Acne.

## Compl.

Calc., Salam., Sil.

## Dd

Anan., Bar-m., Cic., Hyos., Oenan., Op.

## # BUNIAS ORIENTALIS (buni-o.)

## Mind

- Anxiety, restlessness.
- Sadness, suicidal disposition.
- Delusion of lightness, hovering in air, then falling into bottomless pit.

## Generalities

- agg. Night, over-exertion, lying on one side.
- amel. Walking, changing position, open air.
- SYMPTOMS APPEAR AND DISAPPEAR SUDDENLY.
- Pains wandering.
- Emaciation. Weakness.
- Edema, sudden appearing and disappearing.
- MALIGNANCY. Syphillitic.

## Food and drinks

- agg. Fat, heavy food.

## Vertigo/head

- Sudden vertigo agg. morning.
- As if enlarged.

- Sensation of coldness in head.
- Pain before menses.

#### Eye/vision

- Vision acute.
- Sees clouds and black circles.

#### Ear/hearing

- Hearing acute.
- Noises.

#### Face

- Neuralgia.

#### Gastro-intestinal

- Sensation of coldness in stomach.
- Sudden diarrhea, 2-3 days, then normal.
- Attacks of constipation.
- Sudden appearance of hemorrhoids.

#### Female genitalia

- Menses painful, irregular, clotted, purplish.
- Vulva congested, eczema, varicosity.
- PREGNANCY: Metrorrhagia; children weak, premature, congenital malformations; lochia profuse, protracted; placenta large.
- Cancerous conditions.

#### Respiratory tract

- Sudden hoarseness.
- Wheezing, dyspnea, agg. before menses.

#### Chest

- Pain left side of sternum.
- Sensation of stabbig in chest.
- Sensation of swelling.

#### Back

- Coldness.

#### Extremities

- Sensation of swelling of hand.
- Sciatica agg. left side.
- Rheumatoid arthritis with swelling.

#### Sleep

- Sleepless, restless, falls asleep exhausted in the morning.

#### Fever/chill

- Fever every 21 days. Intermittent fever.
- Chill at 11 p.m.

#### Skin

- Pruritis before malignant adenitis.
- Red or pale purple spots, vesicles.

#### Dd

Ars, Kali-bi, Lac-c, Nat-ar, Nit-ac, Sec, Syph.

## # BUTHUS AUSTRALIS (buth-a.)

### Mind

- Alternating moods, loquacity alt. with taciturnity; restlessness alt. with prostration.
- Weeping.
- Lack of will-power. Irresolution.
- Fear of future, agg. 7 p.m.
- Irresistible need to speak.
- Mental exertion impossible.
- Fatigue, sleepiness and insensitivity.
- Sensation as if in a dream.

### Generals

- amel. Eating, rest.
- agg. Exertion, late afternoon, during chill.
- Periodicity: annual.
- Infectious condition with fever, prostration agg. night.

### Lymphangitis.

### Head

- Heavy.
- Pain: frontal throbbing; wandering; very strong.

### Eye

- Lachrymation with photophobia.
- Strabismus.

### Mouth

- Salivation profuse.

### Throat

- Constriction.

### Male genitalia

- Erections wanting.

### Chest

- Sensation of heat in heart; of a piece of wood nailed between heart and lungs.
- Palpitations with difficult respiration.

### Back

- Pain and stiffness of cervical region.

### Extremities

- Trembling.
- Pain lower limbs agg. walking; legs seem to want to move backwards, instead of forward.
- Coldness with burning pain in skin.

### Perspiration

- Cold agg. night.

## Skin

- Sensation of coldness, stitching like icy needles.
- Formication, itching.

## Dd

Acon, Ars, Bufo, Cact, Graph, Lach, Lyc, Merc, Op, Sil, Sulph.

## # CACTUS GRANDIFLORUS (cact.)

- \* Constricting pains.

## Mind

- SADNESS IN HEART DISEASE (Aur-i, Syph).
- Closed. Aversion consolation (Nat-m).
- Shrieking from pain.
- Anxiety about health. Fear of heart disease. Fear agg. morning on waking.
- Sensitive to light, noise.
- Difficulty in expressing ideas on writing.

## Generalities

- CONstriction, violent pain, like a wire: tight and thin.

As if caged in wire.

- Congestion in painful part.
- Hemorrhages, with constriction. Internal hemorrhage, trombosis.
- agg. 11 A.M. and P.M. .
- agg. LYING, esp. on left side.
- amel. Open air.
- Periodicity.

## Head

- Pain: with severe constriction; with sensation of pressure, 11 p.m. , followed by epistaxis, with congestion, flushed red face, agg. fasting, noise of talking amel. pressure right sided (also in face).

## Nose

- Epistaxis, from congestion (Meli).

## Face

- Congestion.
- Pain agg. right, least exertion, wine, noise, light, fasting.

## Throat

- Constricting sensation, with pulsation of carotides.
- Swallowing difficult, needs to drink when swallowing food.

## Rectum

- Hemorrhage.
- Swollen, painful hemorrhoids.

#### Bladder

- Constriction of neck of bladder, preventing urination.
- Hematuria.

#### Female genitalia

- Severe constricting pains in uterus, during menses or labor.
- Clotted menses; each clot that is passed gives temporary relief from pain. Menses black, pitch-like.
- Menses stops when lying.
- VAGINISMUS. Constricting pains during coition.

#### Respiration

- Asthmatic, from heart disease.
- Rattling.
- Periodic suffocative spells.

#### Chest

- CONstriction about heart or chest. Severe heart pathology.

Heart feels grasped by iron hand.

Pain agg. lying on left side, exertion, talking loudly.

Pain ext. to left arm (Lat-m); with edema of hand.

With difficult respiration.

- Palpitations agg. exertion, from unrequited affections, lying left side; at night from fearful dreams, menses.
- Oppression as from a weight.

#### Extremities

- Rheumatic complaints, agg. evening, rest, beginning to move; amel. continued motion (Rhus-t).
- Coldness.
- EDEMA OF LEFT HAND WITH HEART PROBLEMS.

#### Sleep

- Sleeplessness from pulsation in parts of body.
- Dreams of falling.

#### Compl.

Ars.

Dd

Acon, Ars, Bell, Kalm, Lach, Lat-m, Naja, Nat-m, Spig,

#### # CADMIUM IODATUM (cadm-i.)

#### Mind

- Hates everybody and everything.
- Self-pity.
- Atheist.

#### Generals

- Malignancy.
- Affects glands, lymphatics everywhere in the body (cervical glands, tonsils, thyroid, mammae, testicles, ovaries).
- Emaciation.
- Less chilly than other Cadmiums.

#### Abdomen

- Liver, spleen, pancreas affected.

#### Dd

Cadmiums, Iodium.

### # CADMIUM METALLICUM (cadm-met.)

#### Mind

- Impulsive irritability alt. with deep depression.
- loathing of life, hopeless. Apathy, all joy has gone.
- Aversion to people; to certain kinds of music, to noise.
- Concentration difficult; mistakes in speaking; mistakes in actions, e.g. does salt in the tea instead of sugar.
- Worries after waking, because of vivid unhappy dreams of sickness.
- Insanity.

#### Generals

- Chilly.
- Poisoning with aluminum (Cadm-o.).

#### Vertigo

- Looking at moving pictures, with dyspnea.
- Objects recede and return.

#### Head

- Headache: Maddening; constant neuralgic; pressing, ext. to eyes and ears.

#### Ear/hearing

- Ailments from suppressed otorrhea.
- Hearing impaired.

#### Face

- Neuralgia with obstruction of sinuses.
- Paralysis.

#### Stomach

- Nausea from odors, unpleasant things, agg. thinking of them.
- Violent vomiting with headache; bile and acid.
- Alt. heat and coldness.

#### Abdomen

- Sore, pressing pain in liver and spleen.

#### Rectum

- Constipation.

- Clay colored stool.

Urinary organs

- Frequent urination.

- Hemorrhages, dark colored with small clots; bright colored.

- Urine brownish, deep lemon yellow; hard to wash off the vessel.

Chest

- Mammae enlarged, sore.

- Squeezing pain in region of heart, with sense of weakness.

Extremities

- Severe pains in joints

- Numbness feet and hands, agg. sitting.

## # CADMIUM OXYDATUM (cadm-o.)

Generals

- Antidotes Alumina poisoning.

- Malignant conditions. arthritis. Nerve inflammations.

- Emaciation.

- Weakness.

Dd

Cadmiums.

## # CADMIUM SULPHURATUM (cadm-s.)

Mind

- Wants to be perfectly quiet, av. being disturbed (Bry).

- Desires company but is too tired to communicate or react.

- No or little fear of death.

Generalities

- Yellow fever. Cholera.

- PROSTRATION, agg. vomiting.

- Great COLDNESS, NOT amel. WHEN NEAR FIRE.

- One-sided paralysis. Paralysis of a part.

Pain and formication in paralysed parts.

- Numbness of parts.

- agg. COLD air, wind.

- agg. Sun.

- agg. LEAST MOTION.

Head

- Headache with restlessness, epistaxis, coldness of body.

Eye

- Chronic eye conditions with inflammations, disappearing when gastro-intestinal complaints start.
  - Conjunctivitis. Blepharitis.
- Nose
- Oz'na.
  - Polypus.
- Face
- One-sided paralysis, agg. cold wind (Acon).
- Stomach
- SEVERE GASTRITIS WITH INTENS VOMITING.
- Exhausted after vomiting.
- Vomiting brown or BLACK ("coffee ground").
  - Nausea and vomiting from least touching of lips; must lie perfectly quiet.
  - Burning pains.
  - Cancer.
- Abdomen
- SEVERE GASTROENTERITIS.
  - Cold sensation in stomach and abdomen.
- Rectum
- Black stool.
- Extremities
- Weakness of one arm or leg after epileptic fit.
- Dd
- Ars, Bism, Bry, Carb-an, Phos, Verat.

## # CALADIUM SEGUINUM (calad.)

- Mind
- Nervous excitement with sensitivity to noise.
  - Fear and anxiety, agg. evening in bed; about health; of cutting himself when shaving.
  - Fear of falling asleep, without knowing why.
  - groans and moans anxiously and loudly in sleep.
  - Loss of interest in pleasure, joy. Emotionally 'neutral'.
  - Sadness with impotency, after masturbation, coition.
  - Forgetful about the occurrence of things.
  - Mental weakness.
  - Lascivious thoughts.
- Generalities
- agg. SMOKING.
  - agg. Heat; 9-11 p.m. .
  - amel. Open, cold air; perspiration; short sleep.
  - Burning sensations.
  - Coldness in single parts.

- Sweetish perspiration.
- Weakness of sphincters.

#### Food and drinks

- Desires: TOBACCO, warm drinks.
- agg.: TOBACCO.

#### Male genitalia

- IMPOTENCY

After sexual excess; from suppressed eruptions; from suppressed gonorrhoea; from abuse of tobacco.

Sexual desire without erections or painful erections without desire.

With depression.

Ejaculation too early, or no emission or orgasm.

Seminal emissions night, without sexual dreams.

- Easy excitement with strong sexual desire.
- ORGANS LARGER, PUFFED, RELAXED, COLD, SWEATY.
- Cold perspiration.
- Pruritis.

#### Female genitalia

- Voluptuous itching with masturbation even in little girls (sometimes with worms).

#### Respiration

- Asthma alt. with itching rash.

#### Chest

- Burning in lungs after smoking (even for years after smoking once).

#### Extremities

- Numbness in upper limbs.

#### Sleep

- Sleeplessness from itching, esp. genitals.

#### Skin

- Violent itching in various parts.
- Formication.

#### Compl.

#### Nit-ac.

#### Dd

Agn, Cob, Gels, Graph, Hyos, Lyc, Ph-ac, Plat, Sel, Sep, Staph, Sulph.

### # CALCAREA ARSENICOSA (calc-ar.)

#### Mind

- FEAR OF BIRDS (Calc-s, Ign).
- ANXIETY: about future, health.
- Slightest emotion causes palpitations.
- Sadness.
- Restlessness after midnight, 3 a.m. .

## Generalities

- CHILLY.
- Obesity.
- Epilepsy and heart diseases; nephritis.
- agg. Cold, errors in diet, slight exertion, ascending.
- amel. Rest, open air.

## Food and drinks

- Desire: SOUP.

## Vertigo

- FLYING OR SWIMMING SENSATION; as if feet didn't touch ground.
- Before epileptic fit.

## Head

- Congestion before epilepsy.
- Pain amel. lying on painful side; goes to side not lain on (Graph).

## Abdomen

- amel. burning pain in cancer of pancreas.

## Female genitalia

- Cancer of uterus.

## Chest

- Pain in region of heart or palpitations before epilepsy.
- Heart diseases with kidney affections.

## Extremities

- Pain in upper limbs or left hand before epilepsy.

## Dd

Ars, Calc, Carb-a, Carb-v, Lac-c.

## # CALCAREA CARBONICA (calc.)

### Mind

- Hard working, overworking, capable, conscientious, over-responsible, take on too much.

Life is completing your task-list. Can not relax.

- Practical, down to earth. Needs security.

- Obstinate.

- FEARS: HIGH PLACES, MICE, insects, rats, DOGS

INFECTION, CANCER, poverty, dark,

INSANITY, OTHERS WILL OBSERVE THEIR INNER STATE.

- Fear at night; frightful visions on closing eyes.
- A fear of the unknown. Many small fears. Worry about small things.
- Horrible things, sad stories affect profoundly. Sensitive. fearful.
- ANXIETY ABOUT HEALTH, future. Despair of recovery.
- Sadness. Melancholy. Suicidal thoughts agg. perspiration.

- Slowness. Weakness of will.
- Desires to be magnetized.

#### Children

- OBSTINATE.
- Serious. Ask about religious things.
- Intelligent, but slow comprehension.
- Avoid physical activities.
- Glandular swellings. Frequent colds.
- Constipation, feels good with it.

#### Generalities

- BABIES
- 40% or more of all babies/children need Calc.
- Pillow wet from perspiration neck.
- Sour perspiration, stool.
- Vomiting of milk.
- Slow development; slow closing of fontanelles.
- Dentition late and difficult.
- Aphtae mouth (Bor).
- CHILLY.
- agg. COLD WET WEATHER. Cold air.
- amel. Warm and dry. agg. Heat of sun.
- agg. Physical EXERTION, ASCENDING. Coition.
- agg. Full moon.
- agg. Left side.
- Sour odor of discharges, of body.
- OBESITY. Puts on weight easily.
- BONES: Weak; disturbed development, caries.
- Convulsions; epileptic aura from solar plexus outward or upward, or as of a mouse running up arm or down abdomen to uterus or limbs.

Epilepsy in children who play too much video-games.

- Frequent colds (Psor, Sulph, Tub).
- Swollen glands, lymph-nodes.
- Tumors, esp. cystic. Polyps.

#### Food and drinks

- Desire: SWEETS, ice cream, salt, SOFT BOILED EGGS, indigestible things, dairy products, cold drinks.
- Aversion: Fat, slimy food.
- agg. : MILK, smoked meat.

#### Vertigo

- HIGH PLACES. Ascending stairs.
- On turning head quickly.

#### Head

- Headache agg. physical exertion, wet weather; amel. lying in the dark.

- PERSPIRATION AT NIGHT, DURING SLEEP, agg. OCCIPUT AND NAPE.

- Fontanelles remain open.

- Chronic hydrocephalus.

- Eruptions: thick crusts, milkcrusts.

Eye

- Pain on exertion of vision.

- Inflammation with agglutination of lids on waking.

- Cataract. Opacity of cornea.

- Ulceration of cornea.

Ear

- Recurrent otitis.

- Lost or impaired hearing from catarrh.

- Noises, agg. evening in bed.

- Polyps.

- Eruptions behind ears, cracks (Graph).

Nose

- Polyps.

- Chronic coryza. Allergies. Sinusitis. Hayfever.

Face

- Easily perspiration, cold sweat.

Mouth

- APHTHAE in babies (Bor).

- Open mouth from enlarged adenoids.

- Persistent sour taste.

Teeth

- DENTITION LATE AND DIFFICULT.

- Caries. Abscesses.

Throat

- Inflammation and swelling of tonsils.

External throat

- GOITRE.

- Swollen glands.

Stomach

- Weak, empty feeling. Nervous eating.

- Apprehension in stomach.

- Sour eructations. Heartburn.

Abdomen

- Distention with hardness.

- Swelling of mesenteric and inguinal glands.

- Hernia of umbilicus, like proud flesh, in babies.

Rectum

- CONSTIPATION.

- Diarrhea: sour.

- Worms.

Bladder

- Polyps.

Kidneys

- Stones. Colic.

Male genitalia

- Increased desire.

- Impotency: Erections incomplete; ejaculation too quick or too late.

Female genitalia

- Desire increased. Masturbation.

- Dysmenorrhea. MENSES TOO EARLY, TOO PROFUSE, TOO LONG. Dark, clotted.

- METRORRHAGIA from least excitement.

- FIBROIDS in uterus, myoma. Polyps vagina.

- Leucorrhoea, itching, burning, agg. before or after menses, urination, exertion; weakening.

Respiration

- DIFFICULT agg. EXERTION, ASCENDING, stooping, lying at night, after stool.

Chest

- Tightness and oppression.

- Very sensitive to touch, pressure.

- Palpitation agg. night; with anxiety.

- Swelling breasts before menses.

- Milk absent or too abundant. Child refuses the milk.

Back

- WEAKNESS of back. Curvature of spine.

- Lumbago, sciatica. Pain agg. lifting, exertion.

- PERSPIRATION CERVICAL REGION AT NIGHT DURING SLEEP.

- Swelling of cervical glands.

Extremities

- WEAKNESS. Sprains easily.

- ARTHRITIS, RHEUMATISM agg. cold damp weather, exertion.

- Cold, clammy hands and feet.

- COLD FEET on going to sleep, HOT AT NIGHT,

uncovers them.

- NAILS BRITTLE.

- Cramps in calves at night in bed.

- SLOW LEARNING TO WALK.

Sleep

- SLEEPLESSNESS from activity of mind, until or after 3 a.m.

- Position: On LEFT SIDE.

- Nightmares.

Perspiration

- Easily on slight exertion.

- Sour.

## Skin

- Unhealthy.
- Cracks, agg. water.
- Eczema, itching agg. heat of bed. Urticaria amel. cold air.
- Warts.

## Compl.

Bar-c, Bell, Dulc, Hep, Lyc, Nit-ac, Nux-v, Rhus-t, Sil, Sulph, Sul-i, Tub.

## Dd

Agraph, Ant-c, Ars, Bar-c, Blatta, Caps, Cist, Graph, Kali-c, Lyc, Phos, Puls, Rhus-t, Sanic, Sil, Sulph.

## # CALCAREA FLUORICA (calc-f.)

### Mind

- FEAR OF POVERTY. Fear of financial or emotional want.
- Strong need for security, reassurance.

### Attachment, dependency.

- Anxiety about health (Calc) with fear of death (Calc, Kali-ar, Lyc, Nit-ac). Fear impending disease (Kal-c), health is breaking down.
- Good in imitating. Acts like a clown.

### Generalities

- INDURATION of tissues, glands, tumors; stony hard.
- Flushes of heat (Puls), with palpitations.
- Warmblooded; sometimes with agg. cold. Can be chilly.
- agg. COLD WET; beginning of motion.
- amel. Continued motion, heat.
- agg. Hot weather, sun.
- amel. EATING, agg. fasting.
- Left sided complaints.
- EXOSTOSIS, esp. with rheumatism/arthritis.
- Nodules in tendons.
- Vascular tumors, VARICOSE AND ENLARGED VEINS.
- Grass green discharges. X-ray burns.

### Head

- Exostoses, cephalatoma in babies.

### Eye

- Cataract.
- Pain amel. closing eyes and pressing slightly with hands.
- Subcutaneous cysts; tumors of lids.

### Ear

- Calcareous deposit on tympanum.
- Chronic suppuration of middle ear.

### Mouth

- Cracks in tongue; induration of tongue.

#### Teeth

- Break, crumble easily. Looseness.

- DEFICIENT ENAMEL.

#### Throat

- Chronic suppuration of tonsils. Tonsils rough and ragged.

- Pain and burning with suffocative feeling, agg. night, cold drinks, amel. warm drinks.

#### External throat

- Hard goitre.

- Hard swelling of glands.

#### Stomach

- Always hungry. Emaciation with increased appetite.

- Indigestion from fatigue, brain fag.

#### Abdomen

- Flatulence, agg. pregnancy, when riding.

#### Rectum

- Diarrhea from fat.

- Hemorrhoids; with low back pains.

- Fistula.

#### Female genitalia

- Very hard, large fibroids uterus.

#### Chest

- Hard nodules in mammae.

#### Back

- SCOLIOSIS. Curvature. Exostoses (spine).

#### Extremities

- Exostoses (fingers, heels). Arthritic nodosities.

- Nails hard and brittle, grow rapid.

- Arthritis, lumbago, sciatica: agg. cold, amel. heat, amel. continued motion.

- Varicose veins.

- LOOSENESS OF LIGAMENTS, OVEREXTENSION JOINTS.

- Recurrent fibroids in hollow of knee.

- Swelling feet on hot days.

#### Perspiration

- Profuse.

- Offensive.

#### Skin

- Thin and white.

- Chaps and cracks.

- Fistula. Suppurations.

- Scar tissue; adhesions after operations.

#### Compl.

Rhus-t, Syph.

Dd

Aur, Calc, Psor, Puls, Rhus-t, Ruta, Sil.

# CALCAREA PHOSPHORICA (calc-p.)

Mind

- Sensitive. Sympathetic. Anxiety about others.
- Inner DISCONTENTMENT.
- DESIRE TO TRAVEL (Tub), from discontentment. Restless.
- Irritable. Peevish. Complaining. Critical.
- Fear thunderstorms, dark, animals, being alone.
- Become slow. Loose interest. Emotional indifference.
- Sighing.
- Weakness of memory. Difficult comprehension and concentration.
- Ailments after SUDDEN BAD NEWS, grief, cares, stress.
- Children: Discontented. Restless.

SLOW learning to talk, walk.

Moaning, groaning, complaining (Cham).

agg. When lifted from cradle, upward motion (opp. Bor.).

Generalities

- agg. COLD WET weather, esp. MELTING SNOW. Change of weather.
- agg. Draft.
- agg. MENTAL EXERTION, STRESS.
- Ailments from MAL-ASSIMILATION.

Bones become soft, brittle. Fractures don't heal.

Emaciation. Weakness.

- CHILDREN: SLOW DEVELOPMENT, SLOW CLOSING OF FONTANELLES.

GROWING PAINS.

- Main remedy for overstrained school children go from active and open to sluggish, wearisome.

- Polyps.

- Lean people.

Food and drinks

- Desire: SMOKED MEAT (Tub, Caust), pork, salami, fat, sweets, spices, pepper.
- Aversion: Child refuses mothers milk.

Head

- HEADACHE agg. mental exertion (Calc:phys. exertion), watching tv;

amel. rest, open air.

Pain often follows sutures (Syph).

- hydrocephalus.

- Fontanelles remain open. Soft skull bones.

## Ear

- Pain and impaired hearing from enlarged tonsils.

## Nose

- Polyps.

## Face

- Pain, changing place or even going to other parts of the body, or starting there and going to face.

## Teeth

- Caries.
- SLOW, DIFFICULT DENTITION.

## Throat

- Enlarged tonsils.

## Stomach

- Increased appetite, agg. 4 p.m. ; with emaciation (Phos, Tub).

## Abdomen

- CRAMPS IN BABIES, CHILDREN, agg. dentition. Colic from gas.
- Pain, esp. around navel; agg. school children, cold drinks, ice-cream, fruit; ext. to vagina.
- DISCHARGE FROM UMBILICUS IN BABIES (Abrot).

## Rectum

- Itching in the evening.
- Polyps. Fistula.
- Diarrhea; offensive; with gas.

## Female genitalia

- Sexual desire increased, agg. before menses.
- DYSMENORRHEA: Cramping pain in uterus before menses.

Painful sensation as if uterus is heavy, pushes downward.

- Leucorrhea.
- Pain uterus agg. cold wet weather.

## Respiration

- Difficult: agg. lifting from cradle, morning on rising; amel. lying.

## Cough

- Hacking cough agg. dentition, cold wet weather, daytime.

## Chest

- Milk is watery, thin; tastes salty.

## Back

- STIFFNESS, pain CERVICAL REGION, agg. draft, cold, wet weather (Rhus-t, Cimic).
- Scoliosis. Spina bifida.

## Extremities

- RHEUMATISM. Gout. Arthritic pains.
- STIFFNESS, agg. morning, amel. motion (Rhus-t).
- Weakness of muscles, ligaments.
- Bone problems. Growing pains.
- Carpal tunnel (Guaic, Viol-o).

- Cramps while writing.
- Numbness, tingling.

#### Sleep

- Moaning in sleep.
- Dreams of travelling.

#### Skin

- Dry eruptions.
- Acne agg. young girls.

#### Compl.

Bac, Carb-an, Chin, Hep, Nat-m, Ruta, Sulph, Sul-i, Zinc.

#### Dd

Abrot, Ant-c, Bar-c, Calc, Cham, Ph-ac, Psor, Rhus-t, Sanic, Sil, Tub.

### # CALCAREA SILICATA (calc-sil.)

#### Mind

- Lack of self confidence.
- Timidity.
- Anxious. Anxiety about health, relatives.

Full of cares, agg. after mental exertion, waking at night.

- Fear agg. night in bed.
- Weeping in sleep, continues when awaking.
- Mental weakness, amel. evening.
- Sadness agg. daytime. Suicidal tendency with impulse to jump from a height (Aur).
- Occupation amel..
- Discontentment. Irritability, agg. mental exertion.
- TALKS WITH, SEES, DEATH PEOPLE.

#### Generalities

- CHILLY.
- agg. Cold, cold drinks/food, cold bathing; draft.
- agg. Overheating.
- agg. EXERTION. Coition.
- amel. Lying (Mang).
- WEAKNESS. Emaciation.
- Periodicity.
- Ailments from suppressed perspiration.

#### Food and drinks

- Aversion: Milk, meat.

#### Head

- Cold feeling.
- Periodical headaches.

Pain agg. cold wet weather, draft, overheating, mental exertion; amel. rest, eating.

## Eye

- Pain before and during storm.
- Affections of cornea.

## Ear

- Otorrhea, offensive, purulent.

## Nose

- Chronic coryza. Purulent discharge from nose, posterior nares.

## Sinusitis.

## Face

- Acne.

## Mouth

- Aphthae. Ulcers.

## Teeth

- Caries.

## Stomach

- Anxiety in stomach.
- Hunger not amel. by eating.

## Rectum

- CONSTIPATION.

## Male genitalia

- Increased desire without erections.

## Female genitalia

- Flow between periods, at ovulation.
- Purulent leucorrhoea.
- Ulcers of cervix.

## Respiration

- Asthmatic. Wheezing.

## Chronic bronchitis with purulent discharge.

## Back

- Acne.
- Coldness.
- Sensitive coccyx.

## Extremities

- Weakness. Easy dislocation.
- Brittle nails, grow slow.

## Skin

- SEVERE ACNE with blue discoloration.

## Dd

Calc., Calc-s., Sil., Tub.

# CALCAREA SULPHURICA (calc-s.)

## Mind

- **STRONG SENSE OF SELF-IMPORTANCE.**
- Grumbling that his value is not understood by others.
- Despises those who don't agree with them.
- Lamenting because he feels he is not appreciated.
- Discontented. Irritable.
- Jealousy (Lach., Sal-ac.). Hatred.
- Changeable moods.
- Melancholic.
- Fear agg. night. Fear of birds (Ign, Calc-ar). Anxiety about health, future.
- Frightful visions when going to sleep.

## Generalities

- Affections with **LONGSTANDING PURULENT DISCHARGE.**
- Discharge: purulent, yellow, lumpy.
- Fistulas. Abscesses.
- agg. Heat of bed, room, sun.
- agg. Draft.
- amel. **OPEN AIR.** Covering.
- Obesity.
- Weakness. Lack of reaction.

## Food and drinks

- Desire: **GREEN, SOUR FRUIT/VEGETABLES** (Med, Verat).
- Aversion: Meat.

## Eye

- Inflammation with thick, yellow discharge. Agglutination of lids.
- Ulcers of cornea.
- Sees only one half of objects.

## Ear

- Otitis with thick, purulent discharge.

## With noises.

- Otorrhea. Abscess in meatus.

## Nose

- Chronic coryza, catarrh with characteristic discharge, amel. open air; amel. bathing in or wathing with cold water.

## Face

- Acne.

## Teeth

- Abscess.

## Throat

- Purulent inflammation of tonsils.

## Rectum

- Abscesses, fistulas with purulent, copious discharge.

- Diarrhea in children.

Larynx

- Croup amel. open air, uncovering.

Respiration

- Asthmatic. Rattling.

Chest

- Bronchitis, catarrh with copious purulent expectoration.

Extremities

- Rheumatic pains. Stiffness agg. shoulders.

- Burning, itching footsoles (Cham, Med, Puls, Sulph).

- Painful corns.

Skin

- Boils, furuncles, abscesses, ulcers with PERSISTENT, COPIOUS YELLOW DISCHARGING.

- Acne. Eczema. Fistulas.

- Burning, itching of skin and eruptions.

- Wounds don't tend to heal.

- Hydradenitis suppurativa.

Dd

Calc., Calc-sil., Hep., Med., Puls., Sil, Sulph.

# CALENDULA OFFICINALIS (calen.)

\* HEALING OF WOUNDS.

Mind

- Extremely nervous. Sensitive to noise.

- Easily frightened. Starting with fright.

- Fear something will happen (Caust., Phos.).

- Restlessness with fear of impending misfortune.

- Irritable.

- Bulimia.

Generalities

- WOUNDS: RAW, INFLAMED, RED, STINGING.

Open, cut, LACERATED, RAGGED, SUPPURATED.

- PROMOTES HEALTHY GRANULATIONS AND RAPID HEALING.

- Exhaustion from loss of blood or excessive pain; esp. if out of proportion to the injury.

- Pain is excessive and out of all proportion to injury.

- Prevents lymphangitis, gangrene, sepsis.

- Injuries of muscles, tendons.

- After labour, esp. caesarean.

- After operations.

- agg. Motion, touch.

- agg. Wet weather.
- amel. Rest.
- Disposition to take cold, esp. in damp weather

#### Ear

- Hearing impaired from scares on tympanic membrane.

Deafness, impaired hearing agg. wet weather, bathing, drinking; amel. on a train, distant sounds.

#### Teeth

- After extraction of teeth.

#### Stomach

- Heartburn with gooseflesh.
- Hunger immediately after eating, nursing.

#### Female genitalia

- Condylomata, ulcers of cervix.
- Offensive leucorrhea.
- Cancer of uterus.

#### Chest

- Lumps in mammae. Cancer of mammae.

#### Extremities

- Weakness, agg. lower limbs.

#### Sleep

- Feeling of falling from height on falling asleep.

#### Skin

- Keloid.
- Yellow discoloration.

#### Compl.

Hep., Sul-ac.

#### Dd

Arn., Ars., Bry., Hep., Hyper., Pyrog., Rhus-t., Sil, Sulph.

### # CAMPHORA OFFICINALIS (camph.)

#### Mind

- Attacks of anxiety at night. Fear of being alone at night (Stram).

#### Fear of dark.

- Feeling he is going to die.
- Irritability from trifles or pain.
- Quarrelsome, combative, mania to dispute. Easily offended.
- Dictatorial.
- Insensibility, vanishing of senses
- Delirium: Destructiveness of clothes. Bears the breasts (Puerpural mania).

#### Generalities

- COLDNESS, BLUE DISCOLORATION.

- IS ICY COLD BUT WANTS NOT TO BE UNCOVERED (Carb-v, Sec).

- agg. Cold, cold air.

- COLLAPSE, weakness. Shock.

- CRAMPS. CONVULSIONS. Tetanus.

- Pains with a cold sensation.

- Cholera (Ars).

- agg. Suppressed eruptions, discharges.

amel. Free discharges.

- Pain or complaints amel. thinking of it.

Food and drinks

- Desire: Cold drinks.

Head

- Headache amel. when thinking of it.

- Occipital throbbing, like pounding of hammer, synchronous with pulse

- Heat with cold extremities and abdomen.

Nose

- Cold.

- Persistent epistaxis, esp. with gooseflesh.

Face

- Pale (pallor alt. with redness), bluish, cold. Pinched.

- Cold sweat (Verat.).

- Upper lip retracted. Lockjaw.

Mouth

- Cold breath, tongue.

- Blue tongue

Stomach

- Coldness, can alt. with burning.

- Thirsty for cold drinks (Phos.).

- Vomiting with anxiety, restlessness (Ars.).

- Pit of stomach very sensitive.

Abdomen

- Coldness, can alt. with burning.

Rectum

- CHOLERA.

- Constipation from inactivity of rectum.

Urinary

- Cystitis: burning (Canth.), strangury, tenesmus.

- Nephritis, acute or chronic.

- Ailments from suppressed sexual desire (Con, Puls, Apis).

Male genitalia

- Impotency: Looses erections during intercourse.

Female genitalia

- Desire increased.

- Labor pains ineffectual, with coldness and desire to be uncovered.
- Climacteric disturbances.

#### Larynx/trachea

- Weak voice.

#### Respiration

- Suffocative dyspnea. Asthmatic attacks.
- Asphyxia (Laur.).

#### Chest

- Coldness in chest coming from stomach.

#### Extremities

- Cramps, convulsions.
- Coldness of hands and feet. Feet get hot and burning during the night, uncovers them (Calc.).
- Raynaud-syndrom.
- Weakness lower limbs, staggering gait.
- Cramps in back of foot, agg. motion.

#### Sleep

- Comatose sleep. Sleepiness and stupefaction.
- Sleepy during day, sleepless at night (Staph.); with restlessness and cold feet.

#### Skin

- Dermatitis, rash after exposure to sunlight (Bell., Nat-c., Nat-m., Puls.).
- ICY COLD (Carb-v., Verat.).
- Painful sensitiveness or want of sensitiveness (Cannot tell difference between warm of cold).

#### Compl.

Canth., Carb-v.

#### Dd

Ant-t., Aran., Ars., Canth, Carb-v., Laur., Op., Phos., Sec., Verat.

### # CANNABIS INDICA (cann-i.)

#### Mind

- Confusion.
- THEORIZING. Abundant ideas. Fixed ideas.

Thoughts persistent, intrude and crowd around each other, move in circles.

- Uncontrolable laughter. Immoderate laughing.
- FEAR OF INSANITY, LOSING CONTROL. Fear of dark. Anxiety about health.
- DELUSIONS. Everything seems unreal. Visions. Music.
- FLOATING SENSATIONS OF BODY OR PARTS OF BODY.
- Parts of body seem larger; room seems bigger; time seems to go slower.
- OUT OF BODY EXPERIENCES, mostly frightening them.
- Sense of duality.
- Mistrustful. Wants to control treatment.

- Weakness of memory: for what he wants to do, to say,...
- Time passes too slowly. Disorientation.

Everything seems unreal. Get lost in well known streets.

- Apathy.
- Weak will.
- Hysterical paralysis in later stage.
- Two types:

1. Very nice, extremely soft, smiling, happy, no hard edges.

No direction in life, float around. Need support.

2. Fearful, uptight, suspicious, great anxiety, esp. about health.

Very controlled people. Want to know exactly what you're doing/all about the theory.

Always afraid they have antidoted the remedy.

Generalities

- amel. Walking in fresh air.
- agg. Overexertion, dark.
- Weakness, exhaustion.
- Ailments from drug-abuse, esp. hashish or marijuana.

Head

- SENSATION AS IF TOP OF HEAD IS OPENING AND SHUTTING; as if skull is lifting up.
- Involuntary shaking of head.

Eye/vision

- Injection of vessels of conjunctiva.
- Weak vision.
- Letters run together.
- Twinkling, trembling, glimmering before eyes.
- Spectral illusions.

Ear

- Noises.
- Sounds seem far away, esp. voices.

Mouth

- Dryness.
- All food tastes very good.

Teeth

- GRINDING teeth during sleep.

Stomach

- Great THIRST.
- Ravenous appetite.

Urinary

- Inflammation of bladder, urethra and kidneys.
- Burning pain.
- Urine dribbles after urination.

- Renal colic, agg. laughing.
- Profuse, colourless urine.

#### Genitalia

- Acute gonorrhoea.
- Sexual desire increased, intense pleasure.
- Later stage: Loss of interest, impotency.

#### Extremities

- Paralytic weakness.
- Cramps.
- Agreeable thrilling.

#### Sleep

- Very sleepy, agg. afternoon. Sleepy with insomnia.
- Obstinate and intractable forms of sleeplessness.

#### Skin

- Anesthesia. Numbness and crawling.

#### Compl.

Sulph., Thuj.

#### Dd

Ars., Anag., Anh., Cann-s., Chin., Med., Sulph.

### # CANNABIS SATIVA (cann-s.)

#### Mind

- Similar to Cann-i, but less strong.
- Seems as if in a daze or dream, everything seems unreal.
- Fear arising from stomach. Apprehension in solar plexus.
- Lectophobia.
- Sadness amel. afternoon.

#### Generalities

- Sensation of heat.
- Trickling sensation, as if drops of cold water were falling on head, from anus, from heart.

As if hot water were poured over him; over heart.

- Great fatigue.

#### Head

- Congestion with throbbing and heat.
- Pressing sensation of weight or stone on vertex.

#### External throat

- Torticollis, chin drawn to sternum.

#### Rectum

- Constriction at close of urination.

#### Urinary

- CYSTITIS: Urethra most affected, esp. forepart

Pain seems to go backwards up urethra.

Urethra sensitive to pressure and touch; sits and walks with legs apart.

Spasmodic closure of sphincter at end of urination.

- Gonorrhea.

- Stoppage of urethra by mucus and pus.

- Sensation of stricture in urethra. Phimosis.

- Bladder troubles with asthma.

Extremities

- Contraction of fingers after a sprain.

- Cramping pains and cramp-like contractions in muscles and tendons.

Dd

Anh., Cann-i., Canth., Hedy., Merc., Nit-ac., Petros., Ter., Thuj.

# CANTHARIS VESICATORIA (canth.)

\* Affects urinary and sexual organs

Mind

- Restlessness, fruitless. Restless mind.

- Inner tension seeks an outlet through sexuality or aggression.

- Discontented. Disposition to contradict. Anger.

- Fear felt in stomach and ext. to other parts.

- Fear of water, mirrors, shining objects (Stram.); death.

- Hydrophobia.

- Manic-depressive.

- Rage with crying, barking, howling. Frenzy. Violence (Stram.).

- Sudden stupor, unconsciousness.

- Aphasia.

Generalities:

- BURNING PAINS. Violent pains, cutting, biting.

- VIOLENT inflammation, rapid and intense.

- amel. Lying.

- amel. Warmth, but skin amel. cold.

- OVERSENSITIVENESS of all parts.

Food and drinks

- agg. Coffee.

Head

- Burning pain, as from boiling water.

- Dandruff.

Eye

- Acute or chronic inflammation, esp. after burns.

- Involuntary spasmodic motion of eye.

## Ear

- Mastoiditis.
- Sensation of hot air.

## Face

- Congestion with intense heat.
- Erysipelas, burning, biting heat. Itching vesicles.

## Mouth

- Burning ext. to stomach.
- Red, covered with vesicles.
- Grinding teeth. Lockjaw.

## Throat

- Inflammation with excessive burning, agg. drinking, amel. lying.
- Unable to swallow liquids.
- Violent spasms when touching larynx.

## Stomach

- Burning pains.
- Fear and restlessness felt in stomach.
- Sensitiveness over stomach: Convulsions from slight pressure.

## Abdomen

- Peritonitis. Burning in whole gastro-intestinal tract.

## Rectum

- Tenesmus.
- Diarrhea with burning pain.
- Bloody stool with mucus.

## Urinary

- **CYSTITIS/URETHRITIS**  
violent **BURNING** pain,  
violent **TENESMUS**, intolerable urging,  
drops of urine, scalding,  
with genital excitement, erection,  
with restlessness,  
dances around the room in agony, screams from pain,  
urging, sitting amel., walking agg.,  
pain agg. drinking.  
bloody urine.

**NEPHRITIS**: Pain in the back, sensitive to touch;  
colic

## Male genitalia

- **VIOLENT SEXUAL DESIRE**; disturbing sleep.
- Priapism.

## Female genitalia

- **STRONG SEXUAL DESIRE**, sometimes not amel. coition.
- Pruritis with high sexual desire, agg. climacteric.

- Menses too frequent, too profuse. Dark blood.
- Black swelling of vulva.
- Burning in ovaries; very sensitive to touch, agg. menses.
- Retained placenta with painful urination.

#### Respiratory

- Tenacious mucus in air-passages.
- Short dry cough in spells.

#### Chest

- Soreness of mammae with menses.
- Pneumonia, pleurisy, agg. right; with burning pains.

#### Back

- TETANIC SPASMS, compelling to bend forward or backward.

Opisthotonos. Emprosthotonos.

#### Extremities

- Burning in soles of feet at night.
- Eczema of back of hand and between fingers: burning, itching vesicles.

#### Skin

- BURNS AND SCALDS.
- Erysipelas. Vesicular eruptions.
- Eruptions with tremendous burning, agg. touch.

#### Compl.

Apis, Arg-n., Camph., Kali-bi., Merc-c., Sep., Ter.

#### Dd

Ars., Apis, Cann-s., Equis., Hyos., Kreos., Merc-c., Sars., Stram., Sulph., Ter., Urt-u.

### # CAPSICUM ANNUUM (caps.)

#### Mind

- NOSTALGIA, drawn to the past, long for it, HOMESICKNESS (with red cheeks, sleeplessness).
- Kind of sweet melancholy, noble sadness.
- Sensitive. Phlegmatic.
- Insecure about social contacts, but doesn't withdraw.
- Offended easily. Ailments from emotional excitement.
- Shuts of emotions. Lack of feeling. Aversion of things that break away routine.
- Depression, anxiety. Eventually indifference, + des. stimulants.

Clumsy. Indolent. Uncleanliness of body.

- Fear of getting into trouble, being criticized/censured, police (Merc).
- Sensitive to noise during chill, acutes.
- Obstinate, capricious children.
- Alcoholism.

#### Generalities

- Obese, flabby.
- Chilly
- BURNING PAINS, agg. COLD APPLICATIONS (Ars).

#### LOCAL BURNING WITH CHILLINESS.

- Slow, tired, weak constitution. Lack of reaction.
- Wants to achieve the maximum, with minimal effort
- Aversion of motion, which amel..
- amel. Continued motion.
- agg. Cold, amel. heat.
- agg. Draft.
- Ulcers.
- Pain (anywhere) from coughing.

#### Food and drinks

- Desire: STIMULANTS, pepper, alcohol, coffee.

#### Head

- Bursting pain, agg. coughing. Holds head on coughing.
- Migraine with forgetfulness and nausea.
- Headache amel. motion, agg. rest.

#### Eye

- Burning and lachrymation during cough.

#### Ear

- Mastoiditis with burning pain.
- Chronic suppuration of ears.

#### Nose

- Red but cold, tip hot.
- Colds and influenza with violent sneezing, burning.

#### Face

- Neuralgia: fine needle-like pains, coursing along nerve, agg. touch, going to sleep.
- Burning pains agg. draft of air.
- Diffuse redness cheeks, nose. Flushing (Ferr., Puls.).
- Little red veins cheeks, nose (like in alcoholics).

#### Mouth

- Burning, esp. tip of tongue.
- Stomatitis. Ulcers.

#### Throat

- Inflammation with burning pain and dark redness; pain agg. coughing.
- Hoarseness.
- Hot, pungent air comes up from throat, agg. coughing, tasting bad.

#### Stomach

- Burning pains agg. after eating. Heartburn. Ulcers.
- Nausea after coffee.
- Great thirst before, during chill, after stool, diarrhea.

#### Abdomen

- Flatulent colic.
- Burning. Colitis.

#### Rectum

- Hemorrhoids with congested face.
- Burning. Tenesmus.
- Urging after drinking.

#### Bladder

- Tenesmus. Burning in orifice of urethra, agg. urination, coughing.

#### Male genitalia

- Coldness of scrotum, atrophy of testes with loss of sensibility.
- Painful nightly erections.

#### Female genitalia

- Menses irregular with pain in left ovarian region.
- Climacteric disturbances.

#### Cough

- agg. Coffee, evening; amel. drinking cold water.

#### Back

- Lumbago, sciatica. Pain on coughing.
- Sensation of cold water dropping down back.

#### Extremities

- Pain on coughing.
- Stiffness agg. after rest, starting to move, amel. continued motion.
- Pain in hip-joint, ext. to feet, agg. coughing, touch.

#### Sleep

- Sleepless agg. after midnight; from emotions, homesickness, cough.
- Dreams about the past.
- As if falling from a height during sleep (Thuj.).

#### Skin

- Burning, stitching, itching.
- Flabby.

#### Compl.

Nat-m., Sulph.

#### Dd

Ant-c., Ars., Calc., Calc-p., Carb-an., Ferr., Graph., Op., Sulph.

### # CARBO ANIMALIS (carb-an.)

#### Mind

- NOSTALGIA. Mournful feeling of isolation. Homesickness.
- Desire for meditation. Reflecting.
- Desire solitude, avoids conversation.
- Ill-humoured taciturnity. Anger about past events.

- Changeable moods.
- Fear of suffocation, agg. closing eyes. Fear evening, dark, high places. Anxiety at night.
- Frightful images before sleep.

#### Generalities

- WEAKNESS (all Carbo's), agg. menses, nursing women, least loss of vital fluids.
- MALIGNANCIES, CANCER, esp. stomach, uterus, glands, with BURNING pain.
- Susceptible to colds and easy sprains.
- Induration, swelling of glands, lymphnodes.
- agg. COLD. Coldness at night in bed.
- Numbness.

#### Food and drinks

- Desire: Eggs, whisky, sauerkraut, tonics.
- Aversion: Fat, rich food, tobacco.

#### Head

- Pressive headaches agg. cold air, damp weather.
- Head sensitive to pressure of head.
- Headache as if tornado in head, as if head blown to pieces, has to sit up at night and hold it together.

#### Ear

- Hearing confused, cannot tell direction of sound; as if tone came from another world.
- Otorrhea and swelling of mastoid.

#### Nose

- Epistaxis preceded by vertigo or pressive headache.
- Hard, bluish tumors on tip of nose. Red tip, cracked.

#### Face

- Bluish cheeks and lips.
- Acne. Erysipelas.
- Vesicles or cracks on lips.

#### Mouth

- Knotty indurations in tongue.
- Burning blisters which become ulcers.

#### Stomach

- Weak digestion. Flatulence.
- Weak, empty feeling, not amel. eating; in nursing women.
- Cancer.

#### Abdomen

- Great distention; after operation.
- Hard, suppurating bubo, offensive discharge.
- Induration of pancreas.
- Coldness rising up in mouth.

#### Male genitalia

- Cancer of testes. Scirrhus.

#### Female genitalia

- MENSES, dark, clotted, too frequent, too long, FOLLOWED BY GREAT EXHAUSTION, can hardly speak.

Flow only in morning (Bov.).

- Cancer of uterus, burning pain down thighs.

Cancer of ovaries. Right ovary seems heavy ball.

- Induration of neck of uterus with burning.

- Leucorrhoea burning, biting, stains linen yellow.

Chest

- Painful induration in mammae, purple, agg. right. Cancer.

- Induration, swelling axillary glands.

Back

- Injury and neuralgia of coccyx, burning pain agg. touch, sitting, lying.

- Glands of neck swollen.

Extremities

- Weak joints. Straining and overlifting produce great weakness.

Ankle sprains.

- Great weakness and numbness in thighs, agg. menses.

Perspiration

- Profuse, offensive night sweat, staining yellow.

Skin

- Malignant ulcers.

- Blue. Venous plethora.

- Cicatrices become painful.

- Copper-colored eruptions.

- Red spots, smooth, indurated.

Compl.

Calc-f., Calc-p.

Dd

Am-c., Ars., Calc., Carb-v., Chin., Con., Hydr., Kali-p., Sep., Sil., X-ray.

# CARBO VEGETABILIS (carb-v.)

\* STAGNATION.

Mind

- Anxiety from anticipation. Timid.

- Need for stimulation. Compelled to arouse himself.

- Irritability towards family members. Bad temper (Sep.).

- Fear of being alone in the evening, at night, in bed; of strangers, accidents, ghosts.

- Sees frightful images in the dark; anxiety on closing eyes.

- Indifference, not interested in anything (Ph-ac., Sep.).

- Don't want to get up out of bed.

- Sudden periodical weakness of memory.

- Dullness. Answers slowly. Difficult concentration. Confusion.
- Unconsciousness. Lies as if dead.

#### Generalities

- FAINTING, COLLAPSE.
- CHILLY, COLD PERSPIRATION, cold breath.

COLD, but wants to be FANNED.

- Complaints after severe acute illness or injury; loss of fluids, suppressed discharge, drugging.
- WEAKNESS. Sudden lack stamina. Lack of reaction.
- Imperfect oxidation. Blood seems to stagnate: blueness, coldness, ecchymosis.
- Hemorrhages: dark, oozing.
- amel. Discharges.
- amel. FRESH AIR. FANNING.
- agg. OVEREATING. Slight EXERTION.
- agg. Lying flat, need pillows (Kali-c., Calc., Puls.).

#### Food and drinks

- Aversion: FAT.
- Desire: Salt, sweets.
- agg. FAT.

#### Head

- Headache from overheating, eating fat, agg. lying, pressure of hat.
- Falling of hair after severe illness, parturition.
- Cold sweat on forehead.

#### Eye

- Sensation of heavy weight on eyes.
- Ailments from overexerting eyes.
- Vision of black floating spots.
- Hemorrhage.

#### Ear

- Mumps migrate to mammae or testes.

#### Nose

- Epistaxis.
- Varicose veins on nose.

#### Face

- Puffy. Cyanotic. Pale and cold with cold sweat.
- Heat after drinking wine.

#### Mouth

- Cold breath, tongue.
- Bleeding gums.

#### Throat

- Scraping. Much mucus, easily brought up.
- Contraction, hinders swallowing.

#### Stomach

- FLATULENCE, DISTENSION, amel. eructations, agg. lying down.

- Sense of fullness after a few mouthful.
- INDIGESTION from the simplest food.
- Heartburn. Ulcers. Cancer.

#### Abdomen

- FLATULENCE, DISTENTION amel. flatus.
- Abdomen feels as if hanging down.
- Colic.

#### Rectum

- Diarrhea from fat and heavy food.
- Hemorrhoids: Blue, large, protruding, burning, offensive.

#### Male genitalia

- Itching and moisture near scrotum.
- Swelling of testes from metastasis of mumps.
- Ejaculation too soon.

#### Female genitalia

- Menses: too frequent, too copious, passive flow.
- Leucorrhoea before menses, irritating.

#### Larynx

- Hoarseness, longlasting, agg. evening, slight exertion.

#### Respiration

- DYSPNEA from BLOATEDNESS, agg. OVER-EATING, amel. ERUCTATION, FANNING.

#### Asthma with bloating stomach.

- Wheezing, rattling.
- Cheyne-Stokes.

#### Chest

- Destructive lung diseases.
- Oppression.
- Organic heart disease. Weak heart. Congestive heart failure.

#### Fever

- Internal burning heat.

#### Extremities

- Coldness. Numbness. Weakness.
- Raynaud.

#### Skin

- Blue, cold. Cyanosis. Marbled.
- Ecchymosis.
- Gangrene.
- Indolent, varicose ulcers.
- Jaundice from overeating, from fat food.

#### Compl.

Ars., Chin., Dros., Kali-c., Lach., Phos.

#### Dd

Ant-t., Arg-n., Ars., Cadm-s., Camph., Carb-an., Chin., Kali-c., Laur., Lyc., Op., Phos., Ph-ac., Sep., Verat.

## # CARBOLICUM ACIDUM (carb-ac.)

### Mind

- Sensitive to odors.
- Irritable. Morose. Impatience.
- Fear of impending disease.
- Prostration of mind. Absent-minded, starts when spoken to.
- Aversion to mental work.

### Generalities

- ANAPHYLACTIC SHOCK after bee sting.
- WEAKNESS. FAINTNESS. COLLAPSE.
- agg. Reading.
- Discharges: offensive, burning.
- Abscess (esp. right ear) from physical exertion.
- Malignant and septic conditions.

### Food and drinks

- Desire: Alcohol, stimulants.

### Head

- Tight feeling, as if compressed by rubber band, agg. forehead, temples.
- Headache amel. smoking, green tea, pressure, binding head; agg. menses.

### Eye

- Severe neuralgia over right eye.

### Nose

- Very acute smell.
- Offensive discharges.

### Face

- Pale about nose and mouth. Cyanotic.
- Swelling from bee stings.

### Mouth

- Swelling of tongue from bee sting.
- Offensive breath.
- Tingling and burning in tongue, as of thousand pins.

### Throat

- Sore throat agg. right side. Dark red.
- Prickling and burning.

Burning dryness with inability to swallow. Liquids are forced through nose.

### Stomach

- Flatulent distention.
- Nausea and vomiting of pregnancy, sea sickness, alcoholics, cancer.

- Vomiting dark, olive green.

#### Abdomen

- Painful flatulence, often marked in one part of bowels.

#### Rectum

- Bloody stools. Offensive stools.

- Constipation.

#### Urine

- Greenish, dark, almost black.

#### Female genitalia

- Erosions of cervix. Uterine displacement.

- Offensive, acrid discharges.

- Leucorrhoea in children.

#### Back

- Severe backache across loins, ext. to thighs.

#### Extremities

- Vesicular eruption on hand.

- Weakness lower limbs.

#### Sleep

- Very sleepy.

#### Skin

- Itching vesicles, amel. rubbing, with burning pain afterwards.

- Malignant scarlatina, variola.

- Bed sores.

- Lacerated wounds from blunt instruments.

#### Dd

Apis, Ars., Carb-an., Carb-v., Colch., Lac-ac., Sec., Sep., Sym-r., Tab., Verat.

#### # CARCINOSINUM (carc.)

#### Mind

- Emotional, PASSIONATE individuals with strong desires, push themselves, work hard, strong sex-desire (from early age), surges of passion, outbursts of emotion, expression, live life intensely.

- FASTIDIOUS, need for order and control over life.

Cannot rest when things are not in proper place.

- Restlessness, discontent, desire to travel.

- Conscientious, great sense of duty, responsible (Aur, Kal-c, Nat-s, Nat-c, Mag-m).

- Anticipation. Lack of self-confidence.

- PRECOCITY.

- SYMPATHETIC. SENSITIVE to suffering of people, animals, planet.

Anxiety for others. Horrible things affect profoundly.

- Affectionate. Want to please other people.

Fears not to be accepted, not to be loved.

- SENSITIVE TO REPRIMANDS, esp. in children.

Ailments from rudeness, reproaches.

- Suppress their emotions, the hurt. Yielding, bearing all suffering without protest.

- Ailments from repression

excessive parental control,

prolonged childhood suffering,

severe education, too early responsibility.

- EASILY OFFENDED, intolerant of contradiction, av. to consolation.

- Fears: high places, animals, dogs, failure (exams), thunderstorm.

- Anxiety about health (cancer); for others.

- Sensitive to sensual impressions, art, nature.

Love thunderstorms (Sep).

- Sensitive to music, rhythm. Love dancing (Sep).

Music agg., may cause weeping.

- Slow mental development: easily distracted, difficult concentration.

Generalities

- Warm blooded, but mostly agg. heat and cold.

- amel. Sea. (or agg., or alternating).

- amel. Short sleep.

- amel. Evening.

- agg. Vaccination.

- Periodicity. agg. 1-6 pm, esp. 5-6 pm. Every 7 days. Annual.

- CONTRADICTION AND ALTERNATING STATES.

- Mononucleosis, neurodermitis.

- Severe inflammatory illness (whooping cough, pneumonia) in early life, childhood.

- PAST/FAMILY HISTORY OF CANCER, DIABETES, TUBERCULOSIS, PERNICIOUS ANEMIA, INFECTIOUS DISEASES.

- Childhood diseases: too soon; or appear after puberty; very severe, or absent.

Food and drinks

- The same food can alternately be desire or aversion.

- Desire: Chocolate, sugar, fat, raw potatoes, spices, sweet and sour.

- Aversions: Fruit, potatoes, milk, salt.

- agg.: Eggs.

Vertigo

- High places.

Head

- Migraine, alt. with asthma.

- Constrictive feeling in brain. Pulsating deep in brain.

Headache agg. right side, before storm.

Pain in forehead above eyes, amel. open air.

Eye

- Blue sclerae.
- Frequent blinking, winking. Tics. Twitchings.

Nose

- Hayfever.
- Chronic coryza. Sinusitis.

Face

- Acne.
- Twitching, tics, esp. eyelids, -brows. Grimaces.

Mouth

- Aphthae.

Throat

- Scraping, agg. before speaking.
- Sensation of lump.

Stomach

- Anxiety or excitement felt in stomach.
- Nausea riding in car.

Abdomen

- Constrictive pain amel. pressure, bending forward, warm drinks.
- Flatulence, distention, with colic in babies.

Rectum

- Severe constipation, even without desire.
- Dry hard stools like stones.
- Burning pain colon ascendens.

Female genitalia

- Sexual desire high. Masturbation in children.
- Dysmenorrhea. Pain labor-like, cramping.
- Ovarian cysts, agg. right. Fibroids in uterus. Endometriosis.

Respiratory

- Asthma, at young age, from fright, amel. or agg. at sea.
- Cough agg. morning, (un)dressing, washing, shaving, stretching neck, yawning.
- Whooping cough, long-standing; chronic pneumonia.

Chest

- Swelling breasts before menses.
- Chronic mastitis.

Extremities

- Trembling of muscles, with itching, agg. arms, thighs.
- Rheumatic pains, amel. warmth, slowly moving.
- Weakness, agg. lower limbs, amel. motion.

Sleep

- SLEEPLESSNESS, esp. in children; children have to be rocked.

Wake suddenly as from fright.

- Falling asleep difficult from thoughts, wake frequently, esp. 4 am and can't sleep afterwards.

- Position: GENU-PECTORAL.

- Dreams of searching someone he can't find.

Skin

- Dark, brownish complexion. CAFE-AU-LAIT spots.

- MOLES, PIGMENTED NAEVI. M. Recklinghausen.

- Keloïd.

- Acne (face, upperback, sternum).

- Boils.

- Eczema: Between shoulderblades, sternum. agg. Milk.

Neurodermitis.

- Itching agg. undressing.

- Warts: lips, abdomen, back of hands, fingers, about fingernails, footsoles.

Compl.

Alum., Ars., Ars-i., Bell-p., Calc., Calc-p., Graph., Lach., Lyc., Med., Nat-m., Nat-s., Nit-ac., Op., Psor., Puls., Sep., Staph., Sulph., Syph., Thuy.

Dd

Ars., Aur., Cocc., Nat-m., Med., Phos., Puls., Sep., Staph., Tub.

# CARDUUS MARIANUS (card-m.)

\* Affects liver and gall-bladder.

Mind

- Dispondent. hypochondriacal.

- Aversion to quarrel.

- Joyless.

- Sensitive to noise.

- Weakness of memory, for what was about to do.

Generalities

- LIVER AND PORTAL SYSTEM.

- Chilliness.

- agg. Lying on left side.

- agg. Motion.

- Weakness agg. eating.

Food and drinks

- Desire: Beer.

Vertigo

- with tendency to fall forward, amel. epistaxis.

Head

- Dull heavy frontal headache, amel. eating; with foul tongue and vomiting bile.

Eye

- Yellowness.

Face

- Jaundice.

Mouth

- Roughness or greasy sensation palate.

- Bitter taste.

Stomach

- Pressing pains.

- Vomiting bile.

Abdomen

- LIVER AND GALL DISEASES.

PAIN in liver WHEN LYING ON LEFT SIDE, agg. motion.

Pain ext. to right scapula near spine or to left scapula.

- LEFT LOBE OF LIVER AFFECTED.

- COLIC, GALL-STONES.

- Cirrhosis of liver.

- Liver affections associated with lung affections.

- Pain in spleen agg. deep inspiration.

- Pain abdomen amel. deep inspiration.

- Dropsy. Ascites.

Rectum

- Constipation alt. with diarrhea.

- Hemorrhoids.

Stool

- Very hard and insufficient, clay-colored.

Urine

- Golden yellow. Bilious.

Female genitalia

- Chronic uterine hemorrhage with portal stasis.

Respiration

- Asthmatic.

Cough

- Hepatic or splenic cough.

- Must sit up.

Chest

- Bronchitis. Pleurisy.

- Pain in sides, agg. on coughing.

Back

- Pain: drawing, inner margin right scapula; left scapula.

Extremities

- Drawing pain forearm, radial side.

- Hip-joint disease. Pain ext. to thighs; agg. stooping, rising from seat.

Skin

- Varicose veins, ulcers.
- Broken or hard thrombosed veins.

Dd

Bry., Chel., Chin., Chion., Dig., Ham., Lyc., Mag-m., Nat-s., Podo., Ptel.

## # CAULOPHYLLUM THALICTROIDES (caul.)

\* Female genitalia and joints.

Mind

- Anxiety.
- Nervous excitement. Restlessness.
- Irritability. Easily displeased.
- Changeable moods.
- Refuses to eat.

Generalities

- REVIVES LABOR PAINS AND FURTHER PROGRESS OF LABOR when patient is exhausted.
- Sensitive to cold, amel. warm clothing.
- Pains flying about, from place to place.
- Chorea at puberty.

Vertigo

- Before menses.

Head

- Rheumatic and neuralgic headache.

Headache from uterine troubles.

- Pain over left eye, agg. stooping, light, noon till midnight.

Eye

- Heaviness of lids.

Face

- Brown spots on forehead.

Mouth

- Aphthae. Trush.

Stomach

- Spasms.
- Vomiting bile before menses.
- Nausea, vomiting during labor.

Abdomen

- Cramping pain during menses.

Female genitalia

- COMPLAINTS DURING LABOR

Extremely RIGID OS. Labor DOESN'T PROGRESS.

Labor pains too weak, irregular.

Spasmodic, severe pains fly in all directions.

Prickling pains in cervix.

Exhaustion, can hardly talk.

Trembling, shaking.

Wants windows open but is sensitive to cold.

Lots of mucus from vagina.

Metrorrhagia + inertia of uterus.

- Retained placenta, excessive bleeding, great weakness.
- Afterpains, ext. over abdomen, into groins
- Menorrhagia after labor, abortion.
- Subinvolution. Prolonged lochia. Uterus doesn't contract.
- Prolapsus from relaxation muscles/ligaments.
- Abortion. Infertility.
- Leucorrhoea, even in young girls.
- Dysmenorrhoea, pain ext. downwards, to thighs and feet.

Back

- Stiffness.

Extremities

- Weakness lower limbs after labor.
- ARTHRITIS in SMALL JOINTS of hands and feet, fingers.

Stiffness and pain, agg. before menses, amel. flow appears, warmth.

Pain changes place.

Arthritic nodosities on finger joints.

Skin

- Chloasma.

Dd

Bell., Calc., Caust., Cham., Cimic., Gels., Kali-c., Nux-v., Puls., Sabin.,

Thlas. Ust., Vib., Xan.

# CAUSTICUM (caust.)

\* GRADUAL PARALYSIS with induration of tendons.

Mind

- SENSITIVE, excitable, perceptive individuals.
- Sensitive to environment, feelings of people.
- SYMPATHETIC. Full of cares. Anxiety about others.
  - STRONG SENSE OF JUSTICE. Idealism.
  - History of many shocks, griefs, disappointments. They suffer a lot.

Ailments from fright, prolonged grief.

- Become closed. Mind loses flexibility.
- Many FEARS

SOMETHING BAD IS GOING TO HAPPEN,

twilight, dark, being alone at night,

dogs, ghosts.

- Against AUTHORITY. Don't like rules, sense the injustice. REBEL.

- Involved in politics, social courses. Angry against system.

Hardening inside. Becomes anarchist. Fanaticism.

- Mind gets tired, weak, breaks down.

Can't grasp ideas. Deficiency of ideas.

Dullness, understands questions only after repetition.

- Hurry while eating.

- FEELS AS IF HE HAS FORGOTTEN SOMETHING, must check it.

- Ritualistic behaviour (Rhus-t., Tub., Iod., Rat.).

Generalities

- Complaints of nervous and musculo-skeletal system.

- agg. DRY COLD WIND, WEATHER.

- amel. WET, DAMP, CLOUDY WEATHER (Hep., Nux-v.).

- agg. From suppressed eruptions.

- Chilly.

- NERVOUS SYSTEM: Tics, chorea, twitching, convulsions, restlessness.

Degenerative neurological diseases: e.g. MS.

- PARALYSIS, esp. right side.

- Numbness agg. left side.

Food and drinks

- Desire: SMOKED MEAT, SALT, hot dogs, eggs, cheese.

- Aversion: SWEETS.

Eye

- Heaviness of lids. Ptosis.

- Paralysis of ocular muscles after exposure to cold.

- WARTS on lids, eyebrows.

- Strabismus.

- Vision impaired, as from a mist.

Ear

- Accumulation of ear wax.

- Sounds re-echo in the ears.

Nose

- WARTS.

- ERUPTIONS ON TIP OF NOSE (Aeth.).

- Allergies. Hayfever.

- Sneezing morning on waking. Obstruction nose at night, when lying.

Face

- PARALYSIS, NEURALGIA after exposure to COLD DRY wind, weather, agg. RIGHT SIDE.

- Twitchings.

Mouth

- STAMMERING (Merc., Stram.) agg. when excited.

#### Throat

- CONSTANT SCRAPING. Have to swallow all the time.

- Paralysis. Swallowing difficult.

#### Stomach

- Pain amel. cold drinks.

#### Rectum

- Hemorrhoids agg. walking, standing, straining the voice, touch, thinking about them.

- Paralysis. Constipation, passes stool easier when standing.

#### Urinary

- INCONTINENCE when coughing, sneezing, laughing.

- RETENTION, from paralysis; after labor. Passes urine better when standing.

- PARALYSIS, after over-distension.

- Enuresis in children.

- Loss of sensibility of urethra, cannot tell when urine is passing.

#### Female genitalia

- Lack of enjoyment in sex.

#### Larynx/trachea

- HOARSENESS from overuse of the voice, singing, amel. cold drinks.

- Mucus in larynx, must cough, hawk up mucus.

- Paralysis of vocal cords.

#### Cough

- Hollow, hard, dry; from tickling in throat pit.

- Painful, raw and sore behind sternum.

- amel. COLD DRINKS (Cupr.), wet weather. agg. Cold air.

- CANNOT COUGH DEEP ENOUGH to reach mucus, becomes exhausted from coughing.

#### Chest

- Bronchitis: feeling of rawness, open wound.

#### Back

- Stiffness.

- Torticollis.

- Sciatica agg. cold, coughing, amel. warmth, of bed.

#### Extremities

- GRADUAL PARALYSIS.

- Ataxia.

- CONTRACTIONS, INDURATIONS OF TENDONS.

#### Dupuytren (Nat-p., Plb., Guaj., Lyc., Ruta).

- Carpal tunnel syndrome (Calc-p., Guaj., Viol-o.).

- Rheumatic pain agg. cold bathing, amel. wet weather, heat.

#### RHEUMATISM, ARTHRITIS OF SMALL JOINTS.

- Restless legs at night, during sleep.

- Twitchings, convulsions. Chorea.

- WARTS AROUND NAILS.

- Paralysis, pain right deltoid.

## Skin

- Warts.

## Compl.

Carb-v., Coloc., Graph., Lach., Merc-c., Petros., Sep., Stann., Staph.

## Dd

Calc-p., Caul., Coloc., Guaj., Lath., Nat-m., Phos., Plb., Ran-b., Rhus-t., Ruta, Sep., Thal. Staph.

## # CEDRON (cedr.)

## Mind

- Excitable, nervous persons of voluptuous disposition.
- Mildness.
- Aversion to company, but when alone agg.. Aversion and fear of friends.
- Shuns the bed, fear of the bed.
- Excitement before chill.
- Restlessness drives from place to place.
- Sadness, with heaviness of body; after coition.
- Weakness of memory for persons.

## Generalities

- PRECISE PERIODICITY (Chin-s., Cact.).

Exactly the same hour,  
esp. agg. 9 a.m. , 4 p.m.

- Malarial affections. Neuralgic pains.
- agg. After sleep, lying down, night, before storm, open air.
- agg. After coition: in women, chorea; in men, neuralgia.
- amel. Standing erect.
- Convulsions, chorea agg. menses.

## Head

- Headache with numbness over whole body.
- Pain above eyes, agg. left eye;
- agg. after coition, before storm, night, open air;
- amel. cold applications.

## Eye

- Severe pain in left eyeball, radiating around eye, shooting into nose. Supra-orbital neuralgia.
- Burning like fire.

## Ear

- Noises.

## Face

- Pale, bluish, agg. menses.
- Neuralgia agg. 7-8 p.m.

## Mouth

- Stammering after coition.
- Sensation of paralysis of tongue during menses.

## Urinary

- Involuntary urination after coition.
- Numbness of urethra.

## Male genitalia

- Sexual desire increased, agg. at sunrise.

## Female genitalia

- Sexual desire increased, morning in bed.
- Abortion at the same period.
- Puerperal convulsions at regular intervals, begins with pain in left temple.

## Chest

- Perspiration axilla.

## Extremities

- Chorea, agg. coition.
- Pain right deltoid.
- Numbness before or during fever.

## Chill

- At 4 a.m. followed by perspiration.
- At 3 or 4 p.m.

## Dd

Aran., Ars., Chel., Chin., Chinin-s., Kali-bi., Nat-m., Sabad.

## # CHAMOMILLA (cham.)

\* IRRITABILITY of nervous system. ANGER.

## Mind

- OVERSENSITIVE to external impressions (noise, light).
- GREAT SENSITIVITY TO PAIN (Acon., Coff., Hep, Nux-v.). Impatient, violent with the pains.

## Pains unendurable.

- IRRITABILITY.

Violent anger. Whining restlessness.

Complaining. Bad temper. Snappish. Impatient.

- Irritable, sends doctor home, nurse out of the room.
- Quarrelsome. Intolerant of being spoken to or interrupted.
- Aversion to being touched, looked at.
- Capricious: ask for something, when given, throw it away.
- Delusions, thinks he is insulted, of vexations and offences.
- Weeping in sleep.
- Fear of wind.

## CHILDREN

- Capricious. Angry.
- Children want to be carried.
- Kicks when carried and becomes stiff.
- Inconsolable.

#### Generalities

- Warm-blooded.
- agg. 9 A.M. (9 p.m. ), night, DENTITION, wind.
- agg. Narcotics.
- amel. Warm applications (except toothache).
- COMPLAINTS FROM ANGER, VEXATION.
- Cramps. Spasms. Convulsions.
- Convulsions in nursing children, after anger of mother.

#### Food and drinks

- Desire: Cold drinks.
- agg. Coffee.

#### Head

- Headache agg. morning, 9 p.m. , thinking of it.

#### Eye

- Distortion. Twitching lids.
- Burning heat.

#### Ear

- OTITIS MEDIA. Pain amel. warmth, agg. wind, noise, touch.

#### Face

- ONE CHEEK RED, ONE PALE.
- Jerking. Twitching.
- Neuralgia with hot sweat on head.
- Heat of face with cold body.
- Perspiration after eating or drinking.

#### Mouth

- Feels hot.

#### Teeth

- DENTITION DIFFICULT, PAINFUL.
- PAIN amel. COLD DRINKS, agg. warm drinks and food, entering warm room, touch, coffee, during menses, pregnancy.

#### Stomach

- Thirsty.
- Nausea after coffee, narcotics.
- Colic after anger.

#### Abdomen

- COLIC, flatulent, agg. after anger, touch, menses, amel. warm applications.

#### Rectum

- DIARRHEA DURING DENTITION
- Stool GREEN, LIKE CHOPPED SPINACH; hot; odor of SPOILED EGGS (Arn., Psor., Sulph.).

## Female genitalia

- DYSMENORRHEA: Labor-like pains, cramping in uterus, ext. into thighs (Xan.); agg. after anger.
- LABOR PAINS INTOLERABLE.
- Severe afterpains. Cramps when child nurses.

## Respiration

- Breath-holding spells. Asthmatic from anger.

## Cough

- Dry, tickling, irritable cough.
- agg. 9 to 12 p.m. ; during sleep.
- Croup.

## Extremities

- UNCOVERS FEET AT NIGHT.
- Rheumatic pains drive out of bed at night, must walk.
- New-borns making fists.
- Ankles give way in afternoon.
- Numbness forearm on grasping anything.
- Cramps. Convulsions of arms, thumbs drawn in.

## Sleep

- Sleepless from restlessness and heat.
- Nightmares.

## Skin

- Jaundice after anger.
- Rash of infants and nursing women. Itching at night.
- Oversensitive to touch.

## Compl.

Acon., Bell., Calc., Grat., Mag-c., Puls., Sanic., Sil.

## Dd

Acon., Ant-c., Calc-p., Cina, Coloc., Cupr., Grat., Hep., Kreos., Lyss., Mag-c., Nux-v., Op., Rheum., Sanic., Stram., Tub.

## # CHELIDONIUM MAJUS (chel.)

\* Liver mainly affected.

## Mind

- Dictatorial. Dominant.
- Practical. No-nonsense.
- Anxiety for others.
- Delusion /fear that he has ruined his health.

## Generalities

- agg. RIGHT SIDE.
- Chilly.
- agg. COLD, WET WEATHER. Change of weather.

- agg. 4 A.M. , 2 or 4 p.m.
- agg. Morning on waking.
- amel. Eating.

#### Food and drinks

- Desire: DAIRY PRODUCTS, cheese, warm drinks/food.
- Aversion: Cheese, spinach.
- amel. Warm drinks, food, warm milk.

#### Head

- HEADACHE, RIGHT SIDE. Pain over right eye.
- Pressing as from a band above eyes, amel. closing eyes.

#### Eye

- Orbital neuralgia, agg. right side.
- Yellow discoloration.

#### Nose

- Flapping of wings.

#### Face

- Neuralgia right side, ext. into teeth, eye;  
with liver problem.
- Yellow.

#### Mouth

- Tongue yellow, with imprint of teeth.
- Bitter taste.

#### Stomach

- Stomach pain amel. warm drinks, esp. milk; temporarily amel. eating.
- Nausea and vomiting amel. warm drinks.
- Stitching pain ext. to back.
- Cramping pain amel. lying on left side with legs drawn up.

#### Abdomen

- LIVER AND GALL BLADDER complaints,  
gall-colic, acute hepatitis, jaundice.
- PAIN RIGHT HYPOCHONDRIMUM EXT. TO RIGHT SCAPULA.
- Pain abdomen amel. eating, stool, warm drinks, lying on left side legs drawn up.
- Pain extending transversely.

#### Rectum

- Constipation alternating with diarrhea.

#### Urine

- Yellow.

#### Female genitalia

- Burning in vagina, each day precisely same hour.

#### Respiration

- Dyspnea. Quick and short inspirations.
- Rattling.

#### Cough

- As from dust.

#### Expectoration

- Much rattling, little expectoration.
- Mucus flies from mouth on coughing.

#### Chest

- Right lung affected.

Stitching pain agg. inspiration, motion, coughing.

- Intercostal neuralgia, agg. right side.

#### Back

- PAIN INFERIOR ANGLE OF RIGHT SCAPULA, right shoulder (Ferr-m., Sang.), .
- Pain as if back would break, on stooping.

#### Extremities

- COLDNESS ONE HAND OR FOOT.
- Coldness fingertips.
- YELLOW DISCOLORATION OF HAND PALMS.
- Rheumatism agg. lower limbs, esp. right ankle.

#### Sleep

- Position: On LEFT SIDE.
- Unrefreshing.
- Dreams of funerals, corpses.

#### Fever

- Burning heat spreading from hands over whole body.

#### Skin

- JAUNDICE.

#### Compl.

Ars., Bry., Lyc., Merc-d., Nat-m., Sulph.

#### Dd

Bry., Calc., Chen., Chin., Jug-c., Lyc., Nux-v., Podo., Sang., Sulph.

### # CHINA OFFICINALIS (chin.)

#### Mind

- NERVOUS and IRRITABLE.
- SENSITIVE and INTROVERTED.
- Cannot express feelings easily; difficulties showing gratefulness or affection.
- Touchy and easily offended.
- Nervous capacity is on edge; sensibility to noise.
- Can be constant irritation with severe irritability, but a feeling of guilt afterwards.
- Refinement, an artistic element, especially poetry to express themselves.
- Great imagination, ABUNDANT IDEAS in the EVENING IN BED.
- Imagine doing courageous things or make plans about great projects.
- In the morning DULLNESS and they feel ridiculous about there ideas of last night.

- Misplacing of words when reading and writing.
- Impulses to kill; suicidal thoughts because of hopelessness, but lacks the courage.
- Delusion of being persecuted.
- FEAR: DOGS (animals)

#### Generalities

- agg. SLIGHT TOUCH, amel. HARD PRESSURE (Emotional: superficial attention agg., deep contact amel.)
- agg. LOSS OF VITAL FLUIDS (loss of blood, nursing, diarrhea, menses,...)
- agg. FOGGY weather, autumn, cold/damp.
- agg. Night, draft, after eating.
- PERIODICITY, every other day or seven days.
- Neuralgias, migraine amel. pressure.
- Anemia, weakness.
- PERSONAL OR FAMILY HISTORY OF MALARIA.

#### Food and drinks

- Desire : SWEETS, HIGHLY SEASONED
- Aversion : FAT, beer, butter, fruit.
- agg.: Fruit, fish, milk, fat, beer.

#### Head

- Pain, periodical, amel. hard pressure, agg. loss of vital fluids.
- Sensitive to cold air.

#### Eye/vision

- Photophobia.
- Neuralgia associated with soreness of spine (spinal irritation).

#### Ear

- Tinnitus.

#### Nose

- Epistaxis.
- Acute smell.

#### Face

- Neuralgia.
- Cold sweat around mouth.

#### Mouth

- Bitter taste.
- Toothache agg. least contact, draft.

#### Stomach

- Thirstless.
- Appetite appears only when eating or fullness after eating a little.
- Hunger at night

#### Abdomen

- COMPLAINTS OF LIVER AND GALL.
- GALL STONES/COLIC
- FLATULENCE, DISTENTION, NOT amel. BY FLATUS OR ERUCTATION.

- Hepatitis. Splenitis.

Rectum

- Diarrhoea from fruit, fish, milk.

Female genitalia

- Bloody leucorrhoea.

Extremities

- One hand cold, the other one warm

- Pitting edema of lower limbs with pale skin

Skin

- Skin sensitive or painful during fever.

Sleep

- SLEEPLESSNESS FROM ABUNDANT IDEAS.

- Sleeplessness from slight noises.

Compl.

Ferr.

Dd

All-s., Ang., Bry., Cann-i., Carb-v., Chin-s., Coff., Lyc., Nat-m., Nux-v., Sulph.

# CHININUM ARSENICOSUM (chinin-ar.)

Mind

- Anxiety about health. Fear at night, of cancer, of evil, of ghosts.

- Irritability before headache, agg. exertion.

Discontented with everything.

- Censorious with dearest friends.

- Restlessness, agg. 3 a.m. ; afternoon.

- Sensitive to noise.

- Depression. Dullness, wishes to be quiet and let alone.

- Weakness of memory. Aversion to mental exertion.

- Thinking of complaints agg..

Generalities

- Weariness and prostration.

- Icy coldness.

- agg. COLD, rest.

- amel. Motion.

- Periodicity.

- Malarial affections. Neuralgias.

- Tobacco poisoning.

Food and drinks

- Desire: Cold drinks.

- Aversion: Cold drinks, meat.

- agg. : EGGS, FISH, unripe fruit.

## Head

- Neuralgic pain in temples, above eyes.
- Periodical headache, agg. noise, excitement.
- Sensation of iron skullcap.

## Nose

- Profuse coryza, periodical, amel. erect position, outdoors.
- Bloody discharge.

## Face

- Trembling of facial muscles.
- Neuralgia, agg. left.

## Mouth

- Tongue brown, black.

## Throat

- Malignant angina.

## Stomach

- INDIGESTION FROM EGGS AND FISH, unripe fruit.
- Vomiting after eating; black.
- Pressure in solar plexus, with tender spine.
- Anorexia.

## Abdomen

- Flatulence. Rumbling. Tympanitic distention.
- Hard liver.
- Colic amel. pressure.

## Rectum

- DIARRHEA AFTER FISH, EGGS, unripe fruit.
- Diarrhea, agg. night, after eating.
- Undigested stool.

## Respiration

- Periodical asthma; agg. night, lying, amel. sitting bend forward at open window, open air.

## Chest

- Angina pectoris.
- Sensation as if heart would cease to beat.
- Palpitation with anxiety, agg. leaning backward.
- Intercostal neuralgia. Neuralgic pain in left mammary region.

## Extremities

- Restlessness.
- Weakness.
- Coldness of hands and feet, knees and legs.
- Blue hands and nails.
- Gooseflesh lower limbs.

## Sleep

- Sleepiness after nausea and vomiting (Aeth.).

## Skin

- Periodical furuncles, abscesses which agg. head symptoms.
- Erysipelas, burning, itching, amel. cold.

Compl.

Ferr., Ip., Nat-m., Sep.

Dd

Aeth., Ars., Chin., Chinin-s., Chinin-m., Lyc., Nat-m., Ph-ac., Podo., Verat., Zing.

## # CINCHONA SUCCIRUBRA (chin-su.)

\* Neuralgic pains. Periodicity.

Mind

- Nervous over-excitement.
- FEAR OF MISFORTUNE, disaster, evil. Anxiety about the future.

Feeling of impending evil.

- Abundant ideas, making plans, in the evening, at night.
- Restlessness.
- Sensitive to touch, noise.
- Indolence on waking in morning.
- Mistakes in writing.

Generalities

- PERIODICITY: agg. 3 A.M. , 3 p.m.
- NEURALGIC PAINS amel. HARD PRESSURE.
- Weakness. Ailments from loss of vital fluids.
- Acute articular rheumatism.

Vertigo

- Whirling like a mill wheel.
- amel. Lying.

Head

- Headache, neuralgia: starts around 3 a.m. , lasting through the night, disturbing the sleep, agg. left side, amel. hard pressure.

Head pain of malaria origin (family history).

Eye

- Neuralgia, infraorbital, supraorbital.
- Very sensitive.
- Strabismus, periodical, alternate days.

Ear

- MENIERE. Noises with vertigo; agg. left side.

Face

- Neuralgia agg. left side, amel. pressure.

Abdomen

- Rumbling, distention, flatulence.
- Colic, agg. transverse colon, after eating.
- Enlargement of liver and spleen.

#### Rectum

- Diarrhea, involuntary.

#### Chest

- Intercostal neuralgia.

#### Back

- SPINAL IRRITATION, sensitive to touch, agg. leaning against chair.

#### Extremities

- Acute articular rheumatism, very sensitive joints.
- Sciatic neuralgia.
- Fullness of legs during fever.
- Edema of feet.
- Convulsions in left side with vomiting bile, diarrhea.

#### Skin

- Very sensitive to touch.
- Red rash. Urticaria. erythema nodosum.

#### Dd

Ars., Cedr., Chin., Chinin-ar., Cocc., Sal-ac., Sep., Spig., Stann., Thuj., Verb.

### # CHLORALUM HYDRATUM (chlol.)

#### Mind

- Emotional excitability. Hysteria, agg. pregnancy, labor.
- Talks to himself.
- Hurried and excited; walks up and down room talking to imaginary beings.
- Irresolution.
- Deceitful, sly.
- Melancholia. Childish behavior.
- Night terrors in children, agg. dentition.

#### Generalities

- Muscular prostration.
- Chilly.
- agg. Night, lying down, exertion.
- amel. Open air.
- Chorea, convulsions, during pregnancy, labor, in children.
- Dropsy.

#### Head

- Pain over eyes, ext. into eyes, agg. left side.

#### Eye

- Swollen.

- Ecchymosis.
- Inflammation from cold. Pustular inflammations.
- Conjunctiva injected with dark vessels.
- Colour-blindness; everything looks white.

#### Face

- Urticaria.
- Swelling eyelids.

#### Mouth

- Bleeding tongue. Blue streak like ink in centre.
- Ulcerative stomatitis.

#### Abdomen

- Gallstone colic.

#### Bladder

- Involuntary urination at night, towards morning.

#### Female genitalia

- Slow delivery.
- Menses irregular, painful.

#### Respiration

- Extreme dyspnea.
- Inspiration through nose, expiration through mouth, when lying on back.

#### Extremities

- Chorea.
- Urticaria.
- Eruptions and ulcers about nails.

#### Sleep

- Severe SLEEPLESSNESS, esp. with skin disorders; from over-fatigue.

#### Skin

- HIVES: itching; painful, burning, stinging (Urt-u.).
- URTICARIA, agg. ALCOHOLIC DRINKS, STIMULANTS, hot drinks.

Urticaria coming out AT NIGHT, disappearing during daytime.

- Ecchymosis.

#### Dd

Apis, Astac., Bomb-pr., Medus., Nat-m., Nux-v., Rhus-t., Sulph., Urt-u.

#### # CHLORAMPHENICOLUM (chloram.)

#### Mind

- Euphoria agg. after eating; with vertigo.
- Sad, discouraged agg. morning, amel. getting up.
- RESTLESSNESS, MUST MOVE.
- Impatience.
- Apathy.

- Delirium, mental confusion, hallucinations.

## Generals

- SENSATION OF HEAT. Desire to uncover.

- amel. Pressure.

- agg. After eating.

- Hemorrhagic tendency.

## Food and drinks

- Desire: Beer.

- Aversion: Sweets.

## Head

- Hammering, throbbing amel. holding head, pressing, agg. 2 a.m. to 5 a.m.

## Eye

- Difficult accommodation.

## Nose

- Epistaxis.

## Mouth

- Bleeding gums.

- Dry, with offensive odor and bitter taste.

- Glossitis. Stomatitis.

- Tongue black, hairy.

## Gastro-intestinal

- Appetite increased with stomach pain, agg. 11 a.m. ; with hollow sensation in stomach agg. afternoon, 5 p.m.

- Thirst for large quantities.

- Feeling of well-being in stomach.

- Intestinal spasms agg. evening. Colic and diarrhea agg. sweets.

- Tenesmus. Frequent urging not amel. stool.

- Icterus.

- Inflammation of rectum. Burning pain.

- Stool thin, soft, dark, scanty, offensive.

## Urinary tract

- Painful, frequent urination.

- Urine bloody.

- Pain left kidney.

## Chest

- Tachycardia.

- Vascular hypertrophy with bouts of arterial tension.

- Swelling axillae.

## Back

- Pain left side.

Sharp stitches lumbar region.

- Pain between shoulderblades.

- Lumbar and sacro-iliac pain, agg. right; ext. to right, between scapulae.

## Extremities

- Pain in patella.

## Sleep

- Sleepiness agg. after eating, 5 p.m.
- Sleepless from restless from heat of body.
- Waking 2 a.m. to 5 a.m. from headache.

## Skin

- Ecchymosis.
- Eruptions: red rash, vesicles, erythema.

## Dd

Apis, Arn, Ars-i, Carbn-s, Kali-i, Merc-c, Op, Phos, Puls, Ruta, Sec, Sulph.

## # CHLORPROMAZINUM (chlorpr.)

## Mind

- Changeable mood, irritability alt with apathy.
- Sadness. Feelings of failure.
- Quiet disposition.
- Anguish agg. 10 a.m. ; feels as if bad news will come.
- Short lasting amnesia, gasps in memory.
- Thoughts automatic.
- Absentminded. Distracted.
- Delusions of vision: Head with changing features, but skull remains the same.
- Catatonia: fixed position, immobile.

## Generals

- agg. Evening.
- Tubercular tendency.
- Slowing down of functions.
- Convulsions, epileptiform. Chorea with irregular jerking.
- Trembling. Stiffness.
- Diabetes. Hypoglycemia.
- Obesity, agg. lower part body.
- Hypotension.

## Head

- Pain: Frontal, occipital agg. evening.

## Cranial pains.

## Eye

- Burning lids agg. evening.
- Spasms ciliary muscles.
- Discoloration brown of conjunctiva.
- Pigmentary deposits cornea.
- Cataract both eyes.

## Face

- Expression immobile.
- Paresis of cranial nerves.

## Mouth

- Paralysis of soft palate.
- Paresis of one side of tongue.

## Throat

- Painful swallowing, sensation of lump.

## Gastro-intestinal

- Stiff sensation in stomach.
- Sensation of foreign body, stone in stomach.
- Colic hypogastric, agg. evening.
- Liver enlarged, sensitive. Icterus.
- Flatulence. Constipation.

## Urinary tract

- Swelling prostate gland.

## Male genitalia

- Sexual desire diminished.

## Female genitalia

- Leucorrhoea like egg-white.
- Amenorrhoea with increased milk.
- Discharge cervix.

## Chest

- Oppression, burning; pain behind sternum, agg. evening, 1 a.m. , 2 a.m.
- Milk increased.
- Development mammae in male.

## Back

- Stiffness lumbar region.

## Extremities

- Cold feet ext. to thighs.
- Pain muscles arms and calves.
- Ataxia.

## Sleep

- Sleepless between 1 - 3 a.m. ; with dreams of animals.
- Unrefreshed.

## Skin

- Pigment disorders.
- Sensitive to sunlight: erythema, edema.
- Discoloration violet.
- Vesicular eruptions.

## Dd

Anh, Cann-i, Cic, Hyos, Nat-m, Tub,

## # CHLORUM (chlor.)

### Mind

- Want of self-confidence.
- Homesickness.
- Anxiety at night in children.
- Fear of insanity.
- Loss of memory, esp. for names.
- Quiet delirium, alt. with restlessness.

### Generalities

- agg. After midnight till morning.
- agg. Lying down.
- Emaciation.

### Food and drinks

- Desire: Cloves.

### Head

- Headache with coryza.

### Eye

- Protruding.
- Lachrymation, agg. open air.

### Nose

- Coryza. Sudden running of excoriating fluid.

### Face

- Discoloration shy; bluis; bluis or black lips.
- Swollen.

### Mouth

- Dry.
- Black tongue, teeth.

### Larynx

- Severe SENSATION OF CONSTRICTION, esp. coming on during sleep, agg. midnight untill 7 a.m. , exhaling.
- SPASM OF GLOTTIS, vocal cords with sudden dyspnoea.
- Loss of voice from damp air.

### Respiration

- Obstructed breathing. Sensation of suffocation.
- Inspiration free, but cannot exhale.

### Cough

- Incessant dry cough. Croupy. Spasmodic.

### Extremities

- Convulsions, agg. lower limbs.

### Skin

- Sensitive.

- Urticaria.

Dd

Bell., Brom., Cor-r., Cupr., Dros., Hyos., Iod., Lach., Mang., Meph., Spong.

# CHOCOLATE (choc.)

Mind

- Mental activity. Excitement. Busy.
- Affectionate.
- Anticipation, agg. morning. Anxiety about future.
- Aversion to children, husband.
- Aversion to company, amel. alone.
- Impatient. Impulsive. Irritability to his children.
- Sensation of isolation; delusion separated from the world.
- Concentration difficult, vacant feeling.
- Delusion body divided; she is an animal.

Generals

- agg. 6 - 9 p.m.
- amel. Walking open air.
- Sides right then left.
- Symptoms appear suddenly.
- Desire to be covered, curled up. Desire to stretch and curled up afterwards.
- Weariness alt. with energy.
- Chilliness (but agg. heat).
- Flushes of heat agg. evening after eating, night.

Food and drinks

- Des.: fruit, juices, refreshing things, cold water.
- Av.: Sweets.
- agg. :Sweets, warm drinks.

Head

- Sensation of tightness round head, constriction.
- Enlarged feeling, agg. right.
- Heaviness, occiput; forehead, amel. eating.
- Pain left forehead, left eye, agg. bending, forenoon.
- Dandruff, large, dry flaky.

Eye/vision

- Eyes feel wider, as if lids pulled up.
- Photophobia.
- Vision acute.

Ear/hearing

- Buzzing or fullness, agg. left.
- Flushed and hot ears. Burning, red, ext. mastoid; agg. left, along edge.

- Pulsations ear and neck on going to sleep, agg. lying left side.

- Hearing acute.

Nose

- Coldness.

- Smell acute.

Face

- Salivation increased, agg. lying down.

- Taste diminished; of nicotine.

Throat/external throat

- Raw, sore agg. left, moving neck.

- Swollen glands, painful, agg. left, pressure.

Stomach

- Emptiness.

- Heartburn, agg. afternoon, evening, warm drinks.

Abdomen

- Gas and flatulence.

Rectum/stool

- Diarrhea. Soft stool difficult to pass.

Female genitalia

- Fishlike odor during coition.

- Pain vagina during coition.

Chest

- Cold feeling in lungs.

- Tightness back of heart.

- Heart stops beating at night.

- Heart attack. High blood pressure.

Back

- Coldness ext. up spine.

- Sensation of coldness on back, warmer on front.

- Cervical region stiff and tight.

Extremities

- Awkwardness hands.

- Lower limbs heavy, powerless, slow.

- Wandering pains.

- Coldness toes.

Sleep/dreams

- Position: on back.

- Dreams: relatives, babies, flying, journeys, confused.

Skin

- Dry.

- Numb.

Dd

Carv., Lac-c., Lac-h., Sep., Thuja

## # CICUTA VIROSA (cic.)

\* Spasmodic affections.

### Mind

- CHILDISH BEHAVIOR, silly, excited.

Delusion, he is a child again and acts like a child.

- Quiet disposition, contented, happy. Look "like an angel" after convulsions.

- Aversion to presence of strangers. Avoids the sight of people.

Lost confidence in men.

- Excessively affected by sad stories. Horrible things affect her profoundly.

- Mistrustful. Contemptuous. Discontent. Ill-humor.

- Impulsive. Ridiculous or foolish jesting.

- Starting from fright, noise.

- Violent. Moaning, howling, weeping.

- Answers when spoken to, yet knows no one.

- Stupid feeling.

- Memory blank for hours or days after convulsions.

- Retardation (Bufo, Bar-c, Bar-m).

- Sadness, dullness, retardation after head injury.

- Delirium with singing, dancing, funny gestures.

### Generalities

- SPASMODIC AFFECTIONS: Hiccough, jerks, spasms, tics, tetanus,

CONVULSIONS: VIOLENT.

Multiple: One fit followed by the other.

Before: Shrieking (Cupr., Op.)

Staring eyes. Jerks of eyeballs.

During: SPASMS MOVE DOWNWARD, with shocks through whole body.

Grimaces face. Redness of face with blue lips.

Drawing head backwards. Arching the back.

OPISTHOTONUS.

Biting tongue. Bloody foam from mouth. Lockjaw.

Spasms of diaphragm.

Vomiting (during or alternating).

After: LONG POSTICTAL STATE (over 30 min).

Dullness. Blank.

Childish behavior.

Loss of memory.

Strabismus.

Weakness of limbs.

agg. Touch, noise, during sleep, heat, being chilled.

After INJURIES TO HEAD, SPINE (Arn., Hyper., Nat-s.).

In pregnancy, eclampsia.

In meningitis, encephalitis.

From worms, suppressed eruptions.

Shocks as from electric sparks.

- amel. Thinking of complaints, warmth, rest.

- agg. Touch, noise, cold.

Food and drinks

- Desire: Indigestible things: coal, lime, chalk, clay, etc.

Head

- TURNED OR TWISTED TO ONE SIDE. Jerks.

- Head falls forward while staring at one point, eye directed upward.

- SUPPURATING ERUPTIONS on scalp with burning pains. Thick yellow scabs. (Oln.)

- One-sided stupefying headache, as from congestion, amel. sitting erect.

Headache amel. rising, flatus, thinking of it.

- Hot with cold limbs.

Eye

- CONVERGENT STRABISMUS, periodic, after injury, from fright, after convulsions.

- Rolling, jerking of eyeballs.

- Staring. Pupils dilated, insensible.

Ear

- Sudden detonations on swallowing.

- suppurating eruptions about ears.

Face

- DISTORTIONS, severe, frightful.

- Dark red.

- Tics, jerks.

- Suppurating eruptions. Pustules, burning, forming thick, yellow scabs.

Mouth

- Swelling of tongue. Difficult speech.

- Biting tongue.

- Grinding teeth.

- Difficult speech; seems to swallow syllables because of a jerk in the head on talking.

Throat

- Constriction.

Stomach

- Spasms of diaphragm. Hiccough.

- Vomiting with convulsions.

Abdomen

- Colic. Spasms.

Rectum

- Worms.

Male genitalia

- Testes drawn up.

## Female genitalia

- Spasmodic states when menses don't appear.
- Puerperal convulsions. Convulsions during labor.

## Chest

- Spasms in pectoral muscles.

## Back

- OPISTHOTONOS. BACK BENT BACKWARD.
- SPASMS AND CRAMPS IN CERVICAL MUSCLES.
- Jerking, tearing in coccyx during menses.

## Extremities

- Spasmodic contortions and fearful jerking.
- Shocks.
- Weakness after convulsions.

## Skin

- Purulent eruptions with thick, yellowish scabs and burning pains

## Compl.

Carb-v., Ferr., Kali-c., Sulph.

## Dd

Absin., Art-v., Bar-m., Bufo, Cupr., Oenan., Hell., Hydr-ac., Hyos., Hyper., Mygal., Op., Stram., Strychn.

## # CIMICIFUGA RACEMOSA (cimic.)

\* Muscular system, nervous system, female genitalia.

## Mind

- Excitable, lively, extroverted.
- LOQUACITY, changing subjects.
- Forceful.
- Sensitive, strongly reacting. HYSTERICAL. Nervous. Fidgety.
- Changeable moods. Desire to travel.
- Irritable about trifles.
- Vague, unclear in her descriptions.

Can't think straight, give proper answers.

- Phobic FEARS: INSANITY, death, being poisoned or murdered, impending evil.

Fears agg. pregnancy.

- SIGHING (Ign., Calc-p.).
- DEPRESSION, suicidal. Feels enveloped by heavy black clouds.
- Delusions encaged, caught in wires.
- Suspicious, refuses to take the medicine.
- Insanity from suppressed eruptions, menses; during pregnancy, labor, after labor.
- Very SENSITIVE TO NOISE DURING LABOR. Over-sensitive to pain during labor.
- Dullness with headache.

- Ailments from disappointed love.
- Mental and physical symptoms alternate.

#### Generalities

- agg. COLD, DRAFT.
- agg. EMOTIONAL STRESS.
- agg. MENSES.
- amel. Warmth.
- PAINS: neuralgic, shooting downward, radiating, go all over (Berb.), sore sharp, stitching, changeable.
- Chorea: around menses, with rheumatism, of side lain on.
- Fibrositis, SOFT TISSUE RHEUMATISM.

#### Head

- HEADACHE: with DULLNESS, confusion, paralysed mind, with STIFFNESS AND PAIN NECK, from vertex down to neck.
- Pain pressing outward, exploding.
- Soreness in occiput, agg. motion, amel. open air.
- Vertex feels as if it would fly off; or as if it opened and let cool air in.
- Sensation of cold air blowing upon brain.
- Waving sensation or opening and shutting of brain.

#### Eye

- Pain from eyes to vertex.
- Ciliary neuralgia. Shooting pains, as from a needle in eyeball, agg. closing eyes.
- Deep seated pain agg. motion eyes, amel. pressure.
- Asthenopia associated with pelvic troubles.

#### Ear

- Tinnitus.

#### Face

- Neuralgia amel. night.
- Flushes of heat.

#### Stomach

- Nausea and vomiting from pressure on spine and cervical region.
- Nausea in pregnancy.

#### Abdomen

- Soreness of abdominal muscles.

#### Rectum

- Diarrhea when rheumatism disappears.

#### Bladder

- Nervous urination.

Female genitalia

- DYSMENORRHOEA

agg. WHEN FLOW GETS MORE PROFUSE.

With rheumatism.

- Cramping, shooting pain across pelvis, from ovary to ovary, and in thighs.
- Laborpains, afterpains. Ovarian neuralgia.
- Menses/lochia suppressed from emotion, from cold.
- Labor pains weak, ceasing (Caul., Puls.).Pains extend across abdomen and into sides.
- Uterine prolapse.

Chest

- Intercostal neuralgia, agg. left side, motion.

Back

- RHEUMATIC PAIN, STIFFNESS, ESP. NECK, agg. draft.
- Stiffness and contraction in neck and back.
- Spasms, soreness of muscles along spine.

Extremities

- RHEUMATISM, esp. large muscles.

Stiffness.

Stitching, wandering, radiating pains.

Muscular soreness, agg. after exertion.

- Restlessness.
- Chorea. Jerks.
- Sciatica: pains darting about, stitching (Berb.).

Compl.

China

Dd

Calc-p., Calc., Caul., Der., Ign., Lac-c., Lach., Lil-t., Puls., Ran-b., Rhus-tox., Sal-ac., Sep., Tub.

# CINA MARITIMA (cina)

\* Intestinal irritation like in worms. Convulsions.

Mind

- IRRITABLE, excited, frantic. Offended at slightest joke .
- CROSS. Uneasy. Dissatisfied.
- Has tantrums. Cries. Cannot be quieted.
- Capricious (Cham.).
- Lachrymose and complaining.
- Indisposition to play.
- STRIKING, scratching, pinching his mother.
- Throw things away, directed at you (Tub.).
- Screaming, striking and biting.

- Disobedience. Not sensitive to punishment.
- TOUCHY (Ant-c.). Can't stand to be hold or touched. Cannot bear to be looked at. Refuses hair combing or cutting.
- INDIFFERENCE, AVERSION TO BEING CARESSED, but wants to be carried, rocked.
- Restless, can't sit still.
- Impelled to touch everything.
- Violent screaming attacks at night, striking and kicking with hands and feet.
- Abnormal consciousness. Precocious.
- Boring fingers into rectum or nose.

#### Generalities

- CONVULSIONS

Before: Headache.

During: Becomes stiff; with gurgling noise from throat to abdomen.

Lies on back, screams, kicks and strikes with hands and feet.

Head bent backwards.

After: Headache.

Cold perspiration on head.

Pale, cold, bloated face with blueness around mouth.

Twitching limbs.

Sleepiness.

agg. Night.

From worms, anger, being scolded, punished, touched.

- agg. Night; cold, open air; cold water; yawning.

Food and drinks

- Desires: Capricious appetite. Sweets.
- Aversions: Mothers milk.

Head

- Always leaning head sideways. Turns head from one side to another.
- Meningeal irritability, esp. from worms.
- Head jerked backwards.
- Headache before and after epileptic attack.

Eye

- Strabismus, esp. from abdominal irritation.
- Convulsive movements of muscles of eyebrows.
- Fatigue. Pain when using eyes by a light.
- Lachrymation from cough.
- Vision of colors is altered.

Ear

- Digging and scratching in ears.

Nose

- PICKING AND RUBBING nose all the time (Arum-t.). Boring in nose with finger. Rubs nose on pillow.

Face

- PALE OR BLUIISH AROUND MOUTH. Dark circles around eyes.
- One red, one pale cheek.
- Bloated.
- Pale and cold, or red and hot, can also alternate.
- Choreic movements. Twitchings.

#### Teeth

- Grinding teeth, during sleep.

#### Throat

- Gurgling sound in esophagus, agg. during convulsions, swallowing, cough.

#### Stomach

- Excessive appetite, soon after eating. Changeable appetite.
- Hiccough.
- Gagging from cough.

#### Abdomen

- Painful twisting, rolling about navel.
- Region of navel very sensitive to touch.
- Colic in newborns.
  - Bloated and hard.
  - Unpleasant warm feeling.

#### Rectum

- WORMS, esp. pinworms.
- ITCHING.
- Diarrhea with cramping pain amel. pressure, desires to be carried over shoulder, lies on abdomen.
- White mucus in stool like little pieces of pop-corn.

#### Larynx/trachea

- Spasm from touch.

#### Cough

- Violent cough ending in spasms. Whooping cough (Dros.).
- Choking, suffocative, hacking cough morning after rising.
- Paroxysmal. Periodic.

#### Respiration

- Short, interrupted.

#### Extremities

- Spasms, twitching, jerking of hands and feet.
- CONVULSIONS OF EXTENSOR MUSCLES.
- Sudden inward jerking of fingers of right hand.
- Spasmodically stretching of feet.

#### Spasmodic closure of hand.

- Stiffness before cough.

#### Sleep

- Position: On abdomen or genu-pectoral.
- Yawning.

- Night-terrors.

- Restless.

Compl.

Calc., Dros., Rat., Sil., Sulph., Sul-i.

Dd

Ant-c., Art-v., Arum-t., Bell., Cham., Hyos., Mag-c., Spig., Stram., Tub.

# CINNABARIS (cinnb.)

(mercurius sulphuratus ruber)

Mind

- Cheerful, exhilaration, walking in open air.
- Thoughts intrude and crowd around each other.
- Nervous excitement over trifles.
- Sensitive to slightest noise.
- Mocking, sarcasm. Sulky.
- Sadness after eating.
- Indifference, indolence with sleepiness.
- Delusion he is well.

Generalities

- Similar to Mercury.
- Sensitive to touch.
- amel. Open air; rest.
- agg. NIGHT; summer; walking.
- While lying on right side, feels as if contents of body were being dragged to that side.
- Red discolorations.

Head

- Congestion to vertex and forehead, fullness, agg. after eating.
- Intense headache, cannot raise head from pillow, amel. pressure.

Eye

- Pains from lachrymal duct around eye to temple, from inner canthus across brows to ear.
- Shooting pains in orbital bones, esp. from inner to outer canthus.
- Redness of whole eye.

Nose

- Pain like a saddle at root, agg. pressure of glasses.
- SINUSITIS.
- Nasopharyngeal catarrh. Stringy mucus from posterior nares to throat.

Face

- Hot and swollen, esp. about eyes.

Mouth

- Fiery looking ulcers.

## Throat

- Dryness and irritation.
- Fiery looking ulcers.
- Disposition to swallow from fullness.

## Stomach

- Heat ext. to neck and head, agg. night, amel. rising up in bed.
- Appetite increased.

## Abdomen

- Flashes of heat with great flatulence.
- Swelling inguinal glands.

## Rectum

- CONDYLOMATA.
- Bloody stools

## Male genitalia

- CONDYLOMATA on prepuce (fan shaped), easliy bleeding on touch.
- Excoriation of penis.
- Inflammation of glans and prepuce with redness, violent itching with profuse secretion of pus.
- Small red pimples on glans. Ulcers on penis. Chancres.
- Phimosis.
- Offensive, acrid perspiration between scrotum and thighs.

## Extremities

- Pain in long bones when barometer lowers.
- Pain from hip-joint downward, agg. night.

## Skin

- FIERY RED ULCERS.
- Itching as if pimples were coming out.
- Condylomata, easily bleeding.

## Sleep

- Sleepy during daytime, sleepless at night (Staph.).

## Compl.

## Thuj.

## Dd

Hydr., Kali-bi., Kali-chl., Merc., Nat-s., Nit-ac., Sep., Stict., Thuj., Sulph.

## # CISTUS CANADENSIS (cist.)

\* Upper respiratory problems. Glandular affections.

## Mind

- Ailments from anger, emotional excitement.
- Feels paralysed when angry
- Cheerful while eating.
- Restlessness at night.

## Generalities

- CHILLY, agg. COLD, agg. cold air, agg. inhaling cold air.
- COLD SENSATION IN VARIOUS PARTS, agg. perspiring.
- agg. WINTER.
- Frequent UPPER RESPIRATORY problems.
- Frequent colds in winter, esp. nasopharynx.
- Flabby, worn out (Calc.).
- Suppurations.
- Discharges: thick, yellow, offensive.
- GLANDS, ENLARGED, SUPPURATED, ESP. CERVICAL.

## Food and drinks

- Desires: CHEESE, acid food and fruit, pungent.

## Head

- Coldness in forehead agg. warm room.
- Headache when missing noon meal.

## Eye

- Cracks in canthi.

## Ear

- Eruptions.
- Offensive discharges.

## Nose

- CHRONIC CORYZA, SINUSITIS. agg. Left side.
- Pain, cold sensation, burning and sneezing when inhaling cold air.
- Pressing pain at root of nose.
- Nose feels best when full of mucus.

## Face

- Swelling and inflammation of parotids.
- Lupus.
- Cancer of lower lip.
- Caries of lower jaw.
- Eruptions.

## Mouth

- Tongue, breath and saliva feel cold.
- Pyorrhoea. Hurts to protrude the tongue.

## Throat

- Chronic post-nasal drip, thick mucus.
- Tonsillitis. Pain when inspiring cold, dry air.
- Coldness agg. inhaling cold air.
- Dryness, agg. after sleep, must get up to drink.

## External throat

- Malignant diseases of glands.
- Enlarged glands like knotted cords. Suppuration of glands.
- Goitre.

## Stomach

- Cold feeling in stomach before and after eating.
- Cold eructations.

## Abdomen

- Cold feeling.

## Rectum

- Chronic diarrhea, with goitre, agg. coffee, fruits, wet weather.

## Female genitalia

- Bad smelling leucorrhea.
- Cancer.

## Respiration

- Asthmatic agg. lying down, amel. fresh air.

## Chest

- Coldness in chest.
- Induration and inflammation of mammae, agg. left. Cancer.

## Back

- Bruised, burning pain in coccyx, agg. contact, prevents sitting.

## Extremities

- Coldness. Finger tips very sensitive to cold.
- Eruptions on finger tips.
- Horny callosities with deep cracks from manual labor.

## Skin

- Hard, thick, dry and cracked (hands, palms, fingers), agg. winter.
- Herpetic eruptions.
- Lupus.

## Compl.

Bell., Carb-v., Mag-c., Phos.

## Dd

Aran., Calc., Carb-v., Hep., psor., Rhus-t., Sep., Sil.

## # CLEMATIS ERECTA (clem.)

\* Genito-urinary organs. Skin. Glands.

## Mind

- Ailments of homesickness. Melancholy.
- Fear being alone, with aversion to even agreeable company.
- Peevish, dissatisfied without any cause.
- Cheerful alt. with sadness, followed by irritability.
- Confusion amel. in open air.
- Indifference. Indolence amel. evening.

## Generalities

- GLANDS, HARD, SWOLLEN, PAINFUL, esp. testes, mammae, ovaries.

- agg. Motion, touch, night, cold/wet.
- Ailments from suppressed gonorrhoea.
- Neuralgic pains amel. perspiration.

#### Head

- Eruptions on occiput, margin of hair, ext. to neck moist, pustular, purulent, drying up in scales, sensitive, painful, itching agg. bedwarmth, amel. temporarily by scratching.

#### Eye

- Conjunctivitis. Blepharitis, Iritis.
- Sensitive to cold air, must close them.
- Photophobia.
- Burning pain, as if on fire, agg. closing eyes.
- Acrid lachrymation.
- Letters run together while writing; diplopia with flickering.

#### Nose

- Purulent pimples, painful on touch, at root and tip of nose.

#### Face

- White vesicles as from sunburn, on nose and cheeks, about lips; purulent pimples.
- Neuralgia, agg. lying on painful side, touch, right side, amel. holding cold water in mouth.
- Cancer of lip.
- Swelling of submaxillary glands with hard tubercles, pain agg. touch.

#### Teeth

- Pain: agg. warm drinks, amel. cold drinks (Cham., Coff., Puls.), amel. from inhaling cold air over teeth, agg. tobacco.

#### Stomach

- Sensation of coldness.

#### Abdomen

- Painful swelling and induration of inguinal glands, agg. right, walking, night.
- Stitching pain ext. to chest, connected with cystitis.

#### Urinary

- Interrupted urination, urethra feels constricted. Urine dribbles.
- Commencing stricture of urethra, feels like a large whip cord, painful on pressure.
- Pain at night along spermatic cord.
- Cystitis: Burning pain at beginning of micturition or during interruptions.

Pulling in spermatic cord while urinating.

Unable to pass all urine, dribbling afterwards.

#### Male genitalia

- ORCHITIS: agg. RIGHT SIDE, SWOLLEN, STONY HARD, SORE pain agg. night, HEAT OF BED, sensation as if testes drawn upwards, after suppressed gonorrhoea (Staph., Puls., Med., Thuj.).

## Female genitalia

- Cancer of uterus.
- Painful swelling of ovaries.

## Chest

- Swelling and induration of mammary glands. Cancer.
- Axillary glands swollen.

## Extremities

- Weakness lower limbs after smoking.
- Rheumatism of hands and fingers with nodosities; after suppressed gonorrhea.

## Sleep

- Great sleepiness during daytime, sleepless at night (Staph.).

## Skin

- Vesicular eruptions, eczema, herpes zoster;

burning, stinging, itching,

agg. heat of bed, washing, esp. cold.

Eruptions red and moist with increasing moon, dry and pale with decreasing moon.

Compl.

Merc.

Dd

Arg-m., Arn., Brom., Con., Graph., Merc., Olnd., Puls., Rhod., Rhus-t., Staph., Thuj., Sulph.

## # COBALTUM METALLICUM (cob.)

\* Complaints associated with affections of back.

## Mind

- Sense of guilt. Thinks too little of himself.
- Reproaches himself. Delusion has done wrong and cannot look anyone in the face.
- Delusion that he is a criminal and others know it.
- Ailments from emotional excitement.
- Dullness with hard stools.

## Generalities

- agg. EMISSIONS, sitting, motion.
- Discharges frothy.

## Vertigo

- During stool.

## Head

- Headache with severe pain in back, amel. open air, stooping, jarring.
- Fullness, enlarged feeling, agg. on stooping, bending head forward.
- Sensation as if brain went up and down on stepping.

## Face

- Disposition to keep jaws tightly locked.

## Mouth

- Cracks across middle of tongue.

Abdomen

- Yellow-brown spots.

Stool

- Like hazelnuts.

Male genitalia

- IMPOTENCY AND NOCTURNAL SEMINAL EMISSIONS WITHOUT ERECTIONS, wakes up from lewd dream, agg. lying on back.

SEMINAL EMISSIONS WITH BACK PROBLEMS (Nat-p., Sel.), caused by spinal problem.

- Pain in right testicle amel. after urination.

Back

- PAIN IN BACK AND SACRUM, lumbago, sciatica agg. SITTING, coition, amel. walking, lying.

- Weakness after seminal emission.

Extremities

- Weakness lower limbs after coition.

- Weak knees.

- Trembling of legs while sitting.

- Flushes of heat along legs.

Dd

Agn., Calad., Graph., Lyc., Nat-p., Sel., Staph., Sulph., Titan.

# COBALTUM NITRICUM (cob-n.)

Mind

- Two phases: excitement, over-active, later sadness, inhibition.

- Sadness, difficult concentration with headache.

Sadness agg. morning.

- Morose.

- Weakness of memory agg. morning.

- Anxiety.

Generals

- agg. Morning.

- amel. Afternoon, evening; eructation.

- Weakness, on waking, agg. morning.

- Emaciation.

Food and drinks

- Desire: Potatoes, drinks.

Vertigo/head

- Vertigo on rising, cannot stand, agg. motion head.

- Numb, as tied by a band.

- Sensation of heat with cold feet.

- Pain: frontal pressing, as if skull sunken above eyes.

- Itching scalp.

Eye/vision

- Eyelids swollen, heavy.

- Boring pain left eye.

- Sensation of a veil agg. writing.

- Difficulty focussing for close work.

Nose

- Sudden epistaxis.

Face

- Vesicles on margin of lips.

- Pale, emaciated.

Throat

- Dry, need to clear, difficult swallowing.

Gastro-intestinal

- Sensation of acidity and emptiness in stomach after eating.

- Intestinal rumbling amel. eructations.

- Pressing pain abdomen, ext. to back.

Urinary tract

- Urine dark, odor of garlic.

Male genitalia

- Sexual desire wanting.

Female genitalia

- Metrorrhagia.

- Sexual desire wanting.

Chest

- Palpitations with sensation of rolling below ribs.

- Pain left side, agg. respiration.

Back

- Dorsal pain with heat and headache.

Extremities

- Cyanosis.

- Heaviness legs, painful, agg. morning.

- Trembling hands.

- Cold feet.

- Numbness legs, limping, as from exercise, walking.

- Vesicular eruption handpalms.

Sleep/dreams

- Deep.

- Unrefreshing.

- Dreams: Falling from height, amorous, unpleasant.

Skin

- Urticaria agg. after midnight.

- Pale. Vitiligo.

Dd

Anac, Con, Graph, Ol-an, Plb, Sil, Thuj,

# COCA (coca)

\* Complaints as in mountain climbing.

Mind

- BASHFUL TIMIDITY. Anticipation, stage fright.
- Weakness of will.
- Fear of high places, downward motion, letting things fall.
- Forsaken feeling, sensation of isolation.
- Delusion carried into space, separated from the world.
- Personal appearance neglected.
- Want of moral feeling.
- Confusion amel. coffee, washing face.
- Nervous exhaustion, in businessmen.

Generalities

- ALTITUDE SICKNESS: weak, dizzy, headache, palpitations, shortness of breath.
- agg. Mental or physical strain.
- agg. Ascending (Calc.). Cold.
- amel. Open air.
- Effects of alcohol and tobacco.
- Very little need for nourishment, even during heavy work.

Food and drinks

- Desire: Stimulants.
- agg.: Salt.

Vertigo

- amel. lying on face.

Head

- HEADACHE OF HIGH ALTITUDES.
- Headache, fullness over eyebrows, from temple to temple, raising head, turning eyes up.

Eye

- Flickering, flashes before vertigo, headache, nausea.
- Pressure and pain.
- Heaviness of lids.
- Loss of vision ascending stairs.

Ear

- Tinnitus.

Stomach

- Loud eructations, rising with violence, as if esophagus would split.

Abdomen

- Tympanitic distention. Colic.

- Dysentery of high altitudes.

Male genitalia

- Impotency, seminal emissions and dreams.

Coldness, relaxation of parts.

Sensation as if penis were absent.

Female genitalia

- Menses flow in gushes, wakening from sleep.

Larynx/trachea

- Loss of voice. Hoarseness.

Respiration

- Dyspnoe agg. ascending, exertion, in aged athletes, alcoholics, elderly people.

Cough

- From cold air, walking fast.

Chest

- Weakness of lungs. Emphysema.

- Violent, audible palpitations from climbing, over-exertion.

Back

- Flushes of heat up the back.

Extremities

- Crawling numbness in hands and fingers.

- Internal coldness.

Skin

- FORMICATION

SENSATION OF WORM CRAWLING UNDER SKIN,

SENSATION OF SAND UNDER SKIN.

amel. Touch.

Compl.

Fl-ac.

Dd

Anh., Arn., Ars., Calc., Cann-i., Cocain., Carb-v., Kali-p., Nux-v., Rhus-t.

# COCCULUS INDICUS (cocc.)

\* Neurological symptoms. Seasickness.

Mind

- Mildness. Sensitive to rudeness.

- CARES ABOUT OTHERS. Anxiety about health.

- Ailments from nursing the sick, grief.

- Sympathetic.

- Serious and rather introverted. Sentimental.

- Dwells on past disagreeable occurrences (Nat-m.).

- Sensitive mood, everything worries and offends.

- Starting at trifles.
- Later: Dullness, stupefaction.
- Slow to answer a question (Alum., Hell., Ph-ac.). Slow thinking.
- Time passes too quickly.
- Weakness of memory for what has just thought.
- Loquacity, dancing, singing in state of excitement.

#### Generalities

- agg. 'NIGHT-WATCHING' = CARES ABOUT OTHERS + LOSS OF SLEEP.
- agg. RIDING IN A CAR, ON SHIPBOARD.
- agg. MOTION.
- agg. Cold air, menses.
- WEAK NERVOUS SYSTEM: Paralysis, slowing down of functions, slow reaction to prick with a pin (Alum., Hell., Plb.).
- M.S. , A.L. S., Alzheimer.
- Numbness of single parts, as if gone asleep.
- Paralysis of parts that have been at rest.
- Convulsions, twitchings.
- Weakness

agg. riding in a car

agg. rising from the bed

during menses, can scarcely stand

from alcohol: tremendous drunken state, confusion.

- Stretching after lying down, at night in bed.
- Sensation of hollowness, or emptiness.

#### Food and drinks

- Desire: Beer, cold drinks, mustard.
- agg. : Alcohol.

#### Vertigo

- Spinning in all directions.
- agg. WATCHING MOVING OBJECTS (Jab.).
- agg. RIDING IN A CAR, looking at objects outside.
- agg. Loss of sleep.
- HAS TO LIE DOWN. NAUSEA and vomiting on rising.
- Feels drunken.

#### Head

- OCCIPITAL HEADACHE with vertigo, nausea;
- agg. Lying on back of head, from riding in a car, loss of sleep, coffee, alcohol, eating or drinking, cold air;
- amel. warm room, warm bed, bending backwards.
- Sensation of emptiness.
- Opening and shutting sensation of occiput.
- Sensation of constriction of brain; feels rolled up into a small ball.

#### Eye

- Objects seem to move up and down.

#### Ear

- Noises and impaired hearing. Stopped sensation.

#### Face

- One-sided paralysis.

- Neuralgia, radiating, ext. to fingers.

- Heaviness of eye lids.

#### Mouth

- Tongue feels paralysed, difficult speech.

#### Stomach

- NAUSEA FROM RIDING IN CARS, ON BOAT, LOOKING AT MOVING OBJECTS, motion.

From thought or smell of food` (Colch.);

WITH VERTIGO.

- Vomiting and nausea, with vertigo, on rising from bed, has to lie down.

- Emptiness, weak feeling.

- Gastralgia from suppressed menses.

#### Abdomen

- Flatulent colic, from nervousness, not amel. passing flatus, agg. night, coughing, menses, pregnancy.

- Pain as if sharp stones were moving, amel. lying on side.

- Pain in hepatic region, agg. coughing, stooping, anger.

- Weakness of muscles: umbilical and inguinal hernia.

- Hollow sensation.

#### Rectum

- Diarrhea from riding in cars.

- Constipation from paralytic problems.

- Hemorrhoids after menses.

#### Bladder

- Frequent desire to urinate in pregnant women.

- Paralysis.

#### Female genitalia

- Severe DYSMENORRHEA with weakness, cramps, distention and colic.

- Menses too early, profuse, dark.

#### Respiration

- Hysterical asthma.

#### Chest

- Sensation of emptiness.

- Palpitation with vertigo and faintness, agg. quick motion, excitement.

#### Back

- Weakness: Neck is too weak to support the head.

- Weakness with neurological problems.

- Paralysis from small of back downward (bladder, rectum, lower limbs).

#### Extremities

- Heaviness and weakness, progressing towards paralysis.

- One-sided paralysis, agg. after sleep.
- Incoordination. Awkwardness. Trembling.
- Numbness of feet. Numbness of hand on holding objects.
- Feet and hands go to sleep alternately.
- Painful stiffness joints.
- Knees crack on motion.
- Arthritic conditions with edema.

#### Sleep

- SLEEPLESSNESS from mental or physical exhaustion, from cares.

#### Skin

- Red pimples, itching at night in bed, agg. undressing.
- Ulcers, very sensitive to contact.

#### Compl.

#### Petr.

#### Dd

Agar., Alum., Ant-c., Bry., Calc., Con., Gels., Hell., Ign., Ip., Nat-m., Puls., Ph-ac., Plb., Sil., Staph., Sym-r., Tab., Valer., Zinc.

#### # COCCUS CACTI (coc-c.)

\* Affects mucus membranes.

#### Mind

- Sadness 2-3 a.m. or p.m.
- Anxiety after eating, 2-3 a.m.
- Apprehensive, irritable, fretful.
- Confusion amel. open air.

#### Generalities

- agg. Winter, cold weather.
- agg. Warm room.
- amel. Open air.
- Catarrhal conditions of mucus membranes.
- DISCHARGES STRINGY, THICK.

#### Head

- Congestion. Dull pressive headache, agg. jar, motion.

#### Eye

- Sensation of foreign body.
- Conjunctivitis.

#### Ear

- Stopped sensation. Impaired hearing.
- Roaring as from a storm.

#### Nose

- Coryza. Thick, viscid mucus in nasopharynx. Sneezing.

- Burning as of pepper.

#### Face

- Purple, red on coughing.

#### Mouth

- Sensitive: Rinsing the mouth, brushing teeth, loud speaking gives vomiting or cough.

#### Throat

- ACCUMULATION OF THICK, VISCID MUCUS, difficult to detach.

- RAWNESS, SCRAPING, TICKLING, agg. warmth in bed.

- Nausea in throat.

- Food comes back on swallowing.

#### Stomach

- NAUSEA, VOMITING, RETCHING FROM IRRITATION IN MOUTH OR THROAT.

#### Abdomen

- Pains in left hypochondrium.

- Flatulent distention.

#### Urinary organs

- Renal colic.

- Urinary calculi: brick-dust sediment.

- Constant urging to urinate.

#### Female genitalia

- Menses: Profuse, black, thick, dark clots.

Flow only when lying down.

- Metrorrhagia: vagina becomes packed with clots, bladder cannot be emptied.

#### Larynx

- SENSATION OF A CRUMB. TICKLING waking at night.

- Fatigue of vocal organs, voice becomes rough and hoarse.

- Croup from exposure to cold, amel. cold air.

#### Cough

- Paroxysmal. Spasmodic cough.

- Whooping cough.

- From TICKLING in throat, chest, rinsing mouth, brushing teeth; exposure to cold.

- agg. 11.30 P.M. , 6 a.m.

- agg. warm room, warm drinks.

- amel. DRINKING, esp. COLD DRINKS (Caust., Cupr.), COLD AIR.

- WITH RETCHING, VOMITING.

#### Expectoration

- THICK MUCUS, ROPY (Kali-bi.).

#### Back

- Coldness.

- Violent pain in region of kidneys.

#### Extremities

- Sensation of splinter under fingernails.

#### Dd

Berb., Caust., Cupr., Dros., Kali-bi., Rumx., Spong.,

## # COFFEA CRUDA (coff.)

\* Nervous sensitivity.

### Mind

- NERVOUS EXCITABILITY.
- SENSITIVE TO ALL STIMULI, PAIN. Impressionable.
- AILMENTS FROM EXCESSIVE JOY, sudden pleasant surprises.
- Highly sensitive persons. Excitable, cheerful, happy.
- Later: Overexcitement, agitation, nervousness, fear.
- Fear of death from pain, during labor.
- Mildness. Easy suppressed (Staph.). Sentimental.
- Less will power to make a decision. Insecurity inside.
- Moments of great euphoria, ecstasy.
- Laughing alt. with crying.
- Easy comprehension. Perceive rapidly (Lach., Phos., Sulph., Verat.).
- Racing mind (Med., Lach.). Hurried (Tarent.).
- Lively fancies. Full of plans for the future (Chin.).
- Memory active until midnight. Clearness of mind in evening, at night.

### Generalities

- INCREASED SENSIBILITY OF SENSES.
- Neuralgic pains.
- agg. Noise, touch, odors, stimulants.
- agg. Anger, excitement, excessive joy, pleasant surprises.
- agg. Odors, taste.
- agg. Open air.
- amel. Sleep. Warmth (except face and toothache).
- Weakness.

### Head

- Headache agg. joy, noise, narcotics, footsteps, music, touch, etc.
- Pain as if a nail were driven in head (Ign., Spig., Thuj.).
- Congestion while speaking, after pleasant surprise.

### Eye

- Can read fine print better. Power of vision increased.

### Ear

- Acute hearing, overhears distant sounds. Noise hurts.
- Hardness of hearing with noise of buzzing.

### Nose

- Acute, sensitive smell.

### Face

- Neuralgia agg. noise, excitement, joy; amel. cold, ice.

- Heat with red cheeks.

#### Mouth

- Acute taste.

#### Teeth

- Pain amel. holding cold water in mouth.

Pain ext. to fingertips.

With restlessness and anxiety.

#### Stomach

- Hasty eating and drinking. Appetite increased.

- Intolerance of tight clothing.

- Thirst at night, wakens him.

#### Abdomen

- Intolerance of clothing.

- Colic which seems unendurable, intestines feel cut to pieces.

#### Male genitalia

- Hot, itching. Desire increased.

- Nocturnal emissions followed by loquacity and irritability.

#### Female genitalia

- Dysmenorrhea. Severe afterpains and labor pains with fear of death.

- Hypersensitive to touch (Plat.), can hardly bear a napkin during menses.

- Voluptuous itching, but too sensitive to rub or scratch.

- Menses too early, long-lasting, large clots of black blood.

#### Cough

- Short, dry, hacking, nervous cough, agg. night, after measles; with sleeplessness and anxiety. Feels exhausted after coughing.

#### Chest

- Violent, irregular palpitations from excessive joy or excitement.

- Sudden rise of blood pressure.

- Emaciation of mammae.

#### Extremities

- Sciatic neuralgia agg. motion, afternoon, night, amel. pressure.

- Trembling of hands if trying to hold them still.

- Pain in limbs agg. noise.

- Pains extend to fingers.

#### Sleep

- SLEEPLESSNESS

At night, sleepy all day (Staph.).

FROM MENTAL EXCITEMENT, after excessive joy.

- Waking with many thoughts/ideas.

- Waking from slight noise.

#### Compl.

Acon.

Dd

Acon., Ang., Asar., Cham., Chin., Nux-v., Op., Phos., Ther., Zinc.

## # COLCHICUM AUTUMNALE (colch.)

\* Arthritic conditions, gout. Gastro-intestinal problems.

### Mind

- Discontented. Irritable.
- Irritable from the pains.
- Sensitive to all external impressions.
- Starting during sleep.
- Sensitive to and ailments from rudeness; misbehavior of others.
- Indifference, does not complain unless questioned.
- Deficiency of ideas from any interruption.
- Weakness of memory. Difficult concentration.

### Generalities

- agg. TOUCH, MOTION.
  - agg. Cold, wet weather.
  - agg. Changes of weather, fall (diarrhea), spring.
  - agg. Evening, night.
  - amel. Warmth, rest; bending double.
  - SENSITIVE TO ODORS: nausea, vomiting, fainting.
  - Dropsy: hands and feet, with pitting on pressure.
- pericardium, pleurae, serous sacs, abdominal cavity.
- Alternation of arthritis and gastro-intestinal (Kali-bi.).

### Food and drinks

- Desire: Wine, coffee, mustard, cold drinks.

### Head

- Neuralgic, tearing pains of scalp.
- Stiffness, agg. motion.

### Eye

- Violent tearing pains; pain in and around eyeball ext. occiput.
- Blepharitis with swelling. Kerato-iritis with pus in chamber of eye.
- Bluish spots on cornea.
- Left pupil contracted.

### Ear

- Hearing acute.

### Nose

- ACUTE SMELL, esp. of cooking, fish and eggs; gives nausea and faintness.

### Face

- Pinched, sunken, sickly. Yellow spots.
- Tingling as after being frosted.
- Pain behind angle of right lower jaw.

## Mouth

- Tongue: Brown, dry, burning. Heavy, stiff, numb.

## Stomach

- NAUSEA from SIGHT, ODOR OR THOUGHT OF FOOD, ESP. ODOR OF FISH AND EGGS.
- Nausea agg. pregnancy, amel. lying quietly.
- Gouty gastralgia.
- Vomiting of mucus, bile, food, agg. motion (Bry.).
- Burning or coldness.

## Abdomen

- FLATULENCE, distention. Trapped gas.
- Distention of caecum and ascending colon.
- Colic agg. eating, amel. bending double.
- Colitis ulcerosa, crohns disease.

## Rectum

- Flatus, offensive.
- Unsatisfactory urging.
- Diarrhea, esp. in autumn (warm days, cold nights) (Dulc.).
- Stool: transparent, jelly-like mucus (Kali-bi.), white shreddy particles, orange-yellow, slimy, with bright-yellow flakes.

## Urinary

- Nephritis with very dark, ink-like, albuminous urine.
- Pain kidneys agg. stretching legs, can only lie on back.
- Kidney stones.
- Other symptoms amel. when sediment in urine.

## Female genitalia

- Pain ovaries, amel. bending double.

## Respiration

- Dyspnea amel. bending forward.

## Chest

- Chest seems squeezed by a tight band.
- Rheumatic heart diseases (Abrot., Kalm.).
- Oppression in region of heart amel. walking.
- Fullness heart when lying on left side.

## Back

- Violent pain in region of kidney amel. lying on back, drawing up legs.

## Extremities

- ARTHRITIS, GOUT.

Wandering pains (Berb., Form., Kali-s., Puls.),

PAIN agg. SLIGHT TOUCH, MOTION (Bry).

Pain from left to right.

Alternating with sediment and offensive urine (Benz-ac.).

Associated with: flatulence or strong nausea.

- Edema and coldness of legs and feet.

- Paralytic pains in arms, cannot hold anything.

Sleep

- Sleepless while lying on left side.

Compl.

Ars., Spig.

Dd

Abrot., Ars., Benz-ac., Berb., Carb-v., Cocc., Kalm., Merc-c., Sep.

# COLLINSONIA CANADENSIS (coll.)

\* Portal, pelvic congestion: hemorrhoids, constipation.

Mind

- Ailments from emotional excitement.

- Irresolution.

Generalities

- agg. Night. Pregnancy. Excitement.

- Dropsy from heart disease.

- Faintness from pain in abdomen.

Food and drinks

- Desire: Cheese.

Head

- Headache when constipated, from suppressed hemorrhoids.

Nose

- Chronic nasal catarrh.

Mouth

- Yellow coated tongue. Bitter taste.

Throat

- Chronic catarrh.

Abdomen

- Dull pain in liver region.

- Cutting pain followed by yellow stool with mucus and blood.

Rectum

- HEMORRHOIDS

Sensation of sharp sticks (Aesc.) or sand.

agg. Night.

Bleeding.

ALTERNATING WITH HEART TROUBLE.

- Sensation of constriction.

- CONSTIPATION, alt. with diarrhea, agg. pregnancy.

- Hard stool.

- Itching.

Male genitalia

- Varicocele.

Female genitalia

- Dysmenorrhea and constipation.

- Swelling and dark redness.

- Pruritus vulva.

- Prolaps uterus.

Larynx

- Hoarseness from overuse of voice.

Expectoration

- Bloody after suppression of hemorrhoids.

Chest

- Palpitations alt. with hemorrhoids.

Extremities

- Sensation of swelling.

Dd

Aesc., Aloe, Gamb., Grat., Ham., Lyc., Nux-v., Paeon., Podo., Rat., Sulph.

# COLOCYNTHIS (coloc.)

\* Neuralgic pains, colic, amel. pressure.

Mind

- Proper, strong opinions.

- Reserved, tries to hide complaints.

- Easily offended. Irritability.

- agg. Contradiction.

- agg. Mortification, indignation.

- Humiliated from small things.

- Restlessness, irritable with pain.

Generalities

- PAIN: VIOLENT, NEURALGIC, CRAMPING, CONSTRICTING

amel. PRESSURE,

FROM ANGER, INDIGNATION, VEXATION.

With restlessness and weakness.

Food and drinks

- agg. Farinaceous food, potatoes.

- amel. Coffee.

Head

- Sharp cutting pains, one-sided, amel. pressure, heat, coffee.

Eye

- Sharp pains amel. pressure.

- Gouty affections.

- Glaucoma, stony hard eyeballs.

## Face

- Neuralgia, esp. left side, agg. touch, amel. pressure.

## With chilliness.

- Distorted.

## Teeth

- Neuralgic toothache, one-sided, daily, ext. to face, ear, head.

## Stomach

- Thirst increased.

- Nausea and vomiting when pains get intense.

- VIOLENT PAINS, ESP. PIT OF STOMACH, amel. PRESSURE, BENDING DOUBLE, from vexation, indignation.

- Colic amel. coffee.

## Abdomen

- AGONISING PAINS amel. PRESSURE, BENDING DOUBLE, drawing up legs, coffee, tobacco, agg. least food or drinks.

- Intestines feel squeezed between stones.

## Rectum/stool

- Diarrhea agg. least food or drink; from anger, indignation, vexation.

- Tenesmus.

## Urinary

- Spasms of bladder, after operation on orifices.

- Catarrh of bladder with discharge as white of egg (Nat-m.).

- Renal colic.

- Frequent urging, tenesmus.

## Female genitalia

- Dysmenorrhea. Ovarian pains.

- Suppressed menses from anger, indignation.

## Chest

- Intercostal pains.

- Suppressed milk from indignation.

## Back

- Sciatica, amel. hard pressure, lying on painful side; with numbness.

## Extremities

- Contraction of muscles. Cramps.

## Compl.

Caust., Kali-c., Merc., Staph.

## Dd

Bry., Caust., Cham., Coff., Dios., Gamb., Grat., Ign., Mag-p., Nux-v., Staph.

## # COMOCLADIA DENTATA (com.)

\* Eye and skin symptoms.

## Mind

- Talking of business in sleep.

## Generalities

- Rheumatic pains, wandering, agg. rest, heat, amel. motion, open air.
- agg. Night.
- amel. Pressure.
- Throbbing pains amel. heat.
- Swelling of whole body.

## Vertigo

- amel. Motion.
- agg. Heat.

## Head

- Feels large, alt. with toothache.

## Eye

- Ciliary neuralgia.
- (Feels) SWOLLEN AND ENLARGED, PROTRUDED, AS IF PRESSED OUTWARD, esp. RIGHT, agg. near warm stove, motion of eyes, evening, candlelight.
- Glaucoma.
- Exophthalmus.
- Vision of left eye lost.

## Face

- Painful burning about eyes.

## External throat

- Goitre.

## Male genitalia

- Itching.

## Chest

- Pain left mammary gland.
- Pain under left mammae ext. to left scapula.
- Eczema.

## Extremities

- Inflammation of left leg and foot with swelling; erysipelas.
- Eczema.

## Skin

- Enormous swelling. Malignant erysipelas.
- Redness, like scarlatina. Itching red pimples. Vesicular eruptions.
- Red stripes.
- Deep ulcers with hard edges.
- Leprosy.

## Dd

Anac., Apis., Euph., Rhus-t.

## # CONGO RED (congo-r.)

### Generals

- Locally applied to cancerous growths to inhibit further growing.
- Warmblooded person.

### Bladder

- Cancer.

### Chest

- Cancer of mammae, stoney hard.

### Dd

Bufo, Calc-f, Carb-an, Con, Cund, Hydr, Sil.

## # CONIUM MACULATUM (con.)

\* GRADUAL WEAKNESS, PARALYSIS WITH INDURATION, TUMORS OF GLANDS.

### Mind

- Materialistic, practical, business minded.
- Strong attachment to partner, material things.
- Looses flexibility of thinking. Fixed ideas (induration, narrowness of mind).
- SUPERSTITIOUS. Compulsory neurosis (Arg-n., Rat.).
- GRADUAL DETERIORATION: gloomy state, indifference, depression, leading to retardation and (premature) senility.
- Emotions become weak, paralysed. Estranged from family.
- Want of sensitiveness.
- Slowness. Answers slowly.
- Forgetfulness.
- Excitement agg..
- Sadness from continence, from masturbation, during perspiration, from suppressed menses, every fourteen days.
- Confusion from alcohol, after siesta.
- Insanity alternating with other mental symptoms.

### Generalities

- GLANDS: INDURATIONS, MALIGNANCIES (mammae, uterus, testes); after injuries.
- NEUROLOGICAL PROBLEMS: ASCENDING PARALYSIS, m.s. , a.l. s., parkinson,...
- AILMENTS FROM SUPPRESSED SEXUAL DESIRE.
- Numbness.
- agg. Rest. Night.
- amel. Motion. Warmth.
- amel. Letting limbs hang down.

### Food and drinks

- Desire: Salt, sour, coffee.
- Aversion: Bread.

- agg. Alcohol, milk.

### Vertigo

- WHILE LYING, TURNING OVER IN BED.

- Turning the head.

- amel. Closing eyes.

### Eye

- Photophobia with lachrymation.

- Lids are heavy, ptosis, agg. outer side.

- Cataract after injury.

- Paralysis of ocular muscles. Problems with fixing eyes on things.

- Disturbed vision and accommodation.

### Nose

- Picking constantly in nose (Arum-t, Cina).

### Face

- Cancer, ulcer (lower) lip, from pressure of pipe.

- Swelling and induration of glands.

### Throat

- Food goes down the wrong way on swallowing.

### External throat

- Swelling, induration of cervical glands.

- Thyroid gland indurated (goitre).

### Stomach

- Heartburn agg. going to bed.

- Pain amel. eating, knee chest position.

- Distention after milk.

- Ulcers. Cancer.

- Vomiting like coffee grounds.

### Abdomen

- Pain right hypochondrium. Chronic jaundice.

- Distension after milk.

- Swelling and induration of inguinal and mesenteric glands.

### Rectum

- Involuntary stools, during sleep.

- Constipation, frequent urging, hard stools, tenesmus; on alternate days.

### Urinary

- Paralysis bladder: no urine when straining,  
involuntary loss after straining.

- Urine flows and stops again, intermittent.

- Prostatic enlargement with heaviness in perineum. Cancer.

### Male genitalia

- High sexual desire.

- Impotency. Premature ejaculation. Erections imperfect or too short.

Seminal discharge by contact or presence of a woman.

- CANCER. Testes hard and swollen.

Female genitalia

- Dysmenorrhea.

- Ovaries enlarged, swollen.

- CANCER ovaries, uterus. Polypi.

- Leucorrhoea with weakness, backpain and labor-like pain before: thick, acrid, milky.

- Motion of child painful during pregnancy (Arn.).

- Over-sensibility after suppressed desire.

Cough

- agg. Lying. Must sit up. (Hyos., Puls., Sep., Sang.)

- From dry spot in larynx or tickling in chest.

- Salt food.

Chest

- Painful swelling of axillary glands, with numbness down arm.

- MAMMAE: PAINFUL SWELLING WITH INDURATION.

MALIGNANCIES, hard nodules, spreading to axilla.

From contusion, injury.

Tenderness of mammae and swelling around menses (Calc, Lac-c, Tub).

Back

- Pain before leucorrhoea.

Extremities

- GRADUAL PARALYSIS STARTING IN LOWER LIMBS.

- Awkwardness lower limbs amel. closing eyes.

Perspiration

- ON CLOSING EYES (on going to sleep).

Skin

- Chronic ulcers with offensive discharge.

- Urticaria after strong physical exertion.

Rash before menses.

- Eruptions, offensive, turning greenish.

Compl.

Bar-m., Phos., Sil., Tub.

Dd

Aster, Bell-p, Calc, Carb-an, Caust, Cocc, Cund, Mang, Plb, Rhus-t, Sil.

# CORALLIUM RUBRUM (cor-r.)

\* Affections of respiratory tract.

Mind

- Abusive, quarrelsome with the pains.

- Stupefaction from wine.

Generalities

- agg. Heat and cold.

Too cold when uncovered, too hot when covered.

Food and drinks

- Desire: SOUR (Hep, Ptel, Verat), salt.

- Aversion: Salt.

Head

- Outward pressing pain in forehead.

agg. Inhaling cold air through nose.

amel. Uncovering body.

Nose

- Chronic coryza. Sinusitis.

- POST-NASAL CATARRH with profuse discharge.

- Coldness inside, when inhaling.

- Odors of onions or smoke.

- Epistaxis with (whooping) cough (Dros, Ip).

Face

- Blue discoloration during cough.

Mouth

- Bleeding from mouth during (whooping) cough.

Throat

- Inclination to hawk due to mucus from posterior nares.

Larynx/trachea

- Constriction during cough.

- Inspired air feels cold.

Respiration

- Gasping during cough.

Cough

- PAROXYSMS of SPASMODIC short, hacking coughs, almost run into each other; leading to exhaustion.

- Violent, spasmodic. Whooping cough.

Chest

- Sensation of cold air streaming through air-passages.

Skin

- Coral-colored. Red, coppery spots.

- Psoriasis.

Compl.

Sulph.

Dd

Caps, Dros, Ip, Hep, Hydr, Kali-bi, Merc, Nat-c, Verat.

# CORTICOTROPINUM (cortico.)

## Mind

- Feels abandoned and desires death.
- Anxiety when alone. Timid in company.
- Irresolution. Undertakes many things, finishes nothing. Frustrated.
- Loss of willpower. Resigned.
- Mood alternating.
- Speech hesitating, stammering.
- Concentration difficult. Dull. Absent-minded.
- Forgetful for names. Mistakes in spelling and speaking.
- Delusions of vision, sees mice running.

## Generals

- agg. Morning, motion.
- amel. Afternoon.
- Virilism. masculinization of female: Lower voice, hair distribution.
- Momentary loss of voluntary movement, maintains a given position.
- Edema agg. upper part of body.

## Head

- Congestive headache, frontal, temporal, right occiput.
- agg. Coughing, standing up, walking.

## Eye

- Agglutinated morning with sensation of sand.
- Pain agg. light, cold wind, amel. closing eyes, rubbing.
- Ulceration cornea.
- Glaucoma.

## Ear

- Itching meatus, agg. washing, amel. lying on affected side.

## Face

- Moon-shaped.
- Dry skin with heat at night.
- Acne.

## Throat

- Pain as from splinter, amel. cold water, agg. motion.
- Tickling agg. warm room.

## Gastro-intestinal

- Nausea agg. milk, fat, travelling on bus, amel. sipping cold water.
- Constriction pit of stomach, as if food is stuck.
- Pain left hypochondrium agg. day, amel. night.
- Pain region umbilicus agg. before stool, amel. after stool.
- Liver enlarged.
- Stool black.

## Female genitalia

- Amenorrhea in young girls.

## Respiratory tract

- Respiration difficult.
- Sighing during sleep.
- Cough agg. on waking, 10 a.m. to 12 a.m. , cold air.

#### Chest

- Oppression, dryness behind sternum, agg. warm room.
- Tearing pain in sternum, agg. cough.
- Palpitations agg. motion; irregular.
- Development mammae in male.

#### Back

- Cervical pain agg. motion head.

#### Extremities

- Painful obesity shoulders, nape of neck.
- Weakness left leg.
- Edema ankles.
- Eruption back of hands and fingers. Dry palms, nail beds.

Itching hands, knees agg. heat of bed.

Cracks right thumb.

#### Sleep/dreams

- Sleepless untill 1 a.m.
- Waking 4 a.m. , with mental activity.
- Dreams: Worries, uncertain future, death of a friend.

#### Skin

- Thin and dry.
- Cicatrices red.
- Seborrhea.

#### Dd

Ambra, Arg-n, Aur, Cortiso, Lac-c, Nux-m, Op, Sep.

#### # CORTISONUM (cortiso.)

#### Mind

- Alternating moods.
- Irritable. Impatient.
- amel. Activity.
- agg. Mental exertion.
- Sadness, thoughts of death.
- Concentration difficult. Weak memory.
- Confusion. Dullness.

#### Generals

- agg. Morning, heat, rest, scratching, coughing, pressure.
- amel. Menses, walking, evening.

- Dry skin and mucus membranes.
- Slowness of body and mind with irritability.
- Hair grows on unusual parts.
- Edema.

#### Food and drinks

- agg. Fat, milk, hot drinks.

#### Head\vertigo

- Vertigo agg. warm room.
- Pain as from a band.

Pulsating right eye, forehead, agg. pressure, heat, motion, sun, amel. open air.

Pulsating left occiput.

#### Eye

- Styes.
- Inflammation inner canthi. Edges eyelids agglutinated.
- Tension behind eyeballs.
- Foggy vision. Difficult accommodation.

#### Nose

- Sneezing amel. washing.

#### Face

- Swollen, 'moon-face'.
- Acne.

#### Mouth

- Dry agg. morning.

#### Throat

- Dry agg. swallowing, amel. eating warm room.

#### Gastro-intestinal

- Appetite increased.
- Nausea agg. fats, milk, morning, hot drinks, amel. empty swallowing.
- Sensation of fullness of stomach amel. menses, walking.
- Diarrhea agg. morning on rising, after breakfast, after eating.
- Heaviness lower abdomen.
- Pain left hypochondrium ext. to sacro-iliac region, agg. motion, pressure, agg. sitting, bending, morning.
- Incomplete stool.
- Stool hard, balls.

#### Female genitalia

- Menses absent in young girls.

#### Respiratory tract

- Respiration difficult agg. warm room, getting warm, nervous irritation.
- Laryngeal cough agg. laughing, excitement, walking, physical weakness, undressing, shaving.
- Expectoration gray, gelatinous.

#### Back

- Acne.

- Sacro-iliac pain, as if broken, agg. right, stooping, seated, amel. lying, standing.

#### Extremities

- Swelling legs, edema.

- Restless legs not amel. motion in bed.

- Eruption, rash, cracks, vesicles back of hands, fingers, about nails.

#### Sleep/dreams

- Unrefreshed. Wakes tired.

- Sleepless from excitement.

#### Skin

- Rash, red, itching agg. heat.

- Round raised, hard spots.

- Red streaks.

#### Dd

Cortico, Puls, Psor.

### # CROCUS SATIVUS (croc.)

\* Hysterical tendency. Hemorrhages.

#### Mind

- HYSTERICAL TENDENCY.

- Alternating moods: Anger alt. with tenderness, laughing, singing; cheerfulness alt. with irritability, violence, weeping.

- Singing, dancing, jumping.

- Vivid recollection from music heard.

- Laughing immoderate. Children laugh silly on every occasion.

- Affectionate. Embraces, kisses everyone.

- Irritable, takes everything in a bad part.

- Anger, with violence, followed by repentance.

- Delusion being pregnant.

- Mental and physical symptoms alternate.

#### Generalities

- amel. OPEN AIR.

- agg. WARM ROOM.

- agg. Left side.

- agg. Menses, pregnancy, menopause.

- HEMORRHAGE: dark, STRINGY, clotted

- Chorea, jerkings, twitchings.

- Faintness agg. after labor, post-partum.

- Numbness in single parts.

#### Head

- Congestion with distended vessels during menses.

#### Eye

- Pain as from smoke, agg. menses.
- Lachrymation amel. open air.
- Quivering of lids, agg. left upper.
- Exertion of vision agg..

#### Nose

- Epistaxis, dark, stringy, clotted; agg. hot weather, menses.

#### Abdomen

- Sensation of something alive, moving in abdomen (Thuj), agg. during menses. As if pregnant. agg.

#### Menses.

- Distention.

#### Female genitalia

- Metrorrhagia: Dark, stringy, clotted.

agg. Least motion (Erig), overheating, during labor, menopause.

- Abortion.

#### Cough

- amel. Laying hand on stomach.

#### Expectoration

- Dark, stringy blood.

#### Chest

- Sensation of something alive in chest.

Violent movements of heart, as if something were jumping in chest.

#### Extremities

- Twitchings, contractions of single muscles.

#### Chorea.

- As if something alive, jumping up and down, in upper limbs.

#### Sleep

- Sleepiness amel. literary occupation.

#### Compl.

Nux-v, Puls, Sulph, Thuj.

#### Dd

Bell, Hyos, Ip, Plat, Puls, Sabin, Thlas, Tril-p, Verat.

### # CROTALUS CASCAVELLA (crot-c.)

#### Mind

- DELUSION AND FEAR OF GHOSTS, SPIRITS, VOICES.

- Spooky element.

- FEAR OF BEING ALONE, agg. night; thoughts of death when alone.

- Mania: Throws herself against closed door, scratches it with her nails. Follows delusion of strange voice.

- Mania alternating with metrorrhagia.

#### Generalities

- agg. Menopause.
- agg. Sleep.
- HEMORRHAGE: passive, dark blood; non-coagulable.
- RIGHT-SIDED symptoms more specific than left.
- Paralysis, esp. right side; after apoplexy.
- Intolerance of cloths.

#### Head

- Sensation of something alive in head.
- Pressing pain as by an iron helmet.

#### Mouth

- Dryness. Indented tongue.
- Inflammation of tongue.
- Paralysis tongue with difficult, thick speech.

#### Throat

- Sensation of foreign body, not amel. swallowing.
- Swallowing difficult, amel. liquids (Lach).
- Sensitive to clothing.
- Constriction of thyroid.

#### Abdomen

- Sensitive to clothing.
- Sensation of constriction in hypochondria.

#### Female genitalia

- Lancinating pain in uterus, agg. washing with cold water.

#### Chest

- Constriction as if in an armor.

#### Extremities

- Icy cold feet.
- Pain agg. drinking.
- Hemiplegia agg. right side; after apoplexy.

#### Dreams

- Frightful.
- Spiders (Lac-c).

#### Skin

- Severe conditions, esp. hives, urticaria localised in one spot, very red and itching (Med).
- Discoloration blue.
- Erysipelas.
- Purple carbuncle with small vesicles around.

#### Dd

Caust, Lach, Manc, Mand, Med, Strych. Other snakes.

# CROTALUS HORRIDUS (crot-h.)

\* Hemorrhagic tendency.

## Mind

- Sadness. Weepy mood.
- Aversion to members of family. Sensitive to certain persons.
- Muttering, talking to himself.
- Delusions of frightful animals; falling out of bed; surrounded by enemies.
- Weakness of memory for names, persons, places.

Mistakes in speaking and writing.

## Generalities

- HEMORRHAGE: FROM ANY ORIFICE.

Passive, dark unclotted blood.

In very sick, weakened persons with fever.

- MALIGNANT CONDITIONS. SEPSIS.
- agg. BEGINNING OF SLEEP (Lach.); sleep in general.
- agg. RIGHT SIDE.
- Sudden weakness.
- Ailments from apoplexy: Convulsions, paralysis, aphasia, etc.
- Varicosities.

## Food and drinks

- Desire: Pork, alcohol.

## Vertigo

- During menopause.

## Head

- Apoplexy.
- Headache, agg. right side, jar; must walk tiptoe

## Eye

- Hemorrhages; retinal (Both, Ham, Lach, Phos); from tearduct; ecchymosis.
- Photophobia, esp. lamplight.
- Ciliary neuralgia.

## Ear

- Discharge of blood.

## Nose

- Epistaxis, dark, fluid; with perspiration on forehead.
- Varicosities (Carb-v).
- Blue discoloration of tip.

## Face

- Varicosities.

Distended veins of face and lips. Face looks marbled.

## Mouth

- Inflammation of tongue. Swelling tongue, protruding.
- Hemorrhage from mouth. Bleeding gums.

## Throat

- Tonsils oozing blood.
- Gangrene.
- Inflammation, agg. left side (Lach).
- Difficult swallowing of solids (Crot-c, Lach)
- Intolerant of clothing.

#### Stomach

- Bleeding. Vomiting of blood.
- Sensation of emptiness during menopause.
- Deathly nausea (Tab).

#### Rectum

- Diarrhea from septic conditions.
- Hemorrhage.

#### Urine

- Dark. Bloody.

#### Female genitalia

- Abscess of ovaries. Cancer of uterus.
- Metrorrhagia, black, agg. menopause.

#### Respiration

- Difficult on falling asleep, from constriction of larynx.

#### Expectoration

- Bloody.

#### Chest

- Pain agg. lying on left side (Lach, Phos, Cact, Nat-m, Spig),  
agg. ascending.
- Angina pectoris. Pain from heart to left hand (Lat-m).

#### Extremities

- Blood oozing from finger nails.
- Varicose veins.

#### Fever

- Sceptic and zymotic fevers.

#### Perspiration

- Bloody.

#### Skin

- Mottled. Bluish spots. Jaundice.
- Purpura. Ecchymosis.
- Erysipelas.
- Boils, carbuncles, surrounded by purplish skin.
- Gangrene.
- Network of bloodvessels.
- Very sensitive skin of right part of body.

#### Compl.

Carb-v, Lycps.

#### Dd

Bapt, Both, Carb-v, Crot-c, Ham, Lach, Mill, Pyrog, Sec, Sul-ac.

## # CROTON TIGLIUM (crot-t.)

\* Gastrointestinal and skin disorders.

### Mind

- Fear during diarrhea.
- Suspicious, desire for solitude.

### Generalities

- agg. Hot weather.
- ERUPTIONS ALT. WITH INTERNAL AFFECTIONS.
- Pains: Drawing as from a string (eye, nipple, shoulder)(Plb).
- Sensation of water dashing against inner parts.

### Head

- Eruptions: Eczema, crusts; in infants.

### Eye

- Vesicles on lids.
- Pain as from a string drawing eye backward (Par).

### Face

- Eruptions: Eczema. Vesicles. Impetigo.

Symmetrical urticaria.

### Stomach

- Violent vomiting.

### Abdomen

- Gurgling, agg. left side. Rumbling before diarrhea. Swashing.
- Pain amel. warm milk (Chel, Graph), agg. during diarrhea; from region of umbilicus, ext. downward to anus.

### Rectum

- DIARRHEA: sudden GUSHING of yellow watery stool, immediately AFTER DRINKING OR EATING.

agg. Warm weather; after nursing.

amel. Hot milk.

- Flatus during stool (Nat-s, Podo).
- Constant urging (Merc-c).
- Pain rectum with urging for stool, from pressure on abdomen.
- Pressing pain. Sensation of a plug.

### Stool

- COPIOUS, agg. night.
- FORCIBLE, SUDDEN, GUSHING. Shooting out (Elat, Gamb, Grat, Jatr-c, Podo).

### Male genitalia

- Eruptions: Vesicular. Herpetic. Itching agg. walking.

Painful corrosion of scrotum.

- Offensive perspiration between thigh and scrotum.

### Respiration

- Asthmatic, alt. with eruptions.

### Cough

- Alt. with eruptions.

- Violent, with dyspnoe.

- agg. Lying, must sit up.

- agg. Deep inhaling. Cannot expand lungs.

### Chest

- Pain in mammae and esp. nipples, while nursing; as if drawing with a string; ext. to back.

Sore pain in nipples, agg. touch of clothing.

### Skin

- ERUPTIONS: ECZEMA. VESICULAR. RHUS POISONING.

Itching, amel. scratching.

Inflamed vesicles.

Symmetrical (Arn).

- Skin symptoms alternating with internal symptoms.

### Compl.

### Sulph.

### Dd

Dulc, Elat, Gamb, Grat, Podo, Mez, Nat-s, Psor, Rhus-t, Sulph.

## # CUPRUM METALLICUM (cupr.)

\* CRAMPS on all levels.

### Mind

- Mind is cramped.

- Vivid (sexual) imaginations, strong feelings, in adolescence.

- Feels guilty, frightened about them.

- Tries to control them.

- Become serious. Loose lightness, flexibility. Can't be superficial.

- Cannot express feelings. Very closed.

- Ideas come suddenly in the mind and create a spasm. agg. When they let go of things, relax.

- Express anger seldom, but with great violence.

- Compulsive. 'Act in spasms'.

- Restless. Impulsive. Nerves wrought up to the highest tension.

- Becomes slow. Ideas come slowly. Slow comprehending.

Feel that their intellect is not working.

- BELLOWING, SHRIEKING, WEEPING BEFORE CONVULSIONS.

### Generalities

- CONVULSIONS: epileptic, absences

From suppressed eruptions (Cic, Zinc) or discharge;

after anger, vexation, emotional excitement;  
starting in fingers and toes;  
with cyanosis;  
agg. menses, pregnancy, labor, night, getting wet.

- Twitchings, jerkings, chorea.
- One-sided paralysis after convulsions.
- amel. Perspiration.
- agg. Pregnancy, labor.

Food and drinks

- amel. Drinking cold water.

Head

- Convulsive motions of the head.
- Frontal pain between the eyes, above root of nose.

agg. Pressure, amel. lying down.

Eye

- Constant motion like a pendulum.
- Turned upward.
- Loss of vision before convulsions.

Face

- Serious, severe, angry looking.
- Convulsions. Distorted.
- CYANOTIC face and lips during convulsions, whooping cough.
- Grimaces.

Mouth

- Foaming during convulsions.
- Lapping tongue to and fro.

Throat

- Gurgling in esophagus when drinking.
- Spasms of throat and esophagus.
- Torticollis.

Stomach

- Cramps. Convulsions with vomiting.
- Vomiting before or after convulsions. amel. Drinking cold water.
- Deathly feeling.
- Pain solar plexus which radiates through to back.

Abdomen

- Cramping pain, agg. before and during menses.
- Spasms of abdominal muscles, intestines.
- Drawing pain in left hypochondrium, ext. to hip.

Rectum

- Cholera.

Kidneys

- Suppression of urine with convulsions.

## Urine

- Copious after convulsions.

## Female genitalia

- Menses suppressed with convulsions; from suppression of footsweat.
- Distressing afterpains.
- Dysmenorrhoea with cramps that start in the fingers.
- Frigidity. Suppression of sex.

## Larynx/trachea

- Constriction during cough.

## Respiration

- Asthmatic: agg. 3 a.m.
- Difficult with cough; after fright, emotional stress.
- Arrested when coughing.

## Cough

- VIOLENT, SPASMODIC. Whooping cough.
- amel. DRINKING COLD WATER (Caust, Coc-c).

With convulsions.

With suffocation, cyanosis.

- UNINTERRUPTED PAROXYSMS.
- Spasmodic state with cough.

## Back

- Spasmodic drawing. Opisthotonos.

## Extremities

- Convulsions. Twitchings. Chorea.
- CLENCHING THUMBS AND FINGERS, with convulsions.
- CRAMPS.

Mainly hands (fingers), legs (calves), feet.

agg. Cholera, labor, during coition.

## Skin

- Copper-colored.

## Compl.

Ars, Calc, Iod.

## Dd

Art-v, Bufo, Caust, Cic, Hyos, Oena, Op, Plb, Zinc.

## # CYCLAMEN EUROPAEUM (cycl.)

## Mind

- TERRORS OF CONSCIENCE. DELUSION HAS NEGLECTED HIS DUTY; has done wrong.
- Delusion has done some evil; committed a crime; pursued.
- Undemonstrated grief. Brooding.
  - Aversion to company.

- Forsaken feeling with aversion going out.
- Changeable mood. Dullness alt. with desire for work.
- Easily offended. Reproaches himself.

#### Generalities

- agg. COLD. Open air.
- agg. SUPPRESSION OF MENSES. amel. COPIOUS MENSES (Lach.).
- agg. Sitting. Standing.
- amel. Motion.
- amel. Gently rubbing. Touch.
- Weakness.

#### Food and drinks

- Desire: Lemonade, sardines.
- Aversion: FAT, pork, butter, meat.
- agg. FAT, PORK.

#### Vertigo

- From suppressed menses.
- Objects seem to turn in a circle.

#### Head

- Pain in the morning on rising. Blinding.

Pressing as if in armor; skullcap.

#### Eye

- DISTURBANCES OF VISION BEFORE OR DURING HEADACHE.

On waking.

With vertigo.

- Spots before eyes, agg. on waking.
- Convergent strabismus. Left eye turned in. Diplopia.
- Swelling of upper lids.

#### Mouth

- Saliva and food tastes salty.

#### Stomach

- Thirst, agg. evening.
- Hiccough during pregnancy, menses.
- Indigestion after fat, pork (Puls).
- Nausea in throat; seasickness.

#### Abdomen

- Sensation of movements, something alive in abdomen (Croc, Thuj).

#### Prostate

- Pain: agg. Urging to stool or urination; sitting, walking.

#### Male genitalia

- Pollutions during sleep.

#### Female genitalia

- MENSTRUAL IRREGULARITIES.

Menses: Too frequent, profuse, dark, clotted.

Menses easily suppressed, agg. getting wet, exertion, being heated.

Menses cease during the pain, when moving.

- DYSMENORRHEA with labor-like pains, ext. to back; with frightful dreams.

Chest

- Swelling of mammae with secretion of milk in non-pregnant women.

Back

- Pain amel. bending head and shoulders backwards.

Extremities

- Cramp in fingers and thumb, on writing.

- Arthritis: Esp. in feet, heels;

agg. standing, amel. walking.

- Heaviness foot, amel. during menses.

Dd

Chin, Ign, Iris, Nat-m, Puls, Sep, Sulph.

# CYNODON DACTYLON (cyn-d.)

Mind

- Irritable from trifles. Quarrelsome. Rage.

- Aversion noise, to be spoken to.

- Desire jolly company.

- Lassitude; aversion to work.

Generals

- agg. Afternoon, evening.

- amel. Heat, eating.

- Weakness agg. least exertion.

- Pain in spots.

Head

- Pain agg. anger.

Frontal agg. mental exertion.

Right side of head.

- Forehead hot and heavy.

Eye

- Agglutinated morning.

- Swelling upper lid, right, agg. morning.

- Pain agg. 9 to 10 a.m. , bathing, washing face.

Mouth

- Saliva increased.

- Loss of taste.

- Palate dry, amel. cold things; cannot take sour or spicy food.

- Red discoloration palate.

Gastro-intestinal

- Appetite wanting, amel. eating.
- Flatulence, distention, cramps, urge to stool agg. after 4 p.m.
- Heaviness, sensation of ball in region umbilicus.
- Pain hypochondrium, right, amel. rest.
- Urging for stool, with cramps, agg. morning, rising.
- Stool: Acrid, yellow, soft, offensive, noisy, sputtering.

Second part soft, acrid.

Hard, difficult.

Urinary tract

- Urination involuntary while sneezing.
- Pain urethra after urination, with sensation of ineffectual urination.

Extremities

- Weakness forearms and hands agg. (type)writing.
- Pain and restlessness legs agg. lying down at night, amel. rising, tight bandaging.
- Heat tips of toes, soles of feet; uncovers feet.

Sleep

- Disturbed by pain in legs.

Dd

Aloe, Kali-s, Med, Nat-s, Podo, Puls, Sulph.

## # CYTISUS LABURNUM (cyt-l.)

\* Central and sympathetic nervous system  
cramping, spasmodic conditions.

Mind

- Sadness.
- Irritable.
- Uneasy. Anguish.
- Delirium with sleeplessness.
- Stupor. Comatose.

Generals

- agg. Cold, afternoon, evening.
- amel. Flatus, stool.
- Hyperaesthesia peripheral nerves.
- Hyper tension with collapse: Pae face, cold perspiration.
- Lack of vital heat.

Vertigo/head

- Vertigo with nausea and vomiting.
- Pain: Neurlagic, pulsating.

Pressing forehead.

Prickling left temple.

- Absent sensation in head.

Nose

- Epistaxis.

Face

- Vesicular eruption.

Mouth

- Dry mouth and tongue. Burning.

Throat

- Dry. Burning.
- Constriction.
- Scraping from tickling.

Gastro-intestinal

- Stomach heavy with burning.
- Diarrhea with colic, rumbling, tenesmus.
- Mesenteric irritation.

Respiration

- Wheezing.
- Accelerated first, slower and difficult later.

Chest

- Sensation of lightness.
- Palpitations.

Back

- Drawing cervical region ext. to occiput.

Extremities

- Pulsation.
- Weak and numb. Stiff.
- Sensation of breaking.
- Muscular cramps.

Sleep/dreams

- Comatose.
- Sleepiness, stupor.
- Dreams: Worrying.

Perspiration

- Cold.

Skin

- Cyanosis.
- Cold.

Dd

Bapt, Tab, Verat.

# DIGITALIS PURPUREA (dig.)

\* Heart, liver and prostate affections.

## Mind

- Anxiety about conscience. Remorse.
- Indisposed to speak. Tearful moroseness.
- Sadness with sleeplessness from heart pains, due to unhappy love, grief.
- Weeping from music.
- Fear that heart will stop if they move (opposite of Gels.).
- Fear of death, about the future.

## Generalities

- SLOW PULSE.
- COMBINATION OF HEART AND PROSTATE OR LIVER COMPLAINTS.
- agg. Lying on left side.
- agg. Exertion, coition.

## Vertigo

- With heart or liver symptoms.

## Eye

- Blue lids.
- Detachment of retina.
- Objects appear green and yellow. Colours of the rainbow before eyes. Changes in perception of shades of green.

## Face

- Face and lips bluish.
- Blue distended veins on lids, ears, lips and tongue.

## Mouth

- Tongue and gums blue.

## Stomach

- Nausea, agg. eating least food, smell or sight of food. Not relieved by vomiting.
- Faintness, great weakness in stomach. Sinking feeling at pit of stomach.

## Abdomen

- Enlarged, sore, painful liver. Hepatitis.

## Rectum

- Diarrhea during jaundice.

## Stool

- White, chalk-like, pasty.

## Bladder

- Constant urging agg. at night, with discharge of hot burning drops.
- Sharp cutting or throbbing pain at neck of bladder, as if straw were being thrust back and forth.
- Retention of urine.

## Prostate

- Prostatitis. Prostate enlarged, esp. old people.

## Urethra

- Urethritis. Constriction and burning as if urethra too small.

## Male genitalia

- Hydrocele. Edema of prepuce. Dropsical swelling of genitals.

- Amorous desire with impotency.

- Phimosiis.

### Respiration

- Dyspnea associated with heart problems.

- Deep sighing.

- Irregular.

### Expectoration

- Hemoptysis instead of menses or before menses.

### Chest

- Pneumonia in old people. Chronic bronchitis.

- Passive congestion of lungs with hemoptysis due to weak heart (Queb).

- SLOW PULSE. Slower than heart.

- Least motion causes violent palpitation. Weak puls, quickened by least motion.

- WEAK HEART. FEELS AS IF IT WOULD STOP IF HE MOVED, must hold breath and keep still.

Sudden sensation as if heart stood still (Gels, Lob).

- Angina pectoris agg. raising arms, exertion, coition, excitement.

- Irregular heartbeat. Intermittent pulse.

- Hypertrophy of heart. Dilatation. Cardiac dropsy.

- Heart failure. Rheumatic heart disease.

- PALPITATIONS, WITH DEPRESSION, FROM GRIEF (Ign, Ph-ac).

### Extremities

- Pain and numbness in left arm.

- Dropsy. Shiny, white swelling joints. Swelling of fingers agg. night. Swelling of feet.

- Fingers go to sleep easily.

- One hand cold, the other hot.

- Blue nails.

- Weakness.

### Sleep

- Starts from sleep from fear of suffocation.

- Starts from sleep, as if falling from height.

### Skin

- Jaundice.

- Cyanosis.

- Dropsy.

### Dd

Chim, Kalm, Lach, Lat-m, Spig, Spong, Staph.

## # DIPHTHERINUM (diph.)

### Mind

- Too weak to complain.

- Apathetic.

- Stupor, easily aroused when spoken to (Bapt., Arn.).

### Generals

- Weak, exhausted; tends to malignancy.
- Painlessness of complaints.
- Discharges offensive.

### Mouth

- Tongue swollen, very red; little coating.
- Odor offensive.

### Throat/external throat

- Dark, red swelling tonsils, palate.
- Swelling parotid, cervical glands.

### Dd

Arn., Bapt., Merc-cy.

## # DIOSCOREA VILLOSA (dios.)

\* Colic and nerve pains.

### Mind

- Aversion to company.
- Cross. Nervous. Easily troubled.
- Mistakes in speaking, using wrong or opposite words  
e.g. putting right for left or vice versa.

### Generalities

- Unbearable, wandering, radiating pains.
- amel. STRETCHING OUT, BENDING BACK. Standing erect.
- amel. Moving about.
- agg. Errors of diet.
- agg. Doubling up.

### Stomach

- Neuralgia of stomach. Sharp pain amel. standing erect, leaning backwards.

### Abdomen

- PAIN, COLIC: agg. Doubling up, lying.  
amel. STRETCHING, BENDING BACKWARD, walking about.

Wandering pain, suddenly shifts to different parts as back, chest, arms, fingers and toes.

- Gall stone colic (Card-m, Chel, Chin, Lyc, Nat-s).

### Rectum

- Much flatus.
- Hemorrhoids like bunches of grapes or red cherries (Aesc).

Protrude after stool.

Pain extends to liver.

- Diarrhea, agg. morning, with exhaustion.

### Kidneys

- Renal colic with pain in extremities and testicles.

Male genitalia

- Cold and relaxed.

- Strong-smelling perspiration on scrotum and pubes (Sulph).

Female genitalia

- Dysmenorrhea. Labor pains. After-pains.

- Uterine colic radiating and alternating with cramps in fingers and toes.

Chest

- Angina pectoris with flatulence (Lyc). Pain extends into arms.

Extremities

- Sciatica right side, agg. motion, amel. standing on toes, lying still.

- Cramps in flexors of fingers and toes.

- Brittle nails.

- Felon, early stage when pain is sharp and agonising.

Dd

Coloc, Lac-c, Mag-p, Nux-v.

# DOLICHOS PRURIENS (dol.)

\* Liver and skin symptoms.

Generalities

- Right sided.

- Cold water amel. itching, but burns the skin and causes trembling.

- agg. Pregnancy.

Eye

- Yellow.

Abdomen

- Hepatitis. Swollen liver.

- Bloated abdomen.

Rectum

- Constipation with intense itching. Constipation agg. pregnancy.

Stool

- Whitish.

Sleep

- Sleeplessness from itching.

Skin

- INTENSE ITCHING "WITHOUT" ERUPTION (Alum, Ars, Mez, Sulph). Often associated with LIVER PROBLEMS.

agg. Across shoulders, about elbows and knees, and on hairy parts.

agg. Warmth, at night, scratching, pregnancy.

amel. Cold.

- Jaundice. Yellow spots itching at night.

- Herpes zoster.

Dd

Alum, Ars, Card-m, Chel, Mez, Sulph.

# DROSER ROTUNDIFOLIA (dros.)

\* Respiratory complaints. Spasms.

Mind

- Angry at trifles.
- Difficult concentration. Changes to something else.
- Anxiety, sadness when alone.
- Suspicious of his friends. Delusion of persecution.
- Inclination to drown himself.

Generalities

- Epileptiform convulsions.
- Tubercular tendency.
- Hemorrhages of bright blood.
- Emaciation.
- agg. Night.
- agg. Heat.

Food and drinks

- Aversion: Pork.

Nose

- Epistaxis from coughing, stooping.
- Sensitive to sour odors.

Throat

- Contraction on talking.

Stomach

- Vomiting with cough.

Abdomen

- Colic after acids.

Larynx

- Contraction.
- Deep, hoarse voice.
- Phthisis with rapid emaciation.

Respiration

- Asthmatic when talking.

Cough

- SPASMODIC, VIOLENT COUGH.

From sensation of crumbs or feather or from dryness in larynx. Whooping cough. Deep and hoarse. PAROXYSMS FOLLOW EACH OTHER RAPIDLY. Choking.

Holds chest on coughing.

With retching, vomiting.

With epistaxis, bleeding from mouth.

agg. AS SOON AS HEAD TOUCHES THE PILLOW.

agg. After midnight.

agg. Lying down.

agg. Heat.

agg. After drinking, eating.

agg. Talking, singing, laughing, weeping.

agg. Emotional excitement.

After measles.

Extremities

- Contraction fingers when grasping something. Writer's cramp. Spasms of fingers when coughing.

- Bed feels too hard (Arn).

Skin

- Itching agg. undressing (Rumx), amel. rubbing.

Compl.

Carb-v, Nux-v, Sulph, Verat.

Dd

Coc-c, Ip, Rumx, Spong.

# DULCAMARA (dulc.)

\* agg. Cold damp weather.

Mind

- Domineering and possessive in their relationship with other people. Especially those close to them.

- Strong-willed, self-centred; force their opinions on others.

- Feel unappreciated if people don't show the gratitude they expect.

- Censorious, critical, almost suspicious.

- Concerned, anxiety about family, others. Uptight.

- Talk about their children, family.

- Practical, matter-of-fact people (Chel).

Generalities

- Chilly.

- Stout, obese, bosomy.

- agg. COLD DAMP WEATHER, HUMIDITY.

- agg. CHANGE HOT TO COLD, summer to autumn.

- agg. Cold food, drinks.

- agg. Draft.

- amel. Warm, dry.

- amel. Motion.

- Ailments from catching cold (Puls), sitting on cold, wet ground.

- AILMENTS FROM SUPPRESSED ERUPTIONS, DISCHARGES.

- Allergy to cats (Tub, Sulph, Kali-c, Ars, Puls).
- Hypertension, high cholesterol.
- Rheumatism alternating with diarrhea or eruptions (Kali-bi).

#### Food and drinks

- Desire: Sweets.

#### Head

- PAIN FROM SUPPRESSED CATARRH OR ERUPTIONS.
- agg. Cold, wet weather, amel. discharge, conversation.
- Eruptions. Thick brown crusts, bleeding when scratched.
- Ringworm in the hair.

#### Eye

- Every cold settles in the eyes. Thick, yellow discharge (Puls).
- Profuse, watery lachrymation with hay fever, agg. open air.
- Twitching in cold air.

#### Ear

- Noises, buzzing at night.
- Otitis, catarrh with nausea, swelling of parotids. agg. Left, night, cold wet weather.

#### Nose

- Hayfever agg. end of summer, fall.

#### Allergy. Sinusitis.

- Coryza, amel. motion (Rhus-t), agg. open air. Thick, yellow mucus.
- Obstructed agg. cold wet weather, draft, amel. warm room.
- Coryza of new born.

#### Face

- NUERALGIA FROM SUPPRESSED ERUPTIONS.

agg. Draft, cold wet weather.

Preceded by coldness of parts.

- Bell's palsy with difficulty speaking. Mouth drawn to one side.
- WARTS (Caust, Nit-ac, Thuj).
- Humid or crusty eruptions.
- Herpes about lips (Nat-m, Rhus-t, Sep).
- Twitching of lips in cold air.

#### Abdomen

- Colic from cold wet weather, getting wet.

#### Rectum

- DIARRHEA FROM COLD DAMP WEATHER, cold food; FROM SUPPRESSED ERUPTIONS.
- agg. Night.
- Urging when getting chilled.

#### Bladder

- Must urinate when getting chilled.
- CYSTITIS, involuntary urination or retention from getting wet, FROM WADING WITH BARE FEET IN COLD WATER (Puls).

#### Male genitalia

- Herpetic eruptions.

Female genitalia

- Herpetic eruptions.

- Suppressed menses, abortion from getting wet.

Respiration

- Asthma: agg. Cold, wet weather; from suppressed eruptions.

Cough

- Loose, rattling agg. wet weather, warm room.

Chest

- Herpes on mammae in nursing women.

- Milk suppressed from cold.

Back

- Pain in small of back, agg. stooping, cold wet weather.

- Stiffness across neck and shoulders agg. cold wet.

- Chill starts in the back (Eup-per, Gels).

Extremities

- RHEUMATIC COMPLAINTS

Esp. joints, stiffness and pain.

agg. Cold damp weather (Rhus-t, Calc)

agg. Getting wet.

amel. Moving about.

- Flat warts on hands.

- Heaviness, paralysis after suppressed eruptions.

Skin

- FLAT, SMOOTH WARTS (Ant-c), agg. cold washing.

- Eruptions agg. before menses, in newborns, cold wet weather.

- Urticaria. Eczema. Impetigo. Herpes.

- Humid eruptions or thick brown-yellow crusts, bleeding when scratched.

Compl.

Alum, Bar-c, Calc, Kali-s, Nat-s, Sulph.

Dd

Calc, Kali-bi, Petr, Puls, Rhus-t, Sulph.

# ELAPS CORALLINUS (elaps)

Mind

- Suspicious. Intense. Haughty.

- Fear of rain, strokes, snakes.

- Fear of being left alone, as if something horrible might happen; with chattering of teeth, trembling.

- Imagines he hears someone talking.

- Shuddering from least contradiction.

- Angry about one's self. Does not wish to be spoken to.
- Depression with desire of solitude.

#### Generalities

- agg. Cold wet weather.
- agg. Night.
- agg. Touch.
- HEMORRHAGES: BLACK BLOOD.
- Black discharges.
- INTERNAL COLDNESS (chest, stomach).
- Sepsis. Apoplexy.
- Oscillatory movements.
- Right sided paresis, paralysis.

#### Food and drinks

- Desire: COLD FOOD (ice), ORANGES, SALADS, buttermilk, yogurt.
- Aversion: Bananas, meat.
- agg. Cold things.

#### Head

- Pain from left side ext. to right; from forehead to occiput; with congestion to face and neck.

#### Ear

- Otorrhea, offensive, watery, with deafness and eruptions.
- Black ear wax.

#### Nose

- Offensive discharge. Post-nasal catarrh with ulceration.
- Epistaxis, black blood.

#### Mouth

- Tongue black.
- Tingling in tongue and lips with fear about heart.

#### Throat

- Purple or black tonsils.
- Extreme constriction.

#### Spasmodic contractions of esophagus and pharynx.

- Paralysis of esophagus.
- Chronic inflammation, left side.

#### Stomach

- Cold sensation, agg. cold drinks and fruits.
- Gastritis. Ulcers.
- Pain amel. lying on abdomen, walking.

#### Abdomen

- Pain amel. lying on abdomen (Bell).

#### Female genitalia

- Dysmenorrhea: cramping pain, esp. when flow is black (Cycl).
- Discharge of black blood between menses (Plat), agg. urinating (Coch).

- Bursting sensation in uterus with continuous stream of black blood when urinating.

#### Expectoration

- Black blood, like ink.

#### Chest

- Angina pectoris.

- Coldness in chest after cold drinks and fruit.

#### Skin

- Boils. Carbuncles.

- Gangrene (Sec).

- Ailments from bites of insects and snakes (Led); poisonous plants.

#### Dd

Crot-h, Helod, Lach, Led, Sec, Sul-ac. Other snakes.

### # EQUISETUM HYEMALE (equis-h.)

\* Urinary symptoms.

#### Mind

- Irritability

- Disposition to frown.

- Restlessness in the evening.

- Delusion he is falling.

- Prostration of mind.

#### Generalities

- agg. Right side.

#### Bladder

- CYSTITIS: THE FULLER THE BLADDER, THE LESS DISCOMFORT.

Less urging and pain when bladder is fuller. Resist the urging.

Pain at end of urination (Nat-c, Sars).

- Constant desire to urinate without relief from passing great quantities of urine. Sensation of fullness after urination.

- Urine flows drop by drop.

- ENURESIS OUT OF HABIT, in children with dreams or night-mares when passing urine.

- Incontinence in old women, with involuntary stools.

- Retention and dysuria during pregnancy and after delivery.

#### Kidneys

- Pain in region of right kidney extending to lower abdomen; with urging to urinate.

#### Urethra

- Burning, cutting in urethra while urinating.

#### Back

- Right lumbar region painful.

#### Dreams

- Crowd of people.

- Many persons, places and things.

Compl.

Sil.

Dd

Cann-s, Canth, Nat-c, Nux-v, Sars.

# ERIGERON CANADENSE (erig.)

\* Hemorrhage agg. motion.

Mind

- Loss of ambition.
- Frightened easily on waking from a dream.
- Mistakes in writing, omitting letters and words.
- Weeping during urination, cheerful after.
- Indolence in afternoon and evening.

Generalities

- BRIGHT RED HEMORRHAGES, agg. MOTION.
- agg. Exertion.

Head

- Congestion with epistaxis (Meli).

Eye

- Ecchymosis around eye, from a blow (Ham).

Nose

- Epistaxis of bright-red blood. Instead of menses.

Stomach

- Vomiting of blood with burning pain.

Abdomen

- Tympanitis.
- Rheumatic pains in abdominal muscles (Cimic).

Rectum

- Neuralgia with tenesmus after normal stool.
- Hemorrhages.

Bladder

- Hematuria.

Urine

- Strong odor. Making external parts inflamed or irritated.

Female genitalia

- HEMORRHAGE agg. MOTION, EXERTION.

Profuse, bright red blood.

- Metrorrhagia with violent irritation of rectum and bladder.
- Prolapsed uterus.
- Abortion because of 'weak uterus' (Alet), from exertion.

- Pain in left ovary and hip (Ust, Xant).

Expectoration

- Hemoptysis.

Skin

- Ecchymosis.

Dd

Ip, Mill, Sabin, Sec, Thlas, Tril-p, Us

## # EUPATORIUM PERFOLIATUM (eup-per.)

\* Complaints accompanied with bone-pains.

Mind

- Very restless, can't keep still.

Generalities

- Chilly. agg. Uncovering, draft.

- PAIN IN THE BONES, 'AS IF BROKEN'.

- agg. Motion, but pain is so severe that he can't keep still.

- Febrile diseases, like influenza, malaria.

- Recurrent fevers, malaria-like (Chin, Nat-m).

Food and drinks

- Desire: COLD DRINKS, ice cream.

Head

- Periodical 'arthritic' headache with soreness internally.

Every third or seventh day.

- Occipital headache, with sense of weight, after lying down. Must lift head up with hands.

- Headache amel. conversation, agg. fever, perspiration.

Eye

- Soreness in eyeballs (Bry), of lids.

Stomach

- Nausea agg. motion, from smell or thought of food (Colch).

- THIRST FOR LARGE QUANTITIES OF COLD WATER before and during chill and before vomiting bile.

- Vomiting immediately after drinking.

Cough

- Hoarseness and cough, with soreness in chest.

Supports chest on coughing (Arn, Bry, Dros).

- Cough agg. 2-4 a.m. (Kali-c);

amel. getting on hands and knees; kneeling with face towards pillow (Med).

Chest

- Soreness, agg. coughing, motion.

Back

- Pain as from a bruise and weakness in back.

agg. Before and during chill, motion.

- Chill felt first in back (Gels).

Extremities

- BONE PAINS WITH SORE MUSCLES.

- Gout, arthritis associated or alternating with headache.

Chill

- CHILL BETWEEN 7-9 A.M. , PRECEDED BY GREAT THIRST WITH GREAT SORENESS AND ACHING OF BONES.

Compl.

Hyos, Nat-m, Nit-ac, Sanic, Sep.

Dd

Arn, Ars, Bry, Nat-m, Phos, Pyrog, Rhus-t.

# EUPHORBIA COROLLATA (euph-c.)

Mind

- Anxiety with cold perspiration.

- Weary of life.

Generals

- Offensive discharges.

- Weakness.

- Blackness of external parts.

Gastro-intestinal

- NAUSEA, seasickness.

- Inflammation of stomach.

- CANCER OF INTESTINES.

- Diarrhea like rice-water. Cholera.

# EUPHORBIA HETERODOXA (euph-he.)

Generals

- Burning pains of cancer.

Dd

Ars, Euph, Tarent-c.

# EUPHORBIIUM OFFICINARUM (euph.)

Mind

- Serious, earnest.

- Taciturn.

- Starting up in bed as from electric shock.

### Generals

- TERRIBLE BURNING PAINS agg. rest, night; with restlessness, weakness, chilliness (Ars).

### Pains of cancer.

- Weakened constitutions. Chilly.
- agg. Night, morning, rest, heat.
- amel. Motion, cool applications.
- Periodic cramps and convulsions with unconsciousness.

### Food and drinks

- Desire: cold drinks.

### Cough

- Violent cough agg. lying down, with pain in right temple.

### Stomach

- Ulcers.

### Extremities

- Paralytic pains.

### Skin

- Gangrene.
- Erysipelas. Carbuncles.
- Ulcerating carcinoma and epithelioma.

### Dd

Acetic acid, Ars, Euph-he, Hydr, Phos, Rhus-t, Tarent-c.

## # ERYTHRINUS (eryth.)

### Generals

- Syphilis.

### Skin

- Chronic skin diseases. Red rash.
- Pityriasis rubra.

### Compl.

Aur-m.

## # EUPHRASIA OFFICINALIS (euphr.)

\* Catarrhal affections of mucous membranes, especially of eyes and nose.

### Mind

- Hypochondriasis, no interest in surroundings.
- Confusion amel. washing face.

### Generalities

- Hay fever, allergies.
- Chilly.
- Ailments from injuries to the eyes.

#### Head

- Catarrhal headache with profuse discharge from eyes and nose.

#### Eye

- Constant ACRID LACHRYMATION. agg. Wind (Puls).
- CONJUNCTIVITIS. Burning, swelling, and agglutination of lids. Margins itching and burning.
- SENSATION OF SAND or dust in the eyes. As if a hair before them.
- Frequent inclination to blink.
- STICKY MUCUS ON CORNEA, must wink to remove it.
- Little blisters on cornea.
- Rheumatic iritis. Opacities. Cataract.
- Photophobia.

#### Nose

- PROFUSE, BLAND CORYZA, WITH ACRID LACHRYMATION (opposite to All-c).

#### Face

- Stiff upper lip, as if made of wood.

#### Rectum

- Condylomata, painful on touch.

#### Male genitalia

- Condylomata, burning when touched.

#### Female genitalia

- Amenorrhea with conjunctivitis.

#### Respiration

- Asthmatic.

#### Cough

- (Whooping-) COUGH ONLY DURING DAY-TIME, with profuse lachrymation.

amel. LYING DOWN (Mang).

#### Skin

- Measles with marked eye-symptoms.
- Condylomata, burning or stitching when touched.

#### Compl.

Merc, Sulph.

#### Dd

All-c, Puls, Sabad.

### # FERRUM METALLICUM (ferr.)

#### Mind

- Sensitive to noise, especially to rustling of paper.
- Dictatorial. Contradiction aggravates.

- Irritability, agg. noise, menses.
- Restlessness. Busy.
- Changeable moods.
- Anxiety. Fear of apoplexy (Aster).

#### Generalities

- FALSE PLETHORA: look healthy, red cheeks, but are very weak.
- FLUSHES OF HEAT with strong perspiration.
- OBESITY.
- WEAKNESS.
- Anaemia, with local congestions.
- amel. WALKING SLOWLY (Puls), but agg. exertion.
- agg. Rest.
- agg. Cold.
- agg. NIGHT. After midnight.
- Chilly.
- Ailments from loss of vital fluids (Chin).

#### Food and drinks

- Desire: Sweets, TOMATOES, bread and butter, liquid food, soup, sour.
- Aversion: EGGS, sour.
- agg. : EGGS.

#### Vertigo

- On rising; with obscuration of vision.
- On crossing running water.
- On descending.

#### Head

- HEADACHE, LASTING DAYS. Congestive, pulsating (Bell, Glon, Meli, Lach, Puls).
- amel. Pressure, walking slowly.
- Periodicity, every two weeks.

Aversion to cold drinks during headache.

- Heat of head and face with cold extremities.

#### Eye

- Letters run together.

#### Ear

- Noises in ear agg. menses.

#### Nose

- EPISTAXIS, agg. stooping; in children (Ferr-p).

Alternating with hemoptysis.

#### Face

- FLUSHED OR PALE WITH EASY FLUSHING. CIRCUMSCRIBED REDNESS.

agg. Excitement, chill, exertion, pain, wine.

- Varicose veins. Distended veins.

#### Stomach

- SUDDEN VOMITING WHILE EATING OR IMMEDIATELY AFTER EATING, even without

nausea.

- Vomiting agg. eggs, after midnight. Post-operative vomiting (Nux-v, Phos).
- Increased appetite, alternating with loss of appetite.

Rectum

- Diarrhea: painless, while eating (Trom), or immediately after.

Bladder

- Involuntary urination at night, while walking.
- Urine dribbles all day in little girls.

Female genitalia

- Menses too soon, too profuse.

Remit two or three days, then return.

- Metrorrhagia, with flushing, agg. menopause.
- Amenorrhea.
- Prolapsus. Fibroids. Abortion.

Respiration

- Difficult, amel. slow motion.

Expectoration

- Hemoptysis, agg. during lactation.

Chest

- Palpitations, amel. slow walking, agg. motion, exertion.

Back

- Pain, amel. walking slowly.

Extremities

- RHEUMATIC PAINS OF UPPER LIMBS, ESPECIALLY SHOULDERS.

agg. REST, MIDNIGHT, cold.

amel. SLOW MOTION, warmth.

- Varicosities agg. during pregnancy (Puls).
- Cold feet, agg. evening in bed.

Compl.

Alum, Ars, Chin, Ham.

Dd

Calc, Chin, Graph, Puls.

# FERRUM IODATUM (ferr-i.)

Mind

- Many activities, social relationships.
- Confusion after smoking.

Generalities

- WARM, agg. HEAT.
- agg. Stuffy room, amel. open air (Puls).
- agg. Smoke, tobacco (Ign).

- Weakness, easily fatigued.

- Obesity.

- Hypertension.

Food and drinks

- Desire: SALT FISH, chicken.

Head

- Pulsating pain amel. pressure, open air, agg. tobacco.

Eye

- exophthalmos (after suppressed menses) (Iod).

Throat

- GOITRE (Iod, Spong).

Stomach

- Fullness after least food.

- Stomach full of wind.

Abdomen

- COLITIS. Flatulence with distention (Arg-n, Carb-v, Chin, Lyc).

- Rumbling agg. 5 a.m.

Female genitalia

- Displacement of uterus. Prolapsus. Sensation of uterus pushing up on sitting. Bearing down.

Extremities

- Uncovers feet (Fl-ac, Med, Puls, Sulph).

Dreams

- Of robbers and fighting with them.

Dd

Ferr, Med, Puls, Sang, Sulph.

# FERRUM MURIATICUM (ferr-m.)

Mind

- Optimistic.

- Loquacity.

- Anxiety. Irresolution.

- Involuntary sighing.

Generalities

- agg. Right side.

Food and drinks

- agg. EGGS.

Face

- Flushed, circumscribed redness (Ferr).

Stomach

- Vomiting after eggs (Ferr, Sulph).

- Bilious eructations after fat.

## Male genitalia

- Seminal emissions in puberty (Nat-p).

## Female genitalia

- Enjoyment absent, because of vaginal pain during coition (Nat-m, Sep).

## Cough

- amel. Eating small quantities of food (Spong).

## Extremities

- PAIN RIGHT SHOULDER and upper limbs (Chel, Sang).

agg. Raising arm, night, motion.

amel. Gentle motion, walking about.

Ailments from mechanical injury to shoulder.

- Cramps in calves at night in bed.

## Dd

Chel, Ferr, Nat-m, Sang.

## # FERRUM PHOSPHORICUM (ferr-p.)

\* Affections of respiratory tract. Hemorrhages.

## Mind

- Excitable. Talkative.
- Changeable moods.
- Nervous. Sensitive. Irritable.
- Indifference to exciting events.
- Memory impaired for names, facts, etc.

Irritated at own mental slowness.

- Confusion amel. washing face with cold water, motion.

## Generalities

- ACUTES, HIGH FEVER BUT NO STRONG CHARACTERISTIC SYMPTOMS.
- Chilly.
- agg. Right side.
- agg. Exertion.
- agg. 4-6 a.m.
- amel. Gentle motion (Ferr, Puls).
- amel. Cold applications.
- HEMORRHAGES, bright red blood (Ferr, Ip, Mill, Phos).
- Weakness. Anemia.

## Food and drinks

- Desire: Sour, cold drinks, ale.

## Head

- Headache, amel. urination (Gels), cold application, agg. fever, menses.

## Eye

- Pain amel. urination.

- Photophobia during fever.

Ear

- Otitis media. Noises.

- Hearing impaired from colds.

Nose

- Epistaxis; in children (Ferr).

Face

- Flushed or pale, circumscribed redness (Ferr).

- Neuralgic pain amel. cold application, urination, agg. shaking head.

Teeth

- Pain amel. cold.

Throat

- Inflammation. Tonsillitis. Sore throat in singers.

Stomach

- Thirst for large quantities (Phos).

- Vomiting immediately after eating; bright red blood.

Urine

- Hematuria.

Female genitalia

- Menses early, profuse.

- Vagina painful during coition, with examination.

Cough

- Dry, hard cough, agg. touching throat.

Expectoration

- HEMOPTYSIS, bright-red blood (ip, Mill, Phos).

Chest

- PNEUMONIA, agg. RIGHT, in children (Lyc).

- Pleurisy.

Extremities

- Pain of right shoulder and upper limb, amel. gentle motion.

Compl.

Kali-m, Nat-m.

Dd

Bell, Ferr, Ip, Phos.

# FLUORICUM ACIDUM (fl-ac.)

Mind

- Usually not refined, crude. MATERIALISTIC.

- Live to enjoy life, not bothered about awareness, discipline.

Inability to realize responsibility.

- DOMINEERING. SELFISH.

- Insensitive and aggressive.
- Generous on materialistic plane, no deep feelings on emotional plane. No real contact.
- Aversion or indifference to loved ones, family.
- Strong anxiety about health. Fear of suffering, but endures it well.
- Hurried.
- Depression, strong sense of isolation.

#### Generalities

- WARMBLOODED.
- agg. HEAT, warm applications, warm drinks, summer.
- amel. Cold, cold bathing, open air.
- Affects bones, connective tissue. Caries. Exostosis.
- Syphilitic remedy.

#### Food and drinks

- Desire: Cold drinks, refreshing things, highly seasoned.
- agg. : Fish.

#### Head

- Headache

from not urinating, suppressing a discharge, amel. urination (Gels), discharge.  
along suture lines (Calc-p, Syph).

- HAIR FALLING IN SPOTS. Alopecia.

Hair sticks together, dry, breaks off.

#### Eye

- Fistulas (Puls).

#### Ear

- Hearing impaired, amel. bending head backwards.

#### Nose

- Copious, watery coryza, runs like a tab.

#### Teeth

- Dark discoloration. Rapid caries (Kreos, Sep, Staph).
- Teeth feel warm.
- Fistulas.

#### Throat

- Sore, agg. inhaling cold air.

#### Stomach

- Symptoms amel. tightening cloths.

#### Rectum

- Diarrhea from warm drinks.

#### Male genitalia

- EXCESSIVE SEXUAL DESIRE, also in old people.
- Promiscuity, exhibitionism (Hyos).
- Sexual perversions (Med, Plat).
- Priapism, causes sleeplessness. Erections violent, painful at night.

- Impotency after excess (Agn, Calad).
- Involuntary seminal emissions, e.g. when touching a woman.
- Enlarged prostate gland.
- Perspiration smells pungent.

#### Female genitalia

- High desire. Nymphomania.
- Prolapsus uterus.

#### Chest

- Oppression, amel. bending backwards

#### Back

- Pain amel. bending backwards.

#### Extremities

- CARRIES of bones. Necrosis.
- Painful VARICOSE VEINS.
- NAILS DISTORTED, grow too fast; weak.(Thuj, Sil, Graph, Calc). Felon.
- Rheumatic pains.
- UNCOVERS FEET AT NIGHT IN BED (Med, Puls, Sulph).

#### Sleep

- Sleeplessness. Wakes with sexual thoughts and erections.

#### Skin

- Abscess. Fistulas.
- Hard, horny skin and eruptions (Ant-c, Graph). Epithelioma.
- Bedsores, agg. warmth.
- Itching in spots; of orifices.
- Itching, redness, painfulness of cicatrices.

#### Compl.

Coca, Sil, Syph.

#### Dd

Calc-f, Kali-i, Med, Merc, Plat, Puls, Sil, Sulph.

#### # FORMICA RUFA (form.)

\* Rheumatic complaints.

#### Mind

- Ailments from bad news; mortification.
- Changeable moods.
- Dwells on past disagreeable occurrences.
- Exhilarated after pain. Excited after bad news.

#### Generalities

- WANDERING RHEUMATIC OR GOUTY PAINS: quickly, within 1-2 days.

Pain agg. right side, motion, amel. pressure.

- Sudden rheumatic pains with restlessness and perspiration which does not relieve.

- agg. Cold, damp. Before snowstorm.
- amel. Warmth.
- amel. Pressure. Rubbing.
- amel. After midnight.
- Polypi (Teucr).

#### Head

- Headache amel. combing hair; with cracking in ear.

Periodicity: Every day; earlier each day.

#### Eye

- Rheumatic iritis.

#### Ear

- Polypi.

#### Nose

- Polypi.

#### Chest

- Lack of milk in nursing women.

#### Extremities

- Rheumatic pain, stiffness and contracted joints.
- Muscles feel strained, as if torn from attachment.
- Arthritic nodosities around joints.

#### Skin

- Little red spots, itching, burning. Nettle-rash.

#### Dd

Berb, Kali-s, Kali-bi, Puls.

### # GALLICUM ACIDUM (gal-ac.)

\* CONSTANT FEAR TO BE LEFT ALONE.

#### Mind

- FEAR OR FEELING OF BEING abandoned, insists upon constantly being watched. Makes sure there's always someone around.
- RUDE. Abuses every one, even his best friends.
- JEALOUS of his nurse and curses everyone who speaks to her.
- Speak loudly, as if angry.
- (VIOLENT) ANGER. Directed to others, not to themselves.

Anger can be suppressed to make contact. The behaviour changes when relationship is established.

- Cursing, destructive behaviour, biting, kicking, maliciousness.
- Mania with violent behaviour.

#### CHILDREN

- Great fear of being alone, forsaken.

Never lets the parents out of sight.

- Fears dark and ghosts.

- Restlessness. Want all the attention directed towards them. Cannot play by themselves.
- Manipulative and jealous.
- Cheat at games. Steal things. Do bad things and deny it.
- Can appear to be sweet in front of strangers.

Or have tantrums when they are not allowed to do something and embarrass the parents.

- Kicking and biting in babies, when they are diapered.
- Compulsive behaviour.

#### Generalities

- Causation can be divorce of the parents.
- Weakness with irritability.
- Convulsions, epileptiform, absences.
- Night-sweats.

#### Eye

- Photophobia.
- Burning itching of lids.

#### Nose

- Epistaxis.
- Coryza with thick, stringy discharge.

#### Face

- Angry and tense expression.

#### Stool

- Constipation.

#### Respiration

- Asthmatic.

#### Chest

- Pain in lungs agg. coughing, yawning, inspiration.
- Pulmonary hemorrhage. Tuberculosis.

#### Extremities

- Jerks.

#### Sleep

- RESTLESS, rolling head, moaning.
- SLEEPLESSNESS IN CHILDREN, INFANTS.

#### Skin

- Urticaria.

#### Dd

Hyos, Stram, Tub.

#### # GAMBOGIA (gamb.)

\* Gastrointestinal complaints.

#### Mind

- DEPRESSION, even suicidal; ALT. WITH DIARRHEA OR FROM SUPPRESSED DIARRHEA.

## Generalities

- Chilly.
- amel. Warm, humid environment.
- Crohn's disease and arthritis.
- High sex drive with intestinal problems (Grat, Lyc, Nux-v).

## Head

- Heaviness with drowsiness.

## Nose

- Violent chronic sneezing, only daytime.

## Teeth

- Cold sensation in teeth (Elaps). Teeth very sensitive to cold.

## Abdomen

- ACUTE GASTRO-ENTERITIS, COLITIS.
- VOMITING WITH DIARRHEA with faintness (Ars, Verat).
- Severe burning pain around umbilicus, amel. after stool.
- Chronic colitis, Crohn's disease.
- Distention. Rumbling.

## Rectum

- SUDDEN GUSHING DIARRHEA, agg. OLD PEOPLE, hot weather.
- Tenesmus: Urging and burning pain continuing after stool, with exhaustion.
- Prolapsus.

## Stool

- Yellow, greenish.
- Bloody.

## Urine

- Smells like onions.

## Genitalia

- HIGH SEX DRIVE. Promiscuity. Sexual perversions (Fl-ac, Med, Plat).

## Back

- Pain in low back and coccyx. Injuries to coccyx (Hyper).

## Dd

Ars, Crot-t, Elat, Grat, Lyc, Nux-v, Plat, Podo.

## # GELSEMIUM SEMPERVIRENS (gels.)

\* WEAKNESS LEADING TO PARALYSIS, on all levels.

## Mind

- FEELING OF WEAKNESS, of not being able to cope with daily life, responsibilities, work.
- COWARDICE. Needs support.
- Timidity. ANTICIPATION.
- Desire to be quiet, to be left alone. Avoid people and distress of life.
- STAGE FRIGHT, fear of exams, to take on new tasks. Feel almost paralysed.

- Fear of falling, crowds.
- Mental weakness. Dullness. Forgetful.

#### Generalities

- WEAKNESS, PARESIS, PARALYSIS.
- AILMENTS FROM ANTICIPATION, FRIGHT, EXCITEMENT, BAD NEWS.
- agg. Damp weather.
- agg. Summer.
- amel. URINATION.
- TREMBLING FROM WEAKNESS, fear, anticipation .
- Flushes of heat alternating with chills, agg. on back.
- Complaints since influenza, apoplexy.

#### Food and drinks

- amel. Alcohol.

#### Vertigo

- Spreading from occiput (Sil).
- With disturbances of vision (Ferr).

#### Head

- OCCIPITAL PAIN EXTENDING UPWARDS (Sil).
- Headache amel. urinating (Fl-ac), lying head high; agg. wine, 10 a.m.
- DULL, HEAVY with heaviness of eyelids. Can hardly lift head.
- Headache with muscular soreness of neck and shoulders.

#### Eye

- HEAVY EYELIDS, can hardly open them. Ptosis.
- WEAKNESS OF OCULAR MUSCLES. Amblyopia. Diplopia.
- Diplopia or blindness before or during headache.

#### Diplopia during pregnancy.

- Retinal detachment.

#### Nose

- Acute coryza, agg. left side, with dull headache.

#### Face

- Flushed. Hot, dusky red (Op).
- Dull, heavy expression.
- Neuralgia.

#### Mouth

- Tongue numb, heavy. Trembles. Paralysed.
- Thick speech.

#### Throat

- Difficult swallowing, agg. warm food.
- Pain from throat to ear on swallowing (Nux-v).

#### Stomach

- Thirstless.

#### Rectum

- DIARRHEA FROM ANTICIPATION, EXCITEMENT, FRIGHT, BAD NEWS.

- Paralysis of sphincter and rectum.

Bladder

- Paralysis. Retention.

- Frequent urination from excitement, fright, bad news.

Male genitalia

- Sexual energy weak, but easily excited.

- Seminal emissions without erection. Slightest caress causes emission.

- Impotency. Genitals cold and relaxed (Agn).

Female genitalia

- False labor-pains extending up the back (Kali-c).

- Dysmenorrhea with pain extending to back and hips.

Chest

- FEELING AS IF HEART WOULD STOP BEATING, IF HE DID NOT KEEP IN MOTION (Lob).

Back

- CHILLINESS UP AND DOWN THE BACK.

- Weakness.

- Pain and stiffness cervical region extending to head.

- Pain under left scapula.

Extremities

- Loss of power of muscular control. Paralysis. Contractions.

- TREMBLING AND WEAKNESS.

- Heavy feeling, especially lower limbs.

Sleep

- Sleeplessness from exhaustion, anticipation, excitement.

- Drowsiness. Sleepiness of students.

Compl.

Arg-n, Sep.

Dd

Ambra, Arg-n, Lyc, Mur-ac, Ph-ac, Sil, Stann.

# GLONOINUM (glon.)

\* Violent irregularities of the circulation.

Mind

- Confusion. Cannot tell where he is. Gets lost in well known places. agg. Waking at night, inhaling fumes.

- Fear of apoplexy; of open spaces, agg. menopause.

- Attempts to escape, to jump out of window, with pain (headache).

- Time passes too slowly.

Generalities

- CONGESTIONS. PULSATATIONS.

- Flushes of heat, agg. menopause.
- agg. SUN. Warm.
- amel. Cold. Open air.
- agg. Menopause, suppressed menses.
- Symptoms come and go with the sun.
- Sunstroke.
- Hypertension.

#### Food and drinks

- Desire: Tobacco.
- agg. Wine (Zinc).

#### Head

- CONGESTIVE, PULSATING HEADACHE (Bell, Lach, Meli, Puls).
- agg. SUN, heat, wine, during menses, jar, tight collars.
- amel. Uncovering, pressure, lying in dark.
- Increases and decreases with the sun, even without exposure.
- Instead of menses.
- Sensation as if brain is expanding, skull is too small.

#### Eye

- Red sclera with headache.

#### Nose

- Epistaxis on going out in the sun, with flushed face.

#### Face

- CONGESTION, with headache and palpitation.

#### External throat

- PULSATING CAROTIDS.

#### Stomach

- Nausea and vomiting with congestion to head, e.g. sunstroke.

#### Female genitalia

- Climacteric complaints.
- Suppressed menses with congestions to head and chest.

#### Chest

- Congestions to chest and heart, agg. any exertion.
- Boiling sensation. Heat.
- VIOLENT, VISIBLE PULSATION OF HEART WITH THROBBING CAROTIDS AND HEAT OF FACE.
- Angina pectoris.

#### Compl.

Bell, Sulph.

#### Dd

Bell, Lach, Meli, Puls, Sang, Sulph, Verat-v

# GNAPHALIUM POLYCEPHALUM (gnaph.)

\* Sciatica.

Generalities

- agg. Right side.

Back

- Muscular rheumatism of back and neck.

- Numbness of lower part of back with lumbago.

Extremities

- SCIATICA WITH, OR ALTERNATING WITH NUMBNESS.

agg. RIGHT SIDE, lying down, motion, stepping.

amel. Sitting in chair, drawing up limb, flexing thigh on abdomen.

- Rheumatism. Gout.

Dd

Coloc, Dios, Gins, Mag-p, Rhus-t, Tell, Xan.

# GRANITUM MURVEY (granit-m.)

Mind

- Want of self-confidence. Timidity. Irresolute.

- Apprehension. Anticipation. Anxiety about future.

- Vulnerable. Suspicious.

- Introversion. Detached. Estranged. Indifferent. Aversion to company.

- Blunt.

- Touchy. Impatience. Irritable.

- Weeping. Sadness.

- Laughing immoderately, over serious matters, with weeping.

- Weakness memory, for what about to say, what she had just done.

- Confusion on waking.

- Apathy.

Generals

- amel. Night (energy), lying down.

- agg. Cold, tobacco.

- Weakness agg. tobacco, conversation, in waves.

- Influenza.

- Granite in Ireland is considered responsible for 35% of cancer in the country.

Connemara granite has one of the highest levels of radioactivity of granites in Britain and Ireland.

Connemara has a higher level of cancer and Downs syndrome than the rest of the country.

Food and drinks

- Desire: Sweets, tobacco.

- amel.: Alcohol

- agg.: Milk.

Head

- Pain, pressing, frontal; constriction.

Pain in waves.

- As if lifting off.

- Itching scalp and forehead, burning after scratching.

- Hair falling.

Eye/vision

- Burning, stinging. Watery.

- Heaviness lids.

Ear/hearing

- Chronic otitis.

- Pressure and popping in ears.

- Itching in meatus.

- Discharging.

- Eruption left lobe, itchy, scabby, pussy.

Nose

- Smell acute.

Face

- Eruptions scaly, rough, itching.

Throat/external throat

- Painful swelling glands.

Stomach

- Appetite increased, emotional eating, picking at food.

- Thirst increased.

- Anxiety.

Abdomen

- distension before menses.

- Pain lower abdomen, agg. menses; ext. down thighs.

Rectum/stool

- Diarrhea, chalky coloured.

- Constipation small, hard.

Kidneys

- Pain with frequent urination.

Male genitalia

- Sexual desire diminished/lost.

Female genitalia

- Sexual desire lost.

Sexual desire increased before, during menses.

- Menses painful agg. increasing flow.

- Pain right ovary.

Chest

- Mammae: swelling, painful before menses.

Back

- Pain before or during menses; agg. lumbar.

## Extremities

- Weakness. Heaviness.
- Pain crosswise: right upper, left lower (left upper, right lower(one prover)).

## Sleep/dreams

- Heavy. Prolonged. Waking difficult.
- Sleepiness daytime; sleepless night.
- Dreams: confused, relatives, dead bodies, pregnancy, rape, violence.

## Fever

- High, with delirium, hallucinations.

## Skin

- Dry red patches, itching, agg. dairy products.
- Discoloration yellow.

## Dd

Graph, Ign, Kali's, Nat-m., Sep.

## # GRAPHITES (graph.)

## Mind

- Blandness. Dullness. SLOWNESS.
- Timid, reserved.
- IRRESOLUTION. Insecurity. Anxiety about the consequences of the decision.
- TRIFLES SEEM IMPORTANT.
- Obstinate. Censorious.
- Discontented. Easily offended.
- Irritability about trifles.
- Changeable moods.
- Anxiety about future, salvation. Anxiety about trifles.
- Fear something will happen, of misfortune.
- Anxiety and fear agg. morning. Irritation, excitement, sleeplessness in evening.
- Sensitive to music. Weeping from music (Aur), especially organ.
- Depression.
- Aversion to mental work.
- Difficult concentration, mental exertion gives restlessness (Kali-p).
- Weakness of short-term memory, amel. for long past events.
- Absence of thoughts. Impressions don't penetrate. Hard to get information from them.
- Confusion with weeping and awkwardness , agg. before and during menses.

## Generalities

- Chilly (can be warm).
- agg. Cold and overheating (heat of bed).
- agg. Morning on waking.
- agg. Menses.
- agg. LEFT SIDE.

- OBESITY. Rapid emaciation in stomach diseases.

Emaciation of affected parts (Plb).

- AILMENTS FROM SUPPRESSED ERUPTIONS, DISCHARGE.

- Discharges: thick, sticky, offensive.

- Sudden weakness. Cataleptic.

- Fissures.

- Numbness.

Food and drinks

- Desire: CHICKEN.

- Aversion: SALT, SWEETS, FISH, meat, warm food.

Vertigo

- agg. Morning on waking; looking upward; rising from stooping.

Head

- NUMBNESS OR EMPTY FEELING (Cocc, Plat).

- Headache: agg. left side, sunlight, while eating.

- ERUPTIONS agg. occiput. Psoriasis.

- Alopecia. Falling of hair at temples.

Eye

- PHOTOPHOBIA (Nat-s), agg. sunlight.

- Conjunctivitis. BLEPHARITIS. Keratitis.

- Eruptions on lids. Fissures of canthi.

Ear

- Otitis, agg. left. Chronic otorrhea, gluey, offensive.

- Noises, agg. night, left side.

- HEARING IMPAIRED, amel. BACKGROUND NOISE.

- Eruptions or cracks behind ear.

Nose

- Cracked nostrils.

- Frequent colds. Coryza before menses.

Face

- Cobweb sensation (Alum).

- Eruptions, esp. around mouth. Acne.

Mouth

- Fissures in corners of mouth, lips.

- Offensive breath, like smell of urine.

Throat

- Constant inclination to swallow.

Stomach

- Stomach complaints after suppressed eruptions.

- STOMACH DISORDERS WITH RAPID EMACIATION. Ulcers. Cancer.

- Pain amel. eating, (warm) milk (Chel).

Abdomen

- Ascites.

- Eruptions, esp. inguinal region.

#### Rectum

- Constipation agg. during menses, suppressed menses; instead of menses.
- Fissures (Nit-ac, Rat).
- Eruptions.

#### Male genitalia

- High desire or lack of interest, enjoyment.
  - IMPOTENCY. Ungovernable desire with poor results (Con, Gels, Lyc).
- Erections failing during coition (Lyc). Premature ejaculation.

- Hydrocele.
- Eruptions, herpes; spreading to thigh.
- Cracks.

#### Female genitalia

- High desire, nymphomania, or lack of interest.
- TUMORS OF OVARIES AND UTERUS.

Enlargement and induration of ovaries.

Uterine fibroids, cancer.

- Menarche late. Menses scanty, late, not appearing.
- Eruptions. Cracks.
- Leucorrhea profuse.

#### Larynx/trachea

- Hoarseness during menses.

#### Respiration

- Dyspnea, from suppressed eruptions; amel. eating.
- Suffocative, wakes from sleep.

#### Chest

- CANCER OF MAMMAE, esp. old scar tissue.
- Sore, cracked nipples.
- Eruptions in axilla, under breasts.

#### Extremities

- Swelling feet and toes during menses.
- CALLOSITIES of palms and soles (Ant-c, Ran-b).
- Cracks of fingertips.
- Eruptions agg. bend of elbows and knees.
- Numbness of forearms.
- NAILS: DISTORTED, BRITTLE, thick, hard.
- Ingrowing toe nails (Sil).
- Burning heat of foot soles, uncovers them.
- Rheumatic pains.

#### Skin

- FISSURES, where skin and mucus membrane joins.
- THICK, hard, dry, rough (Ant-c, Fl-ac).
- ERUPTIONS. Eczema. Herpes. Psoriasis.

CRUSTS AND SCALES,  
OOZING HONEY-LIKE, THICK, YELLOW, STICKY  
FLUID, sometimes offensive.

- Itching agg. heat, during menses.
- KELOID (Fl-ac, Sil).
- Unhealthy.

Compl.

Arg-n, Ars, Caust, Ferr, Hep, Lyc, Sulph, Tab, Tub.

Dd

Ant-c, Bar-c, Calc, Ferr, Olnd, Petr, Psor, Puls, Tell, Sulph.

# GRATIOLA OFFICINALIS (grat.)

\* DIGESTIVE PROBLEMS with increased sexual desire.

Mind

- HAUGHTY, egotistical.
- Ailments from overweening pride; from pride of others.
- Loquacity and gaiety.
- Irresolute. Tries to cover up sense of inefficiency.
- Depression.
- Irritability. Dissatisfied.
- Feeling of body or head being too small.

Generalities

- Chilly.
- agg. During and after eating.
- agg. Coffee.
- Left sided: renal colic, neuralgia, ovarian problems.
- Feeling of coldness in parts (Elaps, Gamb.).

Vertigo

- During and after meals.

Head

- Flushes with vanishing of sight, agg. motion.

Eye

- Sees distant object better than near ones.
- All objects seem white.

Teeth

- Coldness (Gamb).

Throat

- Difficult swallowing of liquids.

Stomach

- Gastritis. Ulcers.
- Empty feeling after eating.

- Sensation of weight of stone.
- Distention.
- Coldness in stomach.

#### Abdomen

- Colitis.
- Pain, must bend double (Coloc).
- Rumbling, gurgling.
- Coldness in abdomen.

#### Rectum

- Diarrhea agg. drinking too much water.
- Hemorrhoids.
- Diarrhea alternating with constipation.

#### Stool

- Forcible. Shooting out.
- Stringy.
- Green, yellow.

#### Kidney

- Pain in left kidney.

#### Male genitalia

- Increased desire.
- Pain left spermatic cord.

#### Female genitalia

- HIGH DESIRE. NYMPHOMANIA. MASTURBATION.(Plat, Orig).
- Affections of left ovary (Lach): Tumor, pains.

#### Chest

- Palpitations after stool.

#### Back

- Pain in coccyx agg. after stool.

#### Extremities

- Rheumatic pains.

#### Dd

Gamb, Lach, Lyc, Nux-v, Orig, Plat.

### # GUAJACUM OFFICINALE (guaj.)

\* Rheumatic and arthritic conditions.

#### Mind

- Mind becomes less flexible and capable.

Stiff, immobilised and slow.

- Critical from inability of mind.
- Weak memory, especially for names.
- Absentminded. Easily distracted.

- Dull, sluggish. It is an effort to think.
- Difficulty expressing ideas. Cannot say what he means.
- Answers slowly. Stares. Reflects long
- Unclear. Confusion of thoughts.
- Aversion to work, to talk. Want to be left alone. Misanthropy.
- Vacant state, as if there is nothing in the mind.
- Feel as if in a dream, unreal.

#### Generalities

- IMMOBILISATION, CONSTRICTION, SHORTENING.
- Look like tubercular people, earthy color.
- amel. COLD APPLICATIONS (Fl-ac, Lac-c, Led, Puls, Sulph).
- agg. Exertion, motion, touch.
- agg. WARMTH.
- Burning pains.
- Desire to stretch (Rhus-t).

#### Food and drinks

- Desire: Apples (Ap-g, Tell, Ust).
- Aversion: Milk.
- amel. Apples.

#### Eye

- Sensation of swelling or actual swelling.

Eyelids appear too short.

#### Face

- Frightened, staring look.
- Old looking.
- Left sided neuralgia, amel. pressure, agg. 6 p.m. to 4 a.m. . Daily.

#### Throat

- Rheumatic sore throat with weak throat muscles.

#### Stomach

- Constriction and burning pain, amel. apples.

#### Female genitalia

- Ovaritis in rheumatic women. Dysmenorrhea.

#### Chest

- Pleuritic stitches.

#### Back

- painful stiffness, agg. motion.
- Sciatica, lumbago agg. warmth.

#### Extremities

- ARTHRITIS, CARPAL TUNNEL SYNDROME OF LEFT WRIST (right: Viol-o).
  - ARTHRITIC, RHEUMATIC, GOUTY PAIN often with sensation of heat in affected limb.
- amel. COLD APPLICATIONS (Lac-c, Led, Puls, Sulph).

agg. Warmth, exertion, motion, pressure.

Joints mostly affected: wrists, knees, ankles.

- Abscesses in swollen joints.
- Tendons shortened, swollen, stiff (Caust, Plb, Ruta). Contracted, especially hamstrings.
- Immovable stiffness.
- Growing pains (Calc-p).

#### Dreams

- Nightmares when lying on the back. Wakes screaming.

#### Dd

Ap-g, Lac-c, Fl-ac, Led, Puls, Sulph, Viol-o.

### # HAMAMELIS VIRGINIANA (ham.)

#### \* AFFECTIONS OF VEINS.

##### Mind

- Expects others to show respect to his opinions.
- Haughty.
- Conscientious about trifles. Discontented.
- Dullness morning on waking.
- Thinking constant about his ailments with complaining.
- Forgetful of words while speaking.
- Fear of insanity.

##### Generalities

- VARICOSE VEINS.
- BRUISED SORENESS of affected parts.
- PASSIVE VENOUS HEMORRHAGES, dark, profuse.
- Distention of veins, large and blue.
- agg. Menses, pregnancy, suppressed menses.
- Prostration out of proportion to amount of blood lost.

##### Head

- Fullness, followed by epistaxis (Meli).

##### Eye

- Bloodshot. Hastens absorption of intraocular hemorrhage (Arn).
- Ailments after bruises, operation, etc.
- Soreness of eyes.

##### Nose

- Epistaxis, profuse, passive, non-coagulating.

Ameliorates the congestion of head (Meli).

agg. From suppressed menses; instead of menses.

##### Mouth

- Bleeding gums, dark, passive.

##### Throat

- Varicose veins of throat and esophagus.

##### Rectum

- HEMORRHOIDS, bleeding profuse; with soreness.

Hemorrhoids agg. pregnancy.

Bladder

- Hematuria.

Male genitalia

- VARICOCELE.

- Pain along spermatic cord ext. into testes.

- Testicles enlarged, hot, sore and painful.

Female genitalia

- Varicose veins.

- Menses dark, with sore pains.

- Metrorrhagia, passive, dark flow.

- Vicarious menses.

- Ovaritis after blow, abortion.

Extremities

- VARICOSE VEINS with SORENESS and stinging, agg. pregnancy, menses (Ferr, Puls).

- Thrombophlebitis.

Skin

- Phlebitis (Vip).

- VARICOSE ULCERS, VERY SORE.

- Ecchymosis. Purpura. (Arn, Led, Sul-ac)

- Traumatic inflammations.

Compl.

Ferr, Fl-ac.

Dd

Aesc, Arn, Lach, Led, Puls, Sul-ac, Vip.

# HELIX TOSTA (helx.)

Generals

- Tubercular cases with hemorrhage.

Larynx/trachea

- Chronic hoarseness.

Cough/respiration/expectoration

- Dry cough, tickling, preventing sleep.

- Respiration difficult agg. ascending stairs.

- Expectoration bloody.

# HELLEBORUS NIGER (hell.)

## \* DULLNESS. STUPEFACTION.

### Mind

- STUPEFIES the mind.

'Sight is unimpaired, yet nothing is seen fully; hearing is perfectly sound, nothing is heard distinctly.'

- Impressions from outside don't come to the mind.

- Irresolution.

- DULLNESS. Hazy. Concentration difficult.

- ANSWERS SLOWLY. Reflects long. Rubs forehead.

- WEAKNESS OF MEMORY. Forgetful of what has just read, just done, was about to say.

- Loses ability to function. 'Muscles will not obey the will'.

Has to keep his attention to what he is doing, otherwise the action stops.

- Anxiety about condition. Can't comprehend what is happening. Helplessness.

- Depression. Feels guilty. Suicidal thoughts.

- Consolation aggravates.

- Fixed ideas.

- Passive, apathetic, indifferent.

- Mind becomes blanc. No activity in the mind.

- Strong feeling of isolation.

- Isolation and apathy amel. by violent stimulation (screaming at them, slapping them).

### Generalities

- Ailments after meningitis, encephalitis, concussion, apoplexy, fright, grief, from suppressed eruptions.

- Chilly.

- agg. 4-8 p.m. (Alum, Lyc).

- One-sided paralysis with automatic motions of the other side.

### Food and drinks

- Aversion: Apples, sauerkraut.

### Head

- MENINGITIS, encephalitis with stupefaction, rolling of head from side to side, furrows, chewing motion of mouth, moves lips without speaking, bores head in pillow, brain-cry (Apis, Zinc).

- Headache with stupefaction.

- Occipital headache, amel. closing eyes.

- Frontal lobe tumors with stupefaction.

### Eye

- Vacant, staring look. Or frightened, bewildered look.

### Face

- DISPOSITION TO FROWN. Wrinkled forehead.

### Mouth

- Chewing motion. Moves lips without speaking.

### Teeth

- Grinding.

### Stomach

- Thirstless.

### Abdomen

- Affections of colon: cancer, ulcerative colitis.

#### Rectum

- Diarrhea with mucus and watery stool

- Involuntary stool.

- Paralytic constipation.

#### Bladder

- Overdistention. Child cannot urinate.(Caust).

#### Male genitalia

- Hydrocele from suppressed eruption.

#### Extremities

- AWKWARDNESS when distracted from what he is doing.

- Automatic, involuntary motions of single limb.

- Chorea. Twitchings.

#### Compl.

Nat-m, Zinc.

#### Dd

Alum, Apis, Cocc, Op, Ph-ac, Zinc.

#### # HELONIAS DIOICA (helon.)

\* Predominantly affects the female genitalia.

#### Mind

- Sadness agg. on seeing others happy; with aversion to company.

- amel. When kept busy, occupation of mind, doing something.

- Restless.

- Irritability from contradiction. Faultfinding.

- Hysteria.

#### Generalities

- agg. Thinking of complaints (Ox-ac).

- amel. Mental diversion (Pip-m).

- amel. Warm air.

- WEAKNESS.

- Diabetes.

#### Head

- Pain amel. mental exertion.

#### Mouth

- Salivation during pregnancy (Kreos).

- Aphtae during pregnancy.

#### Urine

- Albuminuria during pregnancy (Apis).

#### Female genitalia

- WEAKNESS, ATONY OF UTERUS.

- CONSCIOUS OF UTERUS: feels as if pregnant, feels uterus move, bump when they move.

Weight and soreness.

- Prolapse, malposition of uterus, agg. after miscarriage, pregnancy, menopause.

- Desire lost. Sterility. Abortion.

- Ulceration of cervix. Fibroids.

- Metrorrhagia agg. least exertion (Erig). Leucorrhoea.

Chest

- Mammae swollen with painful nipples, agg. during menses.

- Nipples sensitive, can't bear pressure of ordinary dress (Castor-eq).

Back

- Sensation of weakness and weight in back.

- Backache from prolapse of uterus (Lil-t).

Dd

Alet, Lyss, Murx, Ox-ac, Pip-m, Puls, Sep.

# HEPAR SULPHUR (hep.)

\* Vulnerability. Oversensitivity.

Mind

- VULNERABLE.

- Sense of no protection, no barriers against things from outside.

- Feel everything can hurt them. Must do things to protect themselves.

- Marry into a wealthy family to ensure security.

- OVERSENSITIVE TO PAIN (Cham, Coff).

INTOLERANT OF SUFFERING.

Great suffering over minor troubles. Complaining.

- Sensitive to seeing or hearing terrible things,

accidents, esp. blood. Feel as if it's happening to themselves.

- Nervous excitement. Great hurry in speaking, eating, etc.

- React ABUSIVE, ANGRY, RUDE, when they feel their security is threatened. Irritable.

- Later: Impulse to kill, esp. when holding a knife (Alum).

Impulse to set things on fire.

- Hypochondriacal anxiety about health. Suicidal depression.

- Fear of injury (dentist, bees, accidents), being alone at night, of fire. Agoraphobia.

- Children: Irritable. Intolerant of contradiction.

Generalities

- CHILLY.

- agg. COLD. Touching cold things.

- agg. UNCOVERING, even single parts.

- agg. DRAFT. Dry cold air.

- amel. Wet weather.

- Fainting, nausea from pain.
- SPLINTER-LIKE pains, stitching (Arg-n, Kali-c, Nat-m, Nit-ac, Sil).
- Suppurations and swelling of glands.
- LONG-STANDING SUPPURATIONS (Calc-s).
- OFFENSIVE DISCHARGES, like old cheese; sour.

#### Food and drinks

- Desire: SOUR, vinegar, pickles, fat, spices.
- Aversion: Fat.

#### Head

- Sensitive to cold air, uncovering.

#### Eye

- Purulent conjunctivitis with great sensitiveness to air, touch, amel. warmth.
- Eruptions on eyelids.
- Ulcers of cornea. Iritis. Blepharitis.

#### Ear

- OTITIS (Bell, Cham, Merc, Puls) with stitching pain, amel. warmth.
- Otorrhea, offensive like old cheese.
- Ears very sensitive to wind.

#### Nose

- Sinusitis.

#### Face

- Acne, leaving scars.
- Crack in middle of lip.

#### Teeth

- Abscesses.
- Unbearable pain.

#### Throat

- Inflammation, tonsillitis. Suppuration.
- Stitching pain as from splinter, fish-bone on swallowing.

Pain extends to ear, on tearing head, yawning.

#### Abdomen

- Abscess of liver.
- Suppuration of inguinal glands.

#### Stool

- Sour.

#### Bladder

- Weakness, agg. old men.

Urine voided slowly, dribbling. Drops fall vertically.

#### Urethra

- Sensation of splinter in urethra.

#### Male genitalia

- Offensive condylomata.
- Herpes. Humid eruptions.

- Prostatitis.

Female genitalia

- Leucorrhea, offensive, like old cheese.

- Abscess of labia, ovaries.

Larynx

- CROUP: From cold dry wind or air, agg. evening, until midnight.

- Hoarseness. Laryngitis.

Respiration

- Asthmatic, wheezing, amel. dampness.

- Rattling.

Cough

- Dry, hoarse, barking agg. evening till midnight; loose morning.

agg. Cold, uncovering a part, cold food or drinks, draft.

- Weeping before or during cough.

Chest

- Abscess. Mastitis.

- Bronchitis. Pneumonia.

- Abscess, boils in axilla.

Extremities

- FELON.

- Coldness. Raynaud (Carb-v, Sep).

Perspiration

- Strong-smelling. Sour.

Skin

- ABSCESSSES, BOILS, fistulas, ulcers. Very sensitive to touch. Discharging offensive.

- Warts. Eczema. Fissures.

- Unhealthy skin. Suppurates. Heals slowly.

- Promotes expulsion of foreign bodies (Anag, Sil).

Dreams

- Fire.

Compl.

Calend, Iod, Lach, Merc, Psor, Sil.

Dd

Ars, Calc, Calc-s, Cham, Coff, Nit-ac, Psor, Sil.

# HYDRASTIS CANADENSIS (hydr.)

\* Mucous membranes.

Mind

- Irritable, agg. suppressed leucorrhea.

Curses. Throws away food and medicine. Hatred.

- Desire to snub one who differed from himself.

- Fear of impending disease; being incurable.
- Depression. Discouragement in cancer cases.

#### Generalities

- THICK, YELLOWISH, ROPY DISCHARGES (Kali-bi).
- Cancer and CANCEROUS STATES, when pain is principal symptom.

#### Head

- Pressing frontal pain, over eyes, with constipation.

#### Eye

- Inflammation with characteristic discharge.

#### Ear

- Otorrhea with characteristic discharge.
- Eustachian catarrh. Impaired hearing.

#### Nose

- SINUSITIS (Kali-bi, Lyc, Merc, Sil).
- Thick, tenacious discharge from posterior nares.

Child is aroused suddenly from sleep by post-nasal dropping.

- Obstructed. Inclination to constantly blow the nose (Stict).

#### Face

- Cancer of lips.

#### Mouth

- Cancer of tongue (Gali).

#### Throat

- Pharyngitis. Yellow, tenacious mucus.

#### Stomach

- GASTRITIS. Ulcers. Cancer.
- Can retain only milk. Vomits all other food.
- Vomiting of thick, stringy mucus.

#### Abdomen

- Liver affected.
- Jaundice. Gallstones.

#### Rectum

- Constipation with dull headache.

#### Urethra

- Thick, yellow discharge.

#### Female genitalia

- Ulceration of cervix.
- Cancer of uterus.
- Leucorrhea, yellow, ropy, agg. after menses.

#### Respiration

- Difficult when lying on left side.

#### Expectoration

- Thick, yellow, tenacious.

#### Chest

- Bronchial catarrh.
- Cancer of mammae.

#### Extremities

- Rheumatic pains and weakness.

#### Skin

- Deep spreading ulcers. Cancer.

#### Dd

Ars, Cund, Carb-an, Kali-bi, Merc, Tarent-c, Stict.

### # HYDROGENIUM (hydrog.)

#### Mind

- Feels out of reality; space out; as if soul separated from body; as if in a dream; expanded.
- Different perception of time and space.
- Religious delusions, affections.
- Feels overflowing love for humanity.
- Fear of insanity. Split consciousness.
- Paranoia.
- Alternating moods. Hysterical laughter, singing, alt. with anger.
- Irresolution.
- Absent-minded. Forgetful, of words while speaking; what is going to do.
- Concentration difficult, on studying. Mistakes in writing and speaking; left and right.
- Suicidal disposition, jumping from height, cut wrist.
- Confusion, about (sexual) identity.

#### Generals

- agg. Becoming cold; after sleep.
- amel. Warmth.
- Tendency to take cold.
- Sensation of heat, night, on waking.
- Lassitude, desire to lie down. Weakness amel. mental occupation.
- Pain burning as from pepper.
- Trembling internal and external.
- Wounds, suppurating.

#### Food and drinks

- Aversion: Spices, hot drinks/food.
- Desires: Cold drinks.

#### Head

- Numbness of brain.
- Constriction, band, passing behind eyes.
- Heaviness, forehead.
- Crawling like insects.
- Pain amel. bending head backward; small spot; ext. root of nose.

- Pain deep in left brain, ext. forehead; frontal right side, ext. ear; frontal left side.

Pain linear.

Eye/vision

- Ecchymosis, inner canthi.
- Lachrymation, agg. right.
- Swelling upper lids.
- Colours: black spots, floating; bright.
- Images too long retained.
- Objects seem to be moving.

Ear/hearing

- Coldness, as if air blowing on it.
- Noises, ringing.
- Hearing acute.

Nose

- Coryza. Sneezing. Catarrh, agg. evening; post-nasal.
- Sensation of lump left nostril.

Face

- Dry lips.
- Eruptions mouth corners.
- Numbness lips, tingling.
- Coldness left side.
- Hair, upper lip, in women.
- Twitching left eye.

Mouth

- Dry, tongue adheres to roof of mouth.

Throat/external throat

- Dryness.
- Mucous drawn from posterior nares.
- Pain burning, as from pepper.
- Sensation of a hair, splinter, lump.
- Swelling cervical glands.

Stomach

- Nausea, annual, amel. lying right side, motion, agg. lying on back.
- Wobbly sensation rising upwards and spreading over body.

Abdomen

- Pain hypochondrium, left, ext. inguinal region.
- Retraction, sense. of.

Rectum/stool

- Sudden urging, forcible stool.
- Flatus/stool offensive, fishy odour; like spoiled eggs.

Male genitalia

- Eruptions penis; cracks.

Female genitalia

- Menses copious, clotted, intermittent.

Larynx/trachea

- Voice hoarse.

Cough

- Barking.

Chest

- Anxiety, shocks region of heart. Palpitations.

- Swelling mammae.

Back

- Coldness as from draft.

- Pain, tension cervical region, as if cervical tendons too short.

Extremities

- Awkwardness.

- Coldness. Heat of thigh. One foot hot.

- Sensation of electrical current.

- Heaviness, weakness lower limbs.

- Burning feet at night.

- Restless legs at night.

Sleep/dreams

- Deep.

- Dreams: amorous, busy, rescuing children, of death, high places, journeys, past events.

- Sleepiness, overpowering. Sleeplessness from excitement.

Dd

Anac, Anh, Cann-i, Op, Puls, Thuj, Sulph.

# HYOSCYAMUS NIGER (hyos.)

Mind

- Strong emotions. Become strongly attached.

- This leads to JEALOUSY and SUSPICIOUSNESS.

- Quarrelsome. Cursing. Abusive. Fighting.

- Loquacity.

- Interested in sexual matters.

SHAMELESS, obscene in behavior, talking, dressing.

Children playing with the genitals or holding them.

- exhibitionism. Erotic mania.

- Silly laughing. Foolish behaviour.

- Fear of WATER, being poisoned, being alone.

- Ailments from disappointed love. Feels will be destructed by his emotions. Shuts them off.

- EMOTIONS become BLOCKED, immovable (Aur, Ph-ac, Sep). DETACHED.

- MANIA

Gestures with hands. Picking at bedclothes.

Erotic. Suspicious. Loquacity.

Violent impulses. Occasionally becomes violent.

Delusion being poisoned, possessed by the devil.

- Children: Behavior problems. Fighting. Abusive. Hurts younger siblings from jealousy. Sexual interest.

- Depression and timid behavior can be seen also.

Generalities

- agg. Menses.

- agg. Night.

- AILMENTS FROM FRIGHT, DISAPPOINTED LOVE, JEALOUSY.

- TWITCHINGS, JERKS, SPASMS.

- CONVULSIONS, epileptic: agg. At night, during sleep, menses, pregnancy.

- Paralysis.

- Coma, stupor, delirium.

Food and drinks

- Aversion: WATER (Lyss, Stram).

Vertigo

- Before convulsions.

Head

- Meningitis. Encephalitis.

Eye

- Strabismus. Diplopia.

- Twitching of lids or eye.

Ear

- Noises in ear before convulsions.

Face

- Distorted. Twitching.

- GRIMACES (Agar).

Mouth

- Foams with convulsions.

- Bites tongue while talking (Bufo, Ign).

Teeth

- Grinding.

Throat

- Difficult swallowing of liquids, amel. solids, warm food.

Stomach

- Hiccough, agg. night.

- Vomiting during convulsions.

Rectum

- Involuntary stool from excitement; during sleep.

- Constipation from fright.

- Diarrhea during or after delivery.

Bladder

- Involuntary urination; agg. menses; during convulsions.

- Retention, after delivery (Ars, Caust).

Male/female genitalia

- HIGH SEXUAL DESIRE. Masturbation. Promiscuous.

- HANDLES THE GENITALS.

Cough

- Spasmodic, dry cough, agg. lying, night, amel. sitting.

Back

- Opisthotonos.

Extremities

- RESTLESS HANDS. GESTURES. PICKING AT BEDCLOTHES.

- Spasms, jerks, twitchings. Convulsions.

- Paralysis.

Sleep

- Sleeplessness from imaginary cares.

- Wakes up frightened.

Dd

Bell, Bufo, Gal-ac, Lach, Lyss, Oena, Stram, Verat.

# HYPERICUM PERFORATUM (hyper.)

\* Injuries to nerves and spine.

Mind

- MENTAL/EMOTIONAL SYMPTOMS AFTER INJURIES (Nat-s); depression, dullness, forgetfulness, hysteria;

agg. before thunderstorm.

- Feels as if lifted in the air.

- Fear of falling from height, downward motion (Bor).

- Mistakes in writing. Forgets what she wanted to say.

- Delusion of voices of death people.

Generalities

- INJURIES TO PARTS RICH IN NERVES (Led).

- PAIN: SHOOTING, UPWARD, ALONG NERVE.

- Prevents tetanus (Led).

- Convulsions after injury, esp. to spine, head (Nat-s).

- Ailments from PUNCTURED WOUNDS, lacerations, bites of animals; after operations.

- Ailments of shock, fright, mesmerism.

- Phantom pains (All-c, Staph).

- agg. Foggy weather.

Food and drinks

- Desire: Warm drinks.

Vertigo

- When urging to urinate.

## Head

- As if touched by ice cold hand.
- Throbbing and heat in vertex, agg. closed room.

## Face

- Eruptions around mouth.

## Teeth

- Ailments after dental procedures.

## Female genitalia

- After-pains after instrumental delivery.

## Chest

- Scirrhus of breast after injury.

## Back

- INJURIES TO SPINE, COCCYX (Sil).
- Pain shoots up the spine and down limbs.
- Bruised coccyx after labor.

## Extremities

- Neuritis.
- Injuries to finger tips.
- Needle or splinter, under nail, in finger or footsole (Led).
- Rheumatic pains.

## Skin

- Painful scars.

## Dd

Arn, Led, Mez, Nat-s, Rhus-t.

## # IGNATIA AMARA (ign.)

### Mind

- Emotional sensitivity. Refined, artistic.
- Romantic. Idealistic.
- CONFLICT BETWEEN (romantic) FEELINGS AND REALITY.
- Dissatisfied with emotional life.
- Ailments from grief, disappointment.
- Unable to cry. Cries when alone. Sobbing. Tries to control crying during interview.
- Brooding. SILENT GRIEF.
- SIGHING.
- Close themselves off. Mistrustful. Rude.
- Changeable moods. UNPREDICTABLE. Hysterical.
- Women's liberation. Wants to prove herself.
- Gets overstrained, frustrated. Conflict between her (romantic) nature and her work. Become tense, sharp.
- Fear of birds (poultry), claustrophobia, insanity. Anxiety about health.

- Anorexia Nervosa.

### Generalities

- Paradoxical, CONTRADICTORY symptoms

e.g. nausea amel. eating heavy food.

- ALIMENTS FROM GRIEF, EMOTIONAL SHOCK.

- Hysterical tendency and symptoms

Numbness. Cramps. Spasms. Tics. Chorea.

Sudden momentary paralysis.

- amel. Travelling.

- Hirsutism.

- Intolerant or aversion of tobacco.

### Food and drinks

- Des. Cheese, fruit.

- Av. FRUIT.

- agg. Sweets (Arg-n), coffee.

### Head

- Pain as from a nail (Thuj).

- Loss of hair after grief (Ph-ac).

### Ear

- Impaired hearing except for human voice.

### Face

- PERSPIRATION ON FACE ONLY.

- Twitchings.

### Mouth

- Bites on inner cheek or tongue when chewing, speaking (Bufo).

### Teeth

- Pain agg. smoking, coffee.

### Throat

- SENSATION OF A LUMP. As if they have to cry.

- Pain, amel. swallowing solids, agg. not swallowing.

### External throat

- Spasms of neck. Torticollis.

### Stomach

- Capricious appetite.

- Emptiness, not amel. by eating.

- Disorders with amel. heavy food.

- Cramping pain. Hiccough.

- Bulimia.

### Rectum

- SPASMS, stitching pain shooting up in rectum.

### Female genitalia

- Suppressed menses from grief.

### Larynx/trachea

- Spasm of glottis.

Respiration

- Hyperventilation.

- Sighing (Calc-p, Cimic).

Cough

- Paroxysmal cough, agg. coughing. No time for inspiration. Coughing increases inclination to cough.

Reflex cough.

Chest

- Oppression. Constriction.

- Palpitation from grief (Dig).

Back

- Spasms.

Extremities

- Jerks, twitchings, chorea.

- Hysterical numbness, tingling, paralysis.

Sleep

- Sleeplessness or sleepiness from grief, bad news.

Dreams:

- Of water; waves coming over her. Drowning.

Compl.

Aur, Apis, Nat-m, Ph-ac, Puls, Sep, Sulph.

Dd

Calc-p, Cimic, Mosch, Nat-m, Ph-ac, Sep.

# IODIUM (iod.)

\* Combustion.

Mind

- RESTLESSNESS.

- Meaningless activity. Irresistable desire to run. Hurry.

- Loquacious. Hurried speech.

- Impatience. Irritable. Tendency to lose control.

- VIOLENT IMPULSES IF FORCES HIMSELF TO SIT STILL.

- Fear they will kill somebody.

- Anxiety amel. eating.

- Silly thoughts, can't get them out of their mind (Arg-n).

Fear of imaginary things, misfortune.

- ALWAYS FEELING THEY HAVE FORGOTTEN SOMETHING. Patient writes down all symptoms.

- Fixed ideas.

- COMPULSIVE NEUROSIS. Nervous.

- Anorexia nervosa: Withdrawn, fixed ideas about diet, feels has forgotten something.

- Hyperactive child (Ars-i, Tarent, Tub, Verat, Zinc).

## Generalities

- OVERACTIVITY ON ALL LEVELS. Like hyperthyroid state.
- WARMBLOODED. agg. HEAT.
- amel. Open air. Cold.
- amel. MOTION, exertion.
- amel. EATING, agg. fasting.
- INCREASED APPETITE WITH EMACIATION.
- ENLARGED GLANDS WITH EMACIATION.
- Anorexia nervosa: Wrinkled skin, enlarged glands, emaciation.
- Pulsations in whole body, ext. to fingertips, toes.

## Head

- Head pain agg. fasting, warmth, amel. cold.

## Eye

- EXOPHTHALMUS (Ferr-i).
- Constant motion of eyes.
- Twitching of lower lids.

## Nose

- Hay fever, allergies.
- Hot fluent, acrid coryza. Nose obstructed in warm room.

## Face

- Facial paralysis from suppression of goitre.

## Throat

- GOITRE (Spong).
- Swelling of glands.

## Stomach

- Tremendous appetite with amaciation (Calc, Nat-m, Tub).

## Abdomen

- Enlarged mesenteric, inguinal glands, liver and spleen.

## Rectum

- Chronic diarrhea with emaciation, in children.
- Diarrhea before rheumatic complaints (Dulc, Kali-bi).

## Male genitalia

- Swelling, induration of testes. Hydrocele.
- ATROPHY of testes. Undescended testes.

## Female genitalia

- ATROPHY of ovaries.
- Leucorrhea, acrid, corroding thighs and linen, agg. during menses.
- Uterus swollen, indurated.

## Larynx/trachea

- Laryngitis. Grasps throat on coughing (All-c).
- Croup (Acon, Hep, Spong).
- Edema glottis (Apis).

## Respiration

- Hay asthma.

Cough

- Croupy. Painful, dry cough.

- agg. Warmth, indoors.

Chest

- Pneumonia agg. right.

- ATROPHY mammae. Nodosities in skin of mammae.

- Heart feels as if squeezed by an iron hand (Cact).

- Violent palpitations agg. slight exertion, heat, amel. cold.

Extremities

- Rheumatic pains, bone pains.

- Biting nails.

- Convulsive movements and tremblings.

Sleep

- Restless. Get out of bed, walk about.

Skin

- Jaundice.

Compl.

Bad, Lyc, Sil, Tub.

Dd

Arg-n, Iodine salts, Spong, Tarent, Tub, Zinc.

# IPECACUANHA (ip.)

\* Complaints associated with NAUSEA, VOMITING.

Mind

- Full of desires, but doesn't know for what. Feels unfortunate.

- Impatience. Restless.

- Morose with contempt for everything. Jealous.

- Disposition to be angry. Irritability from noise.

- Ailments from mortification, with indignation; suppressed anger. Silent grief.

- Fear of death, with sighing.

- Indifference to pleasure. Joyless.

- Children cry and howl. Hard to please.

Generalities

- Sensitive to warm and cold.

- agg. Vomiting.

- Periodicity.

- HEMORRHAGES, bright red.

- Obesity.

- Ailments from suppressed eruptions, anger, vexation.

- Convulsions from indigestion.

## Food and drinks

- Desire: Indistinct, delicacies.
- Aversion: Food in general.
- agg. Veal, rich food, raisins.

## Head

- Headaches

With strong nausea, vomiting (Iris, Meli, Puls, Sang).

Ext. to all bones of head, teeth, root of tongue.

## Nose

- Epistaxis, bright red, clotted, agg. coughing (Dros).

## Face

- Cyanosis with respiratory complaints.
- Blue circles around eyes.
- Flushed. One sided congestion (Acon, Cham, Ign, Puls).
- Stiffness of muscles during cough.

## Mouth

- Clean tongue, or only thin white coating.
- Child puts fingers in mouth.

## Stomach

- Uneasiness. Horrid sick feeling.
- NAUSEA, VOMITING.

Vomiting does not relieve.

Nausea but not able to vomit.

agg. From smell or thought of food, rich food, ice-cream, sweets.

agg. Looking at moving objects (Cocc, Jab).

agg. Coughing. With headache. With hemorrhage.

- Stomach feels relaxed, as if hanging down like a bag.

## Abdomen

- Stitching pain in umbilical region.

## Rectum

- Diarrhea with nausea and vomiting, griping at navel.
- Hemorrhoids bleeding profusely.

## Urine

- Red urine (brick-dust sediment) with pain about navel and nausea.

## Female genitalia

- Menses too early and profuse.

**METRORRHAGIA WITH BRIGHT RED, GUSHING BLOOD, NAUSEA AND FAINTNESS.**

agg. During and after labor; motion.

- Pain from navel to uterus with menses, labour.

## Larynx/trachea

- Croup.

## Respiration

- Respiratory complaints with nausea.

- SUFFOCATIVE FROM ACCUMULATION OF MUCUS (Ant-t); in children; agg. 7 p.m.
- Asthmatic. RATTLING agg. warm moist weather.

#### Cough

- SUFFOCATIVE cough with retching, vomiting.
- Loose cough without expectoration.
- Whooping cough with epistaxis and vomiting (Dros).

#### Expectoration

- Hemoptysis, agg. exertion (Erig, Mill).

#### Chest

- Bronchitis in children. Asthmatic bronchitis.

#### Back

- Stiffness and contraction of muscles of neck with cough.
- Opisthotonos.

#### Extremities

- One hand cold, one hot (Chin, Lyc, Puls).

#### Skin

- Itching with nausea, amel. after vomiting.

#### Compl.

Ant-t, Arn, Ars, Calc, Cupr, Sulph.

#### Dd

Ant-t, Cocc, Dros, Kali-s, Mill, Puls, Sang, Tab.

### # IRIS VERSICOLOR (iris)

\* Neuralgia. Gastro-intestinal and liver symptoms.

#### Mind

- Easily vexed. Censorious. Aversion company, amel. when alone.
- Discouraged. Depressed. Suicidal thoughts agg. before menses.
- Fear of an approaching illness, death, poverty.
- Suicidal thoughts before menses.
- Cannot fix mind on studies.

#### Generalities

- agg. Right side.
- BURNING OF WHOLE GASTRO-INTESTINAL TRACT.
- Periodicity.

#### Head

- PAIN ABOVE RIGHT EYE; RIGHT TEMPLE.

With nausea, vomiting bile (Chel, Ip, Sang), which does not amel..

Alternating sides (Lac-c).

Periodical, every week.

amel. Gentle motion.

- Eruptions. Impetigo.

Eye  
- VISUAL DISTURBANCES BEFORE HEADACHE.

Face  
- Right sided neuralgia, agg. after breakfast.

Mouth  
- Feels scalded.

Stomach  
- Vomiting sour, bilious, with burning, agg. eating sweets during headache.  
- Nausea during pregnancy.

Abdomen  
- Liver affected. Gallstone colic.  
- Colic amel. bending forward, emission of flatus.  
- Herpes zoster, agg. right side.

Rectum  
- Diarrhea with burning at anus. Periodical.

Stool  
- Burning. Acrid.  
- Bilious.

Male genitalia  
- Itching agg. scratching.

Extremities  
- Shifting rheumatic pains.

Skin  
- HERPES ZOSTER with gastro-intestinal symptoms; agg. right side.  
- Psoriasis. Eczema.

Dd  
Bell, Carb-ac, Chel, Cycl, Ip, Prun, Ran-b, Rob, Sang.

# KALIUM ACETICUM (kali-act.)

Generals  
- agg. Morning.  
- Dropsy; ascites, hydrothorax.  
- Trembling and anxiety in whole body.

Head  
- Pain agg. 4 p.m. (Hell, Lyc.).  
- Perspiration, agg. 11 a.m. to 1 p.m.

Stomach  
- Constrictive, dull pressing pain, ext. abdomen.

Abdomen  
- Gnawing pain, from 9.15 a.m. till evening.  
- Pain region umbilicus, amel. going to bed evening.

- Distension agg. after supper.

#### Stool

- Diarrhea.
- hemorrhoidal blood.

#### Urinary organs

- Urine increased, watery; ammoniacal, alkaline; sweetish odor.

#### Extremities

- Weakness limbs, agg. lower limbs, morning; amel. afternoon nap; with headache.

#### Perspiration

- Profuse; offensive.

### # KALIUM ARSENICOSUM (kali-ar.)

#### Mind

- **TREMENDOUS ANXIETY ABOUT HEALTH.**

Esp. about HEART disease, heart attack.

- Other fears can develop and replace it.
- Anxious without cause. Panic attacks.
- Easily frightened and startled.
- Frightful delusions and anxious dreams. Sees dead people. Tormenting thoughts at night, about death.
- Weeping at night without cause, in sleep.
- Excitable, hurried. Cannot settle upon what he wants to do.
- Oversensitive to voices.
- Dislike to answer questions.
- Quarrelsome, scolding, discontented.
- Impulse to do violence, to kill someone.

#### Generalities

- **A CHILLY REMEDY,**
- agg. Cold, cold air, becoming cold, uncovering.
- agg. Exertion, walking fast.
- agg. Night, 1-3 AM.
- Periodicity, every third day.
- Burning pains amel. heat.
- Allergies.

#### Food and drinks

- agg. Cold drinks.

#### Head

- Sensitive to cold.
- Headache from suppressed eruptions.

#### Eye

- Swelling of lower lids.

#### Nose

- Allergy, Hay-fever. agg. Cold air.

Face

- Acne.

Stomach

- Anxiety or pain as if bruised, hollow sensation in stomach region.

Rectum

- Diarrhea agg. night, after midnight, milk.

- Burning as from hot iron.

Respiration

- ASTHMATIC, agg. NIGHT, 1-3 A.M. , agg. lying, exertion.

Cough

- agg. 1-3 a.m. .

Back

- Cervical region sensitive to cold, draft.

Extremities

- Herpes on shoulders.

Sleep

- Position: On left-side with hands over heart to protect it.

- Restless.

Skin

- Burning eruptions. Eczema. Psoriasis. Ulcers.

- Itching agg. Cold, undressing (Rumx).

- Malignant eruptions. Cancer.

Dd

Ars, Aur, Kali-c, Nit-ac.

# KALIUM BICHROMICUM (kali-bi.)

\* Profuse, ropy, gluey discharges.

Mind

- NARROW-MINDED. Conservative.

- Closed, rigid, proper.

- Tends toward a practical, materialistic point of view.

- Create a world of rigid routines.

- Long-winded. Explains things excessively. Step-by-step, routinized way of thinking.

- Begin to feel isolated and apart from social contact.

- Discouraged and gloomy. 'Sadness after annoyance'.

- Easily angered and upset.

- Sullen indifference. Peevish withdrawal.

Generalities

- Chilly.

- agg. 2-3 a.m.

- agg. Summer, though not agg. heat.
- PAIN IN SMALL SPOTS.
- WANDERING PAINS (Berb, Form, Kali-s,Puls). Suddenly coming and going.
- DISCHARGES: VISCID, ROPY, GLUEY, YELLOW (Hydr).
- Ulceration of mucus membranes.
- Periodicity.

#### Food and drinks

- Desire: Beer.
- Aversion: Beer.
- agg. : BEER.

#### Head

- Headache in small spots.
- Pressing frontal pain or neuralgia from suppressed coryza.

#### Eye

- Swelling of lids.
- PHOTOPHOBIA and visual disturbances before or with headache.

#### Ear

- Viscid, ropy, yellow discharge.

#### Nose

- Chronic coryza. SINUSITIS.
- THICK, ROPY, ELASTIC, YELLOW DISCHARGE.
- PRESSIVE OR BURNING PAIN AT ROOT OF NOSE (Stict, Kali-i).

- Hard, dry crusts, bleeding when detached.
- Elastic plugs.
- Post-nasal discharge (Cor-r).
- Polyps (Calc, Sang, Teucr).
- Nasal voice.

#### Face

- Neuralgia from suppressed coryza..

#### Mouth

- Sensation of hair on tongue (Sil).
- Ropy mucus, saliva.
- Tongue smooth, shiny (Pyrog, Lach, Ter).

#### Throat

- Inflammation. Ulceration.
- Swelling of uvula.

#### Stomach

- ULCERS. Cancer (Hydr).
- GASTRIC COMPLAINTS ALTERNATING WITH RHEUMATIC OR RESPIRATORY COMPLAINTS (Dulc).
- Indigestion from meat.
- Constant nausea in alcoholics.

- Vomiting of ropy, yellow mucus or water.

#### Rectum

- Diarrhea agg. morning, drives out of bed, beer, summer.

- Diarrhea alternating with rheumatic complaints (Dulc).

#### URINE

- Ropy, viscid, obstructs urethra.

#### Kidneys

- Pain from kidneys ext. to bladder and to the knee.

#### Male genitalia

- Desire diminished when puts on weight.

#### Female genitalia

- Ovarian cysts agg. left side.

- Prolapse of uterus agg. warm weather.

- Leucorrhoea, yellow, tenacious.

#### Larynx/trachea

- Hoarseness. Croup.

#### Respiration

- Asthmatic, agg. 1-2 a.m.

- Rattling agg. in old people (Ammc.) (Kali-s. in children).

- Loud.

#### Cough

- agg. Eating, morning on waking.

#### Expectoration

- Copious, stringy, tough, yellow/green.

#### Chest

- Coldness about the heart, deep in chest.

#### Back

- Pain in coccyx agg. sitting, during coition, before urination.

- Pain in small spots, esp. angles of scapulae.

#### Extremities

- RHEUMATIC COMPLAINTS ALTERNATING WITH GASTROINTESTINAL OR RESPIRATORY COMPLAINTS (Dulc).

- WANDERING PAINS (Berb, Form, Kali-s, Puls).

- Arthritic pain agg. cold and agg. summer.

- Left sided sciatica, amel. motion, agg. warm weather.

#### Skin

- Syphilitic ulcerations.

- Itching amel. cold air (Fago).

#### Compl.

Ant-t, Ars, Phos, Psor, Sep.

#### Dd

Dulc, Form, Hydr, Merc, Kali-c, Kali-s, Lith-c, Puls, Sil, Stict.

## # KALIUM BROMATUM (kali-br.)

### Mind

- Feeling of moral deficiency. Religious depression.
- Delusion has committed a crime.
- DELUSION IS SELECTED FOR DIVINE VENGEANCE; being pursued; conspiracies against him; being poisoned.
- Imagines he can't pass a certain point.
- Fear of being alone, esp. at night.
- Involuntary weeping and sighing.
- Mania, insanity, paranoia, delirium.
- Inability to express oneself. Had to be told the word before he could speak it.
- Mistakes in writing. Omits words or part of words, repeats or misplaces words.
- Dullness, difficulty of thinking and comprehending.

### Generalities

- amel. Mental or physical occupation.
- agg. Night, 2 a.m.
- agg. Right side.
- Ailments from sexual excess or unsatisfied desire.
- Ailments from grief, worry.
- Convulsions, epileptic, agg. menses, labour (Oena).
- Climaxis, menopause.
- Numb sensations.

### Eye

- Squinting after night terror.

### Face

- ACNE.

### Teeth

- Grinding at night.

### Throat

- Anaesthesia.
- Difficult swallowing of liquids (Lach, Lyss).

### Stomach

- Hiccough.

### Urethra

- Sensibility diminished (Caust, Mag-m).

### Male genitalia

- Impotency after sexual excess.
- Seminal emissions.

### Female genitalia

- DESIRE INCREASED, agg. menses.
- Loss of sexual feeling during coition.

- Ovarian neuralgia. Cystic tumors of ovaries.

- Uterine fibroids.

### Cough

- Dry, fatiguing, hacking cough agg. pregnancy.

- Whooping cough with convulsions.

### Extremities

- RESTLESSNESS OF HANDS (Tarent), agg. right side.

Busy twitching of fingers.

- Jerking, twitching of muscles.

### Sleep

- FRIGHTFUL DREAMS (Stram). Awakes screaming, recognizes no one.

- Somnambulism. Restlessness.

- Sleepless after menses, during pregnancy; from grief, worry, sexual excitement.

### Skin

- Anesthesia.

### Dd

Hyos, Lach, Merc, Stram, Tarent, Verat.

## # KALIUM CARBONICUM (kali-c.)

### Mind

- RIGID, INFLEXIBLE, DOGMATIC.

- Systematic, proper, routine-oriented.

- Strong mental control over emotions and behavior.

- Matter-of-fact way of thinking.

- Can be sensitive but will not show it.

- Emotions, anxiety felt in SOLAR-PLEXUS (Ant-c, Calc, Mez).

- Hypersensitive to TOUCH, ticklish.

- Irritability at trifles.

- Fears: being alone, impending disease, dark, ghosts, future.

- Starting easily, from noise, when touched, during sleep.

- Capriciousness.

### Generalities

- CHILLY, agg. cold.

- agg. DRAFT, uncovering,

- agg. 2-4 A.M.

- agg. Coition.

- Stout.

- STITCHING pains (Arg-n, Bry, Hep, Nit-ac, Sil).

- Dropsies.

### Food and drinks

- Desire: Sweets.

## Head

- Falling of hair from temples.

## Eyes

- Dim vision after coition.
- SWELLING OF LIDS, agg. upper lid.

## Ear

- Itching. Noises in ear.

## Nose

- Chronic catarrh. Sinusitis.

## Face

- SWELLING AROUND EYES.
- Falling of eyebrows.

## Throat

- Inflammation with stitching pain.
- Pain agg. empty swallowing, becoming cold.

## Difficult swallowing.

## Stomach

- Emotions, anxiety felt in solar plexus. Sensitive epigastrium.
- Sensation as if full of water.
- Gastritis. Ulcer.
- Pain from cold drinks when overheated.

## Rectum

- Painful hemorrhoids, burning and stitching, agg. coughing, touch. Has to lie on the back with nates spread apart (Paeon).
- Constipation, agg. before and during menses.

## Kidneys

- Stones.
- Renal failure.

## Male genitalia

- Sensitive testicles.

## Female genitalia

- Labor pains inefficient, felt in the back (Gels), ext. to buttocks and down legs. Miscarriage.
- First menses delayed, difficult.
- Metrorrhagia, leucorrhea with violent labor-like pains back pains.
- Uterine fibroid.

## Respiration

- ASTHMATIC

agg. 2-4 A.M. , lying flat.

amel. Leaning forward with elbows on knees or head between knees, sitting upright, lying head high.

## Cough

- Dry, hard cough,agg. 2-4 a.m. ; with stitching pains.

## Expectoration

- Cheesy taste.

## Chest

- Pneumonia. Bronchitis. Tuberculosis.
- Angina pectoris. Heart failure.
- Heart seems to hang by a thread.
- Hydrothorax.
- Whole chest is painful. Wandering, stitching pains.
- Swelling of mammae before menses (Calc, Lac-c, Tub) .

## Back

- Weakness. Lumbago, sciatica.
- Pain agg. menses, labor, sitting erect, walking, amel. hard pressure. Must sit to turn over in bed (Nux-v).

## Extremities

- Deformative arthritis, agg. cold, wet.
- Dropsies.
- Sensitive footsoles (Med).

## Sleep

- SLEEPLESSNESS. Waking 2 to 4 a.m. , 4 hours after falling asleep.
- Talking in sleep.
- Jerks on falling asleep, during sleep.
- Starting up in sleep.

## Compl.

Ars-i, Carb-v, Nat-m, Nit-ac, Nux-v, Phos.

## Dd

Ars, Aur, Calc, Dulc, Nat-s, Nux-v, Sil. Other Kali's.

## # KALIUM CHLORICUM (kali-chl.)

### Mind

- Liveliness followed by ill-humor.
- Sudden unconsciousness after glass of wine.
- Delirium after convulsions.
- Dullness. Apathy, with sadness, loathing for life, agg. evening.

### Generals

- Prostration.
- Chilliness.
- amel. Warm bath.
- Stomatitis.
- Toxaemic conditions of pregnancy. Nephritis.

### Food and drinks

- agg. Alcohol.

### Vertigo

- Violent motion.

## Head

- Congestion: One-half of head, face, nose felt paralyzed.
- Pain, continuous, agg. evening; ext. jaws/malar bones.
- Confusion in occiput, with tension muscles of nape.
- Crusta lactea.

## Eyes

- Pain, redness agg. evening. Pain upper lid agg. evening.
- Congestion with irritation.
- Conjunctivitis, keratitis.
- Twitching inner canthi.
- Flames and sparks on coughing, sneezing.
- Diplopia.

## Nose

- Catarrh, pain at root of nose; much sneezing and discharge.
- Epistaxes agg. night, right side; amel. mind sx.

## Face

- Swelling. Lips blue, swollen.
- Twitching.
- Drawing pain right cheek, amel. sneezing. Cramp in right cheek. Pain right malar bone.
- Neuralgia agg. left, eating, talking, slight touch; followed by numbness.
- One-sided paralysis.
- Pimples.

## Mouth

- Stomatitis.
- Symmetrical ulcers on tongue. Grey-based ulcers.
- Salivation: acid. Taste: salt, sour, bitter, burning.
- Cold tongue.

## Throat/external throat

- Red and swollen. Scraping, raw, dry.
- Swallowing difficult.
- Submaxillary glands swollen.
- External sensitiveness.

## Stomach

- Acute gastritis. Pyrosis.
- Eructations, sour, violent.
- Heaviness and fullness.
- Heat or coldness.
- Vomiting, sudden, incessant; all food, offensive dark green mucus.

## Abdomen

- Flatulence and movements.
- Epigastric distention.
- Colic with diarrhea, shifting flatulence.
- Spleen enlarged.

## Rectum

- Dysentery: violent cutting as from knives, tenesmus, patient cries out, small bloody evacuations, prostration.
- Green stools.

## Urinary organs

- Irritation urethra and scrotum.
- Urine: increased evening, night; bloody, black, albuminous, greenish-black, with casts, urates.

## Male genitalia

- Violent erections; pollutions with lascivious dreams.

## Respiratory organs

- Hoarseness.
- Violent cough as from sulphur fumes.

## Chest

- Precordial anxiety with palpitations and oppressions.
- Coldness in precordial region.
- Pulse weak, not synchronous with heart beat.

## Extremities

- Coldness arms, feet.
- Awkwardness.
- Itching pimples, with vesicles on back of hand.

## Skin

- Cyanosis, agg. lips, extremities.
- Jaundice.
- Miliary eruptions.

## Sleep

- Interrupted by heavy dreams.
- Dreams: vexatious, anxious, occurrences of previous day, prophecies of death, voluptuous.

## # KALIUM CITRICUM (kali-cit.)

### Generals

- Bright's disease.
- Complaints after influenza.

### Gastro-intestinal

- Severe gastric and abdominal pains.
- Flatulence. Tympanitic.
- Mucus discharge from rectum.
- Stomach and intestines feel skinned inside.

### Urinary tract

- Inflammation kidneys.
- Urine suppressed.

## # KALIUM FERROCYANATUM (kali-fcy.)

### Mind

- Sadness. Weeping.
- Anxiety about baby. Fear of death.
- Irritability. Easily offended.

### Generals

- Weakness.
- Pale lips, gums and skin.
- Coldness.
- Wandering neuralgic pains.

### Stomach

- Sinking sensation with tremor.
- Emptiness.

### Bladder

- Frequent, profuse, watery urine.

### Male genitalia

- Emissions too easy; nocturnal with amorous dreams.
- Erections incomplete.
- Enjoyment diminished.

### Female genitalia

- METRORRHAGIA, PAINLESS, PASSIVE, CAUSING WEAKNESS.
- Leucorrhoea like pus, yellow creamy, with back pain.
- Bearing down uterus.
- Sexual desire increased.

### Chest

- Hypertrophy of heart.
- Fatty degeneration of heart.

### Dd

Both., Carb-v., Chin., Croc., Erig., Ferrums, Ip., Mill., Phos., Phos-ac., Sabin., Sec., Tril-p., Ust.

## # KALIUM IODATUM (kali-i.)

### Mind

- Talkative. Full of jokes.
- Passionate.
- Anxious and excited.
- Anxious weeping.
- Fright at every trifle. Starting from every little noise.
- Fear of evil.

- Troublesome and unreasonable impressions become fixed ideas.
- Irritability towards his children. Hardhearted with his family.
- Irritability and maliciousness with sadness.
- Loss of memory, for words while speaking, while writing; cannot play music.

#### Generalities

- WARMBLOODED. agg. Heat.
- agg. Night, 5 A.M.
- agg. Seaside.
- amel. Cold. Open air.
- amel. Motion.
- Flushes of heat.
- Syphilitic tendency. Bone pains at night.
- Glands enlarged, indurated, atrophied.

#### Head

- Headache, agg. 5 a.m. , heat; amel. open air.
- Headache associated with sinusitis.
- Hard, painful nodules on head.

#### Eye

- Conjunctivitis. Keratitis. Iritis. Chemosis.
- Swelling of lids.

#### Nose

- Acrid, burning, watery or greenish/yellow discharge, agg. open air. Sneezing.
- ALLERGY, HAYFEVER with dyspnea.
- SINUSITIS (Lyc, Kali-bi, Merc, Sil, Stict).
- Pain and pressure at root of nose (Kali-bi, Stict).
- Sensitive nostrils.

#### Mouth

- Pain at root of tongue, agg. night, protruding.
- Ulcers in mouth and on tongue.

#### Throat

- Goitre, exophthalmic (Calc, Iod, Spong), sensitive to touch and pressure.
- Swelling of uvula.

#### Bladder

- Frequent urination before menses.

#### Male genitalia;

- Atrophy of testes.
- Paraphimosis with great swelling.
- Condylomata.

#### Female genitalia

- Uterine tumors. Hypertrophy. Subinvolution.
- Scanty menses with obesity.

#### Larynx/trachea

- Edema glottis (Apis).

## Respiration

- Difficult, ASTHMATIC agg. 5 A.M. , heat, amel. open air.
- Waking with suffocation.

## Chest

- Pleuritis. Pneumonia, agg. right side.
- Atrophy and tumors of mammae.

## Extremities

- Sciatica, agg. left side, night, lying on painful side, amel. flexing leg, motion, open air.
- Rheumatism, esp. of knee, with swelling, amel. cold, motion, agg. heat.
- Uncovering feet.

## Skin

- Acne. Urticaria. Eczema.
- Boils. Rough nodules.
- Itching agg. heat, amel. cold.

## Dd

Iod, Kali-s, Kali-n, Lach, Puls. Other Iodates.

## # KALIUM NITRICUM (kali-n.)

### Mind

- Indifference with ennui.
- Anxiety about health, fear of death.
- Weeping from music.
- Restlessness.
- Delusion he is made of wood.

### Generalities

- WARMBLOODED, agg. heat.
- agg. 3 a.m.
- Numbness, stiffness in affected parts, as if made of WOOD.

### Food and drinks

- Desire: FAT.
- agg. VEAL.

### Head

- Pain after eating veal, agg. warm room, amel. motion of carriage.

### Nose

- POLYPUS IN RIGHT NOSTRIL (Caust, Sang).
- Sinusitis. Obstruction. Pressure at root of nose (Kali-bi, Stict).

### Abdomen

- Colic agg. after eating veal.

### Rectum

- Diarrhea agg. after veal.

### Female genitalia

- Menses black.

Respiration

- ASTHMATIC, 3 A.M. , must sit up, CAN DRINK ONLY IN LITTLE SIPS.

Cough

- Cough agg. at 3 a.m. , cold or open air, eating bread or cake.

Chest

- Pneumonia. Cardiac astma.

Back

- Pain agg. cough, dyspnea, lying on back, amel. lying on right side.

Extremities

- Numbness and weakness. Wooden sensation (Thuj).

Dreams

- Of journeys.

Dd

Kali-bi, Kali-s, Kali-i, Nit-ac, Sang, Stict, Thuj.

# KALIUM OXALICUM (kali-ox.)

Mind

- Insanity.

- Falls and utters loud cries.

Generals

- Violent convulsions, cramps

- Coldness, followed by burning heat.

- Collapse. Weakness. Faintness.

- Abscess with acrid pus.

Head

- Throbbing with great thirst.

Stomach

- Violent vomiting. Vomiting black.

Back

- Severe pain.

Extremities

- Blue fingers and nails.

- Weakness lower limbs with cramps.

# KALIUM PHOSPHORICUM (kali-p.)

Mind

- Nervous, oversensitive, delicate.

- Extroverted. Excitable.

- IRRITABILITY from weakness (Chin). Everything is too much. Impatience at trifles.
- Cruel to husband, baby.
- Anxious, fearful. Fear something bad will happen, bad news, disease, agoraphobia, when alone.

Easily starting.

- Haunted by and longing for remembering past events.
- Indifference.
- MENTAL EXHAUSTION (Lec, Pic-ac).

Difficult concentration. Forgetful for names and words.

Mistakes in localities.

- Sadness and restlessness from delayed menses; during mental labor (Graph).

Generalities

- Chilly, agg. cold.
- agg. MENTAL EXERTION.
- agg. Coition.
- agg. Night, 2-5 a.m.
- WEAKNESS AND EASILY FATIGUED.
- Ailments from overwork, excitement, worry.
- Malignant tumors.

Weakness after operation of cancer, chemotherapy.

Food and drinks

- Desire: Vinegar (Sep), cold drinks.

Vertigo

- agg. Facing the sun.

Head

- Headache agg. mental exertion, amel. gentle motion.
- Itching at night, 3-5 a.m.

Eye

- Weakness from reading, after coition.

Ear

- Otitis. Pain agg. lying down. Chronic otorrhea.
- Neuralgia left mastoid, agg. cold air.

Nose

- Hay fever. Violent sneezing, agg. 2 a.m.
- Itching posterior nares.

Face

- Neuralgia agg. right, amel. cold application, talking/motion.

Mouth

- Gums swollen and bleeding, esp. with disturbed digestion.

Teeth

- Toothache alternating with headache.

Stomach

- Nervous, 'gone' sensation at pit of stomach.

Abdomen

- Fermentation. Food intolerances.

Rectum

- Offensive diarrhea, agg. fright, while eating, amel. mental exertion.

Male genitalia

- Seminal emissions.

- Strong desire with urging to urinate.

Female genitalia

- Offensive leucorrhea.

- Menses offensive.

- Pain left ovary, amel. bending double (Coloc), lying on back, or left side.

- Desire increased after menses.

Cough

- agg. 2-2.30 a.m.

Extremities

- Pain amel. motion, warmth (Rhus-t).

Sleep

- Sleeplessness from mental exertion, worries.

agg. After midnight.

Compl.

Caust, Mag-p.

Dd

Chin, Ferr-p, Lec, Mur-ac, Nat-c, Nux-v, Phos, Pic-ac, Sep.

# KALIUM PICRICUM (kali-pic.)

\* Affects liver.

Generals

- Weakness.

Gastro-intestinal

- Pain pit of stomach.

- Diarrhea.

- Violent eructations.

- Colic.

Urine

- Brownish red from urate of ammonia.

Skin

- Jaundice.

Dd

Card-m., Chel., Chion., Chin., Kali-c., Lyc., Nat-s., Senn.

# KALIUM SULPHURICUM (kali-s.)

## Mind

- Timid. Lack of self-confidence.
- Busy. Hurried. Restless.
- Discontented. Irritable.
- Anxiety from heat, amel. open air.

## Generalities

- WARMBLOODED.
- agg. HEAT. Overheated. Warm room.
- amel. COLD, OPEN AIR.
- agg. Evening.
- Wandering pains (Berb, Form, Kali-bi, Puls).
- DISCHARGE: PURULENT, YELLOW.
- Ailments from suppressed eruptions.

## Food and drinks

- Desire: Cold food and drinks.
- Aversion: EGGS, warm drinks.

## Head

- Headache in warm room, amel. open air.
- Dandruff, yellow, moist, sticky.
- Falling of hair.

## Eye

- Inflammation with purulent, yellow discharges (Puls, Sulph).

## Ear

- Otitis. Yellow, brown discharge. Glue ear.
- IMPAIRED HEARING from catarrh.

Eustachian deafness. (Calc, Petr, Sil).

## Nose

- Coryza, catarrh with yellow purulent discharge.
- Obstruction with mouth breathing, snoring.

Post-nasal discharge.

## Face

- Faceache in warm room, amel. cool, open air.

## Mouth

- Tongue coated with yellow mucus.

## Stomach

- Stomach affections with yellow coated tongue.

## Male genitalia

- Gonorrhoea.
- Orchitis, after suppressed gonorrhoea (Clem, Med, Puls).

## Respiration

- RATTILING agg. during sleep, in children, warm room, amel. cool air.
- ASTHMATIC, agg. evening, 3 a.m. , warm room , amel. cool air

- SNORING.

Cough

- LOOSE, RATTLING cough,  
agg. evening, 3 a.m. , warmth.

Expectoration

- YELLOW, PURULENT.

Chest

- Bronchitis, esp. in children.

Extremities

- RHEUMATIC PAINS, WANDERING, agg. warmth, amel. cold (Guaj, Led, Lac-c, Puls, Sulph).

Skin

- Scaly eruptions. Desquamating.

- Sores, ulcers with yellow, sticky discharges.

- Eczema. Epithelioma. Psoriasis.

Compl.

Carb-v, Puls, Tub.

Dd

Calc-s, Puls, Sang, Sulph. Other Kali's.

# KALMIA LATIFOLIA (kalm.)

\* Neuralgia's and rheumatism. heart problems.

Mind

- Anxiety, about the future. Fear of evil.

- Consolation agg.. Aversion to be spoken to.

- Obstinate.

Generalities

- Chilly. agg. Cold.

- NEURALGIC AND RHEUMATIC PAINS. Wandering pains, associated with stiffness and numbness.

- PAIN EXTENDING DOWNWARD.

- Pain increases and decreases with the sun (Glon, Stann).

- Weakness with trembling. Paralytic sensations.

Head

- Rheumatic pains.

- Pain from nape upward to face (Gels, Sil).

- Headache amel. profuse urination (Fl-ac, Gels).

Eye

- STIFFNESS of muscles of eye, eyeballs and eyelids (Nat-m, Onos, Ruta).

- PAIN from sunrise until sunset,

agg. turning eyes sideways, evening, open air.

- Rheumatic iritis.

Face

- Neuralgia: agg. Right side, exposure to cold, mental exertion.

amel. Eating.

From suppressed eruptions.

Pain increasing and decreasing with the sun.

Attended or succeeded by numbness.

Ext. to right arm. Shooting downward.

Stomach

- Pain in pit of stomach amel. sitting erect, agg. stooping.

- Vomiting amel. wine.

Chest

- Rheumatism of muscles, pain agg. motion (Ran-b, Spig).

- PALPITATION AND PAINS agg. LYING LEFT SIDE,

amel. LYING ON BACK (Lil-t).

Visible palpitations; loud murmurs.

- Pain from chest extending to left hand.

- Weak, slow pulse (Dig).

- NEURALGIC, RHEUMATIC AND ORGANIC HEART DISEASE. Angina pectoris. Tobacco heart.

Valvular heart disease (Naja).

- Sharp pains take away breath.

Extremities

- RHEUMATIC PAINS EXTENDING DOWNWARD.

WANDERING PAINS. Suddenly shifting (Form).

agg. Becoming cold.

- Rheumatic pain of right shoulder, ext. downward.

- Tingling and numbness of left arm (Lat-m).

Compl.

Benz-ac, Spig.

Dd

Abrot, Berb, Bry, Cimic, Form, Lach, Lil-t, Ran-b, Ruta, Spig, Spong.

# KREOSOTUM (kreos.)

\* Excoriation.

Mind

- Dissatisfied with everything. Child wants things, throws them away and wants something else.

- Cross, wilful, obstinate.

- Restlessness, agg. evening and at night, from 6 p.m. until 6 a.m. ; must constantly move.

- Weeping from music and slight emotional causes.

Generalities

- EXCORIATING, CORROSIVE DISCHARGES.

- Inflammation of mucous membranes.

- Hemorrhages.

- Offensiveness.
- agg. Left side.
- agg. 6 p.m. to 6 a.m.
- agg. Menses, pregnancy.

#### Food and drinks

- Desire: Smoked meat.
- agg. Cold food.
- amel. Warm food.

#### Head

- Headache agg. before or during menses.

Shooting pain ext. to jaws and teeth.

#### Eye

- Hot, salty, excoriating lachrymation (Euphr).

#### Ear

- Difficult hearing and noises, before and during menses.

#### Nose

- Excoriating discharge.
- Chronic catarrh of old people.

#### Face

- Burning pain agg. talking, amel. lying on affected side.
- Eruptions.

#### Mouth

- Saliva acrid.
- Offensive breath.
- Bleeding and retraction of gums.

Inflammation, ulceration of gums.

- Aphthae, salivation during pregnancy (Helon).

#### Teeth

- PREMATURE CARIES OF TEETH (Staph). Black spots on teeth.
- Dentition difficult, with restlessness, sleeplessness, irritability and crying (Calc-ph, Cham, Tub).
- Toothache during pregnancy (Lyss, Sep).

#### Stomach

- Nausea and vomiting during pregnancy, before menses.
- Weak digestion. Food is immediately rejected or vomited undigested several hours after eating.
- Cancer of stomach.

#### Rectum

- Painful stool, child struggles and screams.

#### Bladder

- Can urinate only when lying.
- Enuresis in first part of night (Caust, Sep). Difficult to wake child.
- Involuntary urination while coughing, while lying.

#### Urine

- Offensive.

- EXCORIATING. Scalding parts.

Male genitalia

- Gangrene of penis (Lach).

Female genitalia

- CORROSIVE LEUCORRHEA, offensive, agg. between menses, during pregnancy.

- Burning, itching and swelling of internal and external parts, ext. to thighs, agg. after urination.

- Menses excoriating, offensive.

- Violent pain during coition, gives aversion and fear of sex. Hemorrhage after coition.

- Cancer of cervix, vagina.

- Menstrual flow intermits, ceases on sitting or walking, reappears on lying. Metrorrhagia agg. lying.

- Prolapse of uterus and vagina.

Cough

- Hoarse, hollow cough from irritation in larynx, agg. changing position in bed.

- Cough with retching and involuntary urination.

- Cough provokes yawning.

Expectoration

- Offensive. Bloody.

Chest

- Atrophy of mammae with small hard lumps in them (Iod).

Back

- Pain under left scapula amel. pressure, lying on painful side, agg. motion, riding in carriage.

Extremities

- Pain and stiffness in left thumb, as if sprained.

Dreams

- Dreams he is urinating properly with enuresis.

Skin

- Violent itching, agg. evening; with burning sensation after scratching. Burning heat and itching.

- Excoriation of skin.

- Eruptions about menses.

Compl.

Ars, Phos, Sulph, Tub.

Dd

Ars, Calc-p, Carb-an, Cham, Cina, Merc, Nit-ac, Sep, Tub.

# LAC CANINUM (lac-c.)

Mind

- THINKS HIMSELF OF LITTLE CONSEQUENCE.

Delusion despised; looked down upon; insulted.

- Low self-confidence.

- Physical insecurity

Think they are ugly. Delusion she is dirty. Can lead to compulsive neurosis (Arg-n, Iod), always

washing the hands.

Don't want to be touch or even aversion to touch one-self.

- Vivid imagination with insecurity about body gives fear of diseases.
- Tries to overcome feelings by acting extroverted, aggressive, etc.
- Can become hardhearted.
- Changeable moods. Hysterical tendency. Manic-depression.
- Forgetful of purchases. Mistakes in reading and writing.
- FEAR OF SNAKES (Lach), VERMIN. HALLUCINATIONS OR DREAMS about it.
- Fear of insanity, fainting (Arg-n), thunderstorm, diseases.
- Confusion of identity.

Generalities

- SYMPTOMS ALTERNATE SIDES, left to right and vice versa.
- Chilly with amel. from cold.
- Sensitive to touch, pressure.

Food and drinks

- Desire: SALT, SPICES (pepper), ALCOHOL, WARM DRINKS.
- agg. Milk.

Vertigo

- AS IF FLOATING IN THE AIR, agg. walking (Calc-ar), lying.

Head

- Pain alternating sides (Iris, Nux-v).
- Pain from nape or occiput extending upward, and back again.

Eye

- Images too long retained (Nat-m).

Nose

- Coryza, obstruction alternating sides.
- Profuse greenish discharge, agg. night.
- Over-sensitive to smell of flowers (Nux-v).
- Liquids come out through nose on swallowing.
- Cold nose (Camph, Carb-v, Verat).

Face

- Jaws crack while eating.

Throat

- Inflammation. Tonsillitis.

Pain and swelling alternating sides.

agg. Swallowing. Pain radiates to ear.

agg. During menses.

amel. Cold drinks (Lach).

Abdomen

- Sensitive to pressure, even of cloths.

Rectum

- Constipation before and after menses.

## Male genitalia

- Desire increased.

## Female genitalia

- Increased desire, agg. touching breasts, slight friction of parts (Murx).
- Pain ovaries, alternating sides, amel. bending backwards (Dios).
- Leucorrhoea only during daytime, not even when walking at night.
- Flatus from vagina (Lyc).
- Pain in vulva, has to spread legs, amel. lying on back.

## Respiration

- Dyspnea immediately after falling asleep (Grin, Lach, Op).

## Chest

- Painful swelling of mammae before menses, agg. jar. Has to hold them firmly on going up and down stairs.

## Alternating sides.

- Mastitis, alternating sides, agg. jar.
- Galactorrhea. Dries up milk.
- Painful nipples.

## Back

- Sciatica, lumbago alternating sides.

## Extremities

- Rheumatic pains: wandering, alternating sides.
- Numb pains of ankles with swelling.
- Warts on the fingers.
- Very sensitive, cannot bear that parts touch each other; spreads fingers (Lach).
- Sensitive and hot palms and soles. Uncovers feet.

## Sleep

- Position: On the back, one leg drawn up with foot on opposite knee.

On the side, face almost touching knee.

## Dreams

- SNAKES. Vermin.

## Skin

- Sensation of crawling of insects.

## Dd

Arg-n, Lach, Lyc, Phos, Syph, Thuj.

## # LAC DELPHINUM (lac-del.)

## Themes

- Calm during danger
- Play and pleasure.
- Circles.
- Separation/Detached.

- Clairvoyance.

## Mind

- Affectionate. Amorous.

- Wants to be watched constantly. Desire for amusement.

Swimming, desire for. Eating for pleasure.

- Plays antics.

- Conscientious about trifles.

- Impelled to touch things.

- Sensitive to noise on going to sleep.

## Generals

- Weakness from heat of the sun.

## Food and drinks

- Desire: Chocolate, ice-cream, onion, cold drinks.

## Vertigo

- Swaying to left.

- Turns in a circle to right.

- Obscurity of vision.

## Eye

- Photophobia.

## Nose

- Post-nasal catarrh, pressing pain.

- Fullness. Sinusitis.

## Mouth

- Aphthae.

## Throat

- Pain left side; sensation of lump.

## Gastro-intestinal

- Heartburn; burning in stomach amel. pressure, warm applications.

## Respiratory

- Loss of voice from excitement.

- Dry, short cough from tickling in larynx.

- Expectoration grayish.

- Inflammation lungs, congestive stage.

## Chest

- Pain on coughing.

- Pain heart, agg. lying left side.

- Pain left mammae.

- Pain ribs, right to left.

- Sensation of bubble, left side.

## Extremities

- Pain in big toe, agg. right.

- Swelling lower limbs; heavy feeling.

## Sleep/dreams

- Restless.
- Semi-conscious, hears everything.
- Dreams: Circle.

## # LAC EQUINUM (lac-e.)

### Themes

- Apathy/Ennui.
- Difficult encounters/Frustration.
- Confrontational/Critical/Nasty.
- Mistakes.
- Organisation.
- Impatient.
- Irritable.
- Killing/Violence.

### Mind

- Efficient, well-organised.
- Takes too much responsibility.
- Anxiety on waking. Anticipation. Want of self-confidence.

### Delusion hindered.

- Fear of insanity.
- Desire to escape.
- Estranged from family.
- Anger when touched. Quarrelsome.
- Complaining. Frustration at unsuccessful attempts.
- Restless, nervous.
- Concentration difficult. Fuzzy.
- Mistakes in calculating.

### Generals

- amel. Riding on horseback.
- amel. Evening, twilight.
- Convulsions: agg. right side; during heat; on waking; followed by paralysis.
- Clothes, intolerance of.
- Weakness agg. warm bathing, warm weather.

### Food and drinks

- Desire: Lemonade.
- Aversion: Chocolate.
- agg. Alcohol.

### Head

- Falling of hair.
- Constriction. Pressing pain temples.

### Eyes

- Dry.

Face

- Acne.

- Herpes mouth corners.

Mouth

- Aphthae palate.

- Bleeding gums.

External throat

- Constriction agg. touch, amel. uncovering.

Gastro-intestinal

- Anxiety. Indigestion from excitement.

- Hiccough.

- Stomach burning at night, 3-5 a.m.

- Enlarged liver. Pain liver agg. eating.

- Distention.

- Involuntary stool in old people.

Female genitalia

- Pain ovaries, alt. sides, after menses.

- Tingling, voluptuous (pain) left ovary, after menses.

Respiration

- Asthmatic. Impeded from oppression epigastrium.

Chest

- Pain mammae before menses.

Extremities

- Discoloration upper limbs, black, blue blotches; black toenails.

- Numbness right hand. Weakness right hand agg. writing.

- Stiff, sore knee.

- Pain right shoulder; right hip ext. knee.

Sleep/dreams

- Sleepless after midnight, 3-5 a.m. ; full moon.

- Unrefreshing.

- Dreams: Cats, horses, breasts, escape from danger, frustration, killing, being pursued, singing, violence.

Skin

- Discoloration blackish, bluish.

- Eruptions: herpetic, circinate.

Dd

Caust, Kali-p, Ox-ac, Vesp, Vip.

# LAC HUMANUM (lac-h.)

Mind

- Alert. Active. Senses acute.
- Feeling of relaxation and peace.
- Detached, from ego.
- Lack of self-confidence. Irresolution. Fear of the outside world.
- Mood changeable.
- Aversion to company. Isolation.
- Irritable. Answers snappishly. Malicious.
- Despair, depression.
- Untidiness agg..
- Unaware. Indifference to everything; to sufferings of others.
- Concentration difficult. Mistakes. Inaccurate judge of distance.
- Confusion. Thoughts disconnected. Tranquillity.
- Stupor, as if intoxicated. Unconscious, automatic conduct.
- Gestures, wringing of hands.

#### Generals

- agg. Morning on waking.
- agg. Left side.
- Physical relaxation.
- Energy increased.
- Ailments after sexual abuse.
- Addictions (smoking, eating).
- Fluctuations in body weight.
- Hormonal disturbances.
- Warm blooded. Flushes of heat.

#### Food and drinks

- Desire: Sweets, carbohydrates.
- Aversion: Sour.
- agg. alcohol.

#### Vertigo

- Sense. of floating.
- Feels drunk.

#### Head

- Pressure, constriction, bursting, agg. left side; occiput ext. forehead, left eye.
- Sense. of two brains.

#### Eye

- Lachrymation; sense. of wind; agg. left eye.

#### Ear

- Stitching pain, agg. left.

#### Nose

- Coryza, one-sided discharge. Obstruction left side.

#### Face

- Herpes left lower lip. Cracks mouth corners.

#### Mouth

- Speech difficult, inarticulate.

- Sore spots, tongue.

#### Throat

- Pain, with sense. of tongue being pulled back, sloppiness on swallowing.

- Choking. Liquids pass wrongly.

#### Stomach

- Appetite increased; eructations, heartburn, nausea, hiccough amel. eating.

#### Abdomen

- Distention.

#### Female genitalia

- Menses black and dark.

- Bearing down pain.

- Ovarian cysts.

#### Cough

- Dry or Loose with thick expectoration.

#### Chest

- Heart constriction, ext. to stomach; oppression.

- Swelling, soreness of mammae, agg. before menses.

#### Back

- Stiffness. Cracking cervical region.

#### Extremities

- Soles of feet, soft, spongy, lack of feeling, numbness.

- Stiffness of knee.

- Restless feet, hands.

- Awkwardness.

- Pain left ankle.

- Sciatica, agg. right, amel. sitting, walking.

#### Sleep/dreams

- Sleepless before 1 a.m. ; waking at 4 a.m.

- Waking early; difficult.

- Many vivid dreams; about babies, children, family, friends, colleagues, homes; falling, disaster, war.

#### Dd

Anac., Bar-c., Calc., Cann-i., Hyos., Lyc., Nat-c., Nat-m., Op., Ph-ac., Puls., Staph., Sulph., Sep.,

### # LAC LEONINUM (lac-leo.)

#### Themes

- Anger/Rage.

- Concern about people and desire to help them, esp. children.

- Theft.

- Problems with authority figures.

- Women at odds with their husbands.

- Men relating to other men.
- No clothes.
- Playfulness.
- Cats/Catlike.

#### Mind

- Dictatorial. Arrogant. Haughty.
- Anger from contradiction; with indignation. Resentment.
- Aversion to company, yet dreads being lonely.
- Unsympathetic to friends and family, though acts as if she cares.

#### Generals

- amel. Seashore, being fanned, undressing
- Sensation of heat. agg. Warm clothing.

#### Food and drinks

- Desire: Cold water, salt, milk, meat, potatoes, fruit, green raw vegetables, yoghurt.

#### Head

- Pain: agg. evening; occiput ext. neck; left temple; pulsating.

#### Eye

- Swelling lids, agg. right upper.

#### Mouth

- Dry.

#### Throat/external throat

- Sore agg. morning on waking.
- Clothing agg..

#### Gastro-intestinal

- Thirst for large quantities.
- Flatus, offensive like spoiled eggs.

#### Chest

- Pain stitching right ribs.

#### Back

- Pain cervical region agg. lying on back, right side, amel. pressure; ext. shoulders.

Pain right scapula ext. shoulder.

Pain lumbar region, right side.

- Stiffness and tension cervical region.

#### Kidneys

- Pain left kidney.

#### Extremities

- Sore foot sole amel. walking.
- Stiff joints amel. motion.

#### Sleep/dreams

- Dreams: Felines, house in the country, naked.

#### Perspiration

- Odor: Acrid, strong.

#### Skin

- Itching, burning, amel. scratching.

Dd

Lyc, Med, Sulph.

# LAC LUPINUM (lac-lup.)

Themes

- Mortality/Immortality.
- Protective of children in danger.
- Intruder/Outsider.
- Danger/Desire for danger.
- Fire.
- Damaging liquid.
- Danger in water.
- Detached.
- confused/Organised.
- Critical.
- Trying to help.
- Enclosures/Crowded/Tunnels.
- Friends/Loving.
- Broad/Wide/Huge.
- Circles/Spirals.
- Holes in legs.
- Fish.
- Wallet/Purse/Lost things.
- Transportation/Vehicles.
- Water.

Mind

- Confusion. Fear of losing control. Irresolution.
- Sensitive to criticism. Contented with himself. Careless of what others think. Indifference.
- Censorious. Suspicious.
- Delusion he is dying.

Generals

- amel. Night (9 p.m. -5 a.m. ).
- Internal burning.
- Stiff muscles.
- Weakness slight exertion.

Food and drinks

- Desire: Creamy, fish, meat, spices, wine.
- agg.: Apples, chili.

Head

- Tension, constriction.

- Pain left to right side.

#### Eyes

- Sensation of heat. Burning. Red.

- As if wide open.

#### Face

- Eruptions lower jaw.

- Dry, cracked lips.

- Discoloration red.

#### Throat/external throat

- Scraping.

- Swelling right side.

#### Gastro-intestinal

- Nausea from odor of fish.

- Thirst for small quantities.

- Urging for stool at night.

- Stool tenacious.

#### Female genitalia

- Pain right ovary.

#### Back

- Pain right scapula; right lumbar region ext. abdomen.

- Stiffness right cervical region.

#### Extremities

- Cold, blue hands.

#### Sleep/dreams

- Sleepless from thoughts.

- Dreams: Bears, insects, pigeons, choirs singing, talking with dead friends, fire, indians, being an outsider, stealing, trapped under water, vehicles.

### # LAC LOXODONTA AFRICANA (lac-loxod-a.)

#### Themes

- Murder/Brutality/Violence.

- Suffering/Homeless.

- Air/Water.

- Food/Feeding others/Not enough food.

- Positive emotions.

- People as animals.

- Theorizing about the substance.

- Timelessness.

#### Mind

- Lighthearted. Feeling light. Delusion of floating in air.

- Awkwardness.

- Changeable moods; Euphoria/loquacity alt. with weariness.
- Quiet disposition.
- Sadness. Tearful moods.
- Brain fag.
- Mistakes talking, writing.

#### Generalities

- amel. Short sleep.
- Exercise, aversion to.
- Stoop shouldered.

#### Food and drinks

- Desire: Alcohol, fish, juices, fruit, vegetables.
- Aversion: Spices, tea.

#### Head

- Frontal pain ext. to cervical region.
- Perspiration left forehead.

#### Eyes/vision

- Discharge yellow, on lids, agg. morning.
- Tired sensation.
- Sees green stripes.
- Diplopia.

#### Mouth

- Itching palate.

#### Face

- Pain left malar bone.

#### Throat

- Itching.
- Tension left side.

#### Gastro-intestinal

- Anxiety in stomach.
- Emptiness.

#### Kidneys

- Pain agg. right, morning.

#### Female genitalia

- Menses frequent, profuse, clotted.

#### Back

- Pain left scapula.

#### Extremities

- Cramps thigh.
- Pain finger joints, agg. left.
- Restless hand and feet.
- Weakness and trembling legs, agg. afternoon.

#### Sleep/dreams

- Deep.

- Sleeplessness from activity of mind.
- Dreams: Animals, vivid.

## # LACHESIS MUTUS (lach.)

### \* INTERNAL OVERSTIMULATION SEEKING AN OUTLET.

#### Mind

- PASSIONATE, expressive, outgoing.
- INTENSE. Creative, vital, lively.
- Constant overflowing ideas.

LOQUACITY, which agg. if sexual desire is suppressed.

Jumps from one subject to another.

- Attached to material values.

Very possessive to things and persons. Envy.

JEALOUSY (Hyos, Calc-s).

- SUSPICIOUS. Fear of being poisoned.
- Dictatorial. Selfish. Don't want to be restricted.
- Aggressive. Critical. Sarcasm.
- Anxiety and depression in the morning.
- Religious affections.
- Feelings of guilt. Delusion has committed a crime.
- Delusion is under super-human control.
- Delusion of death people, talking with the death; of his own funeral.
- Psychosis. Manic-depression. Paranoia (Hyos, Kali-br, Verat).
- Fear of SNAKES (Lac-c), insanity (Calc, Cann-i, Manc, Puls) , heart disease, being poisoned.
- Other type of Lachesis

Has managed to subdue his passion and instinct.

Upraising with strong sense of ethics or responsibility.

Become introverted and quiet. Hold themselves back. Moral.

Feelings of inferiority. Frustration. Critical.

Less aggressive. Loquacious about their special interests or after drinking alcohol.

Hysterical reactions over small things.

Anxiety about health, esp. hearth, cancer, stroke (Aster, Ferr). Fobias.

#### Generalities

- LEFT SIDED REMEDY. Complaints from left to right side.
- WARMBLOODED, agg. HEAT.
- amel. Open air.
- agg. During or after SLEEP, sleeps into aggravation.
- amel. DISCHARGES. agg. Before menses, amel. onset.
- agg. SUPPRESSED DISCHARGES. Everything that blocks circulation (collars, tight clothes, etc.).
- agg. Suppressed sexual desire.
- agg. Spring and fall.

- agg. LYING ON LEFT SIDE.
- agg. Slight touch.
- CIRCULATION. High blood pressure. Strokes.

Dark hemorrhages.

- Flushes of heat, from below upwards.
- HORMONAL DISTURBANCES. Menopause. Pregnancy.
- Faintness during climacteric.

Food and drinks

- Desire: FARINACEOUS, oysters, ALCOHOL.

Head

- Intense left sided throbbing headache; in waves (Sep).
- agg. Menopause, pregnancy, on waking, before menses, sun;
- amel. Onset of menses (Meli), discharges (coryza), pressure.
- Falling of hair, agg. during pregnancy (Sep).

Eye

- Retinal hemorrhages.

Ear

- Left sided otitis.

Nose

- Allergies with asthma. Hay-fever.
- Discoloration bluish.
- Epistaxis.

Face

- Plethoric. Flushed (Aesc, Bell, Sang, Sulph). Bluish. Mottled.
- Neuralgia, left side.

Mouth

- Tongue trembles when protruded.
- Bleeding gums.

Throat

- Left sided pharyngitis, tonsillitis. Bluish, purplish.
- agg. Warm drinks, swallowing liquids or saliva, slight touch (clothing).
- amel. Cold drinks, swallowing solids.

Pain extends to ear.

- Lump in throat which induces swallowing.
- Difficult swallowing, especially saliva or liquids.
- SENSITIVE TO TOUCH, PRESSURE. CAN'T TOLERATE TIGHT COLLARS.

Stomach

- Sensitive to clothing.
- Eructations before convulsions, during menses.

Abdomen

- Sensitive to touch or pressure of clothing.

Rectum

- Diarrhea ameliorates.

- Hemorrhage like charred straw, black particles.
- Hemorrhoids. Purplish, congested.

#### Kidney

- Kidney stones, colic agg. left side.

#### Urethra

- Small tumors in urethra causing retention.

#### Urine

- Hematuria. Blackish.

#### Male genitalia

- High desire.

#### Female genitalia

- HIGH DESIRE. Promiscuous. Early masturbation (Grat, Orig, Plat, Staph).
- Affections of left ovary (Ust).
- PREMENSTRUAL SYNDROME. agg. Before menses, amel. onset of menses.
- Ailments from suppressed menses (climacteric, pregnancy, birth-control pil).
- Uterine hemorrhage: black blood (Cycl).

#### Respiration

- SUFFOCATION ON FALLING ASLEEP OR WAKING FROM SLEEP WITH SUFFOCATION.
- ASTHMATIC: agg. jealousy, during or after sleep, heat, night, touching the larynx, tight collars; amel. sitting bent forward (Kali-c, Spong), open air.

#### Chest

- PALPITATIONS, oppression agg. LYING ON LEFT SIDE (Phos), during and after sleep, heat.
- Angina pectoris. High blood pressure. Rheumatic heart.
- Herpes zoster on left side.
- Mastitis. Bluish discoloration.

#### Back

- Herpes zoster on left side.
- Neuralgia of coccyx, agg. rising from sitting, amel. sitting still.

#### Extremities

- Right sided sciatica (can be left) with oversensitiveness to touch.
- Can't bear to have fingers touched each other, spreads them apart (Lac-c).
- Varicose veins, bluish purplish.
- Numbness of left arm, finger tips (Lat-m).

#### Sleep

- Position: IMPOSSIBLE ON THE LEFT SIDE (Phos).
- DISTURBED by dreams or sense of suffocation.
- General aggravation during or after sleep.

#### Dreams

- Of death people.
- Of snakes (Lach).

#### Skin

- DISCOLORATION BLUISH, PURPLISH. Cyanosis. Ecchymosis. Purpura.
- Oversensitive to touch, pressure.

- Herpes zoster agg. left side.
- Gangrena. Dissecting wounds.
- Varicose veins.

Compl.

Aes, Calc, Carb-v, Crot-c, Crot-h, Hep, Iod, Kali-i, Lyc, Nit-ac, Phos.

Dd

Apis, Cact, Cimic, Crot-h, Dig, Hyos, Kalm, Lac-c, Naja, Med, Par, Plat, Phos, Sulph, Zinc.

## # LATRODECTUS MACTANS (lat-m.)

\* Heart complaints. Angina pectoris.

Mind

- Anxiety. Screams fearfully with pain. Fears that she would loose her breath and die.
- Restlessness with cardiac pain.
- Sensitive to noise.

Generals

- Hemorrhage: non-coagulable blood, watery.

Respiration

- Arrested. Gasping for breath.

Chest

- VIOLENT PAIN IN CARDIAC REGION, EXT. TO LEFT AXILLA, DOWN LEFT ARM TO FINGERS, WITH NUMBNESS (Kalm).

- Angina pectoris
- Cramping pain from chest to abdomen.

Extremities

- Pain in left arm. Feels paralysed.

Skin

- Cold as marble.

Dd

Aur, Cact, Dig, Kalm, Lach, Spig.

## # LATRODECTUS KATIPO (lat-k.)

Mind

- Nervous depression.
- Delirium.

Generals

- Slow development of symptoms.
- Tetanic symptoms. Chorea.
- Burning pains.
- Pulse slow, weak.

- Dropsy.
- Lymphangitis.

#### Face

- Stiff jaws, could not open mouth.

#### Respiration

- Almost ceased.

#### Extremities

- Perspiration cold clammy, agg. left lower limb.

#### Skin

- Urticaria.

#### Dd

Lat-m, Spiders.

### # LATHYRUS SATIVUS (lath.)

\* Neurological complaints.

#### Mind

- Emotional person with lack of inner strength.
- Ailments from unresolved conflicts. Patient feels trapped, unable to escape.

#### Generalities

- agg. Cold, damp weather.
- Primarily neurologic remedy.
- Multiple Sclerosis, Amyotrophic Lateral Sclerosis.
- INCREASED REFLEXES.
- Slow recovery of nerve power after influenza, exhausting diseases.
- Numbness.

#### Vertigo

- On standing with eyes closed.

#### Chest

- Throws chest forward on walking.
- Sensation of cold, wet cloth around waist.

#### Extremities

- WEAKNESS OF LOWER EXTREMITIES LEADING TO PARALYSIS with emaciation of muscles (Plb).
  - Tremulous, tottering, spastic gait. Seems to fall from one foot to the other.
- KNEES KNOCK TOGETHER WHEN WALKING.

HEELS DO NOT TOUCH THE GROUND.

- Cannot extend or cross legs while sitting.

Can move legs from side to side while lying, but cannot lift them.

- Stiffness and lameness of ankles and knees.
- Legs cold during the day, hot and burning at night, uncovers them.
- Cramps in legs agg. cold.

- Legs blue and swollen on hanging down (Vip).
- Tremor of upper limbs on taking up or putting down anything (Merc, Plb, Gels).

#### Sleep

- SLEEPINESS AND CONTINUOUS YAWNING.

#### Dd

Alum, Caust, Cocc, Con, Cur, Plb, Staph, Thal.

### # CICER ARIETINUM (cice.)

- \* Neurological complaints.

#### Mind

- Emotional person with lack of inner strength.
- Ailments from unresolved conflicts. Patient feels trapped, unable to escape.

#### Generalities

- agg. Cold, damp weather.
- Primarily neurologic remedy.
- Multiple Sclerosis, Amyotrophic Lateral Sclerosis.
- INCREASED REFLEXES.
- Slow recovery of nerve power after influenza, exhausting diseases.
- Numbness.

#### Vertigo

- On standing with eyes closed.

#### Chest

- Throws chest forward on walking.
- Sensation of cold, wet cloth around waist.

#### Extremities

- WEAKNESS OF LOWER EXTREMITIES LEADING TO PARALYSIS with emaciation of muscles (Plb).

- Tremulous, tottering, spastic gait. Seems to fall from one foot to the other.

KNEES KNOCK TOGETHER WHEN WALKING.

HEELS DO NOT TOUCH THE GROUND.

- Cannot extend or cross legs while sitting.

Can move legs from side to side while lying, but cannot lift them.

- Stiffness and lameness of ankles and knees.
- Legs cold during the day, hot and burning at night, uncovers them.
- Cramps in legs agg. cold.
- Legs blue and swollen on hanging down (Vip).
- Tremor of upper limbs on taking up or putting down anything (Merc, Plb, Gels).

#### Sleep

- SLEEPINESS AND CONTINUOUS YAWNING.

#### Dd

Alum, Caust, Cocc, Con, Cur, Plb, Staph, Thal.

## # LAUROCERASUS (laur.)

\* Debility and lack of reaction, esp. with respiratory and heart affections.

### Mind

- Dullness.
- Angry when not understood. Delusion is criticised.
- Anxiety and agitation with restlessness, amel. open air.
- Fear and anxiety about imaginary evils.
- Sudden loss of memory, esp. from fright or pain.

### Generalities

- Complaints that linger on and on, especially bronchitis, chest conditions that seem not to recover.

Patient gets weaker and weaker.

- LACK OF REACTION. COLLAPSE.
- COLDNESS NOT AMELIORATED BY HEAT.
- Last stage of respiratory conditions (Ant-t, Carb-v) going into fainting, unconsciousness, coldness.
- Sudden loss of consciousness, with loss of speech and motion.

Nervous collapse. Faintness.

- ASPHYXIA AND CYANOSIS OF NEWBORNS (Ant-t, Op).
- Painlessness of complaints (Op, Stram).
- Somnolence often occurs after the remedy.

### Head

- Constant cold feeling in head.

As if ice lay on vertex.

As if cold wind were blowing on head.

amel. Open air.

### Nose

- Perspiration on nose (Tub).

### Face

- Pale.
- Cyanosis.
- Sensation of flies or spiders crawling over skin.
- Twitching of muscles (Agar).

### Mouth

- Tongue stiff and numb.

### Throat

- Spasmodic contraction of throat and esophagus, agg. drinking.
- Drinks roll audibly through esophagus and intestines.

### Stomach

- Pain during urination.
- Nausea near hot stove.

### Bladder

- Urination difficult, retarded; feeble stream.

Female genitalia

- Dysmenorrhea with general picture.

Respiration

- Suffocative, gasps for breath, dyspnea: amel. lying down.

- Asphyxia in new-borns.

Cough

- Short, dry, spasmodic cough; esp. with cardiac disorders.

Chest

- Palpitations, rapid and weak pulse.

- Congestive heart failure. Congenital heart diseases.

- Heart pain agg. any exercise. Holds hand over heart (Kali-ar).

- Threatening paralysis of lungs (Ant-t, Carb-v).

Sleep

- Spells of deep sleep, with snoring and stertorous breathing (Op).

Skin

- Cold.

- Cyanosis.

Dd

Ant-t, Aran, Camph, Carb-v, Op, Sec.

# LECITHINUM (lec.)

\* Mental exhaustion (Pic-ac).

Mind

- Excited when in company.

- Fear of impending disease.

- Difficult concentration. Dull.

- Confusion as if in a dream.

- Forgetful.

- PROSTRATION OF MIND. Mind gives out after little thinking.

Generalities

- agg. MENTAL EXERTION.

- Weakness. Symptoms of general break-down.

- Anemia. Neurasthenia.

Food and drinks

- Desire: Wine.

- Aversion: Milk.

Head

- Headache amel. bending head backwards.

Face

- Tension, as if white of egg were dried on face (Alum, Graph).

## Throat

- Sensation as if a lump is rising.

## Rectum

- Constipation alt. with diarrhea.

## Male genitalia

- Impotency. Weakness.

## Female genitalia

- Diminished desire.
- Stitching pain right ovary.
- Sterility. Ovarian insufficiency.

## Chest

- Milk bad and disappearing.
- Lumps under sternum.
- Palpitation in the evening.

## Back

- Pain on stooping.
- Sensitive spine, spinal irritation.

## Extremities

- Sore and weak. Heaviness.

## Sleep

- Unrefreshed sleep (Pic-ac).
- Insomnia. Sleepy in the afternoon, sleepless after 2 a.m.

## Dd

Kali-p, Nat-c, Pic-ac, Phos.

## # LEDUM PALUSTRE (led.)

- \* Rheumatic complaints. Punctured wounds, stings and bites.

## Mind

- Irritable. Dissatisfied.
- Desire for solitude. Misanthrophy.
- Restlessness, must constantly move.

## Generalities:

- CHILLY BUT agg. HEAT.
- PAINS amel. BY COLD APPLICATIONS.
- agg. Heat, heat of bed.
- agg. Night.
- COLDNESS OF AFFECTED PART. Antidote of animal poisons.
- Complaints go from below upward (Thal).
- Ailments from PUNCTURED WOUNDS. Prevents tetanus.
- Tetanus with twitching of muscles near wound.
- Hemorrhages. Dark blood.

- Alcoholism.

## Head

- Headache when head is covered, agg. jar, misstep, getting wet, amel. cold applications.

## Eye

- Blood shot. Bruises (Arn, Ham, Symph).

- Hemorrhages or ailments after injury or operation.

## Nose

- Epistaxis, agg. cough.

## Face

- Mottled. Bloated.

## Female genitalia

- Fibroids with hemorrhages.

- Great coldness during menses with desire open air.

- Dysmenorrhea.

## Respiration

- Dyspnea. Suffocative arrest of breathing, before cough.

## Cough

- Spasmodic. Whooping-cough.

## Expectoration

- Hemoptysis; alternating with rheumatism.

## Chest

- Bronchitis. Emphysema of old people. Phtysis preceded by neuralgia and rheumatism.

- Rheumatic heart.

## Extremities

- RHEUMATISM. GOUT. Mainly of lower limbs. Podagra. Nodosities.

AFFECTIONS TRAVELLING UPWARD FROM FEET.

amel. COLD APPLICATIONS (Guaj, Lac-c, Puls, Sulph).

Put their feet in ICE WATER.

agg. HEAT in bed, motion.

Swelling of affected joints.

- Cross-wise pains (Agar, Rhus-t, Tarax), left shoulder and right hip.

- Itching of feet and ankles agg. heat of bed, scratching.

- Elephantiasis of lower extremities.

- Felon.

- Easy spraining of ankles.

## Skin

- PUNCTURED WOUNDS. BITES. Stepping on a nail (also in horses).(Hyper)

- INSECT BITES AND STINGS (Apis, Urt-u).

- Injuries to parts rich in nerves (Hyper).

- AFFECTED PARTS BECOME COLD, PUFFY AND MOTTLED WITH amel. COLD (snake bites).

- Twitching of muscles around wound (tetanus).

- Ecchymosis. Purpura. Long-lasting discoloration after injuries (Sul-ac).

- Eruptions on covered parts, amel. cold applications.

Ulcers, boils amel. cold applications.

- Passive edema. Congestions. Lymphangitis. Purple discoloration and swelling.

Compl.

Arn, Chin, Sep, Sulph, Ther, Tub.

Dd

Apis, Arn, Guaj, Hyper, Puls, Sul-ac, Vip.

# LILIUM TIGRINUM (lil-t.)

\* Uterine and cardiac troubles.

Emotional, nervous manifestations.

Mind

- CONFLICT BETWEEN MORALITY AND SEXUALITY. Strong religious and sexual feelings.

- TORMENTED ABOUT SALVATION. Religious despair alt. with sexual feelings, nymphomania. Feels guilty.

- IRRITABLE. NASTY. Easily offended. Curse and strike.

- Irritable after sex.

- Envy. DISSATISFIED with her own things.

- Aimless HURRIED manner. Must keep busy. Wants to do several things at once (Sul-ac, Tarent).

- Hysterical behaviour. Alternating mental states.

- Sensation of living in a wild dream.

- Wild feeling on top of head (Med). Has to scream to relieve it.

- Sadness. Constant inclination to weep. Consolation agg..

- Anxiety salvation, insanity, incurable disease, heart disease.

- Confusion. Aversion to mental work.

- Mania. Manic-depressive (Lac-c, Lach).

- Desire to pull hair of people in front of them (Bell).

Generalities

- Alternation of symptoms.

Physical symptoms alt. with mind symptoms.

Sadness at night, diarrhea in the morning.

Uterine problems alt. with heart symptoms.

- agg. Warm room. Faintness in warm room.

- amel. Motion in open air.

- agg. After coition.

- agg. Climacteric.

- agg. Anger, excitement.

Food and drinks

- Desire: Meat.

Head

- Headache: agg. Warm room, amel. open air (Puls).

With uterine disease.

- Wild feeling in head (Med).

#### Eye

- Visual disturbances with headache.

#### Throat

- Sensation of lump.

#### Stomach

- Sensation of lump.

- Vomiting with displacement of uterus.

#### Abdomen

- Dragging downwards of whole abdominal content, even from throat on, agg. standing. Wants to support abdomen.

#### Rectum

- Pressure on rectum as from a lump, with constant desire for stools, agg. standing.

- Constipation. Ineffectual urging due to prolapse.

- Diarrhea driving out of bed in the morning (Sulph).

- Hemorrhoids.

#### Bladder

- Involuntary, while straining for stool.

#### Urethra

- Burning pain during and after urination.

#### Male genitalia

- Increased desire.

- Malignant diseases from suppressed desire.

#### Female genitalia

- DESIRE INCREASED. NYMPHOMANIA (Hyos, Plat).

- Uterine prolapsus or displacement. BEARING DOWN AS IF WHOLE ABDOMINAL CONTENT WOULD ESCAPE (Bell, Sep).

agg. During menses, during stool, walking;

amel. crossing legs (Murx, Sep), putting hand against vulva.

- Menses only when moving, stops when at rest.

- Symptoms alternating with pain in heart.

#### Respiration

- Difficult, agg. warm, crowded room (Kali-s, Puls, Sulph).

#### Chest

- Sensation of CONstriction about heart, as if grasped in a vise (Cact), agg. night; has to walk bent forward.

- PALPITATIONS, amel. lying on back, agg. during pregnancy, lying on right side.

- Angina pectoris with pain in right arm, agg. lying right side, stooping.

- Congestion if desire to urinate is not obeyed.

#### Back

- Pain with uterine prolapse.

#### Extremities

- Staggering gait. Can't walk straight or on uneven ground.

Dd

Bell, Cimic, Helon, Hyos, Lach, Murx, Nux-v, Plat, Puls, Sep, Sulph, Tarent.

# LIMENITIS BREDOWII CALIFORNICA (limen-b-c.)

Themes

- Being a baby, a child, or particularly an adolescent.
- A child feeling unprotected by adults.
- Emotions, not the mind.
- Sexuality.
- Body awareness/Sensuality.
- Loving feelings.
- Mother/Father/Family.
- Buildings.

Mind

- Affectionate. Cheerful. Spontaneous.
- Naive. Aversion to responsibility.
- Benevolence.
- Desire to be magnetised.
- Brainfag. Dullness from mental exertion.

Generals

- Open air, desire for and amel..
- Sensation of heat.

Food and drinks

- Desire: Bacon, cold or warm drinks, fried food.

Head

- Pain pressing behind eyes.

Dull pain left temple.

Eyes

- Pressing pain, agg. left.
- Sensation of band around eye.

Ear

- Pain agg. left, ext. to mouth, gums, teeth.

Nose

- Cold sensation as from smelling menthol.
- Obstruction.
- Smell acute, flowers, cat urine.

Face

- Cracks mouth corners.
- Acne on chin.

Mouth

- Sensation of swelling, palate, tongue.

## Throat

- Pain, agg. left, amel. warm drinks; ext. ear on swallowing.
- Sensation of swelling.

## Gastro-intestinal

- Capricious appetite.
- Indigestion.
- Flatulence. Fullness.
- Loose stool.

## Urethra

- Pain at close of urination.

## Larynx/trachea

- Weak voice.

## Respiration

- Asthmatic agg. night, must sit up.

## Chest

- Palpitations night, waking him.
- Sensation of expansion.

## Back

- Pain/stiffness cervical region agg. left.

## Extremities

- Sensation of dislocation of ankle, wrist.
- Pain in right knee, amel. walking.

## Sleep/dreams

- Waking frequent.
- Dreams: Buildings, about children.

## Skin

- Cicatrices painful, red.

## # LIMESTONE BURREN (limest-b.)

## Mind

- Feels inferior. Needs reassurance and company.
- Sadness though cannot weep; alt. with mirth.
- Feels very distant. Estranged.
- Boundaries less defined. No protection. Over sensitive.
- Time is moving slowly or too quickly.
- Spaced out; everything is fun; internal calmness.
- Confusion.
- Delusion slim and tall.

Delusion fluids moving in body.

## Generals

- Chilly.

- Weakness amel. motion, open air.
- Sensation of expansion of right upper part of body.

#### Food and drinks

- Desires: meat (duck, goose), farinaceous, butter, hot milk.
- Aversion: fish.

#### Head

- Pain, pressing, right side, one spot, with feeling of r. side of head expanding.

#### Dull pressive pains, agg. forehead.

- Hair grey.

#### Eye/vision

- Sore and watery.
- Dry.
- Everything looks clear, like cristal.

#### Ear

- Lumps behind ear, agg. right.

#### Nose

- Itching, dry. Sores around left nostril.

#### Face

- Itchy, dry; rash.

#### Throat

- Dry, sore.

#### Stomach

- Anxiety.

#### Abdomen

- Flatulence.

#### Rectum/stool

- Sweet smelling, yellow stool.

#### Urinary

- Urging but small quantities.

#### Female genitalia

- Sexual desire increased.

#### Expectoration

- Sweetish.

#### Chest

- Pain in left lung.

#### Back

- Cervical and sacral region stiff, cracking.

#### Extremities

- Joints heavy and stiff.
- Pain in right upper limbs and leg.

#### Sleep

- Position: Right side.

#### Skin

- Dry, itchy; sore, burning, itching patches, agg. night.

Dd

Alum., Anh., Cann-i.

## # LITHIUM CARBONICUM (lith-c.)

\* Rheumatic complaints. Affections of heart and eyes.

Mind

- Disposed to weep about his lonesome condition. Forsaken feeling.

- Anxiety, hopeless, feeling of helplessness agg. all night.

- Weak memory for names.

- Confusion agg. standing.

Generalities

- Whole body feels sore, as if beaten.

- Pain in small spots.

Head

- Headache amel. while eating, agg. after menses.

- Pain in small spots (Kali-bi).

Eye

- Pain from reading.

- HEMIOPIA. VERTICAL. RIGHT HALF LOST.

- Photophobia, loss of vision, agg. sunlight.

Nose

- Swollen agg. right side.

Face

- Eruptions. Barber's itch. Cheeks covered with scales.

Stomach

- Pain amel. after eating.

Abdomen

- Indurated inguinal glands.

Rectum

- Diarrhea amel. eating, agg. from chocolate.

- Violent stitches from within outward.

Bladder

- Pain ext. into spermatic cord.

- Pain before urination.

Kidneys

- Pain from kidney, ext. along urether through spermatic cord into teste.

- RENAL CALCULI.

Male genitalia

- Erections after urination at night.

Chest

## - AFFECTIONS OF HEART.

- Rheumatic soreness about heart, with pain in limbs and finger joints (Kalm).

- Pressure and pain about heart, agg. before menses, bending forward, before and during urination, amel. after urination.

- Rheumatic valvular disease. Angina pectoris. Hypertrophy.

### Extremities

- RHEUMATIC PAINS with stiffness. Nodules. Gout.

Pain in small spots.

Often in smaller joints.

Also right shoulder; hip, knee, ankle.

- Pain in fingers, amel. grasping, motion, pressure.

### Skin

- Eruptions on hairy parts.

- Herpetic. Circular patches.

### Dd

Aur, Benz-ac, Calc, Kalm.

## # LOBELIA ERINUS (lob-e.)

### Mind

- Sadness agg. after heat, perspiration.

### Generals

- Cancerous affections. Rapidly developing.

- Obesity.

### Food and drinks

- Aversion: Brandy.

### Head

- Constriction occiput.

- Heaviness agg. standing.

- Sensation as if brain were rolled.

- Dryness of skin, nasal and buccal mucous membranes.

### Face

- Malignant diseases. Epithelioma.

### Ear/hearing

- Lost hearing after anemia, otorrhea, tonsillectomy.

### Abdomen

- Colloid cancer of omentum.

- Cork-screw-like pains.

### Female genitalia

- Menses too frequent.

- Bearing down agg. menses.

### Chest

- Cancer of mammae.

#### Extremities

- Dry eruptions on tip of first fingers.

#### Fever

- Constant high temperature with diarrhea, in children, in tuberculosis.

### # LOBELIA INFLATA (lob.)

#### Mind

- ANXIETY ABOUT HEALTH. Hypochondriacal.
- Presentment of death with oppression of chest, dyspnea.
- Panics from fear. Hyperventilation.

#### Generalities

- agg. Cold, draft.
- agg. Change of temperature.

#### Food and drinks

- Desire: Fat, sweets.
- amel. : Beer.

#### Vertigo

- With fear of death and nausea.

#### Head

- Headache with nausea and vomiting, great prostration.

#### Ear

- Deafness from suppressed eruptions or otorrhea.

#### Nose

- Obstruction.
- Sinusitis agg. right, amel. pressure.

#### Face

- Neuralgia, agg. left side.
- Left side feels cold.
- Cold perspiration with vomiting and nausea.
- Pale.

#### Mouth

- Dryness without thirst (Bry, Nux-m, Puls).
- Salivation increased with nausea.

#### Throat

- Sensation of foreign body. As if something rises on swallowing (Asaf).
- Scraping in throat, changing in constant nausea.

#### Stomach

- Heartburn, nausea and vomiting with profuse perspiration (Verat).
- Vomiting agg. hot food.
- Relaxation of stomach; sensation of weight.

## Female genitalia

- Menses suppressed from cold bathing.
- Pain in uterus, amel. lying with knees drawn up, lying on left side.
- Labor pains with dyspnea.

## Respiration

- DYSPNEA

agg. Anxiety, vexation, cold air, labor, exertion, suppressed menses, warm food, lying down.

## PSYCHOGENIC DYSPNEA.

With gastro-intestinal symptoms (Carb-v).

## Chest

- Pneumonia, in children. Emphysema.
- Congestion, oppression.
- Sensation as if heart would stop (Dig, Gels, Magn-gr.).

## Back

- Sacral pain, very sensitive to touch; sits leaning forward; agg. during menses, from suppressed menses.
- Pain under right scapula agg. bending forward.

## Extremities

- Rheumatism, agg. suppressed menses.

## Dreams

- Amputated arm; wounded by shot.

## Skin

- Psoriasis.
- Prickling.

## Dd

Asaf, Ars, Carb-v, Ign, Ip, Kali-ars, Mosch, Verat.

## # LYCOPODIUM CLAVATUM (lyc.)

### Mind

- LACK OF SELF-CONFIDENCE. Feels weak and inadequate.
- Fear of responsibility. Cowardice.
- Timid. Fear of people.
- Presents themselves different than they feel inside.
- Image of capability and courage. Extroverted, friendly.
- Tries to hide feelings of incapability. Counteracts.
- Boasts. Haughty. Egotism.
- Love of power. Dictatorial towards those who can be controlled. Timid and passive towards superior.
- Irritability, agg. morning.
- Superficial relationships. Fear of marriage. Runs away from family. Promiscuous.

- Cries when thanked.
  - Often intellectual people like schoolteachers, lawyers.
  - Fear of speaking in public, ghosts, dark, suffering (hypochondriacal), conflicts.
- Desire for company, but in the next room.
- Confusion. Weakness of memory. Spells wrongly, misplaces words or syllables.
  - Children

Bossy, dictatorial, rude at home.

Timid at school; with strangers.

Can also be generally timid, fearful.

Intellectual interests.

Generalities

- agg. RIGHT SIDE. Symptoms go from right to left.
- agg. 4 TO 8 P.M. (Hell), afternoon.
- amel. Evening.
- agg. Morning on waking.
- amel. Open air.
- agg. Fasting.
- Emaciation of upper part of body.

Food and drinks

- Desire: SWEETS, olives.
- Aversion: COLD DRINKS, oysters.
- agg. Cabbage, beans, oysters, onions.

Head

- Headache agg. right side, 4-8 p.m. , fasting, amel. open air.
- LOSS OF HAIR OR GRAY HAIR AT YOUNG AGE.
- DEEP FURROWS IN FOREHEAD.
- Shakes head without apparent cause.
- Eruptions.

Eye

- Styes towards inner canthi.
- Cracks in canthi (Graph).

Ear

- Otitis media agg. right side (Bell).
- Eruptions about and behind ears.
- Noises. Every noise causes peculiar echo.

Nose

- SINUSITIS, agg. right side.
- OBSTRUCTION agg. at night. Snuffles of infants (Nux-v, Samb).
- Fan-like motion of nostrils in respiratory complaints (Ant-t).
- Food and drinks come through nose on swallowing (Arum-t, Lac-c, Lach).

Face

- Emaciated. Wrinkled. Frowning of the eyebrows (Hell).
- Neuralgia, agg. right side (Bell, Chel, Puls).

- Acne.

Throat

- Pharyngitis. Tonsillitis.

agg. Or starts on right side, amel. warm drinks.

Stomach

- HUNGRY AT NIGHT (Phos, Psor).

- APPETITE INCREASES WHILE EATING, OR RAVENOUS APETITE WITH FULLNESS AFTER EATING A MOUTHFULL.(Chin).

- Pain from cold drinks or food.

- Gastritis amel. warm drinks, rubbing.

- Distention. Sour eructations (Rob, Sulph).

Abdomen

- FLATULENCE. Distention. amel. Eructation, flatus.

Everything turns into gas. Rumbling. (Carb-v, Chin).

- Affections of LIVER. Gall-stones with colic (Card-m, Chel, Chin, Nat-s).

- Pain right hypochondrium, ext. to back (Chel), agg. eating to satiety.

- Sensitive to pressure of clothing (Lach).

- Inguinal hernia, agg. right.

- Brown spots on abdomen (Sep).

Rectum

- Constipation when travelling, away from home.

- Diarrhea from cold drinks, fright, excitement, anticipation.

Stool

- First part hard, last part soft and thin.

Bladder

- Retarded urination. Painful.

- Frequent urination at night. Enuresis.

Kidneys

- kidney stones, colic, agg. right side.

Prostate

- Hypertrophy.

Urine

- Sediment of red sand, brick-dust.

Male genitalia

- PROMISCUOUS.

- IMPOTENCY with his wife. PREMATURE EJACULATION OR LOSS OF ERECTION DURING COITION (Graph, Sulph).

- Herpes.

Female genitalia

- PROMISCUOUS.

- Frigidity with husband.

- Ovarian complaints, cysts, agg. right side (Apis, Pall, Podo).

- Flatus from vagina (Lac-c).

- Herpes.

## Respiration

- Dyspnea. Asthma.

## Cough

- Chronic, dry tickling cough. With emaciation.

## Chest

- Bronchitis, pneumonia, agg. right side. Tuberculosis.

- Chronic chest complaints in children.

- Brown spots (Sep).

- Palpitation agg. indigestion, evening in bed.

## Back

- Pain amel. urination.

- Burning between scapula (Phos).

- Emaciation of cervical region (Nat-m).

- Torticollis (Lachn, Nux-v, Phos).

- Lumbago, agg. right side.

## Extremities

- RHEUMATISM. Gout. Nodosities. Podagra.

agg. Right side, beginning to move.

amel. Continued motion.

- Sciatica agg. right side, lying on painful side, amel. walking.

- ONE FOOT OR HAND HOT, THE OTHER ONE COLD (Chel, Chin, Puls).

- Hot burning foot soles. Uncovers them at night.

- Cracks on heels, agg. right.

- Painful corns.

- Offensive perspiration of feet.

## Sleep

- Position: ON RIGHT SIDE (Phos).

- UNREFRESHED (Lach, Mag-m, Mag-c, Phos).

- Waking as from fright; from hunger.

## Skin

- Dry, wrinkled (Sec).

- Varicose veins, nevi.

- Brown spots.

- Psoriasis. Tinea.

## Compl.

Calc, Carb-v, Chel, Chin, Coloc, Dulc, Graph, Hydr, Ign, Iod, Ip, Kali-c, Kali-i, Lach, Nat-m, Phos, Puls, Rhus-t, Sep, Sulph.

## Dd

Arg-n, Ars, Carb-v, Chel, Gamb, Grat, Mag-m, Med, Nit-ac,

Nux-v, Sil, Sulph, Thuj.

## # LYSSINUM (lyss.)

(hydrophobinum)

Mind

- Feelings of being **TORMENTED**, esp. by someone on whom he depends.
- Feels ridiculised, isolated.
- Mental awareness. Impressions long retained in memory.
- Critical. Abusive.
- Compulsive, violent thoughts. **AGGRESSIVE**.
- Acts like a raving dog. Destructive. Violent. Biting, kicking.
- **FEARS**: Agoraphobia, claustrophobia,

insanity,

water or running water,

glistening surfaces (also agg.) (Canth, Stram),

something bad will happen,

suffocation, choking,

being alone,

animals.

- **ACUTE SENSES**: Noise, light, odors, etc.
- Compulsive disorders. Ritualistic. (Tub)
- Mania. Psychosis. Erotic insanity (Hyos).
- Clairvoyance.

Generalities

- **INTENS** (Bell, Lach, Stram) symptoms or persons.
- agg. **HEARING OR SEEING RUNNING WATER**. Liquids.
- agg. **GLISTENING OBJECTS** (mirror, water, etc.), light.
- agg. Sun.
- Ailments from rabies vaccine, sexual excess.
- History of physical or sexual abuse.
- Convulsions. Epilepsy. agg. Light, strong odors or noise, touch, swallowing, liquids, hearing or seeing water.

Food and drinks

- Desire: Chocolate, tobacco.
- Aversion: **WATER** (Hyos. Stram).
- Strange desires or aversions during pregnancy.
- agg. Mutton.

Head

- Maddening headache agg. running water, light, sun, noise.

Presses head against the wall.

Eye

- Wild (Bell, Nux-v).
- Photophobia.
- Sensitive to light, glistening objects.

## Ear

- Clairaudient.

## Nose

- Sensitive to odors.
- Sneezing when looking at shining objects.

## Mouth

- Salivation increased. Constant spitting.
- Cold sensation, like peppermint (Camph).

## Teeth

- Toothache during pregnancy (Sep).

## Throat

- Gagging on swallowing water, pills.
- Inclination to swallow, which is difficult.

Spasms of throat, esophagus.

## Rectum

- Diarrhea. Urging from hearing or seeing running water.

## Bladder

- Urging or involuntary urination from hearing or seeing running water, putting hands in water.

Can only urinate when hearing or seeing running water.

## Male genitalia

- Desire increased.

## Female genitalia

- Desire increased.
- Sensitive uterus. Conscious of uterus (Helon).
- Sensitive vagina. Painful coition.
- Strange notions, desires or aversions during pregnancy.

## Cough

- Barking like a dog (Bell, Stram).

## Back

- Opisthotonos.

## Extremities

- Twitching. Chorea.
- Pain in hips, agg. right.
- Sciatica, agg. rising from sitting.

## Sleep

- Sleeplessness, inspite narcotics.

## Skin

- Bluish discoloration of wounds. Wounds close too quickly.

## Keloid.

## Dd

Ars, Bell, Canth, Hep, Hyos, Merc, Stram.

## # MAGNESIUM CARBONICUM (mag-c.)

\* Gastro-intestinal disorders. Neuralgia's.

### Mind

- Forsaken feeling, FEELS AS IF NOT BELOVED by his parents, friends, etc.
- Intolerant of disharmony. Sensitive to what people think about them.
- Reserved. Easily hurt and depressed.
- Sensitive to noise, touch, etc.
- Remedy often seen in orphans, abandoned children (Kent). Also adopted children.
- Can be very irritable (Cham). Discontented.
- Anxiety and fears all through the day, agg. warm food, amel. going to bed.
- Biting nails.

### Generalities

- Children fail to thrive because of gastro-intestinal disorders, food allergies.
- Neuralgia's agg. left side.
- agg. Cold, draft.
- agg. MENSES. During pregnancy.
- agg. 3 a. m (Kali-c, Am-c).
- agg. After sleep.
- amel. Motion, walking about.
- Periodicity, every 21 days.
- Acidity, SOUR (Hep, Rheum): Smell of body, discharges.
- General weakness. Marasmus.

### Food and drinks

- Desire for meat with aversion for vegetables, or vice versa.
- Desire: MEAT, bread and butter, fruit.
- Aversion: VEGETABLES, fruit.
- agg. : Milk.

### Head

- Itching of scalp, agg. rainy weather.
- Occipital bone sinks in.

### Ear

- Diminished hearing with noises in ears, agg. in a room.

Deafness suddenly coming and going.

Nervous deafness.

- Meniere's disease.

### Nose

- Coryza and obstruction, agg. before menses.

### Face

- Sallow complexion. Pale.
  - Neuralgia's, agg. left side (Spig, Verb).
- agg. Draft, cold, change of temperature.  
amel. Pressure, walking.

## Teeth

- Toothache: agg. during pregnancy, night, cold, rest, amel. motion.
- Teeth feel too long, agg. night.

## Throat

- Sore throat before menses.

## Stomach

- Slow digestion. Food becomes sour.
- Sour eructations. Heartburn. Gastritis.
- Vomiting of undigested milk.
- Pain from milk.

## Abdomen

- **DISTURBANCES OF LIVER.** Hepatitis.
- Colic with diarrhea, agg. milk.
- Rumbling. Distention. Heaviness.

## Rectum

- Constipation, agg. after mental shock (Op).
- Diarrhea, agg. milk, artificial food, dentition.
- Worms.

## Stool

- Sour.
- Undigested milk in nursing children.
- Whitish or pale; pasty, when liver is affected.

## Bladder

- Involuntary urination, agg. walking, rising from seat.

## Female genitalia

- **MENSES FLOW MORE PROFUSE AT NIGHT**, or only during sleep; **CEASE WHILE WALKING** (Bov).

No menstrual discharge during abdominal, only afterwards.

- Pitch-like blood.

## Extremities

- Hot feet, uncovers them (Cham, Med, Puls, Sulph).
- Restless lower limbs in the evening.

## Sleep

- **UNREFRESHED.** More tired on waking than when going to bed.
- Sleepless around 3 a.m. Early wakening.

## Compl.

Cham, Lyc, Rheum.

## Dd

Abrot, Aeth, Ant-c, Calc, Calc-p, Hep, Lac-c, Lyc, Mag-m, Nat-c, Rheum, Thuj.

# **MAGNESIUM MURIATICUM** (mag-m.)

\* Affects liver mainly.

### Mind

- Emotional vulnerability. Sensitive to any kind of confrontation.
- Pacifists. Tries to resolve conflicts. No cowardice.
- Ailments from quarrels, even between others.
- Suppresses emotions for the sake of others (Staph). Want others to be happy.
- Introverted. Avoid being hurt.
- Develop bitterness. Sour temperament.
- Dissatisfaction. Irritable. Depressed.
- Strong sense of duty. Overload themselves.
- Become overwrought. Nervous restlessness.
- Normal sleep cycle becomes disturbed. Never quite catch up.
- Completely unable to relax under any circumstance.
- RESTLESSNESS AND ANXIETY ON LYING DOWN AND CLOSING EYES.
- Tries to run on nervous energy. Break down with hysterical fits.
- Anxious over little things (Graph).
- Every thought tends to repeat itself in the mind.

While reading felt she must keep reading faster and faster.

- Sensitive to noise.

### Generalities

- agg. LYING DOWN.
- agg. MORNING.
- agg. Cold.
- agg. Sea.
- agg. 3 a.m.
- amel. Open air.
- agg. Slight touch, amel. pressure (Chin, Mag-p).
- Jerkings, electric-like sensations, agg. lying down, falling asleep.

### Food and drinks

- Desire: Sweets, fruit, vegetables, light food.
- Aversion: Fat, vegetables.
- agg. : MILK (Aeth, Nat-c), salt (Phos).

### Head

- Headache, amel. pressure.

Periodically, every six weeks.

### Face

- Deep furrows (Lyc,Plb).
- Looks old, worn-out. Dissatisfied, sour expression.
- Neuralgia amel. pressure, warmth (Mag-c, Mag-p).
- Eruptions, acne before menses.

### Mouth

- Yellow tongue.

## Throat

- Sensation of ball rising from abdomen, amel. eructations.

## Stomach

- INDIGESTION, agg. FROM MILK.
- Gastritis, especially agg. from salty food and milk.

## Abdomen

- LIVER AFFECTED. Hepatitis (e.g. in child after quarrel of parents).
- Pain liver amel. lying right side; dragging when lying on left side; ext. backwards (Chel, Lyc).
- Gallstone colic.
- Distention.

## Rectum

- Constipation. Sheep dung stools. Crumbling.
- DIARRHEA FROM MILK.

## Bladder

- Can urinate only when straining, pressing with abdominal muscles.
- Numbness of urethra. Can't tell in the dark if urine is passing (Caust).

## Female genitalia

- Leucorrhea after stool, agg. motion.
- Cramps in uterus ext. to thighs, followed by leucorrhea.

## Chest

- Functional cardiac affections with liver affections.

## Back

- Burning pain after coition (male), amel. motion.

## Extremities

- Burning footsoles at night. Uncovers feet though generally chilly (Cham, Phos, Sanic).

## Sleep

- Disturbed.
- UNREFRESHING.
- ANXIETY AND RESTLESS WHEN LYING DOWN AND CLOSING EYES.
- Position: Left side (Calc, Chel, Nat-m, Sulph, Thuj).

## Skin

- Jaundice.

## Dd

Card-m, Chel, Chin, Lyc, Mag-c, Nat-m, Ptel, Sep.

## # MAGNESIUM PHOSPHORICUM (mag-p.)

\* Neuralgia's.

## Mind

- Oversensitive.
- Lamenting all the time about pain.
- Irritable. Capricious.

- Indisposition to mental exertion.

#### Generalities

- NEURALGIC PAINS amel. PRESSURE, HEAT, rubbing.

- agg. RIGHT SIDE.

- agg. Cold.

#### Head

- Headache agg. from cold and amel. from pressure, warmth (Mag-m).

#### Eye

- Involuntary movements of eyeballs.

- Disturbances of vision before or during headache.

#### Face

- Right sided neuralgia's, agg. from cold, touch and amel. by heat and pressure.

#### Teeth

- Pain, amel. heat, agg. pressure, cold.

#### Stomach

- Hiccough.

- Cramping pains amel. warm applications.

#### Abdomen

- Radiating pains, colic amel. pressure, bending double, rubbing, warmth.

#### Female genitalia

- Dysmenorrhea, amel. pressure, bending double, rubbing, warmth.

- Ovarian neuralgia.

#### Chest

- Intercostal neuralgias.

#### Extremities

- Writer's cramps. Cramps from prolonged exertion.

- Sciatica, agg. cold, right side, amel. heat, pressure.

- Weakness upper limbs, trembling. Parkinson.

#### Compl.

#### Tub.

#### Dd

Chin, Coloc, Mag-m, Nux-v.

#### # MANCINELLA (manc.)

\* FEARS: INSANITY, EVIL SPIRITS, BEING POSSESSED.

#### Mind

- Fear of being possessed or taken away by evil spirits, the devil.

This gives FEAR OF INSANITY and of loosing control.

- Often seen in girls at puberty (or younger), after being frightened (e.g. horror movies). Or because of strong religious upbringing.

- Afraid to pronounce the word 'devil'.

- Other fears like: Dark, ghosts, something bad will happen, crowds, cancer, etc.
- Obsessive thoughts. Fear of their own thoughts. Have to restrain them.
- Fear that they would kill their own child (Nux-v, Thea).
- Self-destructive behaviour.
- agg. Night, in the dark. Nightmares, awake screaming (Kali-br, Stram).
- Praying, hoping God will help them.
- Low self esteem, lack of confidence; dependant on others/family. Bashful.
- Depressions.
- Superstitious (Arg-n, Con, Rhus-t, Stram).
- Sexual thoughts, obsessions. Perverse fancies; can't put them aside. Feels it to be evil (Lil-t).

#### Generalities

- agg. From heat.
- agg. Puberty, climaxis.
- amel. Motion.
- agg. Drinking water.

#### Head

- Pain after eating bread.
- Congestion before menses.
- Feels as if bruised; wrapped in wire cage.

#### Ear

- Noises like voices.

#### Nose

- Allergies. Rhinitis.
- Illusions of smell, e.g. onions.

#### Throat

- Aversion tight collars.
- Choking sensation, rising from stomach, when speaking, prevents drinking.
- Dysphagia from constriction of esophagus.

#### Stomach

- Increased thirst before menses.

#### Abdomen

- Colic after drinking water.

#### Male genitalia

- Increased desire.

#### Female genitalia

- Sexual perversion.
- Menses only while in motion.

#### Extremities

- Burning footsoles.

#### Skin

- Vesicular eruptions; oozing sticky serum.

Dd

Anac, Arg-n, Calc, Cann-i, Hyos, Kali-br, Lach, Lil-t, Lyss, Mand, Merc, Puls, Stram.

# MANGANUM ACETICUM (mang-act.)

\* AMELIORATION FROM LYING DOWN.

Mind

- Depression amel. sad music. Aversion to joyous music.
- Anxiety, fear and restlessness amel. lying down.
- Fretful over small things (Graph).
- Hatred over persons who offended him.

Generalities

- amel. LYING DOWN.
- agg. Cold wet weather (Dulc); change of weather.
- Anemia. Worn-out, bedridden state.
- Flushes of heat, agg. menopause.
- Reflexes increased (Lath.). Paralytic symptoms from below upward (Thal).
- Bone pains at night. Growing pains.

Head

- Headache agg. cold damp weather.
- Congestion, agg. 4 p.m.

Eye

- PAIN AND DRYNESS when looking at near objects, esp. lights; from sewing, reading fine print (Nat-m, Onos, Ruta).

Ear

- ALL TROUBLES SETTLE IN THE EARS. Pain from other organs ext. to and concentrating in ears.
- Hearing impaired, stopped sensation, agg. cold, damp weather, amel. blowing nose. Detonation (Sil).

Cracking in ear on blowing nose.

- Pain, agg. change of weather, amel. lying.
- Otorrhea, left ear.

Nose

- Chronic catarrh with dryness, obstruction, epistaxis, agg. cold, damp weather.

Face

- Mask-like. Pale, waxy.

Teeth

- Toothache ext. to other parts, ear, throat, etc.

Throat

- Continuous scraping and hemming (Caust, Med, Staph), annoying everybody.

Abdomen

- Liver affected. Gallstones.
- Griping, colic amel. pressing with hands, bending double, agg. cold damp weather, cold food.
- Pain and contraction at navel (Plat, Plb).

## Rectum

- Diarrhea alt. with constipation.
- Constriction, agg. sitting, amel. lying down.

## Female genitalia

- Menses early, scanty, pale, in anemic women.

## Larynx/trachea

- Chronic HOARSENESS (Arg-m, Nicc.), agg. open air.
- Aphonia.
- Stitching pain on swallowing, ext. to ear.
- Constriction agg. talking.

## Respiration

- Asthmatic, agg. feather pillow.

## Cough

- Dry cough, agg. exertion of voice, damp weather, amel. LYING DOWN (Euphr).

## Chest

- Every cold goes to chest.

## Extremities

- STAGGERING GAIT. Can't walk backwards. Tends to fall forwards.
- Slapping gait. Walks on metacarpo-phalangeal joints.

Walks backwards or stooped forwards.

- PARALYSIS starts in lower limbs (Thal); with inclination to run forwards on trying to walk.
- Inflammation of joints and bones with nightly pains.
- Ankles affected, child can't walk.
- Rheumatism of feet. Gout. Arthritic pains, semi-lateral or crossways. agg. Cold, damp weather (Dulc, Rhod, Rhus-t).
- Muscular twitching. Parkinson.

## Skin:

- ITCHING agg. PERSPIRATION (Merc, Sulph).
- Eczema agg. bathing in sea.
- Ulcers, bluish. Psoriasis.

## Dd

Arg-m, Chin, Cur, Dulc, Ferr, Lath, Merc, Onos, Ruta, Thal.

## # MANGANUM CARBONICUM (mang-c.)

\* AMELIORATION FROM LYING DOWN.

## Mind

- Depression amel. sad music. Aversion to joyous music.
- Anxiety, fear and restlessness amel. lying down.
- Fretful over small things (Graph).
- Hatred over persons who offended him.

## Generalities

- amel. LYING DOWN.
- agg. Cold wet weather (Dulc); change of weather.
- Anemia. Worn-out, bedridden state.
- Flushes of heat, agg. menopause.
- Reflexes increased (Lath.). Paralytic symptoms from below upward (Thal).
- Bone pains at night. Growing pains.

#### Head

- Headache agg. cold damp weather.
- Congestion, agg. 4 p.m.

#### Eye

- PAIN AND DRYNESS when looking at near objects, esp. lights; from sewing, reading fine print (Nat-m, Onos, Ruta).

#### Ear

- ALL TROUBLES SETTLE IN THE EARS. Pain from other organs ext. to and concentrating in ears.
- Hearing impaired, stopped sensation, agg. cold, damp weather, amel. blowing nose. Detonation (Sil).

Cracking in ear on blowing nose.

- Pain, agg. change of weather, amel. lying.
- Otorrhea, left ear.

#### Nose

- Chronic catarrh with dryness, obstruction, epistaxis, agg. cold, damp weather.

#### Face

- Mask-like. Pale, waxy.

#### Teeth

- Toothache ext. to other parts, ear, throat, etc.

#### Throat

- Continuous scraping and hemming (Caust, Med, Staph), annoying everybody.

#### Abdomen

- Liver affected. Gallstones.
- Griping, colic amel. pressing with hands, bending double, agg. cold damp weather, cold food.
- Pain and contraction at navel (Plat, Plb).

#### Rectum

- Diarrhea alt. with constipation.
- Constriction, agg. sitting, amel. lying down.

#### Female genitalia

- Menses early, scanty, pale, in anemic women.

#### Larynx/trachea

- Chronic HOARSENESS (Arg-m, Nicc.), agg. open air.
- Aphonia.
- Stitching pain on swallowing, ext. to ear.
- Constriction agg. talking.

#### Respiration

- Asthmatic, agg. feather pillow.

#### Cough

- Dry cough, agg. exertion of voice, damp weather, amel. LYING DOWN (Euphr).

#### Chest

- Every cold goes to chest.

#### Extremities

- STAGGERING GAIT. Can't walk backwards. Tends to fall forwards.

- Slapping gait. Walks on metacarpo-phalangeal joints.

Walks backwards or stooped forwards.

- PARALYSIS starts in lower limbs (Thal); with inclination to run forwards on trying to walk.

- Inflammation of joints and bones with nightly pains.

- Ankles affected, child can't walk.

- Rheumatism of feet. Gout. Arthritic pains, semi-lateral or crossways. agg. Cold, damp weather (Dulc, Rhod, Rhus-t).

- Muscular twitching. Parkinson.

#### Skin:

- ITCHING agg. PERSPIRATION (Merc, Sulph).

- Eczema agg. bathing in sea.

- Ulcers, bluish. Psoriasis.

#### Dd

Arg-m, Chin, Cur, Dulc, Ferr, Lath, Merc, Onos, Ruta, Thal.

### # MAIASAURA LAPIDEA (maias-1.)

#### Themes

- Apprehension.

- Danger.

- Accidents.

- Helping/No one helping.

- Heights/Flying.

- Joy/Fun/Ecstasy.

- Decadent sexuality.

#### Mind

- Anticipation, sensation of impending evil. Anxiety something evil was going to happen.

- Adventurous.

- Mania: restless, with laughing and gaiety, with spasmodic sensation.

Fits of joy.

- Thoughts and crowd around each other.

#### Generals

- Lots of energy.

#### Vertigo

- Body feels as if floating.

#### Head

- Itching forehead.

- Lightness.
- Pain: agg. afternoon, amel. open air; intermittent; with profuse perspiration.

#### Vision

- Flashes.

#### Nose

- Epistaxes: agg. left side.

#### Face

- Flushes of heat.
- Distended veins, spider nevi.

#### Mouth

- Speech stammering.

#### Throat

- Pain: right side; ext. to ear on swallowing.

#### Stomach

- Weak feeling.

#### Larynx/trachea

- Spasms of glottis, vocal cords.

#### Cough

- Choking.

#### Extremities

- Itching right foot sole.

#### Sleep/dreams

- Sleeplessness.
- Dreams: Car-accidents, pursued/bitten by animals, stones.

#### Perspiration

- Profuse.

### # MEDORRHINUM (med.)

\* EXTREMES in pathology on all three levels.

Difficult to maintain a neutral, stable state.

Everything is taken into excess.

There is PROFUSION or INVERSION.

Occuring in the same person, or in different individuals.

#### Mind

- PROFUSION: Extroverted, impulsive, over-excited, aggressive, forceful, high sexual desire.
- INVERSION: Suppressed, timid, reserved, loss of emotional and mental power, absent-minded, forgetful.
- Fitful, works very well for a short period, then collapses.
- Misrepresents themselves to others. Portray themselves different than they really are (Thuj).
- Aggressive and hard, self-centered, at other times great sensitivity.
- Very fond of animals or cruel to them.

- PASSIONATE, need to express it.
- Looking for new experiences, illegal things.
- Fear: dark, ghosts, insanity, claustrofobia.
- Religious fanatics when retiring. Guilty about former life.
- Wild, scattered, out-of-control feeling inside (Lil-t). As if a storm occurring in the mind.
- Time passes too quickly. Hurriedness.
- Forgetful of words while speaking (Ph-ac).
- Delusion that someone is behind him.
- Confusion, lose contact with reality (Alum).
- Biting nails.

#### Children

- Often tough, hard to manage. Violent temper.
- Or can be timid and shy.
- Love animals or mistreat them.
- Scrawny; tend towards marasmus. Unhealthy colour of skin. Lack of appetite.
- Early masturbation
- BRIGHT RED DIAPER RASH; whole diaper region, not just blotches but solid wall of red; skin inflamed but intact.

#### Generalities

- amel. EVENING; "Night People".
- amel. SEA; not just love it but are amel. by it.
- amel. Lying abdomen.
- SYCOTIC MIASM. Warts, tumors, growths of any kind.
- Profuse discharges which ameliorate (Lach).
- Medical history with heart disease at young age in ancestors.
- Reiter's Syndrome in conjunction with arthritis.

#### Food and drinks

- Desire: FAT, salt and sweets; ICE, SOUR (unripe) FRUIT (Calc-s, Verat), alcoholic drinks (liqueur), fish, meat, cold drinks.
- Aversion: Eggplant, slimy food, beans and peas.

#### Head

- Migraine.

#### Eye

- Conjunctivitis with profuse discharge. Agglutinated in the morning.
- Swelling under eyes.

#### Ear

- Impaired hearing, from swelling of tonsils and throat-glands.

#### Nose

- Chronic rhinitis with thick mucus.
- Catarrh. Sinusitis.
- Post-nasal discharge or obstruction.
- Snuffles of children (Lyc, Nux-v, Samb).
- Intense itching internally of tip; rubs all the time.

## Throat

- CLEARING OF THROAT (Caust, Mang, Staph).
- Inflammation, tonsillitis, amel. sea.

## Stomach

- Pain agg. 2 a.m. (Kali-c), amel. knee-elbow position. Gastritis. Ulcers.

## Rectum

- Constipation, amel. leaning backwards.

## Bladder

- Recurring cystitis.

## Urethra

- Nonspecific, chronic urethritis.
- Stricture.

## Prostate

- Enlarged. Prostatitis.

## Male genitalia

- HIGH DESIRE. Masturbation. Perverse. Extreme sexual behaviour (Plat).
- Herpes. Condylomata.
- Orchitis. Epididymitis.
- Impotency.

## Female genitalia

- HIGH DESIRE. Masturbation. Perverse. Extreme sexual behaviour (Plat).
- Chronic vaginitis.
- Herpes. Condylomata.
- Tumors of ovaries and uterus.
- Dysmenorrhea. Bearing-down, labour-like pains, amel. drawing up knees.

## Respiration

- Asthmatic amel. KNEE-CHEST POSITION, lying on face; from childhood.

## Cough

- amel. Lying on abdomen.

## Chest

- HEART DISEASE AT YOUNG AGE, i.e. early 40's.
- Heart conditions after streptococcal infection.

## Rheumatic heart.

- Chronic respiratory complaints. Bronchitis. Asthma.

## Extremities

- SENSITIVE FOOTSOLES (Kali-c).
- SWELLING OF ANKLES.
- HOT FEET, UNCOVERS THEM (Fl-ac, Puls, Sulph), walks barefooted.
- Cold toes though feet are hot.
- Rheumatic complaints; after suppressed gonorrhoea.
- Restlessness of lower limbs in bed (Rhus-t, Zinc).

## Sleep

- Position: GENU-PECTORAL (knee-chest position).

## Skin

- Warts, tumors.
- Eczema from infancy; with respiratory complaints.

## Compl.

Cann-i, Nat-s, Psor, Puls, Sulph, Syph, thuj, Tub.

## Dd

Carc, Lach, Nat-s, Nux-v, Plat, Puls, Sulph, Thuj, Tub.

## # MELILOTUS OFFICINALIS (meli.)

## Mind

- Wants to run and hide. Thinks every one is looking at her.
- Fear of danger, being arrested, talking loud; she whispers.
- Suspicious. Loquacious.
- Rage during menses.
- Religious melancholy.
- Wants to kill himself or threatens who approaches.
- Omits words and letters while writing.

## Generalities

- CONGESTION (Glon, Verat-v).
- Hemorrhages, bright red which ameliorate.
- Epilepsy from head injuries.

## Head

- CONGESTION. VIOLENT THROBBING (Bell, Glon, Puls, Sang).

Fullness all over head.

amel. EPISTAXIS, MENSTRUAL FLOW.

amel. Profuse urination, application of vinegar.

agg. Motion, before menses.

With vomiting, cold extremities, black spots before eyes.

Headache alt. with backache.

## Nose

- EPISTAXIS with congestion to face and head, gives general relief.

## Face

- Flushed. Red and hot. Preceding hemorrhages.

## Throat

- Pulsating carotids.

## Rectum

- Throbbing of internal hemorrhoids.

## Bladder

- Frequent and profuse urination, amel. the headache (Fl-ac, Gels).

## Female genitalia

- Premenstrual syndrome. Dysmenorrhea.

## Respiration

- Difficult from congestion of lungs or chest.

## Cough

- Cough from congestion to chest, amel. from epistaxis.

## Chest

- Violent congestion of lungs.
- Sensation as if clothes too tight.

## Extremities

- Rheumatic pain, numbness in right knee, amel. motion; desire to stretch, with no relief.

## Dd

Bell, Glon, Kali-br, Lach, Puls, Sang, Verat-v.

## # MENYANTHES TRIFOLIATA (meny.)

## Mind

- Fear of being alone with headache.

## Forsaken feeling.

## Generalities

- Icy coldness of single or affected parts.
- amel. Hard pressure.
- agg. Rest, amel. motion.
- agg. Evening.
- agg. Lying.

## Food and drinks

- Desire: Fish, meat.
- Aversion: Bread and butter, oil.

## Head

- Pressing pain amel. **HARD PRESSURE**, motion, agg. ascending stairs.
- Pain from right nape to forehead (Sang), ext. to head, agg. light, noise, jar, amel. sitting bent, hard pressure.
- Coldness, as from cold wind blowing on it.

## Nose

- Cold tip.

## Stomach

- **THIRSTLESS.**
- Coldness ext. up esophagus.

## Abdomen

- Coldness, agg. pressing with hand.
- Fulness, agg. smoking.

## Extremities

- Icy cold hands and feet.

## Perspiration

- While lying.

Dd

Chin, Lac-d, Sang.

# MERCURIUS SOLUBILIS (merc.)

Mind

- Reserved, withdrawn from general vulnerability.
- Need to feel real contact to communicate. Desires to communicate, but difficulty making contact.
- Strong feelings inside, expressed with difficulty. Stammering.
- Have violent impulses, e.g. to strike or even kill, that frightens them. Tries to restrain them. Is ashamed about it.
- Delusion is a criminal.
- Delusion everybody is an enemy. Paranoia.
- Phobic states. Depression.
- Slowness, dullness. Answers slowly (Hell, Ph-ac).
- (Internal) hurriedness to compensate, but inefficient.
- Fear of insanity, people, thunderstorm, being attacked from behind.

Children

- Sensitive and closed, timid.
- Restless.
- Precocious. Act like grown-ups. Flirting, but not sexual.

Generalities

- Weak defense mechanism giving instability, inefficiency of the organism.
- 'Living thermometer'. Over-reactivity from or with weakness, nearly everything aggravates.
- agg. COLD AND WARM (Ip, Nat-c).
- agg. PERSPIRATION.
- agg. NIGHT.
- agg. Heat of bed.
- agg. Suppressed discharge.
- amel. LYING DOWN (Mang).
- Syphilitic miasm.
- Discharges offensive, greenish-yellow.
- Chronic suppurations, ulcerations.

Food and drinks

- Desire: BREAD AND BUTTER (Mag-c), cold drinks.
- Aversion: SWEETS (Caust, Graph), salt.

Head

- Catarrhal headache.
- Pain after suppressed discharge; alt. with perspiration of feet.

Eye

- Every cold settles in the eyes.

## Ear

- OTITIS MEDIA. Chronic or acute.
- Offensive otorrhea.
- Mumps.

## Nose

- Chronic coryza with offensive, greenish discharge.
- Sneezing amel. lying.

## Face

- Acne, with pus, leaving scars.

## Mouth

- Aphthae (Bor). Ulcerations.
- SALIVATION agg. NIGHT IN SLEEP.
- Offensive breath.
- Metallic taste (Rhus-t).
- Indented tongue.
- Inflamed, bleeding gums.

## Teeth

- Abscess.
- Become gray.

## Throat

- INFLAMMATION, acute or chronic. Pharyngitis, tonsillitis.
- Swelling of glands.
- Flushed when excited (Ign, Nat-m).

## Stomach

- Thirsty for cold drinks.

## Abdomen

- Gastroenteritis. Ulcerative colitis.

## Rectum

- Diarrhea with strong urging, tenesmus.
- 'Never get done' feeling.

## Stool

- Offensive.
- Greenish. Bloody. Slimy.

## Male genitalia

- Phimosis.

## Female genitalia

- Leucorrhea, excoriating, greenish, agg. night.

Itching and burning, agg. urinating.

## Cough

- agg. Night, warmth of bed, lying on right side.

## Expectoration

- Greenish. Purulent.

## Extremities

- TREMBLING OF UPPER LIMBS, HANDS, agg. writing, holding objects (Gels, Plb).

Parkinson.

- Bone pains at night.

Skin

- ITCHING agg. PERSPIRATION, heat (Mang).

- Chronic ulceration with tendency to spread.

- Unhealthy.

- Eruptions, offensive. Eczema. Boils. Psoriasis.

Compl.

Aur, Ars, Bad, Bell, Hep, Puls, Sep, Sulph, Thuj, Tub.

Dd

Alum, Kali-br, Mang, Meli, Nat-m, Nit-ac, Plb, Puls, Sil, Syph.

# MERCURIUS CORROSIVUS (merc-c.)

\* Corrosive element.

Generalities

- MUCOUS MEMBRANES EXCORIATE, BURN LIKE FIRE.

- Discharges excoriate and cause burning.

- TENESMUS.

- agg. Night.

Eye

- Acrid lachrymation. Burning and soreness.

- Photophobia.

- Swelling of lids, red and excoriated.

- Conjunctivitis in infants.

- Ulcers on cornea and conjunctiva.

- Iritis. Retinitis. Keratitis.

Nose

- Acrid coryza with rawness and smarting in nostrils.

Mouth

- Dry and burning with excessive thirst.

- Salivation. Salty saliva.

- Aphtae. Ulcers.

Throat

- Pharyngitis. Burning.

Pain agg. slight pressure, swallowing liquids.

- Spasmodic constriction of throat and esophagus with retching, on attempting to swallow.

- Ulceration of throat and tonsils.

- Swelling of uvula.

Stomach

- Burning pain. Ulcers.
- Painful retching and vomiting.

#### Abdomen

- Colitis ulcerosa. Crohn's disease.

#### Rectum

- TENESMUS, CONTINUOUS URGING, NOT amel. STOOL.
- Burning, excoriating stool.
- Never get done feeling.
- Spasms during coition.

#### Stool

- Hot. Bloody. Slimy.

#### Bladder

- TENESMUS. Continuous urging.

#### Urethra

- Urethritis. Intense burning. Purulent discharge.
- Gonorrhoea.

#### Urine

- Hot, burning.

#### Male genitalia

- Heat of glans.
- Paraphimosis.
- Balanitis.

#### Female genitalia

- Intense inflammation of vulva.

#### Chest

- Nipples cracked.
- Swelling of nipples.

#### Sleep

- Position: On the back, knees bent.

#### Skin

- Ulcers, rapidly spreading.

#### Dd

Ars, Canth, Kreos, Merc, Nux-v.

#### # MERCURIUS IODATUS FLAVUS (merc-i-f.)

#### Mind

- Capriciousness.
- Fear of suffocation in goitre.
- Occupation amel..
- Sensitive to odors.

## Generalities

- RIGHT SIDED. Complaints going from right to left side.
- agg. Rest.
- agg. Warm room.
- amel. Open air.

## Throat

- RIGHT SIDED inflammation and pain. Tonsillitis.
- agg. Warm drinks.
- Goitre.

## Female genitalia

- Leucorrhoea in young girls.

## Extremities

- Neuritis, in writers, agg. right, least exertion, rubbing, pressure; amel. walking in open air.
- Weakness agg. lying left side, amel. lying right side.
- Pain in right arm with pain in left hip.

## Dd

Bell, Lyc.

## # MERCURIUS IODATUS RUBER (merc-i-r.)

## Generalities

- LEFT SIDED REMEDY. Complaints going from left to right side.

## Throat

- Inflammation and pain, starts on the LEFT SIDE.

## Tonsillitis.

- Sensation of lump with inclination to hawk.

## Male genitalia

- Sarcocele.

## Larynx/trachea

- Hoarseness on getting little wet.

## Extremities

- Rheumatic pains, wandering.
- Moist cracks in handpalms.

## Dd

Lach.

## # MEZEREUM (mez.)

\* Skin eruptions. Ailments from suppressed eruptions.

## Mind

- APPREHENSION IN STOMACH (Calc, Kali-c). Anxiety, emotions felt in stomach.

- Desire company.
- Conscientious about trifles. Anger at trifles.
- Religious or financial melancholy. Hypochondriasis.
- Sad and anxious when alone.
- Thoughts vanishing while speaking.
- Indifference, everything seems death to him.
- Looks through the window for hours without being conscious of objects around.

#### Generalities

- CHILLY. agg. Cold, cold air.
- Cold to the bone. Coldness of affected parts; in spots.
- agg. Touch.
  - AILMENTS FROM SUPPRESSED ERUPTIONS (Graph, Sulph, Zinc).

#### Food and drinks

- Desire: Fat. HAM FAT.

#### Head

- Eruptions: Thick, leathery crusts, with pus underneath it.

#### Hair sticks together.

- Headache agg. touch; from suppressed eruptions.
- Scalp and hair sensitive to touch.

#### Eye

- Ciliary neuralgia; after operations (removal of eyeball).

#### Ear

- Eruption behind ears (Graph).
- As if too much open, as if cold wind blowing into ear.
- Deafness from suppressed eruptions.

#### Face

- Eruptions. Herpes zoster.
- Neuralgia's agg. night, eating, amel. heat of stove.

#### Stomach

- APPREHENSION IN STOMACH, AS IF SOMETHING WAS GOING TO HAPPEN. Every shock, bad news, sudden noise gives faint feeling in stomach.
- Gastritis. Ulcers.

#### Respiration

- Asthmatic from suppressed eruptions.

#### Back

- Injuries to coccyx.

#### Extremities

- Eruptions where circulation is poor.
- Pain and burning in periost of long bones, esp. tibia.

#### Skin

- ERUPTIONS. Eczema. THICK, LEATHERY SCABS WITH PUS UNDERNEATH IT (Oln).d).
- INTOLERABLE ITCHING, agg. at night, heat, heat of bed, touch. Changing place on scratching.
- Herpes zoster, burning.

- Cracks forming geometrical patterns.

Compl.

Merc.

Dd

Ant-c, Calc, Graph, Hep, Kali-c, Olnd, Merc, Nit-ac, Nux-v, Psor, Ran-b, Spig, Sulph, Syph, Thuj.

# MOSCHUS (mosch.)

\* HYSTERIA.

Mind

- Hysterical and nervous persons.
- Complains without knowing what ails him. Imaginary diseases.
- Suited to spoiled sensitive natures.
- Selfish, obstinate;

Resort to all kinds of cunning to have her whims gratified.

Lie about illness or fakes, to get what they want.

- Quarrelsome. Irritable.
- Violent anger. Scolding till lips are blue.
- Anxiety with palpitation.
- Fear of dying, of lying down lest he die.
- Hurried, things fall from the hands.
- Talks to himself and makes gestures.
- Uncontrollable laughter, alt. with weeping.
- Sexual hypochondriasis.

Generalities

- Fraudulent or hysterical disease.
- Diseases do not follow the normal course.
- Tendency to faint; while eating, during menses, etc..
- Sensation of coldness, general or in single parts.

As if cold wind blowing on part.

- agg. Cold.
- agg. Menses, pregnancy.
- Hysterical convulsions. Spasms.

Food and drinks

- Desire: Cheese.

Head

- Pain in occiput as from a nail.

Eye

- Sudden blindness or dim vision. Coming and going.

Ear

- Nervous deafness, in paroxysms.

Nose

- Epistaxis with spasms.

#### Face

- One cheek cold and red, the other pale and hot.

#### Throat

- Globus hystericus.

#### Stomach

- Nausea and vomiting on seeing or thinking of food.

- Spasmodic, nervous hiccough.

#### Abdomen

- Hysterical abdominal spasms.

- Incarceration of flatus.

#### Bladder

- Polyuria. Copious urination, agg. with headache.

#### Urine

- Strong odor. Ammoniacal.

#### Male

- Violent desire with insupportable tickling in parts. Involuntary emissions.

- Impotency associated with diabetes.

#### Female genitalia

- Sexual desire greatly excited; with intolerable tingling of parts (Orig, Plat). agg. During delivery.

- Dysmenorrhea with fainting.

- Nervous or hysterical phenomena during pregnancy.

#### Larynx/trachea

- Spasm of glottis, agg. becoming cold. Sudden constriction.

#### Respiration

- HYSTERICAL DYSPNEA. Suffocative constriction agg. cold.

- Asthmatic, with intense anxiety.

#### Chest

- Hysterical spasm of chest.

- Hysterical palpitation. Trembling around heart.

#### Extremities

- One hand burning hot and pale, the other cold and red.

#### Skin

- Coldness of skin.

- Herpes.

#### Dd

Asaf, Croc, Ign, Lil-t, Lob, Pall, Plat, Plb, Sumbul, Valer.

# MURIATICUM ACIDUM (mur-ac.)

\* WEAKNESS, MAINLY PHYSICAL.

#### Mind

- Feels he will never succeed; doomed to fail.
- Want of self-confidence.
- Therefore gives great importance to details (Graph) or obstacles in his life.
- Cannot overcome the least problem.
- Feels too weak to live on his own.
- Fears future, the least problems (Chin-s).
- Introverted. Suffers in silence. Morose. Sulky.
- Irresolution (Bar-c).
- Restless.
- Deep reflexion, quiet introversion, as if something unpleasant was impending, but inclined to work.
- Discontented with everything; with himself.
- Difficult concentration. Mental exhaustion. Reading aggravates mental symptoms.
- Forgetful for what has just said.

#### Generalities

- WEAKNESS (muscular prostration).
- agg. SEA.
- agg. Cold.
- amel. Warmth.
- agg. Rest, before prostration sets in.
- "SLIDING DOWN IN BED", must be lifted up every little while.

#### Food and drinks

- Aversion: Meat.

#### Vertigo

- When lying on the right side.

#### Face

- Dropping of lower jaw.

#### Mouth

- Tongue dry, leathery.
- Atrophy and cancer of tongue (Gali).
- Aphtae. Ulcers.

#### Stomach

- Emptiness not amel. by eating.

#### Abdomen

- Indigestion.
- Fulness and distention from small quantities of food. Ascites.
- Sensation of emptiness after eating, after stool.

#### Rectum

- INVOLUNTARY STOOL, itching and PROLAPSUS WHILE URINATING OR PASSING FLATUS (Aloe). Unnoticed stools.

- Hemorrhoids, very sensitive to touch (Paeon, Rat). amel. Heat.

Must lie with limbs wide apart (Paeon).

Protruding like bunch of grapes, agg. during stool and urination.

#### Bladder

- Atony; must wait a long time; presses so hard that anus protrudes.
- Cannot urinate without loosing stool.

#### Extremities

- Heavy, painful, weak. Heaviness of forearms.
- Tottering gait from weak thighs and knees.

#### Dreams

- Happy dreams of home.

#### Skin

- Eruption, itching amel. scratching.

#### Compl.

Carb-v, Nat-m, Ph-ac.

#### Dd

Aloe, Ars, Carb-v, Gels, Laur, Nat-m, Op, Ph-ac, Stann,

### # MUREX PURPUREA (murx.)

#### Mind

- Lively, affectionate.
- Sensitive, nervous.
- Yielding.
- LASCIVIOUS AT LEAST TOUCH.

Nymphomania, agg. menopause, suppressed menses.

- Mental-emotional symptoms amel. during leucorrhea.
- Sadness, melancholy, agg. menses.
- Forgetful of words while speaking.

#### Generalities

- agg. Touch.
- amel. Leucorrhea.

#### Stomach

- Sinking, all-gone sensation (Sep).

Hungry with empty feeling, even after meal.

#### Rectum

- Sensation of heavy weight pressing on rectum.

#### Female genitalia

- HIGH SEXUAL DESIRE. Nymphomania.

LEAST CONTACT causes violent sexual excitement (Plat) or pain.

- Conscious of uterus (Helon).
- Cervix sensitive to touch; bleeding when touched.
- Uterine prolapsus. Feeling of protrusion. Supports abdomen with hands.

amel. Pressing vulva (Lil-t, Sep), agg. lying (Puls).

Must keep legs tightly crossed (Lil-t, Sep).

- Cancer of uterus.

- Menses irregular, too frequent, profuse, clotted.
- Leucorrhea amel. mental-emotional symptoms.
- Pain from right side of uterus, ovarian region to left breast.

Pains shooting upward from uterus.

Chest

- Tumors of mammae.
- Pain in mammae during menses.

Dd

Lil-t, Mosch, Plat, Sep, Sil, Staph.

# NAJA TRIPUDIANS (naja)

\* Affections of HEART.

Mind

- Mild tempered Lachesis.
- Increased perception of what he ought to do.

Dutiful. Responsible.

- Brooding over imaginary troubles.
- Delusion neglected his duty. Feels himself a failure.

As if everything were done wrong and could not be rectified.

- Delusion injured by his surroundings; neglected; suffered wrong.
- Contradiction of will. Sense of duality.

Conscientious/feeling of being wronged. Always in dilemma. Alternating moods.

- Melancholy.
- Dreads to be left alone. Aversion talking.
- Fear of rain (Elaps), misfortune, heart disease.

Generalities

- agg. LEFT SIDE (Lach). LYING ON LEFT SIDE.
- agg. Sleep. Night.
- agg. Tight collars.
- agg. Damp weather.
- amel. Open air.
- Chilly.

Head

- Pain in left temple, left orbital region, amel. smoking, alcohol, agg. cessation of menses.

Nose

- Hay-fever, with dry larynx; asthma.

Mouth

- Dryness.

Throat

- INTOLERANT OF COLLARS.

- Swallowing difficult or impossible, from CONstriction or PARALYSIS of throat or esophagus.
- Sense of choking, grasps the throat, agg. going to sleep.
- Pharyngitis, tonsillitis agg. on left side.

#### Abdomen

- Flatulence with rumbling and colic.

#### Female genitalia

- Affections of left ovary.

#### Larynx/trachea

- Rawsness, agg. after coughing.
- Sensitive to touch.

#### Respiration

- Suffocative spells while sleeping. Wakes up suffocating, choking. agg. Lying on left side.
- Cardiac asthma, agg. lying down.
- Asthmatic from hay-fever.

#### Cough

- Dry, hacking cough from cardiac disorders (Cact).
- Sympathetic.

#### Chest

- Cardiac disorders; almost a specific for VALVULAR CARDIAC DISORDERS.
- PALPITATIONS agg. on waking, slight exertion, lying left side; with inability to speak.
- ANGINA PECTORIS. Pain amel. lying on right side (Spig); ext. to nape, left shoulder and arm (Lat-m, Kalm).
- Threatened paralysis of heart.
- Acute and chronic endocarditis.
- Pulse changes force (Dig).

#### Back

- Pain shooting from left scapula to chest, or vice versa.
  - Pain between shoulderblades with heart affections.
- Tired feeling between shoulderblades, has to lie down or lean backwards to rest.

#### Extremities

- Numbness of left arm.
- Cold feet.
- Edema of hands and feet

#### Sleep

- Position: Impossible on left side.

#### Dd

Aur, Bung, Cact, Crot-h, Elaps, Kalm, Lach, Spig, Spong.

# NAT-C. = NATRIUM CACODYLICUM (nat-cac.)

#### Generals

- Tuberculosis.
- Peripheral neuritis.

#### Eye

- Inflammation conjunctiva.
- Swelling of lids.

#### Mouth

- Tongue like raw beef.
- Odor gangrenous.

#### Extremities

- Paralysis of left leg, wrist drop.

### # NATRIUM CARBONICUM (nat-c.)

\* DIFFICULTY TO ASSIMILATE, on each level.

#### Mind

- REFINED. Sensitive.
- Sensitive to certain impressions.

AVERSION TO CERTAIN PERSONS. Also dedicated to certain persons.

- Sensitive to the atmosphere of a place.
- Considerate. Integrity. Dignity. SELFLESS.
- Does not impose. Never speaks out against another (Staph).
- Easily hurt, but does not show.
- Cheerful. Keeps up facade.

Very nice, communicative, but closed about their emotions, grief.

- Reclusive. Withdraws. Better when alone.
- Take a philosophical attitude about life.
- Can become masochistic. Like to suffer, to stimulate their feelings.
- Sensitive to music, esp. piano.
- Mental weakness.

#### Generalities

- Difficulty in assimilating CERTAIN things.

Aversion to certain persons;

Sensitive to certain impressions;

Indigestion from certain food.

- agg. HEAT AND COLD (Ip, Merc).
- agg. SUN. (Effects of sunstroke)
- agg. ATMOSPHERIC CHANGES; before and during storm.
- agg. Least change of diet.
- agg. Mental exertion.
- Weakness and paresis: lids droop, dysphagia.
- Bad assimilation.
- Allergies (environment, food)

## Food and drinks

- Desire: Farinaceous food (potatoes).
- Aversion: MILK.
- agg. : MILK.

## Vertigo

- From heat of sun.

## Head

- Headache from the sun, heat; from mental exertion.
- Headache alternating with gastro-intestinal problems.

## Eye

- Ptosis of lids (Gels).

## Nose

- Coryza from least draft of air.
- Chronic coryza, obstruction. Catarrh of posterior nares.
- Allergies. Hay fever.
- Problems of external nose: Peeling, eruptions.

## Face

- Eruptions around mouth, of lips. Herpes. Tinea.
- Itching whiskers.

## Mouth

- Aphtae (Bor).

## Throat

- Difficult swallowing. Must drink.

## Stomach

- INDIGESTION from least errors of diet, agg. milk. Food allergies.
- Gastritis. Ulcers.
- Sour eructations. Heartburn.
- Painful sensibility, agg. touch, speaking.
- Emptiness agg. 5 a.m. and 11 p.m. (Sulph), amel. eating.

## Abdomen

- Flatulence. Distention. Colic.

## Rectum

- Diarrhea from milk.
- Sudden urging.

## Bladder

- Chronic cystitis.

## Urethra

- PAIN AT CLOSE OF URINATION.

## Male genitalia

- Nightly emissions, with dreams.
- Herpes, ext. to thighs, buttocks and back.

## Female genitalia

- Herpetic eruptions, ext. to thighs, buttocks and back.

- Sterility from weakness of vaginal sphincter. Cannot hold semen.
- Motion as from fetus in uterus (Thuj).

#### Cough

- On entering warm room.

#### Back

- Curved from malabsorption.

#### Extremities

- WEAK ANKLES.
- Weakness or paralysis of left leg.
- Eruptions of tips of finger or toes.

#### Dreams

- Amorous, with pollutions.

#### Skin

- Vesicular eruptions in patches and circles. Herpes circinatus.

#### Compl.

#### Sep.

#### Dd

Ant-c, Mag-m, Nat-m, Nat-s, Puls, Sil, Staph.

### # NATRIUM HYPOCHLOROSUM (nat-hchls.)

#### Mind

- Very distressed. Foolish behaviour. Hysteria.
- Sadness. Weeps all day and keeps husband awake all night.
- Delusion top of head were floating off.
- Laziness. Stupefaction. Unconsciousness.

#### Generals

- agg. WET WEATHER.
- amel. Cold wet applications.
- WEAKNESS agg. before stool, feels as if she would die.
- Paralyzed feeling in brain, limbs and fingertips.
- RAPID EMACIATION.
- Faintness agg. moving.

#### Head

- Pain right side, mastoid ext. above eye, amel. after sleep.
- Shooting pain agg. morning before rising.

#### Eye

- Weak and stiff during headache.

#### Ear

- Pain below right ear agg. swallowing.
- Swelling, abscess below right ear.

#### Nose

- Epistaxis, dark, clotted, during pregnancy.

#### Face

- Left-sided neuralgia, agg. warmth, amel. cold applications.

#### Mouth

- Swollen tongue.

- Stomatitis.

#### Gastro-intestinal

- Swelling abdomen ext. chest, agg. eating.

- Fearful pain lower abdomen ext. right hip joint; with white gravel in urine.

- Cutting pain rectum agg. 6-7 p.m.

- Constipation, large, hard offensive stool.

#### Urinary organs

- Nephritis. Urine scanty, smoke colored, black, with blood, albumen, casts.

With vomiting, diarrhea, headache, coma.

- Urine: red sand; white gravel.

#### Male genitalia

- Sexual desire increased.

#### Female genitalia

- UTERUS congested, sensitive, oozing blood, agg. exertion; water-logged.

BEARING DOWN agg. WALKING; with backache and headache; PUSHES UP WHEN SITTING.

#### Subinvolution.

Opening and shutting sensation of uterus.

- Metrorrhagia. Menses clotted, black, frequent.

- Itching and painful vagina agg. urinating.

- Pain ovaries ext. right hip. Swelling left ovary.

#### Chest

- Tightness, weight.

- Pain left side amel. lying down. Pain under heart.

#### Back

- Pain during menses; with prolapse of uterus.

#### Extremities

- Pain and weakness.

- Pain right hip joint.

- Felon.

#### Dd

Carb-v, Murx, Nat-m, Sep.

### # NATRIUM MURIATICUM (nat-m.)

#### Mind

- EMOTIONAL VULNERABILITY leading to INTROVERSION. Closed person (amel. alcohol).

- Intolerant of any form of grief, rejection, ridicule or humiliation.

- Avoid being hurt or to hurt others at all costs.
- Tries not to show emotions; to maintain control over their circumstances. Fastidious.
- Turn to emotionally safe activities, e.g. reading, music.
- Great sense of responsibility. Integrity. People confide in them.
- Loyal in relationships (Staph).
- Self-contained. Serious. Objective.
- Can appear cold, at a distance.
- Aversion to company. Consolation agg..
- Hysterical tendency when emotions can't be controlled anymore.
- Laughs over serious matters. Giggling changing in to hysterical weeping. Uncontrolled, hysterical sobbing with shaking, spasms, twitchings.
- Changeable moods.
- fantasizes about relationships. Falling in love with unattainable persons.
- Emotionally strongly attached, but does not show it.
- Depression, even suicidal. Sad but cannot weep.
- Dwells on past disagreeable occurrences.
- Biting fingernails.
- Sensitive to music.
- Fear robbers, claustrophobia, heights, insects. Hypochondriasis.
- Fixed ideas, 'good or bad'.
- Last stage: Lost control, obscene, shameless.

- CHILDREN: Well-behaved. Responsible.

Sensitive to disharmony (e.g. quarrels).

Need for affection, though not always showed.

Tantrums when reprimanded, agg. consolation.

Mature beyond his years.

Slow learning to talk.

Generalities

- Mainly warm (can be chilly).
- agg. SUN, heat.
- agg. or amel. Sea.
- agg. Noise.
- agg. 10 a.m.
- AILMENTS FROM GRIEF.
- Periodicity.
- Discharges like white of egg.
- Stitching pains.
- History of malaria (Chin).
- Multiple sclerosis.

Food and drinks

- Desire: SALT, fish, sour (lemon), bitter, beer.
- Aversion: FAT, SLIMY FOOD, CHICKEN, fish, bread.

Vertigo

- Tendency to fall to the left.
- agg. Pregnancy, tea. amel. Cold applications.

#### Head

- HEADACHE, "like little hammers beating".
- agg. 10:00 A.M. (TO 3 P.M. ),
- GRIEF, SUN, on waking,
- light, noise, reading, menses,
- amel. Lying dark and quiet room, perspiration,
- cold application, pressure.

In schoolgirls (Calc-p, Puls).

Precede by numbness, tingling in lips, tongue and nose.

- Eruptions at margin of hair. Alopecia.
- Falling of hair, agg. temples, whiskers.

#### Eyes

- Lachrymation agg. wind, on coughing, reading.
- Horizontal line dividing lower lid in two, in hysterical children (Asaf, Ign, Lil-t, Mosch).
- Bruised and stiff sensation, agg. reading, exerting vision. Weak eye muscles (Ruta).
- Letters run together. Images retained too long (Lac-c).

#### Nose

- Hayfever. Coryza "like white of egg". Sneezing.
- One-sided numbness.

#### Face

- Neuralgia, agg. left side.
- HERPETIC ERUPTIONS, esp. about lips (Rhus-t, Sep).
- Cracked lips, corners of mouth.

#### Mouth

- Aphthae (Bor).

#### Throat

- Affections of thyroid. Goitre.
- Sensation of a lump.
- Stitching pains (Arg-n, Hep, Sil).
- Emaciation of neck (Lyc).

#### Stomach

- Thirsty for cold drinks (Phos, Sulph).
- Gastritis, ulcers, agg. from grief, quarrels.

#### Rectum

- Constipation.

#### Bladder

- Unable to urinate in presence of others.
- Involuntary urination, agg. on coughing, laughing, sneezing, walking.

#### Male genitalia

- Falling of pubic hair.

#### Female genitalia

- Averse to sex. Painful coition. DRYNESS OF VAGINA (Sep).
- Sterility.
- Falling of pubic hair.
- Leucorrhoea.
- Bearing down, agg. morning.

#### Respiration

- Asthmatic, agg. between 5 and 7 p.m.
- Sighing.

#### Chest

- Palpitations, agg. night, lying left side, noise.

#### Back

- Lumbago, amel. hard pressure, lying on hard surface (Sep).

#### Extremities

- Skin of fingers cracked, esp. about nails; peeling off of tips.
- Hangnails. Biting nails.
- Trembling of hands, agg. writing, amel. rubbing.
- Painful corns.
- Late learning to walk, in children.

#### Sleep

- Position: ON LEFT SIDE.
- Insomnia from grief or thoughts of past disagreeable occurrences.

#### Dreams

- Of thieves, cannot go to sleep again until house has been searched.

#### Skin

- Greasy.
- Eruptions agg. sea, salt. Hives after violent exercise.

Eczema. Psoriasis. Ringworm.

#### Compl.

Apis, Arg-n, Bry, Caps, Eup-per, Ign, Kali-c, Lyc, Sep, Tub.

#### Dd

Aur, Bor, Caust, Chin, Ign, Nat-c, Nat-s, Sep.

### # NATRIUM PHOSPHORICUM (nat-p.)

#### Mind

- Refined. Sensitive.
- Sympathetic.
- Close down easily when hurt.

Aversion consolation. Reserved.

- Discontented (Calc-p).
- Clairvoyance.
- Nervous fears on waking. Imagines, on waking at night, that pieces of furniture are persons. Hears

footsteps in next room.

- Fear of something will happen agg. night; bad news, dark, storm, disease, death.

Easily starting, agg. noise.

- Indifference to everything, to his family (Sep).

- Weakness of memory. Dullness.

Generalities

- Weakness.

- agg. Coition (Seminal discharges).

- agg. Thunderstorm.

- agg. Mental exertion.

Food and drinks

- Desire: FRIED EGGS, salt, spices, (fried) fish, beer, ice cream.

- agg. : Sugar, milk, fat.

Head

- Headache agg. right side, during thunderstorm, mental exertion.

- Fullness from mental exertion.

Eye

- Discharge of golden-yellow, creamy matter.

Nose

- Hayfever.

Mouth

- Base of tongue and roof of mouth coated with golden-yellow, creamy matter.

- Sensation of hair on tip of tongue.

Teeth

- Grinding at night, in children.

Throat

- Yellow coating.

Stomach

- Acidity. Sour eructations.

- Vomiting of sour, cheesy masses.

Rectum

- Urging for stool after coition (male).

- Involuntary stool on passing flatus.

Bladder

- Urging after coition (male).

Urethra

- Burning and itching in meatus after coition.

Male genitalia

- NOCTURNAL EMISSIONS, followed by weakness in back and trembling limbs.

Female genitalia

- Leucorrhea: creamy, honey-coloured, or acid-watery and smelling sour.

Respiration

- Asthmatic, agg. evening.

## Chest

- Feeling as if a bubble started from heart and forced through arteries.
- Palpitations, agg. thunderstorm.

## Back

- Weakness after seminal emissions.

## Extremities

- Weakness with trembling after seminal emissions.
- Rheumatism; in children. Gout.
- Hamstrings stiff and feel shortened.

## Contractions of tendons (Dupuytren) (Caust, Plb, Ruta).

- Itching eruption on ankles.

## Dreams

- AMOROUS.

## Dd

Cob, Kali-p, Nat-c, Nat-m, Phos, Pic-ac, Sel.

## # NATRIUM SULPHURICUM (nat-s.)

## Mind

- Sensitive but closed.
- Systematic. Proper. Responsible. Dutiful (Aur, Kali's, Naja).
- Fastidious. According to a plan.
- More irritable than other Natriums.
- Hatred for others. Revengeful. Eventually hard.
- Kind of indifference. Emotions not involved. Estranged from his family.
- Depression with suicidal thoughts (hanging or shooting).

Restrain themselves out of responsibility for others, who depend on them.

- Sensitive to music; weeps from music.
- Cheerful after stool.
- Mental/emotional changes after injuries to the head or spine.

## Generalities

- SYCOTIC miasm.
- agg. Heat, sun.
- agg. WET WEATHER, esp. warm humidity.
- amel. Dry, cool weather.
- amel. AFTER STOOL.
- Discharges: Greenish-yellow.
- AILMENTS FROM INJURIES TO HEAD AND SPINE.
- Ailments from grief.

## Food and drinks

- Desire: Frozen food. YOGHURT. Cold drinks.
- Aversion: YOGHURT.

## Head

- Ailments from injuries to the head (Arn).
- Headache with affections of the liver, gall, indigestion; bitter taste, vomiting bile.

## Eye

- PHOTOPHOBIA (Graph).
- Conjunctivitis with greenish discharge. Agglutinated.
- Yellow discoloration of conjunctiva.

## Ear

- Stitching pain agg. right, in dampness, going from cold to warm.
- Noises, agg. right side.

## Nose

- Chronic catarrh with greenish, salty mucus. Post-nasal discharge.
- Epistaxis before and during menses.

## Mouth

- Greenish-yellow discoloration of tongue.
- Bitter taste, e.g. during headache.

## Stomach

- Vomiting bile.
- Heartburn. Gastritis. Ulcers.

## Abdomen

- LIVER AND GALLBLADDER problems. Hepatitis. Gallstone colic (Card-m, Chel, Chin, Lyc).
- Liver painful, agg. touch, jar, lying on left side, tight clothes; amel. lying right side with legs curdled up (Mag-m).
- Indigestion and flatulence from farinaceous food.
- Flatulence, agg. before breakfast.
- Diabetes mellitus.
- Colic amel. kneading abdomen.

## Rectum

- Cancer of rectum (Nit-ac), sigmoid colon.
- Condylomata.
- SUDDEN URGING AND DIARRHEA agg. MORNING AFTER RISING, FARINACEOUS FOOD, fruit, wet weather.

## Stool

- SPUTTERING from flatus mixed with stool.
- Yellow, bilious.

## Urethra

- Greenish discharge.

## Urine

- Bilious.

## Male genitalia

- Increased sexual desire.
- Condylomata.

## Female genitalia

- Condylomata.
- Greenish leucorrhoea, with hoarseness; after gonorrhoea.

## Respiration

- ASTHMATIC, agg. DAMPNESS, 4-5 A.M. (Kali-i), heat, after grief, in children, amel. cool, dry weather.
- Rattling.

## Expectoration

- Greenish.

## Chest

- Holds chest when coughing from hollow. weak sensation or from pain.
- Pneumonia. Chronic bronchitis. Pain through left lower chest.

## Back

- Rheumatism. Sciatica.
- Injuries to the spine.

## Extremities

- HIP JOINT DISEASE. Rheumatic pains in hips, agg. left.
- Rheumatic pains, agg. wet weather, amel. motion.
- Heat of soles of feet, uncovers them (Lyc, Med, Puls, Sulph).
- Itching while undressing, agg. lower limbs.

## Sleep

- Position: On the left side.

## Skin

- Warts. Condylomata.
- Itching while undressing (Rumx).
- Jaundice.

## Compl.

Ars, Med, Thuj.

## Dd

Aran, Aur, Chel, Chin, Dulc, Med, Nat-m, Thuj, Kali-c, Kali-bi, Kali-i, Sulph.

## # NITRICUM ACIDUM (nit-ac.)

### Mind

- ANXIETY ABOUT HEALTH (Agar, Ars, Kali-ar).

Fear of disease, cancer. Fear of death.

- Don't easily make contact.

As if there's a barrier.

Not emotionally involved.

- Selfish. Suspicious.

- Everything bothers him.

Discontented. Unhappy. Complaining.

- Pessimistic and gloomy, morose.
- Miserable.
- Irritability, agg. morning. Cursing.
- Sensitive to noise (Ferr, Nux-v).
- UNFORGIVENESS.

Hatred, unmoved by apologies.

- Disappointed, discouraged.
- Comes in a state of apathy, indifference.

Emotionally isolated.

- Nihilism.

Generalities

- CHILLY.
- agg. Cold.
- amel. RIDING IN CARRIAGE.
- Pain agg. night.
- Weakness.
- Syphillitic miasm. Bone pains agg. night.
- STITCHING, SPLINTER-LIKE PAINS

(Arg-n, Kali-c, Nat-m, Hep, Sil).

- FISSURES.
- OFFENSIVE, corrosive discharges.
- Ulceration of mucous membranes.

Food and drinks

- Desire: FAT, SALT, spices, herring, indigestible things.
- Aversion: Cheese, eggs.

Head

- Headache wit sensation of a band or inward pressure, agg. pressure of hat, pressure, noise.

Eye

- Warts on lids.
- Iritis. Keratitis.

Ear

- Difficult hearing amel. riding carriage or train.
- Cracking in ears on chewing.
- Otorrhea: offensive, corroding.

Nose

- Warts.
- Fissures in nostrils.
- Chronic catarrh. Offensive, corrosive discharge.
- Epistaxis, agg. night.

Face

- Anemic. Sunken, pale.
- Warts on lips (Caust).
- Cracking in jaw when chewing.

- Eruptions, herpes, cracks about lips, corners of mouth.

#### Mouth

- Fissured tongue, in all directions.

#### Throat

- Splinter-like pains on swallowing, ext. to ears.

#### Stomach

- Ulcers.

- Indigestion and nausea from milk.

#### Rectum

- Constipation. Painful.

Ineffectual urging (Nux-v).

- Hemorrhoids.

Violent stitching pains for hours after stool (Paeon, Rat).

- Fissures. Fistulas.

- Condylomata.

- Cancer (Nat-s).

#### Urethra

- Chronic urethritis.

- Stricture, with stitching pains.

#### Urine

- OFFENSIVE. STRONG. LIKE HORSE'S URINE (Benz-ac). Burning.

- Cold on passing.

#### Male genitalia

- Condylomata, bleeding when touched.

- Phimosis.

- Falling of pubic hair.

- Ulcers.

#### Female genitalia

- Condylomata.

- Leucorrhea, offensive, excoriating (Kreos).

- Vaginitis. Itching agg. before, after menses, coition (Kreos).

- Falling of pubic hair.

- Ulcers.

#### Chest

- Cracked nipples (Castor-eq, Graph, Phyt), splinter-like pains.

#### Back

- Injuries to the spine.

- Pain after coition.

#### Extremities

- Bone pains, agg. night.

- Splinter-like pains under the nails.

- Offensive perspiration, causing soreness with sticking pains.

- Warts on the hands.

- Perspiration on hands and feet after injury to spine.

Sleep

- UNREFRESHED (Mag-c, Mag-m, Lach).

- Waking 2 a.m.

Skin

- Indolent ulcers with stitching pains.

- FISSURES.

- WARTS, condylomata. Bleeding easily.

- Eruptions. Eczema. Psoriasis. Herpes.

Compl.

Ars, Arum-t, Calad, Calc, Cann-i, Kali-c, Lac-c, Lyc, Rhus-t, Sep, Syph, thuj.

Dd

Agar, Ars, Graph, Kreos, Lyc, Merc, Nux-v, Rat, Sulph.

# NUX MOSCHATA (nux-m.)

\* Sleepiness. Dullness. Confusion.

Mind

- Absent-minded.

- DULLNESS. SLEEPINESS (Op).

- Confusion, spaced-out feeling (Alum, Anh, Cann-i).

Feels strange, intoxicated, with irresistible drowsiness.

- Alternating moods. Hilarity alternating with dullness.

- FORGETFUL for what was about to do. Weakness of memory.

- Answers slowly (Hell, Ph-ac).

- Irresolution in projects.

- Bewildered, as if in a dream.

- Surroundings seemed changed.

Doesn't recognise well-known streets.

- Stupefaction, agg. menses, pregnancy; comes to herself with a start.

- Seems to be two persons, real self seems to be watching other self (Anac). Delusion has two heads.

Generalities

- Chilly.

- agg. Cold, wet.

- amel. Dry, warm.

- agg. Windy, stormy weather. Changes of weather.

- agg. Menses. Pregnancy. Suppressed menses.

- NARCOLEPSY; fights to stay awake.

- FAINTING fits: from pains, hysteria, sight of blood.

- DRYNESS of mucous membranes.

Head

- Feeling of expansion, with sleepiness.

Bursting headache, agg. cold air, cold wet weather, eating little too much.

- Sensation of looseness of brain agg. shaking head.

Eye

- Dryness, impeding movements of lids.

- Objects appear too large, too small or too distant.

Ear

- Pain, agg. wet weather, approach of rain or wind.

Nose

- Dry, chronic obstruction and coryza. agg. Cold, damp weather.

- Hay fever with marked sneezing.

Face

- Pale with blue circles around eyes.

- Dryness of lips.

Mouth

- DRYNESS. Tongue adheres to roof of mouth.

- Usually not thirsty (Puls, Bry).

Take water and hold it in mouth to moisten it.

- Dryness of mouth, agg. during menses.

- Sensation of cotton. Saliva seems thick, like cotton.

- Tongue numb, paralyzed.

Teeth

- Toothache during pregnancy, amel. warmth.

Throat

- Great dryness.

- Sensation of lump rising.

Stomach

- Nausea and vomiting with inclination to sleep, agg. pregnancy.

- Thirstless.

- Distention.

Abdomen

- Colic agg. drinking cold, newborns, amel. heat; with constipation.

- Umbilical hernia, mainly newborns.

Rectum

- Tremendous CONSTIPATION; straining with soft stool; must remove stool mechanically (Alum).

- Diarrhea, agg. cold drinks in summer.

Female genitalia

- Menses variable, irregular in time, quantity.

- Menses copious with sleepiness; scanty.

Larynx-trachea

- Loss of voice from walking against wind.

Chest

- Palpitation, with fainting attacks.

- Palpitations, amel. drinking hot water, walking.

## Extremities

- Rheumatic pain, agg. getting feet wet, cold, wet weather, draft, amel. warm, dry.
- Weakness from slight exertion.
- Numbness.
- As if limbs floating in air.

## Sleep

- OVERPOWERING SLEEPINESS.

## Skin

- Dryness.

## Compl.

Calc, Lyc.

## Dd

Anh, Alum, Cann-i, Hell, Ph-ac, Op.

## # NUX VOMICA (nux-v.)

### Mind

- Ambitious, COMPETITIVE to a pathological degree.
- Self-reliant. Matter of fact.
- Dictatorial. Arrogant.
- Responsible. Efficient.
- Fastidious.
- Strong values to work. Becomes workaholic.
- Gets overwhelmed by his work. Cannot accept a limitation. Fear of marriage.
- Stimulates himself with coffee, alcohol, drugs, etc.
- Over-stressed. Oversensitive.
- IRRITABILITY. Sometimes kept inside. Weeping from anger.
- Impatient. Hurried.
- Cursing and scolding.
- Can become real aggressive. Violent impulses.
- Malicious. Cruel.
- Suicidal disposition (shooting or jumping), but lacks courage.
- Mental disorder. Aversion to answer.

### Generalities

- CHILLY.
- agg. Cold, drafts.
- agg. Uncovering a part.
- agg. Morning.
- agg. Dry weather.
- agg. Eating.
- amel. Warmth.
- amel. Wet weather (Caust, Hep).

- Anti-peristalsis (vomiting, urine, stool).
- Convulsions, agg. anger.
- Apoplexy, with sticking pains in affected limbs.
- Fainting from odors, during labor.
- Sensitive to all impressions: odors, light, noise, smells, etc.

#### Food and drinks

- Desire: SPICES, FAT, ALCOHOL, STIMULANTS.
- Aversion: Meat.
- agg. : Stimulants.

#### Vertigo

- Waking him from sleep at night.

#### Head

- Headaches and migraines.

agg. Cold, alcohol, mental exertion, anger, waking, before menses.

amel. Heat.

- Sensitive to draft (Chin, Hep, Sil).

#### Eye

- Photophobia, agg. morning.

#### Ear

- Itching in eustachian tube, compels to cough or swallow.

#### Nose

- HAYFEVER, ALLERGIES, CORYZA
- with sneezing, agg. after eating, morning.

Obstruction agg. night, outdoors.

- Snuffles of newborns (Lyc, Samb).
- Sensitive to odor of flowers.

#### Face

- Acne.
- Lockjaw.
- One-sided perspiration.

#### Teeth

- Grinding.

#### Throat

- Choking, on falling asleep.

#### Stomach

- GASTRITIS. ULCERS.
- Nausea and vomiting agg. anger, vexation, stimulants, abdominal pains.
- Retching with inability of vomiting.
- Pain agg. anger, vexation, tight clothes, amel. warmth, warm drinks.
- Sensation of stone after (over-)eating.
- Complaints from alcohol abuse.

#### Abdomen

- Distention. Flatulence.

- PAIN AND CRAMPING agg. after eating, before stool, cold; amel. after stool, warmth.
- Colic in babies with irritability and arching of the back (Cham, Dios).
- Crohn's disease. Hepatitis.
- Hernia: Inguinal, umbilical.

#### Rectum

- CONSTIPATION, CONSTANT INEFFECTUAL URGING.
- Diarrhea with constant urging; alternating with constipation.
- Hemorrhoids. Prolapsus.
- Urging for stool while urinating (Mur-ac); with every labor. pain; during menses.
- Spasms during orgasm.

#### Bladder

- CYSTITIS, CONSTANT URGING, passes only a few drops. amel. Heat, warm bathing.
- Retention of urine, amel. warm bathing.

#### Kidneys

- Colic.

#### Male genitalia

- Increased desire. Promiscuous.
- Seminal emissions during sleep, with dreams.
- Impotency.

#### Female genitalia

- Increased desire. Promiscuous.
- Dysmenorrhea amel. warmth; with urging for stool; ext. to whole body.
- Uterine spasm during orgasm. Prolapsus.
- Ineffective labor-pains, ext. to rectum, with urging for stool.

#### Respiration

- Asthmatic: agg. night, 3-4 a.m. , cold, morning, after eating.

#### Cough

- amel. Warm drinks. agg. Morning in bed.

#### Chest

- Angina pectoris.
- Palpitations agg. from stimulants, anger, vexation, excitement, after eating.

#### Back

- Pain, must sit up to turn over in bed (Kali-c, Kali-p); agg. fever, urging for stool.
- Opisthotonos.

#### Extremities

- Muscle spasms, cramps and contractures. Twitchings. Jerkings.

#### Sleep

- SLEEPLESSNESS. Wakes at 3-4 a.m. , thinking about work, business. Falls asleep just before time he should get up.
- Sleepiness during the day.
- Unrefreshed (Lach, Mag-c, Mag-m, Nit-ac).

#### Dreams

- Quarrels.

- Amorous.

Skin

- Urticaria with gastric derangements.

Compl.

Bry, Calc, Cham, Con, Kali-c, Phos, Puls, Sep, Sulph.

Dd

Asar, Aur, Bry, Cham, Coloc, Grat, Ign, Lil-t, Lyc, Med, Sep, Strych, Stram, Sulph.

# OENANTHE CROCATA (oena.)

\* CONVULSIONS

agg. DURING MENSES AND PREGNANCY,

agg. suppressed menses; instead of menses;

puerperal eclampsia;

epilepsy arising from disorders of the sexual sphere.

agg. DURING SLEEP.

Mind

- Sudden and complete unconsciousness.

- Furious delirium: constantly moved from place to place, talked without cessation, not knowing what they said, grasped at imaginary objects.

- Restlessness after convulsions.

- Mental symptoms from convulsions.

Generals

- Terrible convulsions followed by coma.

- agg. Water

- Ailments after injury to the head.

- Apoplectic conditions.

Food and drinks

- Desire: cold drinks, cannot bear to drink anything hot.

Vertigo

- Suddenly falls down backward.

Head

- Momentary sensation of pungent heat to head.

Ear

- Noises in ear before convulsions.

Face

- Rapid convulsive facial twitching.

- Trismus, locked jaw.

- Bluish discoloration during convulsions (Cupr).

- Bloody froth from mouth and nose.

Throat

- Constriction and burning.

- Bluish neck.

Stomach

- Continued vomiting for days, not amel. by anything.

Abdomen

- Tympanites during convulsions.

- Slight touch gives great pain.

Bladder

- Incontinence during convulsions.

Respiration

- Interrupted by sighing and convulsive cough.

Back

- Opisthotonos.

Extremities

- Rapid convulsive twitchings of muscles of hands.

- Clenched thumbs (Cupr).

- Coldness and numbness of hands and feet.

Dd

Bufo, Cic, Cupr, Hyos.

## # OCIMUM CANUM (oci.)

\* Diseases of kidneys, bladder and urethra.

Urinary tract

- RENAL COLIC WITH NAUSEA AND VIOLENT VOMITING, EVEN BILIOUS.

- Pain in ureters, cramp in kidneys.

Urine

- Saffron coloured (Kali-p).

- Red sand in urine (Lyc).

- Purulent with intolerable smell like musk.

Female genitalia

- Prolapse of vagina.

Chest

- Swelling of mammae, breasts feel full and tense, pain on nursing.

Dd

Berb, Coloc, Ip, Lach, Lyc, Nux-v.

## # OLEANDER (olnd.)

\* Skin. gastro-intestinal disorders.

Mind

- Intolerance of contradiction.

- Anger, followed by speedy repentance.
- Slow perception, weak memory.
- Confusion when reading, difficulty of grasping the connection.

#### Food and drinks

- Aversion: Cheese.
- agg. ACID OR CITRUS FRUITS, tomatoes.

#### Head

- SCALY ERUPTION ON SCALP, DANDRUFF, LARGE PATCHES, with falling of hair, cradle cap,
- agg. occiput or commencing there.
- Corrosive itching agg. night, undressing.
- Seborrhea and psoriasis of scalp especially at margin of hair.
- Humid, fetid spots behind ears and occiput, with red, rough herpetic spots in front.
- Headache amel. looking cross-eyed or sideways, lying down, agg. reading and holding up head.

#### Throat

- Numbness ascending from throat externally to head.

#### Stomach

- Empty sensation in stomach not amel. by eating (Sep).
- Ravenous appetite with hurried eating, especially during diarrhea (Petr, Sulph).

#### Rectum

- Paralysis of intestines, food passes undigested.
- DIARRHEA followed by hard stool, undigested, involuntary,
- agg. hot weather, fruit (acid).
- Burning pain before and after stool.
- Flatus like rotten eggs.

#### Extremities

- Weakness of lower limbs.
- Painless paralysis, agg. upper limbs.

#### Skin

- VIOLENT ITCHING ERUPTIONS, SCALY, SCURFY.
- Itching agg. undressing.
- Smarting as if raw after scratching
- Very sensitive, slightest friction causes pain.

#### Compl.

#### Tub.

#### Dd

Graph, Petr, Sulph.

### # ONOSMODIUM VIRGINIANUM (onos.)

#### Mind

- LISTLESS AND apathetic, CAN'T FOCUS WILL-POWER.

- IRRESOLUTE.

- Feeling that something terrible was going to happen and that she was powerless to prevent it.
- forgetful for what was about to do; to say; what has just read.
- Writes very fast, cannot keep pace with thoughts, omits letters and words.
- Delusion cannot think.
- Indifference.

Generalities

- MUSCULAR PROSTRATION.

- Pain in small spots (Kali-bi).
- agg. Left side. Cannot lie on the left side (Lach, Phos).

Food and drinks

- Desire: for ice-water and cold drinks (Phos).

Head:

- Headache from straining eyes (Nat-m, Ruta), agg. left side, lying on back.

Eye

- STRAINED FEELING and tired feeling in ocular muscles, tense, drawing.
- Pain in and over left eye.
- Misjudges distances.

Abdomen

- Colic amel. bending backward (Dios), undressing, lying on back.

Male genitalia

- Impotency with psychic background. Constant sexual desire.
- Masturbation.
- Deficient erections; speedy and nocturnal emissions.

Female genitalia

- Aversion to coition.
- Severe uterine pains amel. undressing, lying on the back.
- Pain in ovaries agg. pressure, slowly pulsating pain goes from one ovary to the other.
- Profuse leucorrhoea, acrid, running down legs.

Extremities

- CANNOT CO-ORDINATE THE MOVEMENTS PROPERLY. Disturbance of gait with insecurity in the steps, steps very high.

Seems to tread on cotton.

Cannot use the hands properly.

- Pain in the back with numbness and tingling in the feet and legs.
- Weakness and numbness.

Dd

Agn, Cann-i, Lath, Phos, Ruta, Sel.

# OPIUM (op.)

\* Two stages are seen in the provings:

- 1st: LACK OF REACTION WITH INSENSIBILITY AND SLEEPINESS;
- 2nd: The opposite, HYPERESTHESIA, OVEREXCITEMENT AND SLEEPLESSNESS.
- Both states are seen separately, but can also alternate in one person.

#### Mind

- Peaceful, dreamy. Sensation of happiness, carefulness.
- Forgetful of sufferings.

Painlessness of complaints usually painful.

- Stupor and coma. Coma from injury, fright, apoplexy.
- AILMENTS FROM FRIGHT (convulsions, chorea, and neurological disturbance).
- Complaints in children FROM FRIGHT OF THE MOTHER DURING PREGNANCY.
- Excitement, great flow of ideas, vivid imagination.
- Impatience, irritation, nervousness.
- Want of moral feeling.
- Beautiful or frightful delusions and dreams.
- Desire to escape from reality (Anh, Cann-i)

#### Generalities

- WARM-BLOODED.
- agg. FROM HEAT.
- Ailments from fright, apoplexy. injury of the head.
- Lack of vital reaction.
- Convulsions agg. heat, night, light, fright.
- Ailments from drug withdrawal.

#### Head

- Pain in back of head, great weight there.

#### Face

- Flushed face, deep red, hot, swollen, veins distended.
- Looks dull, besotted.
- Hanging down of lower jaw.

#### Mouth

- Paralysis of tongue.

#### Abdomen

- Colic, tympanitis, post-surgical ileus (Raph).

#### Rectum

- SEVERE CONSTIPATION, NO DESIRE FOR STOOL (Alum). Receding stool.
- Diarrhea from fright or joy.
- Constipation of newborns.

#### Stool

- Round, hard, black balls.

#### Bladder

- RETAINED URINE or involuntary urination after fright.
- Retention of urine in newborns.

#### Female genitalia

- Suppressed menses, threatened abortion from fright.

- Cessation of labor with coma and twitchings.

Respiration

- SNORING.

- BREATHING STOPS ON GOING TO SLEEP (Grind, Lach). Wakes suddenly or has to be shaken to start again.

- DIFFICULT, SLOW AND INTERMITTENT RESPIRATION, as from paralysis of lungs.

Extremities

- Trembling and twitching of all limbs agg. after fright.

Sleep

- NARCOLEPSY, FALLS INTO A HEAVY STUPID SLEEP. Sleepiness on reading or concentrating.

- Very sleepy but cannot sleep.

- Sleeplessness from slight noises.

- Bed feels too hot.

Perspiration

- Hot perspiration.

Compl.

Alum, Bar-c, Bry, Phos, Plb.

Dd

Acon, Alum, Bapt, Carb-v, Coff, Hell, Laur, Nux-m.

# OXALICUM ACIDUM (ox-ac.)

\* agg. THINKING ABOUT COMPLAINTS.

Mind

- Thinking of pains or conditions will bring them on, when they are not actually present, e.g. thinking of urging for urination or stool.

Generalities

- VIOLENT PAINS IN SPOTS (Kali-bi)

agg. MOTION, THINKING OF THEM.

- Neurasthenia.

- Rheumatism of left side of the body.

Head

- Headache in small spots agg. lying down, wine, amel. after stool.

- Small spots painful to touch (Lith).

Throat

- Hoarseness, nervous aphonia associated or alternating with heart symptoms.

Abdomen

- Burning in small spots.

Rectum

- Diarrhea, agg. coffee.

Male genitalia

- Neuralgic pain in testes and cords, agg. left, slightest motion.

- Erections with dullness in occiput.

#### Chest

- Angina, palpitation and dyspnea agg. thinking of it, lying.

- Heart pain radiates to left shoulder, down arm with numbness especially in fingers and to abdomen ( Kalm, Lat-m, Naja).

- Heart symptoms alternate with hoarseness.

- Sudden sharp, lancinating pain in lower lobe of left lung, depriving of breath, extending to abdomen.

#### Back

- Pain beneath tip of left scapula (Gels, Ran-b).

- Weakness and numbness.

- Affects spinal cord and meninges with weakness, numbness, coldness of lower limbs.

#### Extremities

- Numbness and weakness.

- Lancinating pains shooting from back down extremities.

- Rheumatic or gouty pains amel. from sweets.

- Blueness and coldness of lower limbs, with almost complete immobility.

#### Dd

Helon, Kali-bi, Pip-m, Lach, Spig.

### # PAEONIA OFFICINALIS (paeon.)

\* AFFECTIONS OF THE RECTUM like abscess, fissure, fistula, hemorrhoids.

#### Mind

- Anxious and fearful. Apprehensive if anyone spoke to him.

- Sensitive to bad news and unpleasant happenings.

#### Generals

- agg. Motion, exertion; evening, warm room, rainy weather.

- agg. After sleep, complaints come during sleep (Lach.).

- Delicate and weak. Prostration.

- Venous affections. Varicosities with ulceration.

- Sharp pains (Hep, Nit-ac, Sil).

- Neuralgia's.

#### Vertigo

- agg. warm room.

#### Head

- Congestion.

#### Eye

- Pain as from sand, sticking. Burning dryness.

- Photophobia.

#### Ear

- Jerking in cartilage.

- One hot, one cold.

## Face

- Red and puffy with burning heat.
- Ciliary neuralgia.

## Throat

- Sensation of acid, burning vapor, heat.

## Stomach

- Nausea on entering warm room, with faintness and obscuring of vision.

## Abdomen

- Sensitiveness and colic of transverse colon.

## Rectum

- Ulcer, abscess, fistula, fissures.
- HEMORRHOIDS: Congested, thrombotic, become ulcerated.
- TREMENDOUS SUFFERING (Nit-ac, Rat): Long-lasting, intolerable pain, agg. during and after stool, agg. wiping, amel. SPREADING BUTTOCKS APART WITH THEIR HANDS.
- Compelled to walk all night or to roll on the floor from pain.
- Very sensitive to touch.
- Burning in the anus with internal chilliness.
- Itching in anus.
- Oozing of moisture.

## Extremities

- Neuralgic pains.
- Cramps on lower limbs.
- Ulcers from friction.
- Painful corns.

## Sleep/dreams

- Sleepy in the afternoon.
- Starting on falling asleep.
- Restless, disturbed by dreams.
- Dreams: Amorous with emissions, of death, anxious, of quarrels.

## Skin

- Very sensitive and painful.
- Tendency to ULCERATION.
- Bedsores.
- Itching and burning as from nettles, agg. open air.

## Dd

Aesc, Aloe, Ars, Hep, M-aust, Nit-ac, Rat, Sil, Sulph.

## # PALLADIUM METALLICUM (pall.)

\* Love of approval.

## Mind

- LONGING FOR GOOD OPINIONS OF OTHERS, especially of persons they consider as important.
- Haughty, pride, contempt.
- Delusion she is criticised; not appreciated; neglected.

Believes to be "looked down on".

- Keeps up brightly when in company, but is exhausted afterwards.
- Wants to please.
- Easily offended, even over imaginary slights. Wounded pride and fancied neglect.
- Impatience and irritability with headache.

## Head

- Headache across the top of the head from one ear to the other.
- Headache with pulsations all over the body.

## Abdomen

- Shooting pains from navel to pelvis.
- Violent colic, agg. right side, can only lie on the left side.

## Female genitalia

- RIGHT OVARIAN PAIN amel. pressure (rubbing, bending the legs), lying on left side, agg. exertion, jar, excitement, coughing.
- SWELLING, INDURATION, CYSTS OF RIGHT OVARY (Apis, Bell, Lyc, Podo).
- Bearing down of uterus, heaviness like a weight.
- Cutting pain in uterus amel. after stool.
- Metrorrhagia while nursing (Sil).

## Chest

- Stitches in right breast near nipple through the back, agg. deep inspiration.

## Extremities

- Rheumatic pain in right shoulder and right hip.
- Sciatica in right side, amel. warmth and rest.
- Pain goes from toes upwards.

## Compl.

## Plat.

## Dd

Apis, Grat, Lac-c, Lyc, Plat, Puls.

## # PARIS QUADRIFOLIA (par.)

\* Sensation of expansion.

## Mind

- Loquacity, pleasure in his own talking, sometimes in a childish way.
- Foolish behaviour, childish.
- Disposition to utter absurdities with complacency.
- Egotism, speaking always about themselves in public.
- Haughty and demanding. Delusion is enlarged.

- Contemptuous and censorious disposition.

Inclination to treat others with rudeness en contempt.

Generalities

- Right side of body cold, left side hot.

- LEFT SIDED complaints.

- Sensation of expansion.

Head

- Head feels large, expanded.

- Numbness of left side of head.

- LEFT SIDED headache, agg. mental exertion, smoking.

- Pulsating agg. ascending, at night.

- Sensation in head as if contents were forcing themselves out, pressive pain in head amel. pressure.

- Sensation as if scalp were contracted.

- Scalp and hair sensitive to touch. Painful spots.

Eye

- Expanded feeling, as if eyelids were too small to cover.

- Eyes feel projected with sensation of string through eyeballs drawing them backwards.

- Confused sight, unsteady look.

Nose

- Imaginary foul smells.

- Obstruction at root of the nose.

Face

- Neuralgia. Hot stitches in left malar bone, painful on touch.

Female genitalia

- Increased sexual desire.

Back

- Neuralgia of coccyx.

Extremities

- Numbness of upper limbs.

- Pain from shoulder to fingers.

- Fingers alternately hot and dead, cold.

- Everything feels rough.

Dd

Lach, Lil-t, Plat, Sep.

# PAREIRA BRAVA (pareir.)

\* The URINARY SYMPTOMS are most important.

Generalities

- Pains appear from 3 to 6 a.m. , amel. through the day.

- agg. Left side.

Bladder

- Severe pain when attempts to urinate, EXTENDS DOWN THIGHS to the feet.
- Can urinate only when he goes ON HIS HANDS AND KNEES AND PRESSES HIS HEAD AGAINST THE FLOOR.
- Dysuria since confinement.

#### Kidney

- Pain from left kidney extends through ureter to groin.

#### Prostate

- PROSTATE ENLARGED AND CAUSES DIFFICULTY IN URINATION with straining (Dig, Sabal).

#### Urethra

- Urethritis with prostatic trouble.
- Violent itching in entire length.
- Almost cartilaginous induration.

#### Extremities

- Cramps in legs during urination.

#### Dd

Berb, Caust, Chim, Dig, Sabal, Staph.

### # PETROLEUM (petr.)

\* SKIN PROBLEMS, catarrhal conditions of the mucous membranes.

#### Mind

- Great irresolution.
- Want of self confidence. Irresolution.
- Anxious and timorous disposition. Yielding.
- Weeping at trifles.
- Uneasiness respecting the future. Feels that death is near and must hurry to settle affairs.
- Conscientious about trifles.
- Irritability, easily offended.

Inclination to anger and scold. Violence.

- Hypochondriacal, sadness.
- Confusion, agg. walking in open air. Does not know where she is in the street (Glon, Nux-m).
- Delirium: Thinks another person is lying with him in bed (or that he is double, or one limb is double).

Imagines he has a third leg which will not keep quiet.

Continuous delirious talk of the same distressing subject.

Hallucinations of vision.

#### Generalities

- agg. DURING WINTER; PASSIVE MOTION (from riding in cars, seasickness, etc.).
- agg. COLD, INHALING PETROCHEMICAL FUMES (Sul-ac), during stormy weather.
- amel. Warm air.
- Chilly. Sensation of internal coldness.
- Ailments from suppressed eruptions.

## Food and drinks

- Aversion: FAT, MEAT.
- agg. cabbage.

## Vertigo

- Felt in the occiput (Gels, Sil), like seasickness, agg. raising the eyes.

## Head

- Moist eruption on the scalp, seborrhea (Oind).
- Occipital pain extending upward, with vertigo, amel. epistaxis.

## Eye

- Skin around eyes dry and scurfy. Fissured canthi.
- Infections of lachrymal duct. Fistula.

## Ear

- Eruptions in and around ear. Cracks.
- CHRONIC CATARRH. Diminished hearing and noises. (Calc, Kali-s, Puls).

## Nose

- Cracks of the nostrils.

## Stomach:

- Gastralgia amel. eating. Feeling of great emptiness amel. eating.
- HUNGER IMMEDIATELY AFTER STOOL OR DURING DIARRHEA (Oind, Sulph).
- RAVENOUS HUNGER, MUST RISE AT NIGHT TO EAT (Lyc, Psor, Sulph).
- NAUSEA FROM MOTION OF A CARRIAGE, SEASICKNESS (Cocc, Tab).

## Abdomen

- Cold sensation in the abdomen.

## Rectum

- DIARRHEA FROM SUPPRESSED ERUPTIONS (Dulc). DIARRHEA ONLY IN THE DAYTIME. agg. RIDING IN A CARRIAGE, vegetables (cabbage).
- Fissures. Itching.

## Male genitalia

- Eruptions, herpes and moisture, spreading to anus and thighs. Excoriation of perineum.

## Female genitalia

- Eruptions. Herpes. Soreness and moisture. Itching agg. menses.

## Respiration

- Respiratory problems associated with skin problems.

## Cough

- Dry cough with oppression of chest agg. at night, lying.

## Chest

- Herpes on the chest.
- Sensation of coldness about the heart, as if there was a cold stone in the heart.

## Extremities

- Skin problems: CRACKS, deep and bloody especially on HANDS, TIPS OF FINGERS, , WINTER.
- Dry eczema usually, skin thickened; psoriasis.
- Finger-nails painful when touched.

- Offensive perspiration of feet with tenderness. Burning sensation of soles. Uncovers.
- Sensation of splinter in heel with burning pain, agg. walking, standing. Cracks in the heels.
- Chillblains, itching and moist; corns.

#### Skin

- ERUPTIONS, usually DRY, can be moist, ECZEMA, PSORIASIS, HERPES.
- DRY, CRACKED, ROUGH, LEATHERY.
- Deep cracks, bloody, painful, agg. WINTER.
- Very sensitive, clothing is painful.
- Every injury tends to suppurate.
- Itching at night, agg. heat of the bed. Scratches until it bleeds.

#### Compl.

#### Sep.

#### Dd

Graph, Jug-c, Lyc, Mez, Nit-ac, Psor, Sars, Sil, Sulph.

### # PETROSELINUM SATIVUM (petros.)

\* URINARY CONDITIONS, especially of the URETHRA.

#### Generalities

- Ailments from trauma, bruises.

#### Bladder

- SUDDEN, IRRESISTIBLE DESIRE TO URINATE, child jumps up and down with the pain.
- Burning and TINGLING FROM PERINEUM THROUGHOUT WHOLE URETHRA.

#### Urethra

- URETHRAL CONDITIONS with tremendous biting, itching in urethra; wants to stick something in it to scratch it.
- Acute gonorrhoea.
- Milky, yellow discharge.

#### Dd

Cann-s, Canth, Clem, Sars.

### # PHOSPHORICUM ACIDUM (ph-ac.)

\* WEAKNESS AND ENFEEBLEMENT OF THE EMOTIONAL PLANE, progressing to the physical and mental planes.

#### Mind

- AILMENTS FROM GRIEF. Suffers in silence.
- Softening or a dropping down in tone on the emotional plane, leading to INDIFFERENCE, APATHY.
- Wants to be left alone. Sleeps with face to the wall.
- 'Frozen down' emotions, indifferent to any kind of stimulation (Hyos, Sep).
- Forgetfulness and weakness of memory, especially for words.

- Answers slowly (Hell).

#### Generalities

- AILMENTS FROM GRIEF, DRUG ABUSE, LOSS OF VITAL FLUID, after illness, sexual excess.
- WEAKNESS with tendency to perspire or sensation of heat; in rapid growing children.
- agg. After coition.
- amel. Sleep.
- Falling of the hair (head, eyebrows, genitalia, etc.)
- Dryness of mucous membranes.

#### Food and drinks

- Desire: REFRESHING THINGS, JUICES, FRUIT, cold milk.

#### Head

- FALLING OF HAIR; hair becomes gray (lyc, Sep).
- Headache as from a weight on the vertex, agg. mental exertion, after coition; goes to the side lain on.

#### Eye

- Sight confused, as if looking through a mist.

#### Rectum

- Diarrhea, painless, not exhausting though long-lasting; agg. summer.

#### Urine

- Milky, like curdled milk at the end of the urination.

#### Male genitalia

- Loss of prostatic fluid agg. night, during stool.
- Impotency, early ejaculation, often after excess.

#### Chest

- Palpitation in children who grow too fast, after grief, self-abuse.

#### Extremities

- Numbness and weakness. Great fatigue after walking.
- Growing pains.

#### Compl.

Chin, Ign, Sulph.

#### Dd

Aur, Gels, Hell, Ign, Mur-ac, Pic-ac, Sel, Sep.

## # PHOSPHORUS (phos.)

\* DIFFUSION.

#### Mind

- OPEN, EXTROVERTED, LIVELY, EXPRESSIVE.
- SYMPATHETIC.
- Sympathize with homeopath, sit forward on the chair.
- DESIRE FOR COMPANY (can be less in later stages).
- FEARS: Dark, being alone,

thunderstorm, disease,  
something will happen, death,  
insects, ghosts, any fear.

- Anxiety for others.
- Startles easily.
- SENSITIVE TO ALL EXTERNAL IMPRESSIONS.
- Vivid imagination. Creative. Artistic.
- Desire to be magnetized.
- Sensitive to suggestion and reassurance.
- Clairvoyance.
- Concentration difficult, daydreaming.
- Dullness and indifference in later stages when other symptoms subside.

#### Generalities

- Tall, thin, delicate.
- OVERSENSITIVE.
- agg. While alone, twilight, left side, lying on left side, warm food, salt, fasting.
- amel. Cold drinks, sleep (even short), rubbing, eating.
- HEMORRHAGES. Ecchymosis.
- One-sided paralysis after apoplexy.
- BURNING PAINS.

#### Food and drinks

- Desire: SALT, HIGHLY SEASONED,  
ICE CREAM, CHOCOLATE, Wine,  
COLD FOOD AND DRINKS, FISH.
- Aversion: Sweets, FISH, fruit, meat, oysters.

#### Vertigo

- agg. Looking upwards, rising.

#### Head

- Pain agg. fasting, heat; amel. cold, sleep, eating.
- Falling of the hair.

#### Eye

- Glaucoma.
- Retinal troubles with lights and hallucination of vision.
- Green halo around objects, letters appear red, objects appear red or blue.
- Atrophy and paralysis of optic nerve.

#### Nose

- CORYZA EXTENDING TO THE CHEST.
- Epistaxis, in childhood; instead of menses.
- Oversensitive smell

#### Face

- Left-sided paralysis.

#### Mouth

- Bleeding gums.

- Dry tongue and lips.

#### Throat

- HOARSENESS, APHONIA, painless or with painful raw feeling; agg. evening, public speakers.

#### Stomach

- THIRST FOR COLD DRINKS, LARGE QUANTITIES.

- Appetite increased, hungry at night (Lyc, Petr, Psor, Sulph).

- BURNING PAIN amel. COLD DRINKS, agg. AND EVENTUALLY VOMITS AS SOON AS WATER IS WARMED UP IN THE STOMACH (Bism, Pyrog).

- Post-operative vomiting.

- Vomiting of undigested food soon after eating.

#### Abdomen

- Affections of the liver.

#### Rectum

- Bleeding haemorrhoids.

- Sensation as if the anus remained open.

- Discharge of blood agg. stool.

#### Stool

- Long, narrow and hard; with blood.

#### Male genitalia

- IRRESTISTABLE DESIRE, PRIAPISME.

- Involuntary emissions.

#### Female genitalia

- MENSES PROFUSE, BRIGHT RED.

- Metrorrhagia: bright red blood.

- Fibroids and tumors of uterus; ovarian cysts.

- OVEREXCITEMENT, SEXUAL DESIRE INCREASED.

#### Respiration;

- Respiration anxious, hyperventilation.

#### Cough

- Cough from irritation in throat agg. cold air, talking or laughing, evening, lying left side, change of temperature or weather.

- Nervous, dry cough agg. presence of strangers, strong odors.

#### Expectoration

- Hemoptysis.

#### Chest

- RESPIRATORY INFECTIONS.

- PNEUMONIA agg. LEFT SIDE with burning pains, bloodspitting and oppression.

- Holds the chest when coughing.

- PAIN AND PALPITATIONS

agg. LYING LEFT SIDE (Lach),  
amel. COLD DRINKS.

- Flushes of heat in heart region.

- Sensation of heat in the chest.

- Chest immovable (main remedy) (Vithoulkas).

#### Back

- Sensation of heat between the scapulae.
- Burning pain extending up the spine to between the scapulae.

#### Extremities

- Numbness hands and fingers, agg. morning on waking.

#### Skin

- ECCHYMOSIS.

#### Sleep

- Position: ONLY ON THE RIGHT SIDE (Lyc).
- EASILY REFRESHED, except in later stages when the liver is affected.

#### Compl.

Ars., Calc, Carb-v, Kali-c., Sep, Tub.

#### Inimical

Caust.

#### Dd

Ars, Arg-n, Caust, Mill, Med, Puls, Rhus-t, Sang, Sep, Tub.

### # PHYSOSTIGMA VENENOSUM (phys.)

\* EYE TROUBLES, NEUROLOGICAL CONDITIONS.

#### Mind

- Active mind, even during sleep.
- Delusion always being a castaway. Nothing seems right.
- Fear of insanity at night.
- Fear at night, he might do mischief.

#### Generalities

- agg. Cold, draft.
- Paralysis, when muscular contractility is not impaired.
- Meningeal/spinal inflammation with rigid muscles. Tetanus.
- Prostration with very sensitive vertebrae.

#### Vertigo;

- Floating sensation.

#### Head

- Brain falls to side lain on.
- Sensation of tight cap.
- Numbness from occiput down spine.

#### Eye

- Heaviness of lids (Gels).
- Nightblindness; myopia
- Twitching of ocular muscles, lids.
- Spasms of ciliary muscles, with irritability after using eyes.

Eye strain (Ruta, Onos, Nat-m)

- Contractions of pupils.
- Paresis of accommodation; astigmatism.
- Glaucoma.
- Floating spots. Muscae volitantes.
- Profuse lacrimation.

Throat

- Feeling as if ball came up throat (Asaf).

Female genitalia

- Numb feeling in uterus.

Chest

- Spasmodic action of heart with pulsation through whole body.
- Fluttering of heart felt in throat.

Back

- Sensitive spine.

Extremities

- Numbness of hands and feet; in paralysed parts.
- Locomotor ataxia.
- Sudden jerking in limbs on going to sleep.
- Flushes of heat in palms. Offensive palms.

Sleep

- Attacks of overpowering sleepiness (Op). As if about to lose consciousness.

Dd

Agar, Gels, Onos, Op, Ruta.

# PHYTOLACCA DECANDRA (phyt.)

\* Glandular remedy.

Hot inflammation and swelling of glands.

Mind

- Sensitive to pain.

Weary of life from pain.

Children weep during difficult dentition.

- Indifference to life.

Generalities

- agg. COLD, WET WEATHER.
- agg. Night, motion.
- amel. Warm and dry, rest.
- Sensitive to electric changes.
- Syphilitic bone pains.

Food and drinks

- Desire: Warm drinks during mastitis.

- agg. Warm drinks during throat pain.

## Head

- Rheumatism of scalp agg. rainy weather.

## Nose

- One-sided coryza.

## Mouth

- Inflammation root of tongue (Gali), agg. protruding tongue.

- Tip of tongue red.

- Coated, indented tongue.

- Stringy saliva.

## Teeth

- Dentition retarded, painful.

- Pain amel. BITING TEETH TOGETHER.

## Throat

- INFLAMMATION throat, tonsils, parotids.

DARK RED, BLUIISH RED (Bapt, Lach).

PAIN amel. COLD DRINKS, agg. WARM DRINKS.

agg. RIGHT SIDE (Lyc).

- Feels narrow, rough, hot.

- Shooting pains into ears on swallowing.

- Mumps.

- Swelling of cervical glands.

## Male genitalia

- Orchitis.

## Female genitalia

- Ovarian neuralgia agg. right.

## Chest

- MASTITIS, ABSCES (Con, Sil).

PAIN RADIATES OVER WHOLE BODY.

agg. WHILE NURSING.

agg. LEFT SIDE.

Mastitis after first menses, which appear soon after delivery. Mastitis after mental or emotional stress.

- Hard and sensitive with purple hue.

- Milk diminished, agg. stress or excitement.

- Milk thick and lumpy. Coagulates, hangs out in strings.

- Nipples: cracks and small ulcers (Castor-eq).

- Tender breasts before and during menses.

- Tumors of breasts with enlarged axillary glands (cancer).

## Extremities

- PAIN WHERE TENDONS ATTACH TO BONE (Rhod, Rhus-t).

- Rheumatic pains agg. cold and wet, morning.

- Bone pains agg. night.

## Skin

- Purple hue (boils, eruptions)(Lach).

Compl.

Sil.

Dd

Bell, Con, Merc, Lach, Lyc, Sil.

# PICRICUM ACIDUM (pic-ac.)

\* BREAK DOWN AFTER MENTAL OVER-EXERTION.

Mind

- Brain fatigue.
- Students in break down states (Anac, Sil, Lec.).
- Exhaustion after reading.
- Idea of marriage is unendurable.
- Indifference, lack of will power to undertake anything.

Generalities

- agg. MENTAL EXERTION (kali-p, Lec, Nat-c, Sil).
- Weakness agg. heat, stool, exertion.
- amel. Rest, sleep, lying.
- Dullness with weakness.

Head

- Pain occiput, burning, ext. down spine.
- Dullness forehead on concentrating.
- Pain amel. bandaging tightly.

Ear

- Boils in meatus.

Kidneys

- Inflammation with weakness.

Male genitalia

- Priapism, agg. at night.
- Lascivious thoughts, amorous dreams.
- Emissions followed by exhaustion.

Female genitalia

- Pain left ovary.
- Voluptuous pruritis at night.

Back

- BURNING ALONG THE SPINE with weakness agg. mental exertion.

Extremities

- Tired, heavy feeling all over body.
- Coldness.

Dd

Gels, Lec, Kali-p, Nat-c, Nux-v, Ph-ac, Sil.

## # PIPER METHYSTICUM (pip-m.)

\* amel. DIVERTING ATTENTION.

### Mind

- Amelioration by diverting attention, turning the mind to another topic.
- Restless desire to change position.
- Very sensitive. Sensitive to pain.

### Generalities

- Sensation as if intoxicated.
- amel. DIVERTING ATTENTION; changing position.

### Head

- Pain as if lump in forehead.

### Extremities

- Arthritis deformans.
- Pain in right arm and in thumb joint.

### Skin

- Fall of scales leave white spots, which often ulcerate.

### Dd

Helon, Ox-ac, Sep.

## # PLATINUM METALLICUM (plat.)

### Mind

- HAUGHTY.
- CONTEMPTUOUS. Feelings of being better, smarter, more spiritual,... than others. Selfishness.
- Delusions: Things appear small. She is very tall.

She is of royal blood. Delusion of superiority.

Does not belong to her family.

- HYPERSEXUAL.
- Megalomania alternating with high sexuality.
- Passionate, sexual excess or perversity, early masturbation.
- Erotic mania.
- Irritability and anger leading to impulses when frustrated.
- Impulse to kill, esp. when seeing knife.
- Weeping from anger.
- Phobic stated. Fears death, violence, dogs, health, heart diseases, strokes.
- Fear husband will be killed, or will abandon her.
- Sadness which can look like Aurum.
- Ailments from loss of place.

### Generalities

- Alternation of mental and physical symptoms.
- SENSATION OF A BAND AROUND AFFECTED PART, CONSTRICTION.

- NUMBNESS in spots (Lyc).

Painlessness, coldness of affected parts (Op).

Head

- Constricting headache; slow onset; in waves.

Face

- Lips fleshy, prominent.
- NUMBNESS, coldness, OF HEAD AND FACE, esp. about lips, agg. sexual excitement.
- Bell's palsy, paralysis.
- Neuralgia. Pain alternating with numbness.

Teeth

- Numbness agg. sexual excitement.

Abdomen

- Pain in umbilical region extending through back (Plb).

Rectum

- Sticky stool.
- Constipation of travellers who are constantly changing food and water; agg. menses and pregnancy.

Female genitalia

- HYPERSEXUAL. Nymphomania.
- Early masturbation in children (Grat, Med, Orig, Staph).
- Voluptuous itching of the genitals.
- Hypersensitive, painful to touch, preventing coitus or examination.
- Cysts, tumors ovaries, agg. left side.
- Malignancy of uterus, ovaries, testes, external genitalia.
- NUMBNESS.
- Dysmenorrhea, menses too early, profuse, dark-clotted, stringy, with painful bearing-down and sensitiveness of the parts.

Compl.

Pall, Sep.

Dd

Aur, Grat, Hyos, Lach, Lil-t, Lyc, Med, Nux-v, Orig, Par, Sulph.

# PLUMBUM METALLICUM (plb.)

\* ARTERIOSCLEROSIS.

Mind

- Slowing down of functions like in arteriosclerotic deterioration.
- Slowness in perceptive and expressive functions.
- Memory poor, esp. for words. Struggle to find the right word.

- Apathy, no enjoyment in ordinary things.
- 'High-livers', people who have been selfish and possessive and have become accustomed to these things. Self-satisfied.
- Fixed ideas.
- Irritability because of apathy, with impulse to do harm to themselves.
- Counteract the apathy by getting involved in things which are unacceptable to society, e.g. scandalous behavior, gambling,...
- Hysterical faking of sickness.

#### Generalities

- ARTERIOSCLEROSIS.
- SLOWING DOWN OF ALL FUNCTIONS.
- Slow development of symptoms.
- Ailments after strokes.
- Neurological conditions: Parkinson, A.L. S., M.S. , C.V. A.
- ATROPHY OF AFFECTED PARTS, e.g. paralyzed muscles.
- Cramps and pains amel. by rubbing, massage (Phos).
- PARESIS LEADING TO PARALYSIS.
- Weakness of muscles with trembling, spasms.
- CONTRACTIONS of muscles.
- DRAWING, contracting pains.

#### Food and drinks

- Desire: FRIED and salty food.
- agg. Eggs and fish.

#### Mouth

- Blue line along margins of gums.

#### Face

- Appearance: Skinny, earthy hue, deep lines and pores in the face.

#### Abdomen

- SENSATION OF A STRING DRAWING BACKWARDS AT THE UMBILICUS (Plat).
- Pain as if abdominal wall is drawn to spine.
- COLIC, radiating to all parts of body.
- Pain causes desire to stretch (Dios).
- Obstructed bowels.

#### Rectum

- Constipation with urging and spasm of anus.

#### Spasmodic constriction.

#### Stool

- Hard, lumpy, black.

#### Bladder

- Retention from paralysis of sphincter.

#### Male genitalia

- Impotency. Increased desire.
- Testes feel constricted, drawn up.

- Retraction of testes.

Female genitalia

- Vaginismus with emaciation and constipation.

Chest

- Palpitations agg. lying on the left side.

- Drawing pains as in abdomen.

- Induration of mammary glands.

- Angina pectoris.

Extremities

- PARALYSIS EXTENSORS, wrist-drop, ankle-drop.

- TREMOR hands agg. writing, eating (Merc).

- Sclerosis TENDONS palms, HARD, THICKENED AND CONTRACTED (Ruta).

- Dupuytren (even without contraction).

- EMACIATION OF PARALYSED MUSCLES.

- Mainly affects upper extremities.

- Offensive perspiration of feet.

Skin

- Anesthesia or hyperesthesia of the skin.

Compl.

Rhus-t, Thal.

Dd

Agar, Alum, Caust, Cocc, Cur, Hell, Lath, Lyc, Merc, Op, Plat, Thal, Zinc.

# PODOPHYLLUM PELTATUM (podo.)

\* GASTRO-INTESTINAL complaints. Female genitalia.

Mind

- Delirium, loquacious during heat.

- Delusion he is about to die or has in curable disease.

- Over-fatigue of mind from business.

Generalities

- agg. 4-5 A.M. , hot weather, dentition.

- Exhaustion, feeling of faintness after stool.

- Liver-affections. Aids.

Head

- Pain alternating with diarrhea.

- Rolling head from side to side.

Teeth

- Difficult dentition.

- Grinding at night, intense desire to press gums together (Phyt).

Abdomen

- Sensation of weakness, emptiness or sinking after stool.

- Rumbling before stool (Lyc, Nat-s).
- Liver region painful amel. rubbing the part. gallbladder colic.
- Pain abdomen amel. flexing thighs or bending forward (Coloc).

#### Rectum

- DIARRHEA agg. 4-5 a.m. , teething, hot weather, acid fruits (Olnd), eating or drinking.
- Alternating with constipation.

SPUTTERING, MIXED WITH GAS (Aloe, Nat-s)

EXPLOSIVE and PROFUSE (Elat), soils whole toilet bowl.

- Involuntary stools.
- Severe prolapse of rectum.

#### Female genitalia

- Prolapse uterus agg. during stool, during pregnancy and after delivery.
- PAIN RIGHT OVARY (Apis, Bell, Lyc), with rumbling in ascending colon, ext. into thigh to knee.

#### Respiration

- Asthmatic, agg. night.

#### Back

- Pain under right scapula (Chel).

#### Compl.

Calc, Nat-m, Sulph.

#### Dd

Aloe, Crot-t, Elat, Gamb, Lyc, Nat-s, Sulph.

### # ICTODES FOETIDA (ictod.)

#### Mind

- Cross, inclined to contradict, irritable.
- Absent-minded, enters sick-room without knocking, does not listen to the patient.
- Hysteria.

#### Generals

- Pains in single spots (Kali-bi).

#### Head

- Pain in single spots with violent pulsation of temporal arteries, amel. open air.

#### Mouth

- Tongue feels numb.

#### Abdomen

- Pains here and there in single spots.

#### Respiration

- ASTHMA agg. FROM INHALING ANY DUST, amel. BY STOOL.
- Spasmodic croup.

#### Dd

Ictod, Nat-s.

## # PRUNUS SPINOSA (prun.)

\* Neuralgia's.

### Mind

- Excitement, cheerful in the evening in bed.
- Restless, walks about constantly.

### Head

- RIGHT SIDED PAIN, from forehead through brain to occiput.
- Headache with outward pressing pain, as from a tumor,agg. external pressure.
- Pain from ear to eye, agg. motion.

### Eye

- CILIARY NEURALGIA. Pain in the eye as if it would burst. Pain ext. into brain or to head. amel.

### Lachrymation.

### Teeth

- Toothache amel. biting teeth together (Phyt).

### Bladder

- Urging, but urine seems to pass as far as glans and then returns and causes pain.
- Neuralgic dysuria, agg. walking. Doubles up to urinate.

### Urethra

- Spasm of urethra. Must press a long time before urinatin starts.

### Extremities

- Itching of fingertips; as if frozen.

### Skin

- Herpes zoster.

### Dd

Bell, Iris, Par, Sang.

## # PSEUDOTSUGA MENZIESII (pseuts-m.)

### Mind

- Emotionally vulnerable.
- Deep sense of isolation, separation. Feel rejected, criticised.
- Grief, anger, resentment, depression.
- Critical to self and others. Easily offended. Self protection. Antisocial behaviour.
- Low self-esteem. Irresolution.
- Eating disorders. Alcoholism.
- Despair. Hopeless. Depressed.

### Generals

- Sensitive to cold. Takes cold easily.
- Trembling.

## Head

- Pain on waking.

## Face

- Acne.
- Pain sinuses.

## Abdomen

- Abdominal complaints.
- Pain cramping.

## Chest

- Heart pain.

## Respiration

- Asthmatic, difficult.

## Extremities

- Weakness.
- Coldness.

## Sleep/dreams

- Sleeplessness. Waking early.
- Dreams being pursued; fighting, killing; eating.

## Dd

Ant-c., Aur., Hyos., Ign., Nat-m., Nit-ac., Puls.

## # PSORINUM (psor.)

\* POVERTY.

## Mind

- ANXIETY and DESPAIR ABOUT THE FUTURE. THINKS HIMSELF 'A LOSER'. Hopeless.

## Pessimism.

- FORSAKEN FEELING.
- Anxiety about health. DESPAIR OF RECOVERY. Sadness from itching.
- Great depression and moroseness. Discouraged.
- FEAR OF POVERTY AND BANKRUPT.
- ANGUISHED STATES agg. NIGHT, WITH RESTLESSNESS.
- Suicidal thoughts.
- Children: playful alternating with melancholy.

## Generalities

- Dirty appearance.
- CHILLY.
- agg. OPEN AIR, DRAFT, BEFORE STORM, FASTING, night, wool.
- agg. SUPPRESSED ERUPTIONS, discharges.
- Frequent acute illness.
- Feels very well before getting sick.
- OFFENSIVE putrid discharges.

- Emaciation with increased appetite.
- WEAKNESS.
- Climacteric: Flushes of heat, as if warm water poured over one.

#### Food and drinks

- Aversion: Pork.

#### Head

- COLD FEELING, must cover the head even in summer.
- Pain agg. exposing head, fasting, suppressed eruptions, amel. epistaxis.
- Hair dry, lustreless, tangles easily.
- ERUPTIONS, with hair sticking together (Graph).

#### Eye

- Chronic, recurrent infections.

#### Ear

- Chronic infection with offensive discharge.
- Eruptions in and behind ears.

#### Nose

- Constant coryza as from hayfever.
- Sinusitis.

#### Face

- Moist, offensive eruption.
- Looks dirty as if not washed.

#### Stomach

- ALWAYS HUNGRY,  
WAKES AT NIGHT, MUST EAT, ESPECIALLY IN PREGNANCY (Lyc, Petr, Phos).
- Nausea from movements of fetus.

#### Male genitalia

- Eruptions, offensiveness.
- Aversion to sex.

#### Female genitalia

- Offensive leucorrhoea.
- Itching.
- Eruptions, offensiveness.
- Aversion to sex.

#### Respiration

- DYSPNEA amel. LYING DOWN ON THE BACK WITH ARMS SPREAD, AS IF CRUCIFIED, agg. SITTING UP.

#### Perspiration

- Hot.
- Odor is intolerable.

#### Extremities

- ERUPTIONS in fold of the joints; between fingers, about the nails.

#### Skin

- DIRTY looking, oily.

- ERUPTIONS of any kind: eczema, acne, psoriasis.
  - ITCHING even without eruption, LEADING TO DESPAIR: agg. NIGHT, HEAT, HEAT OF THE BED, amel. cold air.
  - Scratches untill it bleeds.
- Compl.  
Bac, Sep, Sulph, Tub.  
Dd  
Aur, Ars, Chin-s, Graph, Mez, Petr, Sil, Sulph, Tub.

## # PTELEA TRIFOLIATA (ptel.)

\* LIVER and gastro-intestinal problems.

### Mind

- Liveliness after eating, followed by depression an hour later.
- Hurry while writing.
- Irritable from trifles. Nervous, startling from sudden noise.
- Weakness of memory, for things and names.

### Generalities

#### Food and drinks

- agg. FAT, CHEESE.
- amel. EATING SOUR THINGS.

#### Vertigo

- agg. Straining at stool, sudden motion.

#### Head

- Frontal headache.

#### Ear

- Acute hearing, impression produced by sounds lasts long, a pleasant voice sounds coarse.

#### Stomach

- All gastric symptoms agg. towards morning, awakening.
- Nausea agg. lying down, using the voice.
- Sensation of weight, of a stone at pit of stomach, with bloating, agg. light meal.
- Sensation of sand in stomach.
- Pain in diaphragm agg. speaking.

#### Abdomen

- PAIN, RIGHT HYPOCHONDRIUM, agg. LYING LEFT SIDE, amel. LYING ON THE RIGHT SIDE.
- Stomach and liver symptoms associated with pain limbs.

#### Hepatitis.

#### Chest

- Uneasiness and difficult breathing when gastric and hepatic symptoms decline.

#### Extremities

- Edema of feet and legs with liver affections.

#### Sleep

- Restless with frightful dreams.

#### Dreams

- Of armies, dead animals, fighting.

- Dreams of food, awakes hungry.

#### Dd

Card-m, Chel, Lyc, Mag-m.

### # PULSATILLA PRATENSIS (puls.)

#### Mind

- FORSAKEN FEELING, often expressed in the need for attention. They do anything to fulfil this need.

- CONSOLATION amel..

- Yielding.

- EMOTIONAL, SYMPATHETIC, WEEPS EASILY.

- Often mild, but can be irritable.

- Changeable moods.

- Timidity, blushes easily.

- Jealous.

- Irritability before menses.

- Fears: men (i.e. opposite sex), dark, heights, narrow places.

- Fixed ideas, dogma's, can be of a religious kind.

- Praying.

#### Generalities

- CHANGEABLE SYMPTOMS.

- Hormonal disturbances.

- WARMBLOODED, agg. HEAT (but can be chilly).

- agg. SUN, WARM ROOM.

- agg. MENSES, PREGNANCY, MENOPAUSE, SUPPRESSED MENSES.

- agg. Getting feet wet, twilight.

- amel. OPEN AIR.

- amel. COLD APPLICATIONS (Guai, Lac-c, Led, Sulph).

- amel. Slow motion (Ferr).

- WANDERING PAINS (Form, Kali-bi, Kali-s).

- Ailments from measles.

- Bland, yellow-greenish discharges.

#### Food and drinks

- Desire: Cheese, COLD FOOD, CREAMY THINGS, ICE CREAM, (peanut) butter, hard-boiled eggs, sweets.

- Aversion: FATS AND RICH FOOD, butter, pork, warm food.

- agg. FATS AND RICH FOOD, ice-cream.

#### Vertigo

- agg. Menses, looking upward, on rising, after eating.

#### Head

- Headache: agg. Sun, heat, hormonal changes, ice cream; amel. cold applications.

#### Eye

- CONJUNCTIVITIS, allergies. Pain, itching amel. cold application (Sulph).

- Obstruction of lacrimal duct, yellow-greenish discharge (Kali-s, Sil).

- Styes (Staph).

#### Ear

- OTITIS, agg. NIGHT, heat.

- Hearing diminished from otitis.

- Mumps extending to epididymis or mammae (Piloc).

#### Nose

- Hayfever, agg. open air or amel. open air, agg. warm room, evening.

- Bland or yellow-greenish discharge.

#### Face

- FLUSHES of heat. Blushes easily.

- One-sided perspiration.

#### Mouth

- Dry, without thirst.

#### Teeth

- Pain amel. cold water.

#### Stomach

- THIRSTLESS.

#### Rectum

- Changeable stools.

- Diarrhea from ice cream.

#### Bladder

- Recurrent cystitis.

- Urination involuntary, agg. pregnancy, coughing, walking, sitting.

#### Prostate gland

- Prostatitis, enlargement of prostate gland.

#### Male genitalia

- ORCHITIS, EPIDIDYMITIS; from MUMPS or suppressed gonorrhoea, agg. left side.

#### Female genitalia

- High desire.

- DELAYED FIRST MENSES.

- MENSES EASILY SUPPRESSED, agg. GETTING FEET WET.

- MENSES PAINFUL, DELAYED, IRREGULAR, CHANGEABLE, SHORT.

- Sexual desire increased.

- LABOR PAINS INEFFECTUAL, CHANGEABLE.

- Malpresentation of fetus.

#### Respiration

- DYSPNEA, agg. Lying, evening and night, warm room, after suppressed eruptions.  
amel. Open air, sitting.

#### Cough

- DRY COUGH EVENING AND AT NIGHT, LOOSE IN THE MORNING (squill).  
- Cough agg. lying down in the evening, disturbing sleep, warm room, exertion; amel. open air.

#### Chest

- Galactorrhea, especially in women who do not nurse a child, during menses or in girls.  
- Mastitis.  
- Swelling of the mammae before menses.

#### Back

- SENSATION OF COLD WATER Poured DOWN THE BACK.

#### Extremities

- WANDERING ARTHRITIS.  
- PAINS, amel. COLD APPLICATIONS, SLOW MOTION; agg. WARMTH.  
- HOT FEET, UNCOVER THEM AT NIGHT (cham, Med, Lyc, Sulph).  
- Pains in the heels.  
- VARICES, agg. pregnancy, warmth; amel. cold.

#### Perspiration

- One-sided, esp. left side.

#### Sleep

- Position: ON THE ABDOMEN OR ON THE BACK, ARMS RAISED OVER THE HEAD OR ON THE ABDOMEN.  
- Sleeplessness from activity of mind, SAME THOUGHTS REPEATED (Thuj).

#### Skin

- Skin eruptions, itching agg. heat, night; amel. cold.  
- Measles.

#### Compl.

Calc, Fl-ac, Kali-s, Lyc, Sil, Tub.

#### Dd

Arg-n, Calc, Calc-s, Kali-s, Lach, Med, Merc, Phos, Sil, Staph, Sulph, Thuj.

### # PYROGENIUM (pyrog.)

\* Inflammatory conditions and sepsis with fever and great restlessness.

#### Mind

- RESTLESSNESS (Ars, Eup-per, Rhus-t).  
- Loquacious, can think and talk faster than ever before.  
- Sensation as if she covered the whole bed; body scattered.

Feels as though crowded with arms and legs.

- Feels she is one person when lying on one side and another one when lying on the other side.

Sees a man at foot of bed on closing the eyes.

- Delusion he is very wealthy.

Generalities

- SEPTIC STATES.

- Chronic complaints since serious infection.

Post-operative cases with serious infections.

- Horrible OFFENSIVE discharges.

- SORENESS, BED FEELS TOO HARD (Arn, Bapt, Rhus-t).

- Burning pains.

Food and drinks

- amel. Drinking very hot water.

Head

- Throbbing of arteries of head amel. tight band.

- Bursting headache with restlessness.

Mouth

- Tongue red, shiny. Coated

Stomach

- Vomits water when it becomes warm in the stomach (Bism, Phos).

Abdomen

- Soreness, can hardly breath.

Rectum

- Diarrhea: horrible offensive, painless, involuntary.

- Constipation: complete inertia, black balls (Op).

Cough

- Cough agg. motion, warm room, lying down; amel. open air, sitting up.

Chest

- PULSE, ABNORMALLY RAPID, OUT OF PROPORTION TO THE TEMPERATURE.

- CONSCIOUS OF HEART. Palpitations agg. motion. Always can hear heart beat.

Back

- Chill begins in back, between shoulder-blades.

- Throbbing of arteries of neck (Glon).

Female genitalia

- PUERPERAL INFECTIONS.

Serious infections after abortion.

- Menses horrible offensive.

- Fever at each menstrual period (Rhus-t).

Extremities

- Soreness, aching in all limbs and bones.

Soreness amel. motion (Rhus-t).

Perspiration

- Profuse hot sweat which does not ameliorate.

Skin

- Every injury inflamed.

Compl.

Ars, Bry, Lach, Rhus-t.

Dd

Ail, Ars, Bapt, Eup-per, Kreos, Psor, Rhus-t, Sulph.

# RANUNCULUS BULBOSUS (ran-b.)

\* Rheumatic complaints. Skin conditions. Affections of nerves.

Mind

- Intellectual properness, wants to do everything the way they find it 'decently', even sex. Rigid.
- Closed people. Careful.
- Respectful. Want to be treated with respect and do this also with you.
- Aversion to be touched.
- Irritable, easily offended, censorious, discontented.
- Aversion to responsibility, no ambition, out of a sense of weakness. Their usual tasks become heavy. A feeling of inability.
- Anxiety about health, trifles. Fear of ghosts.
- Concentration difficult. Complaints from thinking.
- Alcoholism.

Generalities

- agg. COLD AND WET WEATHER, CHANGE OF WEATHER, COLD AIR, DRAFT.
- agg. Touch, evening, left side.
- Pain in spots, circumscribed (Kali-bi). Cold spots.
- Sudden weakness.

Food and drinks

- agg. ALCOHOL.

Head

- Rheumatic or neuralgic headache, agg. right side, change of temperature, cold and wet weather, alcohol.
- Headache with dullness.
- Pain over left eye with intercostal neuralgia.

Eye

- Photophobia.
- Herpes around eyes. Herpes, vesicles on cornea.

Nose

- Hayfever.

Face

- Herpetic eruptions.

Stomach

- Spasmodic hiccough after alcoholic drinks.

Abdomen

- Pain in right or left hypochondrium on inspiration, touch.

- Pain from right hypochondrium to back.

#### Chest

- Pleurisy.

- INTERCOSTAL OR NEURALGIC PAIN: agg. LEFT SIDE, MOTION, inspiration, LYING ON PAINFUL SIDE, touch, cold, change of weather.

- Pain or coldness in small spots.

- EXTERNAL COLD SENSATION, of sternum.

Cold sensation internally, agg. walking in open air, inspiring cold air.

- Herpes zoster agg. left side.

#### Back

- PAIN ALONG LOWER MARGIN OF LEFT SCAPULA extending to chest.

- Rheumatic pain between shoulderblades, agg. writing, sewing.

- Back pains, sciatica.

- PAIN AND STIFFNESS OF THE CERVICAL REGION (Cimic, Rhus-t), ext. to head.

- Burning or coldness in small spots.

- Herpes zoster.

#### Extremities

- RHEUMATIC PAINS with stiffness agg. cold and wet weather, change of weather or temperature, touch, motion, coldness.

- Eruptions in the palms and on fingers.

#### Skin

- HERPES ZOSTER with neuralgia, agg. wet weather, touch.

- Deep blue vesicular eruptions with hard scabs.

- Violent burning and itching.

- Callous and horny skin. Sensitive corns.

#### Dd

Bry, Calc, Dulc, Kali-c, Mez, Rhod, Rhus-t.

### # RAPHANUS SATIVUS (raph.)

#### Mind

- Aversion to children, esp. girls.

- Nymphomania with aversion to her own sex.

- Sadness alternating with hopefulness. Hysteria.

- Desires religious consolations from fear of death.

- Delusion has an unrecognised disease.

#### Generals

- agg. Touch, jar, motion, night (3-4 a.m. ).

- amel. Walking open air.

#### Eye

- Edema of lower lids.

- Twitching of lids. Rotary motion of eyeballs.

#### Throat

- Sensation of round foreign body, hot ball, rising from uterus to throat.

#### Abdomen

- POST OPERATIVE GAS PAINS.

- SENSATION OF ACCUMULATION AND INCARCERATION OF GAS IN ABDOMEN.

- Tympanitis. Colic, griping about navel.

#### Female genitalia

- INCREASED DESIRE. Nervous irritation of genitals. Masturbation.

- Burning pains from uterus to stomach, where it becomes a nervous contraction.

- Flashes of heat ascending from uterus to head and spreading over whole body.

#### Sleep

- Sleeplessness from sexual excitement.

#### Dreams

- Lascivious dreams.

#### Dd

Asaf, Carb-v, Grat, Ign, Lyc, Mom-b, Orig, Plat, Sep, Staph.

### # RATANHIA PERUVIANA (rat.)

\* Rectal symptoms. Compulsive neurosis.

#### Mind

- Sensitive, easily overturned with stress.

- Closed person with apprehension and fear.

- Anxiety about members of the family. Ailments from cares.

- Fear of death. Fear something will happen when alone, relieved by conversation.

- Superstitious. Fear something bad is going to happen to himself or his family, if he doesn't do something properly.

- COMPULSIVE NEUROSIS. Religious insanity.

#### Generalities

- agg. Night, touch, exertion.

#### Food and drinks

- Desire: Chicken, salt, sweets, fat.

#### Head

- Bursting headache while straining at stool and after stool.

#### Mouth

- Toothache at night, amel. walking.

#### Stomach

- Violent hiccough.

#### Rectum

- HEMORRHOIDS. Protrude with stool.

- FISSURES of anus with constriction.

- LONG-LASTING PAINS AFTER STOOL (Nit-ac, Paeon).
- Aches, as if splinters of glass sticking. Knife-like stitches.
- Burning pains before and after stool amel. cold applications.

Other pains amel. warm applications.

- Excoriation and oozing of rectum.
- Pin worms.

Chest

- Cracks in nipples.

Extremities

- Pains amel. motion.

Skin

- Fissures.

Dd

Aesc, Aloe, Arg-n, Ars, Nit-ac, Paeon.

## # RHODODENDRON CHRYSANTHUM (rhod.)

\* Rheumatic and neuralgic pains. Male genitalia.

Mind

- Nervous persons who dread a storm and thunder. Fear of storms.
- Fear of being touched (Arn).
- Forgetful of words while talking. Leaves out words when writing.

Generalities

- agg. BEFORE STORM OR THUNDERSTORM.
- agg. Exposure to wind.
- agg. Change of barometric pressure.
- agg. Cold, wet weather.
- amel. motion.

Head

- Headache, neuralgia's, agg. wine, wind, cold and wet weather, amel. motion.

Eye

- Ciliary neuralgia. Pain agg. before storm.

Face

- Facial neuralgia involving dental nerves, from temple to lower jaw and chin. Pain agg. right side, in wind or storm amel. while eating, warmth.

Teeth

- Pain in cold, damp weather and during a storm.

Rectum

- Diarrhea from fruit, from cold, damp weather.

Male genitalia

- ORCHITIS (Puls). Epididymitis. Pain in testes, agg. right side, amel. motion, ext. to abdomen and thighs.

- Induration and swelling of testes. Hydrocele.

Female genitalia

- Ovarian pain agg. change of weather, before storm.

- Right sided cysts.

Back

- Stiffness of cervical region.

Extremities

- RHEUMATIC, GOUTY PAINS. Wandering.

agg. Stormy weather, change of weather, cold and wet.

amel. Motion, heat.

- PAIN IN THE HEELS (Puls).

- Pains in bones in spots.

Sleep

- Can't sleep until legs are crossed.

Dd

Dulc, Nat-c, Phos, Puls, Ran-b, Rhus-t, Ruta

# RHUS TOXICODENDRON (rhus-t.)

\* Rheumatic complaints. Skin.

Mind

- BUSY, RESTLESS.

- Timid and mild, yet lively.

- Later on irritable, impatient.

- Depressed, morose.

- Becomes rigid and stiff as with the muscles and joints.

- SUPERSTITIOUS. Compulsive, ritualistic behaviour.

- Behavior disorders with restlessness, irritability.

- Fear of being poisoned.

Generalities

- amel. MOTION, agg. BEGINNING TO MOVE.

- agg. REST and agg. OVER-EXERTION.

- agg. COLD, COLD WET, foggy, cloudy weather, becoming wet.

- agg. Draft.

- agg. Uncovering, cooling down single parts.

- agg. Thunderstorms.

- agg. Evening, night.

- agg. Left side.

- amel. WARM AND DRY. HOT BATHING.

- amel. Stretching.

- Sudden periodic chills esp. at night.

- Fever 10 a.m. : as if dashed with cold water.

- Hemiplegia agg. left side.

- Parkinson's disease.

Food and drinks

- Desire: COLD MILK, cold drinks, sweets, cheese, yoghurt, oysters.

- Aversion: meat.

- agg. Cold drinks.

Head

- Pain agg. Storms, cold and wet weather, changes of weather.

From cervical stiffness.

amel. Motion.

- Eruptions.

Eye

- Lids inflamed, agglutinated and swollen.

- Iritis, rheumatic, agg. cold, dampness. Ulceration of cornea.

Nose

- Redness of tip.

- Eruptions.

Face

- HERPETIC ERUPTIONS ABOUT THE LIPS (Nat-m, Sep).

- Eruptions. Acne. Cracks at corners of mouth.

- Jaws crack on chewing. Easy dislocated jaws.

- Facial neuralgia.

- Inflammation and swelling of glands.

Mouth

- TONGUE COATED EXCEPT RED TRIANGULAR SPACE AT TIP.

Abdomen

- Violent pain amel. continued motion.

Rectum

- Diarrhea, agg. getting wet, with pain down thighs.

Male genitalia

- Herpes.

- Enuresis in boys.

Female genitalia

- Herpes.

- Pelvic articulations stiff when beginning to move.

Larynx

- Hoarseness from overstraining voice, sometimes amel. speaking.

Respiration

- asthmatic agg. suppressed eruptions.

Cough

- Cough agg. cold, wet weather, uncovering a part, chill, amel. warm drinks.

Expectoration

- Hemoptysis from overexertion.

## Chest

- Bronchitis, pneumonia with hemoptysis.
- Cardiac hypertrophy from overexertion.
- Palpitations.
- Angina with pain and numbness in left arm (Lat-m).

## Back

### - PAIN AND STIFFNESS

agg. Overlifting, rest, beginning to move, cold wet weather.

amel. Motion, heat, hard pressure, massage.

- STIFFNESS OF THE NECK, agg. DRAFT (Calc-p, Cimic), cold, wet weather.

Needs to stretch and move. Massage neck constantly. Muscles bound up in neck.

## Extremities

### - ARTHRITIS, RHEUMATISM WITH PAINFUL STIFFNESS,

agg. REST, BEGINNING TO MOVE, morning on waking, night in bed, COLD WET WEATHER, before storm, EXERTION.

amel. MOTION, WARMTH, DRYNESS.

- Pain LEFT SHOULDER, inner side left scapula.
- RESTLESS EXTREMITIES. Restless legs in bed at night.
- Sprains. Overexertion.
- Bursitis. Tendonitis.
- Chorea. Twitching. Tics.

## Perspiration

- Whole body except head.

## Sleep

- RESTLESS, must constantly move to find a good position.

## Dreams

- Dreams of great exertion.

## Skin

- VESICULAR ERUPTIONS. HERPES (Ran-b). Urticaria. Herpes. Psoriasis.
- ITCHING amel. HOT WATER (Rhus-v.).
- Thickened skin in long-standing skin disorders.

## Compl.

Bell, Bov, Bry, Calc, Calc-f, Caust, Lyc, Mag-c, Med Phos, Phyt, Puls, Sulph, Tub.

## Dd

Bry, Calc, Calc-p, Cimic, Ferr, Ran-b, Rhod, Rad-br, Ruta, Stell, Tub.

## # ROBINIA PSEUDACACIA (rob.)

\* Hyperacidity with burning pain.

## Mind

- Aversion to sombre colours. Fear of everything black.

## Generalities

- agg. At night.
- Sour smelling children.

#### Head

- Frontal headache agg. motion, reading.
- Neuralgic pain.
- Gastric headache with acid vomiting.

#### Face

- Neuralgic pains.

#### Mouth

- Intensely sour taste.

#### Stomach

- HYPERACIDITY WITH INTENS BURNING PAIN.
- HEARTBURN AND ACIDITY agg. NIGHT ON LYING DOWN, preventing sleep.
- Sour eructations and vomiting.
- Great distention.

#### Abdomen

- Flatulent colic.
- Distention, whole abdomen seemed filled with gas. Tympanitis.

#### Stool

- Sour stool with great tenesmus.

#### Female genitalia

- Nymphomania.
- Acrid, offensive leucorrhoea.
- Herpetic eruptions.

#### Dd

Ars, Bism, Iris, Mag-c, Phos, Rheum, Sulph.

#### # RUMEX CRISPUS (rumx.)

\* Respiratory complaints.

#### Generalities

- agg. COLD OR OPEN AIR, UNDESSING OR UNCOVERING.
- agg. Change of temperature.

#### Nose

- Dry sensation, even in posteriar nares.
- Violent sneezing, agg. evening, night.

#### Throat

- Scraping, raw feeling, agg. open air.

#### Stomach

- Gastritis. Sensation of hard substance in stomach-pit extending to throat agg. motion, talking, exciting cough.

#### Rectum

- Diarrhea, morning, driving out of bed; with cough.
- Hemorrhoids, sensation of stick.

#### Larynx

- Hoarseness agg. evening. Aphonia after exposure to cold.

#### Cough

- COUGH from tickling in air-passages, from pressure or touch of throat or larynx, preventing sleep
- agg. INSPIRING COLD AIR, must cover the mouth in bed,
- agg. UNCOVERING, CHANGE OF TEMPERATURE,
- agg. 11 P.M. , at night,
- agg. Anything which increases the volume or rapidity of inspired air,
- agg. lying of left side;
- amel. lying on right side,
- amel. covering mouth,
- amel. Drinking.

#### Chest

- Pain in left chest, agg. after meals, inspiring.

#### Extremities

- Itching agg. lower limbs.

#### Skin

- ITCHING agg. UNDRESSING, uncovering, amel. warmth.
- Jaundice in alcoholics.

#### Dd

Coc-c, Dros, Ign, Phos, Spong.

#### # RUTA GRAVEOLENS (ruta)

\* Stiffness. Inflexibility (mental/emotional and physical).

#### Mind

- The mind loses flexibility.
- Fogginess, slowness. Difficulty understanding gives all sort of reactions.
- Irresolution.
- Defensive, irritability, discontented, quarrelsome, defiant.
- Difficult thinking and communicating. Dullness, aversion to mental work. forgetful.
- Loathing of life agg. evening.
- Remorse. Feel guilty, as if they did something wrong.
- Fears: Cancer, heart disease, evil, water, death, fainting, something terrible will happen, heights, snakes, agoraphobia, claustrophobia.
- FEARS AND ANXIETY agg. WHEN BECOMING WARM. Fears during fever.
- Panic attacks (Acon, Ars, Phos). They need someone to pull them out of their panic.
- Nightmares in children. Desires company at night.
- Restlessness agg. evening, during headache.

#### Generalities

- STIFFNESS. Loss of elasticity of muscles and tendons.
- agg. Overexertion.
- agg. Cold, wet weather.
- Weakness, easily tired.
- Bruised pains (Arn).

#### Head

- Pain from straining eyes.

#### Eye

- AILMENTS FROM STRAINING EYES (Phys, Nat-m, Onos), esp. from fine work, agg. exertion of vision. Stiffness of eye-muscles.
- Conjunctivitis, pain and heat, as if eyes of fire.
- Disturbances of accommodation (Phys).

#### Face

- Neuralgia agg. cold, lying.

#### Rectum

- Cancer of lower bowels.
- Constipation alternating with mucus, frothy stools.
- Prolapse, after delivery, agg. stooping, bowel movement.

#### Male genitalia

- High desire. Easy ejaculation.

#### Female genitalia

- Leucorrhoea before or after menses for a few days.
- Tendency to miscarriage, 6th or 7th month.

#### Chest

- Pain and stiffness restricting respiration.

#### Back

- PAIN amel. LYING ON BACK, pressure.
- Drawing pain and stiffness in neck.
- Stiffness and pain making breathing difficult.

#### Extremities

- RHEUMATIC PAINS: agg. cold wet, exertion.
- STIFFNESS WITH BRUISED PAINS and weakness.
- Stiffness, compelled to move limbs or walk, but agg. motion.
- Weakness, esp. of lower extremities. Standing and rising difficult.
- HARD NODULES IN TENDONS AND PERIOST FROM OVERUSE OR INJURY.
- INJURIES TO TENDONS AND PERIOST.
- INFLAMMATION AND CONTRACTION OF TENDONS (Caust).
- Pain in thighs when stretching legs.
- Dupuytren (Plb). Ganglion cysts.

#### Compl.

Calc, Sil.

#### Dd

Arn, Caust, Onos, Phys, Plb, Ran-b, Rhod, Rhus-t.

## # SABADILLA (sabad.)

### Mind

- Nervous, timid.
- Easily frightened. Sensitive to surroundings.
- agg. Animation, consolation.
- ERRONEOUS IDEAS OF BODY. Imaginary diseases think they are very sick, that parts are shrunken, deformed, that she is pregnant.
- Mental exertion gives headache and sleepiness.
- Alternation of mental and physical symptoms.

### Generalities

- CHILLY.
- agg. Cold, cold air, cold drinks.
- amel. Warm food, drinks.
- amel. Wrapped up.
- agg. New and full moon.
- Complaints from worms.
- Periodicity, same hour every day.

### Food and drinks:

- Desire: WARM DRINKS, lemon, ONION, sweets, farinaceous.
- Aversion: Onion, meat.

### Vertigo

- As though all things were turning around each other.

### Head

- Stupefying headache with coryza agg. mental exertion.

### Eye

- Lachrymation.
- Red, burning eyelids with hot face.
- Photophobia.

### Nose

- CORYZA, hayfever ext. to sinuses; with copious, watery discharge.
- SNEEZING: SPASMODIC, VIOLENT.
- Itching of nose and palate (Wey).
- Nose stuffed during coryza, amel. warm wind.
- Oversensitive to odors, perfumes.
- Obstruction alternates sides.

### Throat

- Pain, starts on left side (Lach).
- Pain amel. warm food and drinks, agg. cold air.

- Sensation of lump or skin hanging loosely, must swallow.

Stomach

- Cold, empty sensation.

Abdomen

- Colic from worms.

Rectum

- Worms.

Female genitalia

- Nymphomania from worms.

Respiration

- Asthmatic. Hay asthma.

Extremities

- Inflammation under toe-nails.

- Thick nails.

Compl.

Sep. Thuj.

Dd

All-c, Ars, Arund, Euphr, Lac-c, Nit-ac, Sang, Wye.

# SABAL SERRULATA (sabal)

\* Accent is on the sexual and urinary organs.

Mind

- Indifference to wants of others. Self-concentrated on her own sufferings. Brooding over her symptoms.

- Wants to be let alone.

- Dislikes sympathy, makes her angry.

- Fear on going to sleep lest something should happen.

- Starts up with fear as he is dozing (Lach).

- Sadness before menses.

Generalities

- agg. Before menses.

- agg. Sympathy.

- amel. After sleep.

- Pains come and go suddenly. Wandering.

- Weakness.

Food and drinks

- Desire: Milk.

Head

- Wandering pains.

Eye

- Iritis with prostatic trouble.

## Face

- Neuralgia in feeble patients.

## Bladder

- Constant desire to urinate at night.
- Paresis of sphincter. Involuntary urination agg. exertion, lifting, laughing.
- Cystitis with prostatic hypertrophy.
- Homeopathic catheter for RETENTION OF URINE due to ENLARGED PROSTATE.
- Sensation of coldness extending to external genitals.

## Prostate

- PROSTATIC TROUBLES: ENLARGEMENT, discharge of prostatic fluid. Coitus painful at time of emission.

## Urethra

- Stricture of urethra.

## Male genitalia

- 'Sexual neurotics' leading to loss of sexual power and wasting of testes.
- Epididymitis.
- Organs feel cold.
- Semen thick, causes hot feeling along cord.

## Female genitalia

- Ovaries tender, enlarged. Pain running down thighs.
- Uterus enlarged.
- Suppressed or perverted sexual inclination.
- Vulva feels open.

## Respiration

- Wheezing cough until 6 a.m. , agg. lying down, damp, cold, cloudy weather.

## Chest

- Chronic bronchitis.
- Mammae undeveloped, atrophied.

## Back

- Pain after coitus.

## Dd

Chim, Clem, Dig, Med, Staph, Thuj.

## # SABINA (sabin.)

- \* Mainly known for complaints of female sexual organs.

## Mind

- Music is intolerable, produces nervousness and sadness.
- Sensitive to the slightest noise.
- Anxiety about losing the baby when pregnant.
- Screaming with pain during dysmenorrhea.
- Sensation of something alive in abdomen.

## Generalities

- amel. OPEN AIR.
- agg. HEAT. Warm room, warm bed.
- agg. Motion.
- Tendency to hemorrhages.

## Food and drinks

- Desire: Lemons. Salt. Refreshing things.

## Vertigo

- agg. Suppressed menses (Cycl, Puls).

## Nose

- Epistaxis.

## Rectum

- Hemorrhoids bleeding copious with bright red blood.

## Urine

- Bloody urine.

## Male genitalia

- Sycotic excrescences with burning soreness.

## Female genitalia

- **PROFUSE UTERINE HEMORRHAGES, BRIGHT RED BLOOD WITH LARGE BLACK CLOTS,** with cramping pains. agg. Motion, but sometimes amel. walking (menses only when lying down).

- Menorrhagia between menses.

- **UTERINE PAINS**

**PAIN LOWER BACK EXT. TO PUBIS AND THIGHS.**

Pain shooting up vagina.

Arching of back because of pain.

Pain pubis as if bone would break open.

- Bleeding and contractions, amel. lying flat on back.
- Sexual desire increased, agg. during flow or hemorrhage.
- Recurrent abortions, esp. in first trimester.
- Retained placenta. Intens after-pains.
- Inflammation of ovaries and uterus after abortion.
- Leucorrhea, offensive, corrosive, agg. after menses.
- Condylomata, may be right on uterus.

## Back

- Pain with menses, labor, uterine complaints.

## Extremities

- Arthritic pains in joints. Rheumatic pain in heels and metatarsal bones.
- Bruised pains in anterior part of thighs.
- Gout agg. warm room.

## Sleep

- Position: Left side.

## Skin

- Itching, moist figwarts.

Compl.  
Thuj.  
Dd  
Bell, Croc, Erig, Ip, Phos, Sec, Thlas, Tril-p, Ust.

## # SACCHARUM OFFICINALE (sacch.)

### Mind

- Irritability when hungry.
- BEHAVIOUR PROBLEMS IN CHILDREN: Restless, aggressive, quarrelsome, malicious.
- Ailments from lack of affection.
- Need for cuddling, but doesn't always admit.
- Rocking ameliorates.
- Jealous. Need for attention.
- Homesickness.
- Hypochondriacal. Sadness.
- Discontented with himself and surroundings. Hard to please.
- Fear: Dark, losing beloved person, failure.
- Want of self-confidence. Timid.
- Biting nails.
- Alternating moods.
- Oversensitive to pain, reprimand or want of sensitiveness.
- Mistakes in writing.
- Anorexia. Bulimia.

### Generalities

- agg. Warm weather, morning.
- amel. EATING, evening.
- Instability of body temperature.
- Faintness, weakness when hungry.
- Obesity. Also emaciation.
- Infections (ear, nose, sinuses) with foul, purulent discharge.

### Food and drinks

- Desire: SUGAR, chocolate, raw vegetables, tea, cold drinks.
- Aversion: Vegetables, warm milk, sweets.
- agg. : SUGAR

### Vertigo

- As if falling through bed; as if bed is sinking.

### Head

- Headache every week at same day.
- Hair grows rapidly.

### Eye

- Varicose veins.

## Ear

- Purulent discharge.

## Face

- Pale.
- Swollen eye lids.
- Twitchings.

## Mouth

- Sucking fingers.
- Salivation increased.
- Aphthae. Cracks.

## Throat

- Ulcers.

## Stomach

- APPETITE INCREASED SOON AFTER EATING. Constant hunger.
- Thirst for large quantities.
- Vomiting periodical.
- Painful sensitiveness of pit of stomach.

## Abdomen

- Pain about navel.
- Hard distention.
- Swelling and induration of mesenteric glands.

## Rectum

- Itching.
- Constipation alt. with diarrhea.

## Urinary

- Sharp burning pain from kidneys to shoulders, passing under scapulae.

## Male genitalia

- Enormous swelling of scrotum, agg. right.
- Increased desire.

## Female genitalia

- Dysmenorrhea.

## Larynx

- Hoarseness.

## Respiration

- Dyspnea amel. sitting erect.

## Cough

- Hacking cough from irritation in larynx.

## Expectoration

- Offensive.

## Chest

- Pneumonia.
- Painful swelling mammae before menses.
- Atrophy mammae.

## Extremities

- Uncovering feet at night.
- Emaciation of hands and thighs.
- Edema of arms, lower limbs, hard as stone.
- Cramps in calves.

## Sleep

- Sleeplessness.

## Perspiration

- Profuse at night.

## Skin

- Dry. Scurvy.

## Dd

Arg-n, Bell, Calc, Carc, Gal-ac, Lyc, Mag-c, Sanic, Sil, Stram, Sulph, Tub, Verat, Zinc.

## # SAMBUCUS NIGRA (samb.)

\* Respiratory tract.

## Mind

- Sees frightful images on closing the eyes (Calc).
- Constant fretfulness.
- Easily frightened, followed by suffocative attacks.

## Generalities

- PROFUSE PERSPIRATION. agg. On waking. Also with the complaints.
- SLEEPS INTO THE ATTACK (Lach).
- agg. About midnight.
- agg. Rest, sleep.
- agg. Lying with head low.
- agg. Uncovering.
- amel. Sitting up in bed.
- amel. Motion.
- amel. Wrapping up warmly.
- Edema, dropsical swelling of various parts, esp. legs.
- Bad effects of violent emotions, anxiety, grief, fright or excessive sexual indulgence.

## Nose

- Dry and obstructed.
- SNUFFLES, OBSTRUCTION, ESPECIALLY IN NEWBORNS (Lyc, Nux-v). Cannot breathe when nursing.
- Obstruction, can't think properly.

## Face

- Cyanosis.
- Heat and perspiration with cold hands and feet.

## Larynx

- Spasmodic croup.

#### Respiration

- ASTHMA WITH TREMENDOUS PERSPIRATION,  
agg. NIGHT, AFTER MIDNIGHT, 2-5 a.m. (Am-c, Kali's)  
agg. Fright.

- WAKE UP SUDDENLY, GASPING FOR BREATH, MUST SIT UP OR JUMP OUT OF BED.  
- Cannot expire.

#### Extremities

- Cold hands and feet with heat of the body.  
- Edema of feet as far as knees.

#### Perspiration

- DRY HEAT DURING SLEEP, START PERSPIRING AS SOON AS THEY WAKE UP (Grin, Lach, Op).  
- Perspire all day long, are dry during night.  
- Over whole body, except head.

#### Skin

- Cyanosis.

#### Dd

Am-c, Grin, Kali's, Lach, Op.

### # SANGUINARIA CANADENSIS (sang.)

#### Mind

- Desires to be held, which ameliorates.  
- Sensitive to light, noise, odors.  
- Delusion he is on a journey.  
- Delusion: She were in some vehicle which was moving and jarring her.  
She is in a railway car and begs other to hold her.  
- Cloudy, damp weather agg. mind symptoms.  
- Confusion amel. eructation.

#### Generalities

- agg. RIGHT SIDE.  
- amel. ERUCTATIONS, FLATUS, VOMITING.  
- agg. Sun.  
- agg. Climaxis.  
- FLUSHES OF HEAT, CONGESTION AND BURNING.  
- Respiratory complaints alternating with diarrhea (Dulc).

#### Food and drinks

- Desire: SPICY (Chin, Lac-c, Phos, Sulph).  
- Aversion: Butter (Puls).  
- agg. Sweets.  
- amel. Acids.

## Head

- PAIN

RIGHT SIDE, FROM OCCIPUT OR NECK EXT. UPWARD TO FOREHEAD AND RIGHT EYE.

With congestion, pulsation.

With nausea and vomiting.

amel. VOMITING, PASSING FLATUS OR ERUCTATION.

amel. Lying, sleep, dark.

agg. Light, noise, jar, fasting, climaxis.

Periodicity, 7 days.

## Face

- Facial neuralgia. Pain extends from upper jaw in all directions.

- Flushing. Redness and burning.

- Circumscribed red circles on cheek.

## Nose

- HAY FEVER, agg. odor of flowers.

- Coryza or obstruction, agg. right side (Ars).

- Coryza followed by diarrhea.

- POLYPS (Kali-n, Teucr).

- Burning sensation.

## Ear

- Burning in ears.

- Polyps.

## Mouth

- Burning and dryness.

## Throat

- Inflammation, tonsillitis, agg. right side.

- Dry and burning sensation in throat and esophagus.

- Esophagitis.

## Stomach

- Thirsty.

- Vomiting bile, agg. headache.

- Heartburn. Gastritis.

## Rectum

- Diarrhea as coryza improves.

- Cancer of rectum (Nit-ac).

## Female genitalia

- Climacteric disorders.

- Uterine fibroids.

## Respiration

- Respiratory troubles alternating with diarrhea.

- Asthma with stomach disorders, with heartburn and reflux.

- Asthma agg. flowers.

## Cough

- Cough returns with every cold.
- Cough of gastric origin, amel. ERUCTATIONS, FLATUS OR VOMITING.
- Tickling behind sternum causes constant hacking cough.
- Spasmodic cough after influenza and whooping-cough.
- agg. Lying.

#### Expectoration

- Expectoration tough, rust-coloured, offensive.
- Hemoptysis from suppressed menses.

#### Chest

- Respiratory affections agg. right side.
- Heat and tension behind sternum.
- Burning pain in chest, agg. coughing, agg. right side.
- Burning as of hot steam.
- Soreness of breasts before and during menses, agg. right side.

#### Extremities

- RIGHT SHOULDER pain (Chel, Ferr-m).
- agg. Raising arm, night, turning in bed, lying on it, motion.
- agg. Lying in bed: pain tortures them, become restless.

Extending to neck and head or down the arm.

- HEAT AND BURNING OF PALMS AND SOLES. Uncovers feet.

#### Compl.

Ant-t, Phos, Sars, Sulph, Tub.

#### Dd

All-c, Bell, Ferr-m, Iris, Kali-s, Lyc, Med, Phos, Prun, Puls, Sulph.

### # SANGUIS SORICIS (sanguis-s.)

(blood of the rat.)

#### Themes

- Secret/Hidden.
- Clarity.
- Sexuality/Sensuality.
- Dancing.
- Darkness-Light/Black-White.
- Dirtiness/Cleanliness.
- Feminine/Goddess/Woman/Mother.

#### Mind

- Anxiety of conscience. Remorse.
- Aversion of company, fond of solitude. Estranged.

#### Desire to hide.

- Industrious. Aversion of dirtiness, esp. hands.
- Impatience. Irritability from noise.

- Sensitive to sensual impressions; odors.
- Dullness. Indifference to duties.

### Generals

- agg. After eating.
- amel. Physical exertion.
- Desire open air; aversion cold air.
- Bathing, aversion to.
- Heaviness, sluggishness of body.
- Possible causa: Deep secrets that involves some aspect of sexuality.

### Food and drinks

- Desire: Meat, farinaceous, dry food.

### Vertigo

- agg. Motion.

### Head

- Sensation of expansion.
- Headache: Left sided.

### Eye

- Pain left eye, during headache.
- Styes agg. left side.

### Gastro-intestinal

- Distention abdomen.
- Constipation.
- Hemorrhoids.
- Bloody stools.

### Cough

- Barking agg. night; wakens from sleep.

### Chest

- Constriction, sensation of band around heart.

### Back

- Stiffness cervical region, agg. left side.

### Extremities

- Cracks fingers.
- Numbness upper limbs, agg. right.

Tingling hand palm, foot sole.

### Sleep/dreams

- Interrupted.
- Dreams: about children, black people, wild.

### Skin

- Dry. Itching amel. bathing.
- Sensation of thickness, heaviness.

# SANICULA AQUA (sanic.)

## Mind

- Instability of purpose. Restless desire to go from place to place. Constantly changing his occupation.
- Mind wanders from one subject to another.
- Capriciousness. Changeable mood.
  - Irritable. Easily upset.
  - Feels no one admires her, every one hates her, wants nothing to do with anyone.
  - Fears: dark, robbers, impending misfortune, downward motion.
  - Dreams of robbers, searches the house (Nat-m).
  - Constant irresistible desire to look behind her (Thuj).
  - Concentration difficult, mind wanders from one subject to another.
  - Children: OBSTINATE, TOUCHY, IRRITABLE, crying and kicking. Aversion being touched, looked at.

Desire to be carried.

Slow learning to walk and talk.

## Generalities

- EMACIATION from above downward (Lyc). Marasmus (Abrot).
- Child wants to nurse all the time, but emaciates.
- Patients look thin and old, especially children.
- Wants to lie on something hard, though thin.
- agg. 9 pm till after midnight.
- agg. Draft.
- agg. Downward motion (Bor).
- amel. Warmth.
- Restlessness, amel. motion.
- DISCHARGES OFFENSIVE: like FISH-BRINE or old cheese.

## Food and drinks

- Desire: BACON, HAM, fat, salt, sweets, eggs, ice cold milk.
- agg. : Milk (allergy).

## Head

- PERSPIRATION ON OCCIPUT AND NECK agg. DURING SLEEP (Calc, Sil).
- Occiput and neck sensitive to draft (Calc-p, Cimic, Rhus-t).
- Great accumulation of dandruff. Falling of hair.

## Eye

- Dandruff of eyebrows.
- Lachrymation in cold open air, cold applications.

## Ear

- Offensive discharges. Eustachian catarrh.

## Face

- Pain from draft of air.
- Acne about eye, cheek and chin.

## Mouth

- Ringworm on tongue. Ulcers, aphthae.

- Tongue burning, must protrude to keep it cool.

#### Stomach

- Often thirst for small quantities.
- In babies: Vomits curdled milk soon after drinking. Falls asleep after vomiting.
- Vomiting while or soon after eating. As soon as drinks reach the stomach.

#### Rectum

- STOOL RECEDES (Sil).
- No desire until a large accumulation.
- Flatus or diarrhea, very offensive.

#### Stool

- CHANGEABLE STOOL. OFFENSIVE.
- One large heavy mass. Crumbles at verge of anus. Must be removed manually (Alum).

#### Male genitalia

- OFFENSIVE odor of fish-brine.

#### Female genitalia

- Vaginitis. Leucorrhea, offensive.
- Bearing down agg. jar, walking, amel. from rest. Presses hand against vulva (Lil-t, Murx).

#### Back

- Neck weak and emaciated.
- Pain lower back amel. lying on something hard.
- Coldness. As if wet cloth on sacrum.

#### Extremities

- Stiffness and pain on rising,agg. beginning to move. Rheumatic pain agg. motion, yet not amel. rest.
- Shoulderpain involving neck and back, agg. right side, motion, raising arms, putting arms behind back.
- BURNING palms and soles. Uncovers feet.
- OFFENSIVE, ACRID FOOT SWEAT. Destroys socks (Sil).
- Fissured hands and fingers.

#### Dd

Abrot, Calc, Calc-p, Cham, Lyc, Psor, Rheum, Rhus-t, Sil, Tub.

#### # SARSAPARILLA OFFICINALIS (sars.)

- \* Urinary and skin problems.

#### Mind

- Easily offended. Anger about former vexations.
- Delusion being friendless.
- Changeable moods.
- Anxiety and depression from pain.

#### Generalities

- Chilly, warm applications amel. (VG).
- agg. Dampness.
- agg. Night.

- agg. Before menses.

#### Head

- Pain from occiput to eyes or to root of nose.

#### Eye

- Foggy vision agg. seminal emissions.

#### Nose

- Words reverberate in ear to root of nose.

#### Face

- Eruptions face and upper lips, agg. menses.

#### Abdomen

- Moist eruption in groins, agg. before menses.

#### Bladder

- Dysuria in children. Child screams before and during urination.

- Urination frequent and copious.

- Unable to urinate during the day unless standing. Enuresis at night. Urine dribbles while sitting.

- Air passes from bladder during urination.

#### Urethra

- PAIN AT END OF URINATION. Severe burning after urination. Pain from urethra back to abdomen.

#### Kidneys

- Renal colic.

- Pain from right kidney downward.

#### Urine

- Gravel or sediment in urine. Calculi of kidneys or bladder.

- Blood in urine.

#### Male genitalia

- Moist and offensive. Herpes. Eruptions about genitalia ext. to buttocks.

#### Female genitalia

- Dysmenorrhoea with retracted nipples, or sore breasts.

- Herpes. Eruptions extending to buttocks.

#### Extremities

- DEEP CRACKS ON HANDS AND FEET (Petr).

#### Skin

- Emaciated, shriveled, lies in folds.

- Dry and hard skin.

- Eruptions agg. hot weather, vaccinations.

#### Compl.

All-c, Apis, Ars, Merc, Sep, Thuj.

#### Dd

Canth, Equis, Nat-c, NIt-ac, Petr, Sep.

# SCOLOPENDRA MORSITANS (scol.)

## Generals

- Convulsions.
- Perspiration absent on affected part.

## Mouth

- Malignant ulcer on hard palate.

## Chest

- Angina Pectoris.

## Skin

- Malignant pustules.

## # SECALE CORNUTUM (sec.)

### \* Circulation.

## Mind

- Restlessness.
- Fear of death and insanity, very suspicious because of it.
- Puerperal mania: Exposes the body, tears at genitals, inserts vinger into vagina and scratches untill it bleeds.

Laughs, claps her hands over head, beside herself.

- Insanity with inclination to bite or drown himself.

## Generalities

- agg. HEAT
- amel. COLD APPLICATION, UNCOVERING.
- amel. COOL AIR, WANTS TO BE FANNED.
- amel. Being rubbed (Phos, Plat).
- amel. Stretching out limbs (Rhus-t).
- agg. Before and during menses.
- BURNING PAIN amel. COLD APPLICATION.
- Hemorrhage: PASSIVE, VENOUS, DARK OOZING BLOOD (Ham).
- Ailments of excessive smokers.
- Thin, scrawny, weak people with shrivelled skin.
- Paralysis. Convulsions.

## Food and drinks

- Desire: Sour, lemonade.

## Eye

- Incipient cataract, especially old women.
- Diabetic retinitis.

## Nose

- EPISTAXIS, DARK, agg. slight touch; with exhaustion.
- Epistaxis in alcoholics.

## Face

- Blue circles around eyes.

- Oldlooking. Pale, dry, shrivelled.
- Cramps commence in face extending over whole body.
- Spasmodic distortion. Lock-jaw.

#### Mouth

- Tingling and stiffness of tip of tongue.
- Blue or pale lips.

#### Stomach

- Thirst unquenchable and ravenous appetite with emaciation.
- Vomiting of blood and coffee-grounds fluid.
- Burning pain.

#### Rectum

- Diarrhea with icy coldness, great exhaustion and aversion being covered.
- Involuntary stools. Anus feels open.

#### Stool

- Olive-green, bloody, putrid.

#### Bladder

- Paralysis of bladder. Retention.
- Enuresis in old people.
- Discharge of black blood from bladder.

#### Female genitalia

- **CONTINUOUS PASSIVE HEMORRHAGE OF DARK, THIN BLOOD.**
- First trimester abortion in women who had lots of babies (= weakened). Painless hemorrhage.
- No expulsive action during labor.

#### Contractions of uterus slow down on standing.

- Leucorrhoea brown, offensive.
- Menstrual colic with exhaustion, coldness and intolerance of heat.
- Puerperal fever.
- Bearing down, amel. lying doubled up.

#### Chest

- Suppression of milk.

#### Extremities

- **CRAMPING AND TINGLING IN LEGS ON EXERTION.** Claudication. Staggering gait.
- **FORMICATION AND NUMBNESS**, agg. calves, amel. rubbing.
- Convulsions of hands. Fingers spread apart and bend backwards. Violent pain in finger-tips.
- Jerks, convulsive movements agg. night, amel. stretching limb.
- Icy coldness and cyanose. Raynaud.
- **VARICOSITIES**, agg. heat, amel. cold.
- Heat of feet with **UNCOVERING**.

#### Skin

- **COLD TO TOUCH BUT AVERSION BEING COVERED.**
- **GANGRENE**, dry, black, agg. distal parts.
- Dry, shriveled and numb.

- FORMICATION.
- Mottled dusky-BLUE. Ecchymosis.
- Varicose ulcers. Ulcers black and burning, amel. cold.

#### Sleep

- Insomnia from drug and alcohol abuse.

#### Compl.

Ars, Psor, Thuj.

#### Dd

Camph, Crot-h, Elaps, Ham, Lach, Sulph.

### # SELENIUM METALLICUM (sel.)

- \* Weakness. Mental and physical exhaustion.

#### Mind

- Weakness from mental labor.
- Forgetful in business, dream of what they had forgotten.
- Fear of impending disease.
- Aversion to company, even intimate friends.
- Morose. Irritable. agg. After coition.
- Dipsomania, agg. before menses.

#### Generalities

- WEAKNESS, broken down states, agg. HEAT, SEXUAL EXCESS, MENTAL EXERTION, loss of fluids, prolonged fever.
- Emaciation of face, hands and thighs.
- Bad effects from drinking tea, alcohol.
- agg. HEAT, SUN, OVER-HEATING, FEVER.
- agg. Draft.
- agg. After sleep.
- agg. MENTAL AND PHYSICAL EXERTION.
- agg. COITION.
- FALLING OF HAIR FROM WHOLE BODY (eyebrows, whiskers, axilla, genitals,...)

#### Food and drinks

- Desire: Stimulants, ALCOHOLIC DRINKS (esp. before menses), brandy, tea.
- Aversion: Salt.

#### Head

- Loss of hair. Alopecia.
- Hair painful to touch.
- Pain over left eye, agg. sun, tea, salt, strong odors.

#### Eye

- Falling off of eyebrows and whiskers.

#### Face

- Emaciation.

## Teeth

- Pain with cold feeling, amel. cold water, cold air.

## Stomach

- Hiccough and eructations after smoking.

## Abdomen

- Chronic liver affections. Fine rash over liver region.
- Throbbing in abdomen agg. pregnancy, prevents sleep.

## Rectum

- Constipation, accumulated stool, needs mechanical aid.

## Bladder

- Involuntary dribbling of urine while walking, after urinating or stool.

## Male genitalia

- IMPOTENCY with increased sexual desire, with lascivious thoughts. Premature ejaculation.
- SEMINAL EMISSION TOO EASY. Dribbling of semen during stool, during sleep, while sitting or walking.
- Hydrocele.
- Prostatitis. Hypertrophy.

## Larynx

- Incipient tubercular laryngitis.
- Clear, starchy mucus.
- Hoarseness of singers. Scraping.
- Nodes on vocal cords.

## Back

- Weakness from seminal discharge.

## Extremities

- Emaciation of hands and legs.
- Vesicular eruption between fingers.

## Sleep

- Insomnia from pulsation in all vessels. Catnaps.

## Dreams

- Lascivious dreams with emissions which awaken him.

## Skin

- Dry scaly or vesicular, itching eruption. Itching in small spots.
- Acne.

## Dd

Agn, Calad, Cob, Nat-c, Nat-p, Ph-ac, Pic-ac, Nat-c, Sil.

# SEPIA OFFICINALIS (sep.)

\* STASIS.

## Mind

- Excitable, sensitive.
- Close-up, become introverted, averse to company, amel. WHILE ALONE.
- Irritable agg. menses, agg. when tired. Cutting, sarcastic, penetrating. They see other peoples weakness because of detachment and hurt their feelings.
- Lacking of emotions. INDIFFERENCE TO LOVED ONES. Become hard.
- Constant weeping, because of guilt and awareness of emotional changes. Weeping when telling symptoms.
- Depression agg. menses.
- Dullness, sluggishness.
- Fear: storms, ghosts, poverty.
- Cannot be stimulated to have joy or emotion.
- Love dancing and thunderstorm because of the stimulation of the organism.

#### Generalities

- CHILLY.
- amel. EVENING.
- amel. EXERTION, VIGOROUS activity. Occupation.
- agg. HORMONAL CHANGES, like menses, abortion, pregnancy, menopause.
- agg. 2 to 4 p.m. or 3 to 5 p.m.
- agg. Coition.
- agg. Sea.
- agg. Loss of fluids.
- agg. LEFT SIDE.
- Periodicity: 28 days.
- Ailments from drug abuse and spiritual seeking where suppression of emotions is stimulated.
- FLUSHES OF HEAT.
- Easily fainting.

#### Food and drinks

- Desire: Sweets, chocolate, VINEGAR (salad dressings), SOUR, bread, salt, stimulants.
- Aversion: Fat, salt.

#### Head

- PAIN: LEFT SIDE, OVER LEFT EYE (Spig, Thuj).
- amel. Motion.
- agg. Fasting, menses, menopause.
- Flushes of heat.
- Falling of hair, agg. hormonal changes.

#### Nose

- Chronic catarrh ext. to sinuses with nauseating post-nasal discharge.

#### Face

- Cracking of lips.
- FEVER BLISTERS ABOUT LIPS (Nat-m, Rhus-t).
- Yellow saddle over bridge of nose, or sallow look.
- Acne agg. menses. Chloasma. Vitiligo.

#### Throat

- Intolerance of clothing.
- Sensation of a lump.

#### Stomach

- Aversion food, even smell of food.
- EMPTINESS, NOT amel. BY EATING.
- Nausea and vomiting in pregnancy, agg. sight or smell of food, morning before eating.

#### Abdomen

- Brown spots on abdomen (Lyc).
- Enlarged, relaxed.

#### Rectum

- CONSTIPATION, agg. pregnancy.
- SENSATION OF LUMP.
- Itching of rectum.
- Cancer of rectum (Nit-ac).

#### Bladder

- INCONTINENCE on coughing, laughing, sneezing.
- SENSATION OF A STONE.
- Enuresis in first sleep in children.

#### Male genitalia

- Condylomata.
- Impotency.
- Prostatitis.

#### Female genitalia

- AVERSION SEX, agg. hormonal changes. Inability to have orgasm. Frigidity.
- Painful coition. Pains shoot up vagina.
- Severe LEUCORRHEA, even in little girls. Vaginitis agg. pregnancy, with much itching.
- PROLAPSE OF UTERUS. BEARING-DOWN amel. SITTING WITH LEGS CROSSED (Lil-t, Murx).
- Premenstrual syndrome. Menses scanty. Dysmenorrhea. Amenorrhea.
- Condylomata.
- INFERTILITY. HABITUAL ABORTIONS third to fifth month.
- Very sensitive to movement of foetus and to touching uterus .
- Tight os during labour.

#### Cough

- Dry,agg. night, lying, amel. sitting up.

#### Chest

- Dyspnea, amel. motion.
- Breasts become flat.
- Scanty lactation.

#### Back

- PAIN, amel. HARD PRESSURE, lying on something hard, amel. MOTION.

- Coldness as from a cold hand between shoulderblades.

#### Extremities

- Raynaud.

- Cold feet in the evening in bed.

- Cracks on the back of the hands agg. cold, water.

#### Skin

- Herpetic eruptions.

- Psoriasis. Vitiligo. Chloasma. Ringworm, agg. spring.

- Urticaria amel. warm room, agg. open air.

- Dry skin. Thickened and parchment-like.

#### Compl.

Gels, Ign, Kali-c, nat-c, Nat-m, Nux-v, Phos, psor, Puls, Sabad, Sulph, Tub.

#### Dd

Alet, Carb-v, Carc, Lil-t, Murx, Nat-m, Petr, Ph-ac, Phos, Thuj..

### # SILICEA TERRA (sil.)

#### \* LACK OF STAMINA.

##### Mind

- YIELDING, mild, refined, sensitive temperament.

- Want of self-confidence. Irresolution. Timid.

- Conscientious about trifles. Fixed ideas.

- Fears: public speaking, examinations, pointed objects and pins.

- Complaints from long mental exertion. Brain fag.

- Clairvoyance from mental weakness.

- Children: Sensitive, delicate, well-behaved, refined with fits of obstinacy. Sometimes because of fixed opinions.

Timid, answers only to the mother.

Irritable when don't feel well.

Anxiety from noise.

##### Generalities

- REFINED, DELICATE people.

- Children: Thin body with big head and enlarged abdomen.

SLOW DEVELOPMENT. Slow learning to walk and talk.

Aversion to and agg. mothers' milk.

BAD ASSIMILATION, defective nutrition.

- CHILLY (can be agg. heat in acutes).

- agg. COLD, DRAFT, UNCOVERING.

- agg. Suppression of perspiration.

- agg. Changes of moon, full moon.

- agg. Coition.

- STITCHING PAINS, splinter-like (Hep, Nit-ac).

- Frequent colds and infections with enlarged glands, that may suppurate.
- CHRONIC SUPPURATIVE PROCESSES. Abscesses. Fistulas.
- Ailments after vaccination ( Thuj).
- WEAKNESS, lack of energy.
- Caries of bone.

#### Food and drinks

- Desire: Eggs, fat, ice, ice-cream, cold food and drinks.
- Aversion: FAT, (MOTHERS') MILK, salt, meat, warm food.
- agg. MILK.

#### Head

- PAIN: FROM OCCIPUT TO FOREHEAD or right side.
- agg. COLD, DRAFT, uncovering of head, fasting, mental exertion, light.
- amel. Wrapping up, warmth, pressure.
- PERSPIRATION of scalp and neck, agg. during sleep (Calc).
- SENSITIVE TO COLD (Chin, Hep, Nux-v, Psor).
- Falling of hair in intellectual types. Premature balding.
- Open fontanelles (Calc, Calc-p).

#### Eye

- Inflammation and obstruction of lachrymal duct.
- Styes. Ulcer and absces of cornea.

#### Ear

- Acute and chronic ear infections. Purulent discharge.
- Impaired hearing, stoppage, amel. yawning, relieved after loud report.
- Meniere associated with sinus problems.
- Caries of mastoid.

#### Nose

- SINUSITIS (Kali-bi, Lyc, Merc).
- Chronic coryza with dry obstruction.

#### Mouth

- Sensation of a hair on the tongue.
- Abscess at root of teeth. Fistulas. Inflammations of gums.

#### Teeth

- Difficult, slow dentition. Caries.

#### Face

- ACNE, that leaves scars.
- Neuralgia agg. cold, draft, dampness; amel. warmth.

#### Throat

- Recurrent inflammation. Tonsillitis.
- Splinter-like pains.
- Swelling of glands, induration and suppuration.

#### Stomach

- Vomiting from milk (babies).

#### Abdomen

- Swelling, suppuration of inguinal glands.

#### Rectum

- CONSTIPATION, agg. menses. RECEDING STOOL.
- Fistulas. Fissures and hemorrhoids, with spasms of sphincter.
- Diarrhea from milk.

#### Male genitalia

- Elephantiasis of scrotum. Hydrocele.
- Burning and soreness with eruption extending to inner surface of thighs.
- Prostatitis.

#### Female genitalia

- Menorrhagia and after-pains while nursing.
- Fistulas, abscesses. Bartholin's cysts.
- Leucorrhea offensive.
- Eruptions.

#### Respiration

- Asthmatic, agg. exertion, cold.

#### Cough

- Cough agg. cold, cold food and drinks, amel. warmth.

#### Expectoration

- Purulent. Offensive.

#### Chest

- Abscess or tumor mammae. Induration. Nodules. Fistulas.
- Mastitis of nursing women.

#### Sensation of a stone pressing in breast (Phyt).

- Nipples sore, ulcerated, drawn in.
- Colds fail to yield. Pneumonia.

#### Back

- DISEASES OF BONE OF SPINE. Scoliosis. Curvatures. Caries.
- Weakness. Lumbago. Sciatica.
- Coldness. Sensitive to draft.
- Ailments from injury to the spine (Hyper, Nat-s).

#### Extremities

- Coldness.
- NAILS: Break easily. Crippled. WHITE SPOTS.
- INGROWN TOENAILS (Calc, Graph).
- Bunions. Felon, panaritium.
- PROFUSE, OFFENSIVE, CORROSIVE FOOTSWEAT. Excoriates skin and destroys socks.
- Arthritis agg. cold, cold wet weather.

#### Perspiration

- OFFENSIVE. SOUR. ACRID.
- Draft drying up the perspiration may cause headache or arthritic pains.

#### Skin

- UNHEALTHY. TENDENCY TO SUPPURATION.

## - FISTULAS. ABSCESSSES.

- Delicate, pale skin.
- Promotes expulsion of foreign bodies through skin (Anag).
- Keloid. Scars become painful, stinging and red.
- Eruptions, itching amel. night.
- Vitiligo. Ringworm. Impetigo.
- Tumors and warts.

### Compl.

Calc, Fl-ac, Hep, Lyc, Phos, Puls, Sanic, Thuj.

### Dd

Calc, Calc-p, Gels, Hep, Lyc, Merc, Psor, Puls, Sanic, Staph, Thuj.

## # SOLANUM INTEGRI (sol-in.)

### Generals

- Tuberculosis.

### Respiration

- Asthmatic.

## # SPIGELIA ANTHELMIA (spig.)

- \* Neuralgia's. Heart symptoms.

### Mind

- Anxiety about health, about the future, about others.
- FEAR OF POINTED OBJECTS (Sil).
- Sensitive to touch, noise. Touched part feels chilly.
- Delusion floating in the air.

### Generalities

- agg. LEFT SIDE.
- agg. Touch.
- agg. Motion.
- agg. Smoke, tobacco.
- agg. Jar. Concussion.
- NEURALGIC PAINS. Stitching, burning. Like hot needles.

### Food and drinks

- Desire: Warm drinks.
- Aversion: Coffee.

### Vertigo

- agg. Looking down.

### Head

- PAIN: LEFT SIDE. INVOLVING LEFT EYE (Sep, Thuj).

Sometimes ext. backwards into brain, or from occiput ext. above left eye.

Stitching.

agg. Stooping, noise, making a false step, motion, touch, jar, smoke, open air.

amel. lying head high, while washing head with cold water, but worse afterwards.

Periodical.

- Painful tenderness of scalp when touched.

Eye

- SEVERE PAIN IN AND AROUND LEFT EYE. CILIARY NEURALGIA (Verb). Stitching pains.

agg. Motion eyes or face.

- Eyes feel too large.

- No settled focus. Difficult to fit glasses.

- Glaucoma. Iritis. Strabismus.

Nose

- Chronic catarrh. Sinusitis.

Face

- NEURALGIA INVOLVING LEFT EYE, agg. Stooping, touch, motion, morning till sunset, drinking tea.

Mouth

- Toothache, agg. smoking, amel. while eating, worse afterwards.

Abdomen

- Pain about the navel with worm affections.

Rectum

- WORMS (Cina). Itching and crawling.

Respiration

- Dyspnea, agg. moving, raising arms, amel. lying on right side or with head high.

Chest

- ANGINA PECTORIS.

agg. LEAST MOTION, LYING ON LEFT SIDE, deep inspiration.

amel. HOT DRINKS, lying right side.

Pain ext. to left scapula and left arm. Whole left side is sore.

- Tobacco heart.

- Stitching pain about heart synchronous with pulse.

- PALPITATIONS: violent, visible, audible.

With offensive breath.

agg. Bending forward, motion, inspiration, lying on left side. Noise as from a spinning-wheel or purring cat.

- Left intercostal neuralgias extending down the arm.

Back

- Pain about left scapula.

Extremities

- Numbness of left arm.

- Rheumatic pains.

Compl.

Arn, Spong.

Dd

Cact, Bry, Kalm, Lach, Lat-m, Naja, Spong.

# SPONGIA TOSTA (spong.)

\* Respiratory, glands and heart conditions.

Mind

- Cheerfulness alt. with irritability, sadness.
- Tormented by a frightful scene of some mournful event of the past.

Vision of horrible events of the past.

- Thoughts intrude and crowd around each other on closing eyes.
- Fear of heart disease, dead, future. Waking with great fear after midnight.

Generalities

- agg. Before midnight.
- agg. Heat, warm room.
- agg. Sleep.
- agg. Exertion, motion.
- Swelling and induration of glands.
- Slow onset of disease.

Food and drinks

- amel. WARM DRINKS AND FOOD.

Nose

- Nostrils wide open with fanning (Ant-t, Lyc).

Face

- Terrified, anxious expression.
- Cyanosis.

Throat

- Pain from eating sweets.
- THYROID (Iod). Goitre.

Abdomen

- Colic, amel. warm drinks.
- Cannot bear tight clothing.

Male genitalia

- PAINFUL SWELLING OF SPERMATIC CORDS AND TESTES (Puls).
- EPIDIDYMITIS. Orchitis (Rhod).

Respiration

- DRYNESS OF ALL AIR-PASSGES.
- DYSPNEA: agg. After midnight, during sleep, during menses, hot room, lying head low.
- amel. EATING AND DRINKING WARM, leaning body forward or bending head backwards.
- Awakes in fright with feeling of suffocation (Grin, Lach, Op). Sleeps into aggravation, agg. during menses.

## Cough

- DRY, CROUPY, RASPY, like a handsaw sawing thin wood, BARKING.
- amel. DRINKING AND EATING, ESPECIALLY WARM THINGS.
- agg. BEFORE MIDNIGHT, cold drinks, inspiration.

## Chest

- Cannot bear tight clothing.
- PALPITATIONS, agg. before menses, after midnight.
- Cardiac valvular disorders. Hypertrophy of the heart.

## Larynx

- HOARSENESS. CROUP (Acon, Hep).
- agg. BEFORE MIDNIGHT.
- Pain, agg. talking, swallowing, touch.

## Compl.

Hep, Spig.

## Dd

Acon, Hep, Iod, Lach, Phos, Puls, Spig.

## # SQUILLA MARITIMA (squil.)

\* Respiratory organs. Spleen.

## Mind

- Angry about trifles. Malicious.
- Haughty.
- Inclination to sit.

## Generalities

- Chilly.
- agg. Motion.
- agg. Draft, uncovering.
- amel. Rest.

## Eye

- Irritation, itching agg. cough.
- Lachrymation with cough and sneezing.

## Nose

- VIOLENT SNEEZING agg. DURING COUGH.
- Rubbing of nose.

## Abdomen

- PAINFUL AFFECTIONS OF SPLEEN, amel. lying left side.
- Painful contractions of abdominal muscles during dyspnea.

## Stool

- Involuntary while coughing, sneezing; while urinating.

## Bladder

- Frequent and sudding urging to urinate.

- Involuntary urination, agg. coughing, sneezing.

#### Respiration

- Asthmatic with stitches in left chest.

#### Cough

- VIOLENT, exhausting cough, with SNEEZING, LACHRYMATION, INVOLUNTARY URINATION AND STOOL.

agg. Deep inspiration, cold drinks, exertion, change from warm to cold air.

- Cough during measles.

- Loose cough in the morning is more exhausting, than the dry cough in the evening.

- Child rubs face and eyes with fist during cough.

#### Chest

- Stitching in left lower chest.

#### Extremities

- Painful feet from standing. Tender feet of shop girls.

- Rheumatic pains, amel. rest, agg. motion.

#### Compl.

Ant-c.

Dd

Bry, Caust, Chin, Puls, Sep.

### # STANNUM METALLICUM (stann.)

\* WEAKNESS AND EXHAUSTION. Often related to respiratory system.

#### Mind

- Sweat, undemanding. Can go along well with people.

- Get an aversion to people because of weakness.

- Anxiety about future.

- No hope, feels so weak, they know they will die soon.

- Difficult concentration because of mental weakness: thoughts go from one subject to another. Begin one task and get off into another without finishing any.

- Anxiety, sadness before menses, amel. flow.

#### Generalities

- WEAKNESS. As if flowing through the veins.

- agg. USING THE VOICE (speaking, singing, laughing).

- agg. 5 a.m.

- agg. LEAST EXERTION.

- PAINS APPEAR AND DISAPPEAR GRADUALLY, coming and going with the sun.

- Attacks of epilepsy with clenching thumbs, in teething children.

- Skinny, pale and exhausted patients.

#### Head

- Pain and neuralgia, agg. between 10 a.m. and 4 p.m. , gradually increasing and decreasing with the sun. agg. Motion, jar.

## Eye

- Burning from weakness.

## Mouth

- CAN HARDLY TALK FROM WEAKNESS IN CHEST.

## Throat

- Much mucus, difficult to detach.

## Stomach

- Sensation of emptiness.
- Pain amel. pressure.
- Vomiting from smell of cooking.

## Abdomen

- Colic amel. hard pressure.
- Sensation of emptiness.

## Rectum

- Prolapse of rectum during stool.

## Female genitalia

- Prolapse of uterus and vagina with weak, sinking feeling in stomach, agg. stool. Bearing down.
- Leucorrhoea with weakness, alternating with neuralgias.
- Desire increased from scratching distant parts.

## Respiration

- DIFFICULT, FROM OR WITH WEAKNESS.
- DYSPNEA agg. SLIGHT EXERTION, USING VOICE.

## Cough

- WITH WEAKNESS IN CHEST AND THROAT.
- Hold chest when coughing.
- Dry cough at night, with sweet or salty expectoration in the daytime.
- Cough agg. using voice, lying on right side, evening until midnight, exertion.

## Expectoration

- SWEET OR SALTY TASTE. Putrid. Offensive. Profuse.

## Chest:

- WEAK, EMPTY FEELING, agg. USING THE VOICE, EXERTION.
- Asthma. Bronchitis. Pneumonia. Tuberculosis.
- Stitching pain in left side of chest, agg. stooping, inspiration, expectoration, lying on left side.

## Extremities

- WEAKNESS. Drops things. Legs give out.
- Jerks and spasms. Cramps.
- Typewriters' paralysis.
- Weakness and pain in deltoid and arm, agg. using voice.

## Skin

- Discoloration: yellowish copper.

## Perspiration

- Exhausting night-sweats (Tub), agg. towards morning.

## Sleep

- Position: one leg drawn up, the other stretched out.

Compl.

Puls.

Dd

Carb-v, Gels, Laur, Mur-ac, Ph-ac, Sel, Tub.

# STAPHYSAGRIA (staph.)

\* SUPPRESSION OF EMOTIONS.

Mind

- Ailments from INDIGNATION, MORTIFICATION, ROMANTIC DISAPPOINTMENTS.

Suppression of emotions, anger, grief. History of abuse, incest.

- GENTLE, SWEET and MILD persons. Sensitive to rudeness. Unable to fight her own rights.

- Very considerate of others. Not demanding.

- Reluctant to give information. Doesn't want to be a burden.

- SELFLESS. Never egotistical, harsh or proud.

- No bitterness. Blames herself instead of others.

- ROMANTIC AND SEXUAL FANCIES before falling asleep. Masturbation. Can go to lasciviousness.

- Timid when they feel attracted to someone. Romantic vulnerability.

- Depression.

- Suppressed anger can give outbursts of temper. ANGER WITH THROWING, usually not at persons.

Trembling from anger.

- Later stage: excessive irritability, destructive. Very excitable.

- Talk to themselves.

- Vanishing of thoughts on mental exertion with sensation of wood or ball in head. Difficult concentration. Forgetfulness.

- Fear high places.

Generalities

- agg. Morning on waking.

- agg. AFTERNOON NAP.

- agg. ANGER, INDIGNATION, GRIEF, MORTIFICATION.

- agg. Masturbation, sexual excesses.

- agg. Least touch of affected parts.

- Complaints after surgery, cuts.

- Wounds do not heal easily. Damaged tissue becomes indurated.

- Hard tumors, chronic indurations, especially in sexual organs.

Food and drinks

- Desire: Sweets, milk.

- Aversion: Fat, milk.

- agg.: Milk.

Head

- SENSATION OF A BALL OR WOODEN BLOCK in forehead or occiput (Irid, Kali-n). Numb or

hollow sensations.

- Head pain from suppressed emotions; agg. coition, masturbation.
- Eruptions. Loss of hair, agg. about ears and occiput.

Eye:

- STYES which leave small hardened spots.
- Photophobia. Iritis.
- Lacerated or incised wounds.

Teeth

- PREMATURE DECAY, in children.
- Black and crumbling.

Face

- Neuralgia. Pain from lips over face.
- Twitchings.

Throat

- SWALLOWS OR SCRAPES CONSTANTLY while talking.

Stomach

- Nausea after operation.

Abdomen

- Ailments from abdominal operations.
- Colic from anger, from surgery.

Bladder

- HONEYMOON CYSTITIS. CYSTITIS AFTER EVERY INTERCOURSE.
- Ailments after catheter, lithotomy.

Prostate

- Enlarged.
- Prostatitis, pain from anus to urethra. Cancer.

Male genitalia

- MASTURBATION. Masturbate till falls asleep at night.
- Impotency when confronted or after excess.
- Condylomata painful on touch.
- Orchitis, agg. left.
- Induration, tumors of testes.
- Atrophy of testes, agg. sexual excess.

Female genitalia

- masturbation. Frigid when confronted.
- Cysts and tumors. Cancer.
- Painful sensitiveness of organs, agg. sitting.
- Amenorrhea from indignation.
- Ailments after FIRST INTERCOURSE which is very painful causing suffering.

Larynx

- Loss of voice after anger.

Cough

- Nervous or emotional cough.

- Chronic hacking cough.

Extremities

- TREMBLING FROM ANGER.

- CHOREA.

Sleep

- Sleepy all day, sleepless at night, body aches all over.

- Sleeplessness from romantic or sexual fancies. Masturbates to fall asleep.

Dreams

- Amorous dreams with seminal emissions.

Skin

- Itching. Changing place on scratching.

- PSORIASIS AFTER GRIEF, SUPPRESSED EMOTIONS.

- Cut wounds don't heal. Unhealthy skin.

- Oversensitive spots. Ulcers, scars, warts extremely sensitive. Touch may give convulsions.

Compl.

Caust, Coloc, Thuj.

Dd

Caust, Nat-c, Nat-m, Puls, Sil.

# STELLARIA MEDIA (stel.)

\* Rheumatic conditions.

Generalities

- Symptoms in between Bryonia and Rhus-tox.

- agg. WARMTH.

- amel. Cold air.

- agg. Morning.

- amel. Evening.

- agg. Slight motion.

- amel. CONTINUED MOTION.

- RHEUMATIC SHIFTING PAINS ALL OVER BODY.

Head

- Dull frontal pain with sleepiness, agg. morning, left side.

- Rheumatic pains agg. right side.

Face

- Neuralgic pains, agg. right side.

Abdomen

- Liver swollen with stiching pains.

- Painful soreness, agg. pressure.

Rectum

- Diarrhea alternating with constipation.

## Back

- Pain ext. down thighs.
- Stiff and painful neck.

## Extremities

- Sharp shifting rheumatic pains.
- Parts sore to touch.
- Stiffness of joints.
- Fingerjoints enlarged, inflamed, gouty.

## Dd

Berb, Bry, Form, Kali-bi, Kali-s, Puls, Rhus-t, Sal-ac.

## # STICTA PULMONARIA (stict.)

\* Respiratory and rheumatic complaints.

## Mind

- Great desire to talk. Doesn't care if anyone listened.
- Very lively. Felt as if she could to fly.
- Hysteria, must lie down.
- Dullness with coryza.

## Generalities

- agg. Wet weather.
- agg. Sudden change of temperature.
- amel. Open air.
- agg. Night.
- agg. Lying down.
- amel. Least discharge.

## Head

- Headache with DULL PRESSURE IN FOREHEAD, AT ROOT OF NOSE.
- CATARRHAL HEADACHE BEFORE DISCHARGE APPEARS (Hydr, Kali-bi).

## Nose

- Fullness ar root of nose
- Dryness with scabs , agg. evening and night.
- CONSTANT INCLINATION TO BLOW NOSE.

## NO DISCHARGE.

- CHRONIC OBSTRUCTION. Sinusitis.
- Hayfever. Incessant sneezing (Squil).

## Larynx/trachea

- Tracheitis.

## Cough

- Dry, hacking, agg. lying down, evening and at night, inspiration, when tired. Loose in the morning.

## Chest

- Bronchial catarrh with nervous and rheumatic complaints.

#### Back

- Stiffness and rheumatic pain of neck, ext. to shoulders.

#### Extremities

- Chorea-like spasms.

- Legs feel as if floating.

- RHEUMATIC PAINS with stiffness precede catarrhal symptoms.

- Rheumatic pain of right shoulder and arm.

- 'Housemaid's knee'. Shooting pains in knees.

- Red spots of inflammation on affected joint.

- Inflammation of bursae.

- Inflammation at root of fingernails.

#### Sleep

- Sleeplessness from cough, nervousness, after surgical operations, from injuries, accidents; child must be rocked.

#### Dd

Hydr, Kali-bi, Lem-m, Sil.

### # STRYCHNINUM ARSENICOSUM (stry-ar.)

#### Generals

- Chronic diarrhea with paralysis of bladder, rectum and lower limbs.

- Dropsy, internal.

- Prostration. Paresis.

### # STRYCHNINUM PHOSPHORICUM (stry-p.)

#### Mind

- Hysteria. Silly laughing.

- Weak will. Lazy. Loss of moral feeling.

- Prostration of mind. Nervous weakness.

#### Generals

- Twitching, trembling of muscles. Weakness. Awkwardness. Chorea. Locomotor ataxia. Tetanus.

Paralysis. Poliomyelitis.

- agg. Motion.

- amel. Rest, open air

- Pains appear and disappear suddenly.

- Ailments from shock.

- Chorea. Tetanic convulsions.

#### Food and drinks

- Desire: Pungent, sour.

## Back

- Spinal irritation, with burning, aching, weakness of spine; ext. to chest.
- Sensitive to pressure, agg. dorsal.
- Dorsal pain on pressure.

## Extremities

- Cold feet.
- Clammy perspiration feet and hands.

## Sleep

- Sleeplessness with cold feet.

## Skin

- Cold and clammy.

## # STRYCHNINUM NITRICUM (stry-n.)

### Mind

- Alcoholism.

### Generals

- Nervous weakness.

## # STRYCHNINUM SULPHURICUM (stry-s.)

### Generals

- Neuralgia ( face, head).
- Convulsions.

## # STRYCHNINUM VALERIANICUM (stry-val.)

### Generals

- Neuralgic pains.
- Exhaustion of brain power.
- Women with a high state of nervous excitability.

## # STRAMONIUM (stram.)

### \* VIOLENCE.

### Mind

- VIOLENCE AND FEAR OF VIOLENCE.
- A subconscious, dark element.
- Intens emotions leading to violence: out of control, sudden anger. Can be destructive with striking,

biting, tearing, smashing.

- On the other hand EMOTIONAL VULNERABILITY. Fear of being injured. Delusion is alone in the wilderness.

Forsaken feeling.

- STRONG FEARS AT NIGHT. WAKE WITH TERROR, wild look in the eyes. Half awake, half dreaming.

Child wants to sleep with the parents.

- Often seen in people without violent behaviour, but with very strong fears.

- FEARS: DARK (sleeps with light on),

WATER (deep, dark), reflecting surface, running water,

Death, cemeteries,

ANIMALS, esp. dogs (that might attack),

Being alone (agg. night),

VIOLENCE,

CLAUSTROFOBIA, TUNNELS.

- MENTAL CONDITIONS, mania, psychosis with violent behavior, increased strength. Delusions, e.g. of black dogs. Talking in a foreign language.

- Delirium with febrile conditions.

- Jealous, threatens to kill.

- Children: Behavior disorders. Can appear very quiet during consultation.

- AILMENTS AFTER FRIGHT, FROM SUPPRESSED ANGER.

Generalities

- SPASMS, CONVULSIONS, CHOREA. Tics. Jerks. Distortions.

- Neuro-muscular conditions.

- epilepsy: agg. light, looking at bright or reflecting objects.

- Febrile convulsions, delirium.

- Ailments from fright, suppressed anger, head injury, vaccination, fever, cerebral accident.

- agg. DARK.

- amel. LIGHT.

- agg. Looking into light.

- amel. Company, warmth.

- Painlessness of complaints usually painful.

Food and drinks

- Aversion: WATER.

Vertigo

- In the dark or with eyes closed.

Head

- Jerking of the head.

- CONGESTION (Glon). Pulsation.

- Pain from occiput to head, agg. sun, heat, lying, motion, amel. sitting up.

- Meningitis. Encephalitis. From suppressed otitis.

Eye

- PHOTOMANIA.

- Dilated pupils.
- Strabismus. Diplopia.
- Paralysis of optic nerve.
- All objects look black.

#### Ear

- Hallucinations of hearing.

#### Face

- Expression of terror.
- Distorted. Tics. Jerks.
- One side hot, the other cold.
- Heat of face with cold hands and feet.

#### Mouth

- Violent STAMMERING: big struggle to get the word out.

#### Teeth

- Grinding of teeth.

#### Throat

- Spasms on swallowing. Constriction.

#### External throat

- Torticollis.

#### Rectum

- Dark, painless, involuntary, offensive diarrhea.

#### Bladder

- Retention of urine agg. old people.
- Enuresis after fright.

#### Male genitalia

- Desire increased.
- Hands constantly kept on genitals (Hyos).

#### Female genitalia

- Desire increased. Nymphomania. agg. before menses.
- Hands constantly kept on genitals (Hyos).
- Metrorrhagia; with loquacity, singing, praying.
- Puerperal mania. Convulsions after labor.

#### Respiration

- Suffocation when water is poured on head.
- Nervous, spasmodic asthma.

#### Cough

- BARKING. DEEP. LOUD (Bell).
- From looking into bright light or fire.

#### Back

- Opisthotones.

#### Extremities

- CONVULSIONS, SPASMS, CHOREA, JERKS.
- Graceful, rythmic, involuntary motions.

- Severe pain left hip. Hip-joint disease. Absces of left hip joint.
- Coldness with heat of face.
- Hemiplegia with convulsions in the unparalysed parts.

#### Skin

- Chronic abscesses, boils; septic states with spasms.
- Dry and burning.

#### Compl.

Sol-t-ae, Sulph.

#### Dd

Bell, Gal-ac, Glon, Hep, Hyos, Lyss, Nux-v, Puls, Tub, Verat.

### # STRONTIUM CARBONICUM (stront-c.)

#### Mind

- Joyful.
- Sympathetic. Cries easily.
- Active. Very helpful. Decisive.
- Fear of thunderstorm. Disgust of hairy animals.
- Irritable, sudden anger.

#### Generalities

- SENSITIVE TO COLD.
- agg. Beginning to move.
- agg. Rest
- agg. Change of weather.
- amel. Warm application.
- agg. Uncovering.
- Hypertension with flushed face, pulsating arteries; threatened apoplexy. Arterio-sclerosis.
- COLLAPSED STATES, COLDNESS, PROSTRATION AFTER SURGERY. Hemorrhage after operations.
- Climacteric or hormonal disturbances.

#### Food and drinks

- Desire: Milk, (sour) fruit, bread, beer.
- Aversion: Meat.

#### Head

- Violent pulsation (Glon).
- Pain from the neck spreading upwards. amel. Wrapping head up warmly. (Sil)

#### Eye

- Disturbances of vision AFTER OPERATION.

#### Face

- Plethoric. Congested. Flushes face with sensation of heat.
- Supra-orbital neuralgia, pain increases and decreases slowly.

#### Rectum

- Diarrhea with rheumatic complaints (Dulc).
- Diarrhea, agg. night, amel. towards morning. Continuous urging at night.
- Constipation.
- Burning pain lasting a long time after stool (Merc-c, Paeon, Rat).

#### Extremities

- Chronic COMPLAINTS OF THE ANKLE. Sprains of ankle with edema.
- Sciatica with edema of ankle.
- Rheumatic pains, esp. joints.
- Dilated veins, especially arms and hands.

#### Skin

- Itching, burning eruption, amel. open air, esp. warm sunshine.

#### Dd

Arn, Bell-p, Calc, Carb-v, Glon, Phos, Puls, Rhus-t.

### # SULPHURICUM ACIDUM (sul-ac.)

#### \* HURRIEDNESS.

##### Mind

- Does everything in a hurry, eating, writing, talking, walking,...
- Hurried feeling inside. Feels as if there's not enough time to get everything done. Anxious about getting everything finished.
- Wants to accomplish too many things at once, which gives confusion, awkwardness. Ineffectual hurriedness.
- Hurriedness can be only internally. Controlled, but unnatural calmness.
- Dissatisfied. Irritable.
- Lack of communication, no real contact with anybody.
- Talk to themselves.
- Discouraged.
- Absent-minded. Distracted.

##### Generalities

- WEAKNESS AND HURRY.
- The whole organism is accelerated.
- Chilly. agg. Cold, draft.
- agg. SMOG, FUMES (Petr), SMOKE, strong perfume.
- agg. Menopause.
- Facial neuralgia left side. Neuralgic pain in body on right side.
- Pain appear gradually, disappear suddenly (Stann).
- Alcoholism.
- HEMORRHAGIC TENDENCY.

##### Food and drinks

- Desire: BRANDY, alcohol, sweets, fresh food.
- Aversion: WATER, UNLESS SOME ALCOHOL IS ADDED.

- agg. Smell of coffee, alcohol.

## Head

- Brains feel loose, seem to fall from side to side.
- Neuralgic pains agg. left side, amel. sea.
- As if face covered with white of egg (Alum, Graph).

## Eye

- Intra-ocular hemorrhage, agg. trauma (Arn, Ham).

## Nose

- Epistaxis, oozing of dark, thin blood, agg. smell of coffee.

## Face

- Swelling of left parotide and submaxillary gland.

## Mouth

- Sour breath.
- APHTAE (Bor). Going through whole gastrointestinal tract.

## Stomach

- GASTRITIS. HEARTBURN.
- Hiccough and nausea of drunkards. Complaints of alcoholism (Ran-b).
- Cold feeling in stomach when drinking water, unless some alcohol is added.
- Relaxed sensation. Seems to hang down.

## Rectum

- Diarrhea from unripe fruit, oysters.

## Male genitalia

- Easily excited. Premature ejaculation.
- Little satisfaction.

## Female genitalia

- Menses early and profuse.
- Prolapse of uterus and vagina from weakness.
- Gangrene of vagina after prolapse.
- Easily bleeding cervix.
- Climacteric problems.

## Respiratory

- Asthma agg. smoke, fumes, dust. Allergic or bronchial asthma.

## Extremities

- Itching of fingertips. Jerks of fingers agg. during sleep, writing.
- Chillblains with gangrenous tendency.

## Skin

- ECCHYMOSIS. BRUISES. Complementary to Arnica or when Arnica fails.
- Gangrene after injury (Sec).
- Carbuncles, boils.
- Cicatrices turn red and blue, become painful.

## Perspiration

- Perspiration with hurriedness.
- Perspiration sour.

- agg. Warm food.

Sleep

- Wakes up early and unrefreshed.

- Nightmares before menses.

Compl.

Arn, Puls.

Dd

Arn, Ham, Iod, Led, Lil-t, Med, Nux-v, Tarent, Zinc.

# SULPHUR (sulph.)

Mind

- Self-conscious. SELFISH. Egotism.

- Usually self-confident. Domineering.

- CRITICAL. Thinks himself better. Eventually DISGUST for others.

- PHILOSOPHICAL/INTELLECTUAL TYPE

Reclusive.

Theoretical speculations.

Looking for the truth behind things. Wants to discover something nobody discovered.

Scatter their mind in investigations.

- PRACTICAL TYPE: Over-enthusiasm. Practical idealist. Gives a lot to others. Social. Extroverted.

- Needs recognition.

- THEORIZING. Always occupied with his mind.

- LAZY. Procrastinate. Inertia.

- Aversion to DIRT from others. Don't see their own dirt. Indifference for their environment, for their personal appearance. Their house or office is a mess. Can't keep their cloths clean.

- Fastidiousness can be seen also.

- Collects anything. 'Rags are like riches'.

- Mechanical thinking; takes things apart. Inquiring mind.

- Obstinate and irritable.

- Hypochondriacal.

- FEAR OF CONTAMINATION, INFECTION, HIGH PLACES, claustrofobia, death, accidents, for his family.

- CHILDREN

Curious. Investigate.

Obstinate. Domineering. Wants to be treated as grown-ups.

Picky. Disgust. Don't eat from the plate someone touched.

Dirty, eat from their nose.

Generalities

- Intellectual type: Pale, lean.

- Practical type: Plethoric.

- WARMBLOODED. Sometimes chilly.

- agg. HEAT, HEAT OF BED.
- agg. 11 A.M.
- agg. STANDING.
- agg. AND AVERSION BATHING (Am-c).
- agg. Winter. Wintersun.
- agg. Night.
- agg. Climacteric.
- agg. SUPPRESSED ERUPTIONS OR DISCHARGE.
- agg. Wool.
- amel. COLD APPLICATIONS (Fl-ac, Lac-c, Puls).
- agg. LEFT SIDE (Lach, Phos).
- DISCHARGES OFFENSIVE.
- Profuse and offensive perspiration.
- BURNING PAINS.
- Periodicity, 7 days, agg. week-ends.
- Diabetes.

#### Food and drinks

- Desire: SWEETS, FAT, SPICES, ALCOHOL (BEER, WHISKEY), ice cream, COLD DRINKS.
- Aversion: EGGS, SOUR, fish, fat, olives.

#### Vertigo

- Vertigo high places (Calc, Nat-m).

#### Head

- Headache: Burning headache, agg. vertex.

agg. WEEKEND, PROLONGED SLEEP.

agg. Heat. Sun.

agg. Winter.

amel. Cold.

- Eruptions, itching along hair margin. Dandruff.

#### Eye

- CONJUNCTIVITIS with sensation of "sand in the eyes".

amel. Cold applications.

- Blepharitis. MARGINS OF LIDS RED, BURNING. Iritis.

- Purulent discharge. Agglutination in the morning on waking.

- Disturbances of vision before headache.

#### Ear

- Otitis media. Otorrhea.

- Offensive discharge.

- Impaired hearing from catarrh.

#### Nose

- AVERSION TO ODORS OF OTHERS. LOVES HIS OWN.

- Acne on the nose.

#### Face

- Plethoric. Flushes agg. menopauze.

- RED LIPS.

#### Stomach

- APPETITE INCREASED, agg. 11 A.M.
- Gastritis. Stomach ulcers. Heartburn.
- BURNING PAINS amel. COLD DRINKS.
- Drinks much, eats little.

#### Rectum

- DIARRHEA, DRIVES OUT OF BED IN THE MORNING, AROUND 5-6 A.M.
- Diarrhea from beer.
- Flatus offensive.
- Hemorrhoids.
- ITCHING, BURNING agg. NIGHT, HEAT, amel. COLD.
- Redness. Moist and eruptions around rectum.

#### Stool

- Offensive stool.

#### Male genitalia

- High desire.
- Impotency. Erections incomplete during coition.
- Eruptions extending to perineum.
- Offensive perspiration.
- Long-lasting burning in urethra after coition.

#### Female genitalia

- Offensive, burning leucorrhea.
- Offensive perspiration.
- Eruptions and itching.

#### Respiration

- Difficult, agg. night, must sit up, amel. open air.

#### Back

- WEAKNESS AND PAIN agg. STANDING. Can't sit straight up or stand erect.

#### Extremities

- FEET HOT AND BURNING. UNCOVERS THEM AT NIGHT.
- Offensive perspiration of feet.
- LEFT SHOULDER PAIN.
- ARTHRITIS, amel. COLD APPLICATIONS, agg. HEAT (Fl-ac, Guai, Led, Puls).
- Brittle and distorted nails.
- Lymphangitis agg. forearms.

#### Sleep

- SLEEPLESSNESS. CAT-NAPS. Wakes at 5 a.m.
- Position: LEFT SIDE (Calc, Nat-m).
- Laughing in sleep.

#### Dreams

- NIGHTMARES WHEN SLEEPING ON BACK.

#### Skin

- ANY TYPE OF ERUPTION: moist, burning and itching.
- ITCHING, agg. HEAT, NIGHT IN BED, WOOL, BATHING. amel. COLD.
- Boils. Acne.
- Unhealthy skin.

Compl.

Acon, Aloe, Ant-t, Ars, Bad, Bell, Calc, Caust, Ip, Merc, Nux-v, psor, Puls, Pyrog, Rhus-t, Sep, Sil, Sul-i.

Dd

Arg-n, Fl-ac, Lyc, Med, Mez, Nux-v, Plat, Psor, Puls.

## # SYMPHORICARPUS RACEMOSUS (sym-r.)

\* Persistent vomiting and nausea, agg. pregnancy.

Stomach

- VIOLENT NAUSEA WITH VOMITING DURING PREGNANCY. agg. motion. amel. lying on back.
- Indifferent to food. Aversion to smell of food.
- Vomiting of mucus, blood.
- Dry retching.

Dd

Cocc, Colch, Tab, Sep.

## # SYMPHYTUM OFFICINALE (symph.)

\* Injuries of bones and eyes.

Generalities

- FRACTURES. IMPROVES REUNION OF BONES.
- Pains in bones or periost after injuries.
- Injuries of periost, bones.
- Phantom pains (All-c, Hyper).

Eye

- INJURIES OF THE EYEBALL (Arn, Ham).

Face

- Injuries to face.
- Cancer.
- Inflammation of bone.

Stomach

- Gastralgia. Duodenal ulcers.

Back

- Backache from excessive sexual indulgence or violent exertion.
- Caries of vertebrae.

Extremities

- Neuralgia of the knee after injury.
- Painful weakness of joints.

Dd

Arn, Calc, Calc-p, Ham, Ruta, Sil.

## # SYPHILINUM (syph.)

\* Destruction.

Mind

- Loose confidence. Have to check what they did.
- Hypochondriacal. ANXIETY ABOUT HEALTH.
- Anxieties and fears amel. evening, agg. night.
- FEAR OF INFECTION, DISEASE.
- COMPULSIVE NEUROSIS.
- Aversion of dirt. Compulsive washing of hands. Don't shake hands or wash hands afterwards.
- Superstitious.
- Indifference to loved ones. Emotionally disconnected.
- Depression agg. at sea, amel. lying. Depression after heart operations.
- Irritability during headache.

Generalities

- agg. NIGHT. SUNDOWN TO SUNRISE.
- agg. 2-4 a.m.
- agg. Seashore.
- amel. Slow motion.
- BONE-PAINS, agg. NIGHT. agg. Long bones, skull.
- Caries of bones.
- CONGENITAL DEFORMATIONS. DISTORTED FEATURES.
- ALCOHOLISM.
- Neuralgias. Pain slowly increasing and decreasing.
- Dwarfishness.
- Infants begin crying immediately after birth.
- Enlarged glands.

Food and drinks

- Desire: ALCOHOL.

Head

- PAIN agg. IN THE BONES, NIGHT. amel. warmth.
- Linear pains from temple across, or from eyes backward.
- Pain follows sutures of fontanelles (Calc-p).
- Falling of hair.

Eye

- Strabismus. Diplopia, one image seen below other.
- Recurrent inflammation of cornea. Iritis.

- Paralysis of eye-muscles.

Nose

- Caries. Cancer.

- Sinusitis. Post-nasal discharge. Snuffles.

Face

- Neuralgias agg. night.

- DISTORTED FACIAL FEATURES. One-sided paralysis.

Mouth

- CLEFT PALATE.

- Salivation profuse, agg. night.

- Cancer.

Teeth

- Deformed. Caries.

Male genitalia

- Inflammation and nodular formation in testes and spermatic cords.

Female genitalia

- Profuse leucorrhoea, soaks through tampon and runs to heels. Acrid and offensive. agg. Night.

Leucorrhoea in little girls.

Respiration

- Asthmatic: agg. Night, warm wet weather, thunderstorm,  
1-4 a.m.

Back

- Curvature of spine. Scoliosis.

- Pain agg. night, after urination.

Extremities

- BONE PAINS agg. NIGHT, warmth of bed, amel. cold applications.

- Growing pains, agg. night.

Sleep

- Waking around 2-4 a.m. and sleepless afterwards.

Skin

- ULCERS, phagedenic.

Compl.

Med.

Dd

Ars, Aur, Lac-c, Merc, Nit-ac, Rat, Sulph.

# TABACUM (tab.)

\* Symptoms with deathly nausea, vomiting, icy coldness and sweat.

Mind

- Sadness, agg. menses, climacteric.

- Anxiety amel. weeping. Anxious restlessness.

- Desire for company at night.
- Feels as if someone were coming to arrest or murder him.

#### Generalities

- Icy coldness, covered with cold sweat.
- amel. UNCOVERING ABDOMEN.
- amel. Open fresh air.
- agg. Great heat or great cold.
- agg. OPENING EYES.
- agg. Motion.
- agg. Tobacco.
- Desire for tobacco.

#### Vertigo

- On opening eyes.
- amel. Open air.

#### Head

- Headache with severe nausea. agg. Urinating, amel. open air.

#### Eye

- Lachrymation during nausea.
- Tobacco blindness.
- Retina retains images too long (Nat-m).

#### Ear

- Meniere's disease, as if sea-sick.

#### Nose

- Discharge increased with nausea.

#### Face

- Pale, sunken. Covered with cold sweat.

#### Mouth

- Salivation during nausea.

#### Stomach

- DEATHLY NAUSEA, with or without vomiting.
- agg. Tobacco, OPENING EYES, LEAST MOTION.
- amel. FRESH AIR, UNCOVERING ABDOMEN.
- TERRIBLE FAINT, SINKING FEELING at pit of stomach. Sense of relaxation of stomach, with nausea.
- Nausea during pregnancy with much spitting (Sep, Sym-r).
- SEASICKNESS (Cocc, Petr).
- Gastralgia, pain extending to left arm.
- Vomiting violent, with cold sweat, agg. least motion.

#### Abdomen

- Coldness.
- Horrible colic. Intestinal obstruction.

#### Rectum

- Constipation, agg. tobacco.

- Rectum paralysed, prolapsed.
- Diarrhea with nausea and vomiting, prostration and cold sweat (Ars, Verat).

Sudden urging.

Like sour milk, thick, curdled, watery.

- Rectal tenesmus. Spasm.

Kidney

- Colic. Violent pain along urether, agg. left side.

Respiration

- Dyspnea with tingling down left arm, agg. lying left side (Kalm).

Chest

- Arteriosclerosis. High bloodpressure. Tobacco heart.
- Palpitations, agg. lying left side (Lach, Phos, Spig).

Extremities

- Icy coldness.
- Cramps. Spasms. Jerking.

Perspiration

- Profuse with nausea.

Compl.

Op.

Dd

Ars, Cocc, Colch, Ip, Sep, Sym-r, Verat.

# TARENTULA HISPANICA (tarent.)

Mind

- HYPERACTIVE. RESTLESSNESS. Must keep busy. Compulsive worker. Can be internal restlessness.
- Hurried. Impatient. Everybody must hurry.
- INTENSE. Nervous. Boundless nervous energy.
- Desire for rhythmic MUSIC, DANCING.
- Aversion being touched.
- AVERSION TO AND agg. BRIGHT, STRONG COLORS.
- Anxiety things will not get done, something will go wrong.
- Hysterical states when tension is too great. Spasms, fainting attacks.
- Loses control. DESTRUCTIVE IMPULSES. Violent when restrained. Wildness.
- Cunning. Tries to hide impulses.
- Destructiveness. Breaks things. Tears clothes. Self-injury.
- Insanity. Destructive violence with superhuman strength. Desire to kill. Erotic mania.
- Delusions of monsters, insects, ghosts.

Generalities

- amel. VIGOROUS MOTION.
- amel. RHYTHMIC MUSIC. DANCING.

- amel. Rubbing (Phos, Plb).
- agg. Touch.
- agg. Bright, strong colors.
- Chilly. agg. Cold.
- CONVULSIONS. CHOREA. TWITCHINGS. JERKS.
- Emaciation.
- Burning pains.
- Periodicity.
- Formication.

#### Food and drinks

- Desire: Spices, cold drinks, raw food, sand, salt.
- Aversion: Meat.

#### Head

- Violent, neuralgic pain amel. rubbing head, brushing or pulling hair.

#### Rectum

- Constipation. Stool remains long in rectum, no urging and awful anxiety.
- Constipation with restlessness and rubbing head against pillow.

#### Bladder

- Tenesmus agg. during menses.

#### Male genitalia

- Desire increased. Promiscuous.
- Tumors in testes.

#### Female genitalia

- Desire increased. Promiscuous.
- Itching, deep in vagina, agg. menses.
- Tumors. Fibroids. Cancer.
- Metrorrhagia.
- Dysmenorrhea with very sensitive ovaries.
- Sensation as from foetus in uterus. Burning in uterus.

#### Cough

- Cough agg. coition.

#### Chest

- Sensation as if heart twisted and turned around.
- Heart takes sudden jumps.
- Mitral valve degeneration with violent palpitations.
- Angina pectoris.

#### Back

- Painfully sensitive spine.
- Tumors around spinal column.

#### Extremities

- RESTLESSNESS. FIDGETY.
- Restless feet and legs in bed.
- CHOREA. TWITCHES. JERKS.

- Numbness and weakness of legs.
- Fingertips oversensitive, amel. rubbing.

#### Sleep

- RESTLESSNESS.

#### Skin

- Boils. Carbuncles.
- Deep abscesses.
- Itching and formication as from insects creeping (Coca, Sec).
- Ecchymosis.

#### Compl.

Ars, Sulph.

#### Dd

Ars, Bell, Hyos, Iod, Lil-t, Med, Nux-v, Stram, Sul-ac, Tub, Verat, Zinc.

### # TAXUS BREVIFOLIA (tax-br.)

#### Mind

- Mind dull and foggy; blank.
- Bashful, mild, insecure. Lack of self-confidence. Yielding.
- Sleepiness during daytime.
- Concentration difficult. Can't understand what people say. Difficulty learning to read.
- Confusion amel. eating, walking.
- Anxiety about family. Conscious but feels incapable.
- Anxiety, shock, as if things are unreal.

Panic attacks keep her awake or wake her up at night.

Wakes with anxiety, palpitations, ringing in ears.

- Fear something bad will happen; heart attack; things going wrong.
- Sentimental longing for death.

#### Generalities

- Chilly. Coldness of parts.
- agg. Sun.

#### Head

- Vertigo.
- Pain, pressure in head; amel. lying down, agg. standing, moving about.

#### Eye

- Dry. Sensation of sand.

#### Ear

- Ringing, buzzing.

#### Mouth

- Dry.
- Palate: swollen disc.

#### Gastro-intestinal

- Stomach pains and diarrhea.
- Constipation.

#### Urinary tract

- Frequent urination at night.
- Burning in urethra.

#### Female genitalia

- Leucorrhea, thick, yellow, agg. after menses.

#### Respiration

- Difficult agg. exertion.

#### Chest

- Pain axilla, ext. down arm.

#### Back

- Pain sacroiliac joint ext. downward right side.

#### Extremities

- Pains sharp, shooting in muscles and joints, agg. knees and feet; amel. walking, warmth.
- Restless legs at night.
- Throbbing pains in fingers.

#### Sleep/dreams

- Sleeplessness from anxiety.
- Unrefreshing.
- Dreams of dead relatives; being chased; vicious animals that attack and kill.

#### Dd

Ambr., Bar-c., Calc., Calc-sil., Gels., Hell., Op., Magn-arct., Nux-m., Sil.

#### # TELLURIUM METALLICUM (tell.)

- \* Skin and back affected.

#### Mind

- Fear of being touched in sensitive places.
- Irritability alt. with cheerfulness.
- Restlessness.

#### Generalities

- agg. Night.
- Discharges OFFENSIVE, ACRID, EXCORIATING (Kreos).
- Whole body smells like fish (Sanic) or garlic.
- Sensitiveness of bones.

#### Food and drinks

- Desire: Apples (Ap-g, Guaj).

#### Vertigo

- Morning after rising.

#### Head

- Pain in left side and above left eye.

- Eczema of occiput. Eruptions at margin of hair. Red spots.
- Numbness of occiput and neck.

#### Eye

- Inflammation and swelling of lids, agg. left.
- Pustules, eczema on lids.

#### Ear

- OTORRHEA. DISCHARGE ACRID, EXCORIATING, OFFENSIVE LIKE FISH-PICKLE. agg. Left.
- Eczema behind ear.

#### Face

- Twitching and distortion of left side.
- While talking, left corner of mouth is drawn up to left.
- Left sided neuralgias.
  - Barber's itch.

#### Rectum

- Eruptions. Itching after stool.

#### Genitalia

- Herpetic eruptions on scrotum and perineum.

#### Back

- LUMBAGO AND SCIATICA. Mostly right side.
- PAIN: agg. COUGHING, SNEEZING, STRAINING AT STOOL, TOUCH, night, lying painful side.
- Painful sensitiveness of spine (Chin-s). Pain extends upward to head on touch, pressure.
- Injuries of the spine (Hyper, Nat-s).

#### Extremities

- Offensive foot-sweat.

#### Perspiration

- Offensive like garlic.

#### Skin

- Skin affections with offensive odor (Psor).
- Herpetic eruptions. RINGWORM. Eczema.
- Itching agg. cool air.

#### Dd

Am-m, Bry, Chin-s, Coloc, Dios, Gins, Gnaph, Graph, Kali-i, Lach, Mag-p, Rhus-t, Sanic, Sulph.

#### # TEREBINTHINIAE OLEUM (ter.)

\* hemorrhages. Affections of urinary tract.

#### Mind

- Dullness, amel. urination.
- Hysteria, cannot move any part of the body.
- Hypochondriasis.
- Suicide by hanging.

#### Generalities

- HEMORRHAGIC TENDENCY.

- Burning pains.

- Edema.

- Convulsions on urinating, hearing or seeing water, bright objects (Lyss, Stram).

Eye

- Purple swelling under eyes.

Nose

- Passive epistaxis in children (Ham).

Mouth

- Tongue dry, red, shining (Kali-bi). Burning tip.

- Ecchymosis, bleeding.

Abdomen

- Enormous distention. Tympanitis. Colic.

- Bruised soreness. Flatulence.

- Peritonitis. Dropsy.

Rectum

- HEMORRHAGE from bowels. Enterocolitis. Ulceration of bowels.

- Burning and tingling amel. cold water.

Urinary organs

- Inflammation of kidneys or bladder with

**BLOODY, BLACK OR 'SMOKEY' URINE.**

**URINE WITH COFFEE GROUNDS.**

- **URINE WITH STRONG ODOR, LIKE VIOLETS.**

- Violent burning in whole urinary tract. Pain alternates between bladder and navel, amel. walking in open air.

- Inflamed kidneys following any acute disease or after exanthema.

Female genitalia

- Terrible burning in uterus; with bearing down, agg. urination.

- Menorrhagia with black blood.

- Fibroids.

Respiration

- Dyspnea. Bronchitis in children with retention of urine.

Expectoration

- Bloody expectoration, hemoptysis.

Back

- Burning pain in region of kidneys.

Extremities

- Perspiration on legs.

- Edema.

Skin

- Acne. Urticaria. Vesicular eruptions.

- **PURPURA. ECCHYMOSIS** (Arn, Ham, Led, Phos, Sul-ac).

Dd

Apis, Arn, Canth, Ham, Kreos, Lach, Sec, Sul-ac.

## # TEUCRIUM MARUM VERUM (teucr.)

\* Polyps.

Mind

- Oversensitive to noise of voices of people.
- Excitement after hearing horrible things; during perspiration.
- Loquacity during heat.

Generalities

- POLYPS.
- When too much medicine has produced an oversensitive state and remedies fail to act. Lack of reaction.

Head

- Ailments after injuries of head.

Nose

- NASAL POLYPS (Kali-n, Sang).
- Chronic catarrh with obstruction, agg. right.
- Dryness compels to blow nose, but no discharge.
- Formication in nose with sneezing and lachrymation.

Face

- Acne.

Stomach

- Hiccough, violent, painful.

Rectum

- Offensive flatus like rotten eggs.
- Itching of worms agg. bedwarmth. Ascarides with nightly restlessness.

Urethra

- Excesses in urethra following gonorrhoea.

Female genitalia

- POLYPS OF VAGINA AND UTERUS.

Extremities

- Ingrowing toe-nails with ulceration. Panaritium.
- Rheumatic pain in bones and joints.

Skin

- Dry.

Compl.

Calc, Chin, Puls, Sil.

Dd

Calc, Kali-bi, Kali-n, Phos, Sang, Staph, Thuj.

## # TEUCRIUM SCORODONIA (teucr-s.)

### Generals

- Tubercular pathology or history.
- Internal dropsy.
- Abscess of glands.

### Head

- Severe periodical pain, agg. menses.

### External throat

- Swelling of cervical glands.

### Female genitalia

- Menses profuse.
- Dysmenorrhea, unbearable cramping pains.

### Cough/respiration

- Constant rattling cough.

### Chest

- Cavity in left lung.

### Dreams

- Snakes.

### Dd

Ant-t., Bac., Helx., Kali-s., Lach., Laur., Senec., Seneg., Stann., Tub.

## # THEA CHINENSIS (thea)

### Mind

- Great nervous excitability.
- Desire to talk about fears. Desire consolation.
- IMPULSE TO KILL HER OWN CHILD, TO COMMIT SUICIDE.
- FEAR OF THEIR IMPULSES.

### Generalities

- agg. Night.
- Worse cold and heat.

### Food and drinks

- Desire: Acids, lemons.

### Head

- Cold, damp feeling in occiput, amel. warm application.

### Eye

- Neuralgia of eyes.

### Nose

- Epistaxis before menses.

### Stomach

- Empty, sinking feeling. Stomach seems to hang like an empty bag.

## Female genitalia

- Soreness and tenderness of ovaries.

## Extremities

- Nervous excitement in hands, wrist and feet. Restlessness of feet.

## Sleep

- Sleepy in daytime and sleepless at night with palpitations and restlessness.
- HORRIBLE DREAMS OF MURDERING PEOPLE.

## Dd

Ars, Hep, Iod, Lyss, Merc, Nux-v, Plat, Sep.

## # THERIDION CURASSAVICUM (ther.)

- \* Over-sensitive to noise.

## Mind

- SENSITIVE TO NOISE, even if they don't hear it. It penetrates the body.
- Extreme nervous sensitiveness. Over-excited. Hysteria.
- Easily startled. Anxious.
- Lack of self-confidence.
- Vanishing of emotions, ideas and activities.
- Mind becomes sluggish. Aversion to mental exertion.
- Time passes too quickly. Confusion of identity.

## Generalities

- agg. NOISE.
- agg. Closing eyes.
- agg. Jar.
- Tense, nervous people, hysteria.
- Emaciation. Exhaustion.
- Caries of bone.

## Food and drinks

- Desire: Sour fruit, oranges, bananas, red wine and brandy.

## Vertigo

- VERTIGO with nausea and vomiting,
- agg. noise, least motion, riding of car, closing eyes.
- Hysterical vertigo.

## Head

- Pain above left eye, with vertigo, agg. talking, noise, motion.

## Eye

- Sensitive to light.

## Nose

- Chronic catarrh with obstruction. Yellow-green offensive discharge.

## Teeth

- Pain from noise.

## Stomach

- SEASICKNESS (Cocc, Petr, Tab).

Nausea and vomiting: agg. Closing eyes, motion, noise, amel. drinking warm water.

## Male genitalia

- SEMINAL EMISSIONS DURING SIESTA.

- Desire diminished.

## Female genitalia

- Desire diminished.

- Soreness of ovaries, agg. motion.

- Dysmenorrhea with extreme sensitiveness of cervix.

## Chest

- Hysterical palpitations.

- Phtisis pulmonalis.

## Back

- Spinal irritation. Very sensitive between vertebrae, avoids pressure (Chin-s, Tell). Sits sideways on a chair.

## Sleep

- SLEEPLESSNESS THOUGH EXHAUSTED. Catnaps.

## Dd

Asar, Cocc, Coff, Con, Hep, Nux-v, Sil.

## # THLASPI BURSA PASTORIS (thlas.)

\* Uterine hemorrhage.

## Generalities

- HEMORRHAGE.

- General bruised soreness with hemorrhage from uterus.

- Effects of suppressed uterine diseases.

## Food and drinks

- Desire: Buttermilk.

## Nose:

- Epistaxis during pregnancy, agg. left nostril. Passive hemorrhage.

## Face

- Cracked lips.

## Stool

- Bloody. Purulent.

## Bladder

- Dysuria. Spasmodic retention. Replaces use of catheter.

- Chronic cystitis.

## Kidneys

- Renal calculi.

## Urethra

- Urethritis. Urine in little jets.

## Urine

- Hematuria.
- Brick-dust sediment.

## Female genitalia

- HEMORRHAGE DURING PREGNANCY OR DELIVERY.
- Hemorrhage with violent uterine colic. Expulsion of clots.
- Metrorrhagia. Every alternate menses, very profuse.

Hardly recovers between periods.

- Leucorrhea before and after menses. Bloody, dark, offensive. Stains indelibly.
- Abortion. Hemorrhages after abortion.
- Fibroids. Cancer of cervix.

## Back

- Pain with hemorrhage from uterus.

## Compl.

Croc, Erig, Ip, Mill, Phos, Sabin, Tril-p, Ust.

## # THUJA OCCIDENTALIS (thuj.)

## Mind

- Low self-esteem. FEELINGS OF WORTHLESSNESS.
- FEELS THAT NOBODY WOULD LOVE THEM IF THEY REALLY KNEW THEM.
- Feels unattractive.
- Have problems finding their identity.
- Tries to fit in. Imitates the behavior of popular, successful people around them.
- Loose contact with themselves. Sensation of being frail. Delusion is made of glass.
- Feels separated from people. Distant in relationships. Feel lonely and empty. Depressions.
- SECRETIVE to hide what they think others don't like about them. Lies. Deceit. As if withholding something ugly.
- Suspicious as to what people think of them. Mistrustful.
- Become hardhearted.
- Manipulative, dictatorial to compensate the inner feeling.
- Conscientious about trifles. Fixed ideas. Fastidious.
- Sensitive to music, to church music. Weeping from music.
- Fear of wind (Cham, Puls).
- Swallows words at the end of the sentence. Forgetful while speaking.

## Generalities

- SYCOTIC. Hypertrophy.
- Chilly.
- agg. COLD, DAMP WEATHER.
- agg. Afternoon (5 p.m. )

- agg. LEFT SIDE.
- General amelioration of chronic complaints during coryza.
- AILMENTS FROM SUPPRESSED GONORRHEA, WARTS.
- AILMENTS FROM VACCINATION, ESPECIALLY SMALLPOX.
- Chronic catarrhal infections.

#### Food and drinks

- Desire: ONION (RAW), garlic, TEA, sweets.
- Aversion: ONION, TEA.
- agg. ONION.

#### Head

- Hair greasy or dry, like straw and it sticks up.
- LEFT SIDED HEADACHES, FOREHEAD AND TEMPLE. LIKE A NAIL (Ign).

#### Eye

- Warts on lids.

#### Face

- TUMORS OR WARTS (Caust, Dulc, Nit-ac)
- Acne, with scarring.
- Greasy. Face looks waxy, shiny.
- Eyebrows very thin, absent on lateral half.

#### Nose

- Sinusitis.
- Dryness of nose. Post-nasal drip.
- Nose running during stool.

#### Stomach

- Bulimia.

#### Abdomen

- SENSATION OF SOMETHING ALIVE IN THE ABDOMEN (Croc). Feels like they are pregnant.
- Brown spots (Lyc, Sep).

#### Rectum

- CONDYLOMATA.
- Fissures.
- Constipation with receding stool.
- Diarrhea agg. morning, after breakfast.

#### Bladder

- FORKED STREAM.

#### Prostate

- Hypertrophy.

#### Urethra

- Urethritis.

#### Male genitalia

- CONDYLOMATA.
- Herpes.

#### Female genitalia

- CONDYLOMATA.
- TUMORS, CYSTS, FIBROIDS.
- Ovarian cysts, agg. left.
- Herpes.
- Pain in left ovary, agg. menses, extending to left inguinal region.

#### Respiration

- Asthmatic, agg. cold, damp weather.

#### Extremities

- Legs feel as if made of glass or wood. As if they would break.
- Nails: brittle or deformed nails (Graph, Sil).
- Ingrowing toenails (Graph, M-aust, Sil).
- Rheumatic pains agg. cold, damp weather, rest.

#### Sleep

- Position: LEFT SIDE (Calc, Nat-m, Sulph).
- Wakes at 3-4 a.m.

#### Dreams

- OF FALLING.

#### Perspiration

- OILY. SWEET-SMELLING. OFFENSIVE.
- Only on uncovered parts.
- Whole body except the head.

#### Skin

- WARTS, GROWTHS, TUMORS.
- KELOID.
- Herpetic eruptions. Eczema. Psoriasis.
- Eruptions only on covered parts.

#### Compl.

Ars, Lach, Med, Merc, Nat-m, Nat-s, Nit-ac, Puls, Sabin, Sil, Sulph, Tub.

#### Dd

Lac-c, Lyc, Med, Nat-s, Puls, Sil, Staph.

### # TOXICOPHIS PUGNAX (toxi.)

#### Mind

- Apathy.

#### Generals

- Periodicity, annual.
- Symptoms from below upward.
- Dropsy.
- Inflammation of glands.
- Malignancy.

#### Rectum

- Cancer.

Urinary symptoms

- Urination involuntary at night.

Extremities

- Cancer of bones.

## # TUBERCULINUM BOVINUM KENT (tub.)

Mind

- ROMANTIC LONGINGS.

- Seeks self-gratification, fulfillment and change. But never achieve it.

- NEVER TRULY SATISFIED.

Driven to change. Restless. Desire to travel.

- 'Burns the candle at both ends'. Dissipate themselves.

- Becomes irritable over daily circumstances. Cursing.

- Aggressive and malicious. Frustration.

- Children: Restless. Discontented.

Obstinate. Irritable.

Break your favorite things.

Anger tantrums. Hyperactive.

- FEAR of dogs and CATS.

Disgust with cats, sometimes fur.

- Compulsive neurosis. Wants things to be done in a certain order. Checks things. Ritualistic behavior.

- Shrieking in sleep agg. before menses.

- Loquacity during fever.

- Mental retardation in children.

Generalities

- Allergies to fur, especially cat fur.

- Lose weight even though they eat a lot (Lyc, Psor).

- agg. BEFORE STORM, changes of weather (Rhod).

- agg. Cold wet weather.

- agg. Sea.

- agg. SLIGHT EXPOSURE TO DRAFT.

- amel. Warm, dry weather.

- amel. IN PINE FORESTS, mountains.

- amel. Open air.

- agg. Evening.

- Chill before falling asleep.

- GLANDS ENLARGED, INDURATED. LIKE KNOTTED CORDS.

- General exhaustion. Weakness. Fatigue.

Food and drinks

- Desire: FAT, PORK, HAM,

SALAMI, SMOKED MEAT,  
COLD MILK, ice-cream, spices, salty.

- Aversion: Meat with desire for fat.
- agg. MILK (allergies).

Head

- HEADACHE: LIKE AN IRON BAND.

Periodic: every week, every other week.

- STRIKES HEAD AGAINST THINGS (Apis, Bell).
- Alopecia.
- Rolling of the head.

Eye

- Conjunctivitis. Blepharitis.
- Long, fine eyelashes in children.

Ear

- Recurrent otitis.

Face

- Alopecia. Acne.
- Circumscribed red discoloration of cheeks.

Teeth

- GRINDING DURING SLEEP (Ars, Bell, Cann-i).
- Dentition difficult, slow.

Throat

- Enlarged tonsils.

External throat

- HARD SWELLING OF GLANDS IN NECK AND NAPE, LIKE KNOTTED CHORDS (Bar-i, Bar-m, Calc-i).

Stomach

- All-gone hungry feeling drives to eat.

Rectum

- Painful constipation.
- Recurrent diarrhea, agg. early morning.

Male genitalia

- HIGH DESIRE. PROMUSCUOUS (Fl-ac, Med).
- Early masturbation.
- Painful erections in children.

Female genitalia

- HIGH DESIRE. PROMUSCUOUS (Med, Plat).
- Dysmenorrhea. Pain increases with the flow.
- Amenorrhea.

Respiration

- ASTHMATIC amel. WALKING AGAINST THE WIND, RIDING IN CAR WITH HEAD OUTSIDE.

Cough

- DRY, HARD, HACKING, agg. during sleep.

## Chest

- FREQUENT, RECURRENT COLDS, PNEUMONIA, ETC.
- Painful swelling of breasts before menses.
- Perspiration on chest with cough.
- Thin, narrow chest.

## Back

- Fine, dark hair grows along the spine, in children.
- Perspiration on lung area.

## Extremities

- Rheumatic complaints: agg. rest, beginning to move, cold wet weather; amel. motion, warmth (Rhus-t).
- Wandering pains.
- Finger tips brown.

## Sleep

- Position: Knee-chest position (Med).
- Restless.

## Dreams

- Nightmares.

## Fever

- Recurrent.

## Perspiration

- PROFUSE AT NIGHT, WEAKENING (Stann).

## Skin

- Itching amel. heat, e.g. open fire; agg. cold air, scratching.

## Changes place upon scratching (Staph).

- Eczema. Ringworm. Psoriasis.

## Compl.

Ars, Bell, Bry, Calc, Calc-p, Chin, Dros, Hydr, Kali-s, Psor, Puls, Sep, Sulph.

## Dd

Bac, Calc, Calc-p, Carc, Med, Phos, Rhus-t, Sanic, Sulph, Verat.

## # URTICA URENS (urt-u.)

\* Urticaria-like eruptions. Rheumatism. Lactation.

## Generalities

- ALLERGIC REACTIONS AFTER EATING SHELL-FISH.
- Periodicity, yearly.
- Ailments from suppressed nettle-rash, suppressed milk.
- Urticaria alternating with rheumatism.
- agg. Cold bathing. Cool damp air.

## Stomach

- Vomiting from suppressed urticaria.

## Rectum

- Pinworms with urticaria.

Male genitalia

- Itching, stinging and swelling of scrotum. Keeps him awake.

Female genitalia

- Itching, stinging and swelling of genitalia.

Chest

- DISTURBANCES IN LACTATION.

- Excessive swelling of breasts, with burning and stinging.

Extremities

- Acute gout.

- Rheumatism associated with urticaria-like eruptions.

- Pain in right deltoid, agg. rotating arm inwards.

Skin

- URTICARIA-LIKE ERUPTIONS.

ITCHING, BURNING AND STINGING.

Red blotches.

Sensitive to touch. agg. Over-heating.

- Itching like formication.

- BURNS AND SCALDS of first and second degree (Canth).

- INSECT BITES AND STINGS (Apis, Led). Chicken pox.

Dd

Apis, Canth, Led, Rhus-t.

# USTILAGO MAYDIS (ust.)

\* Affects female genitalia.

Mind

- Irritability.

- Restless at night.

- Sadness after menses; from masturbation.

- Sexual thoughts with masturbation.

Generalities

- agg. MENSES, CLIMAXIS.

- Hemorrhages.

Food and drinks

- Desire: Apples, hearty food.

- amel.: Apples.

Vertigo

- At climaxis. During profuse menses.

Head

- Nervous headache from menstrual irregularities.

As if top would fly off.

## Vision

- White spots.

## Nose

- Epistaxis.

## Throat

- Sensation of a lump.
- Tonsillitis, agg. left.

## Abdomen

- Pain with copious menses.

## Male genitalia

- Uncontrollable masturbation. Handles genitals.
- Chronic inflammation, induration of testes.

## Female genitalia

- METRORRHAGIA, PARTLY CLOTTED, PASSIVE ROPY BLOOD.
- PAIN, INDURATION LEFT OVARY, ext. down thigh.
- UTERINE TUMORS, FIBROID, CERVIX BLEEDS EASILY.
- Bearing-down when child nurses.
- Leucorrhea, offensive, acrid.
- Dysmenorrhea. Cramps in uterus.
- Desire increased.

## Chest

- Inflammation and induration of mammae.
- Stitching pain under left mammae, in left side.

## Back

- Sensation of boiling water along the back.

## Extremities

- Nails exfoliate, falling out.

## Skin

- Eruptions, coppery spots.
- Psoriasis. Alopecia.

## Dd

Croc, Erig, Ham, Ip, Lach, Mill, Sabin, Sang, Sec, Sep, Tril, Vib, Xan,

## # VERATRUM ALBUM (verat.)

### Mind

- MENTAL OVER-STIMULATION.
- Intellectual precocity.
- RESTLESSNESS. Tremendous hyperactivity. Need for motion.
- Senseless, repetitive behavior out of internal restlessness, like cutting or tearing things, into smaller and smaller pieces.
- Inquisitive.

- CRITICAL. Hardhearted. Cursing.
- Haughty.
- Never happy with SOCIAL POSITION. Feel they deserved better.
- Jealous.
- Mania. RELIGIOUS DELUSIONS. ERRORS OF IDENTITY. Thins he is Christ or appointed by God. Thinks he is a chosen person, send to save the world.
- Erotic mania. exhibitionism. Kisses everyone.
- Anxiety about salvation.
- Gloomy before menses.
- Waking with screaming from nightmares.
- Lies, does not know what he is saying.

#### Generalities

- CHILLY. Internal coldness, as if ice-water in the veins.
- agg. COLD.
- WEAKNESS. COLLAPSE WITH COLDNESS, COLD PERSPIRATION.

#### Food and drinks

- Desire: SOUR, UNRIPE FRUIT, SALT, highly seasoned, ICE, COLD DRINKS, cucumber, herring, sardines, anchovies.
- agg. Fruit, cold water.

#### Head

- COLD PERSPIRATION ON FOREHEAD (Carb-v, Op) or vertex.
- Neuralgic pains with weakness, vomiting, collapse, cold perspiration.
- Cold sensation of vertex.

#### Ear

- Ears alternating hot and cold.

#### Nose

- Cold tip.

#### Face

- Pale, cold.
- Lips cold and blue.

#### Mouth

- Cold breath (Camph, Carb-v).
- Tongue pale, cold.

#### Teeth

- Grinding.

#### Throat

- Sensation that water is running down on the outside when drinking.

#### Stomach

- VOMITING AND DIARRHEA SIMULTANEOUSLY, WITH COLD PERSPIRATION, WEAKNESS (Ars).
- PROJECTILE VOMITING.
- Thirsty.
- Cold feeling in stomach.

## Abdomen

- Cold feeling.
- Cramps. Distention. Colic.

## Rectum

- DIARRHEA: agg. During chill, during menses, motion.

Profuse, watery, forceful.

WITH VOMITING, COLDNESS, PROSTRATION (Ars).

## Female genitalia

- Desire increased, agg. before menses.
- Dysmenorrhea: with coldness, prostration. vomiting and diarrhea.

## Respiration

- Asthmatic agg. cold, damp weather, amel. bending head back.

## Chest

- Sensation of coldness in the chest.
- Pneumonia. Chronic bronchitis.

## Extremities

- COLD. BLUE. Raynaud.
- Blue nails.
- Jerks, twitches. Cramps.
- Rheumatic pain agg. cold, wet weather, warmth of bed, amel. walking up and down.

## Compl.

Arn, Ars, Carb-v.

## Dd

Ars, Camph, Cann-i, Carb-v, Hyos, Med, Rhus-t, Tarent, Tub, Zinc.

## # VERATRUM VIRIDE (verat-v.)

### Mind

- Similar to Veratrum album.
- Restlessness.
- Capriciousness.
- Irritable. Suspicious.
- Loquacity.
- Strikes himself (Tarent).
- Fear of seeing doctor, of being poisoned (Hyos, Lach).

### Generalities

- CONGESTIONS. Pulsations (Glon).
- Cerebrospinal fever.
- Convulsions during parturition.

### Head

- Congestion almost apoplectic.

- Congestive headache.
- Hot head. Throbbing arteries.
- Constant nodding of head.

#### Face

- Congested. Flushed.
- Convulsive twitching of facial muscles. Chewing motions of jaw.

#### Mouth

- RED STREAK DOWN CENTER OF THE TONGUE.

#### Throat

- Pulsating carotids.

#### Stomach

- Vomiting after drinking cold water.

#### Female genitalia

- Suppressed menses with congestion to head.
- Dysmenorrhea.

#### Chest

- Congestion in chest.
- PNEUMONIA WITH RAPID PULSE, violent congestion, vomiting, anxiety.
- Rapid, hard pulse or slow pulse with violent heart beats. Valvular disease.
- Beating of pulses throughout body.
- Mastitis with congestions.

#### Back

- Opisthotonos.
- Lancinating pains in lumbar region like thrusts.
- Pulsating in cervical region during menses.

#### Extremities

- Cramps.
- Pulsations.
- Convulsive twitching. Violent electric-like shocks in limbs.
- Hot swelling of knees.

#### Dreams

- Of water.

#### Skin

- Cyanosis.

#### Dd

Bell, Glon, Meli, Stram, Tarent, Verat.

### # VIBURNUM OPULUS (vib.)

- \* Cramping pains of internal female sexual organs.

#### Mind

- Fear baby will die or will be unhealthy.

- Can close of emotions. Indifferent.

#### Generalities

- agg. Warm room.
- agg. Lying on affected side.
- amel. Open air.
- amel. Rest.

#### Abdomen

- Sudden cramps and colic.
- Sensitive to pressure about umbilicus.

#### Female genitalia

- CRAMPING PAINS FROM ABDOMEN GOING DOWN THIGHS.
- PAINS FROM THE BACK AROUND THE PELVIS AND TO ANTERIOR MUSCLES OF THIGHS.
- Frequent and early miscarriage.
- False labor-pains. After-pains.
- Very conscious of internal sexual organs (Helon). Bearing-down.
- Leucorrhea agg. during stool.
- DYSMENORRHEA.

#### Back

- Pains end in a cramp in uterus or go down thighs.

#### Extremities

- Cramps in calves before menses, during pregnancy.

#### Dd

Caul, Coloc, Cupr, Xanth, Ust.

### # VIOLA ODORATA (viol-o.)

#### Mind

- Inclination to weep, involuntary; when anything is refused.
- Predominance of intellect over feelings.
- Aversion to music, especially violin.
- Delusion snakes in and around her.
- Magnetism ameliorates.

#### Generalities

- agg. Cold air, cloudy weather.

#### Eyes

- Heaviness of lids.
- Colored zigzags and circles before eyes.

#### Face

- Acne rosacea.

#### Respiration

- Dyspnea agg. during pregnancy.

#### Extremities

- RIGHT WRIST AFFECTED. CARPAL TUNNEL SYNDROME.
- Rheumatism of upper limbs, especially in deltoid muscle.

Dd

Act-s, Caul, Caust, Cimic, Guaj,

## # VIOLA TRICOLOR (viol-t.)

- \* Urinary symptoms and skin affections of scalp and face.

Generalities

- agg. Night.
- Urinary symptoms with skin affections.
- Ailments from suppressed eruptions.

Head

- Eczema of scalp with swollen glands. Cracked crusts exuding tenacious yellow fluid. Milk crusts.

Ear

- Eruptions behind ear.

Face

- Eruptions. Impetigo. Scabs exuding yellow, viscid pus, with burning. Itching agg. night.

Urine

- Copious, offensive, SMELLS LIKE URINE OF A CAT.
- Enuresis.

Female genitalia

- Leucorrhea in children.

Extremities

- Rheumatism of joints with itch-like eruption around joints.

Dreams

- Amorous, with pollutions.

Skin

- Eruptions. THICK SCABS, WHICH CRACK AND EXUDE A TENACIOUS YELLOW PUS, WITH INTOLERABLE ITCHING AND BURNING, agg. NIGHT.
- Impetigo. Eczema in childhood.

Dd

Graph, Olnd.

## # WHITE MARBLE (marb-w.)

Mind

- Would like someone to take care of all my needs.

Forsaken feeling. Isolated feeling. Resentful.

- Sensitive, easily hurt. Vulnerable.
- Feels attractive, gorgeous, charming.

'Sedusive', like a cat, to get the needs.

- Self-absorbed. Confident. Selfish. Haughty. Keeping up appearances.
- Feels pleasantly estranged. Laughing at silly things.
- Irritability. Morbid impulses.
- Sadness. Suicidal thoughts.
- 'Feline sensations': Extremely aware of birds. Scratching. Thinking of climbing and jumping from heights.

#### Generals

- Bathing av. to.
- agg. Undressing.
- amel. Seaside.
- Heaviness external, amel. thinking of it.
- Weakness, sudden, short lasting, recurrent.

#### Food and drinks

- Aversion: Fish.
- Desires: meat (raw).

#### Head

- Pain, pressing, vertex, amel. motion, open air.

Pulsation amel. lying.

#### Eye/vision

- Sensation of hardness.
- Photophobia.

#### Ear/hearing

- Pain, pulsation behind right ear.
- Stopped sensation.

#### Nose

- Obstruction morning.
- Pain left side.

#### Face

- Numbness cheekbones; on waking.
- Eruptions red, itching.

#### Mouth/teeth

- Painful, sore gums.
- Clinch teeth in sleep.
- Biting teeth together amel. pain.

#### Throat/external throat

- Swelling cervical glands and thyroid.

#### Stomach

- Ball, sense of, agg. night lying down.

#### Abdomen

- Discharge from umbilicus.
- Eruptions around navel, vesicles. Itching umbilicus.

#### Rectum/stool

- Flatus, loud, offensive, amel..

- Stool like small balls.

Chest

- Pain cramping right side.

Extremities

- Coldness.

- Pain right shoulder, agg. arm behind back.

- Restless legs.

Sleep/dreams

- Restless. Sleepless from activity of mind.

- Dreams of complaining.

Compl.

Unknown.

Dd

Aeth., Granit-m., Hyos., Limest-b., Med., Phos., Plat., Puls., Sang., Stram.

# WYETHIA HELENOIDES (wye.)

\* Symptoms of hay fever.

Generalities

- agg. Afternoon.

Eye

- Itching.

Ear

- Itching in ear.

Nose

- HAYFEVER.

- ITCHING IN THE NOSE AND POSTERIOR NARES.

Mouth

- ITCHING OF PALATE. INCLINATION TO RUB IT WITH THE TONGUE.

Throat

- Itching ext. to ears.

- Constant clearing and hemming. Constant desire to swallow.

- Feels swollen. Uvula feels elongated.

- Hoarseness when talking or singing.

Stomach

- Belching of wind alternating with hiccough.

Rectum

- Itching in rectum.

Female genitalia

- Pain in left ovary extending to knee (Xanth).

- Could outline contour of uterus (Helon, Murx).

## Cough

- Dry, hacking cough caused by tickling of epiglottis.

## Chest

- Burning in bronchial tubes.

## Dd

All-c, Ambro, Arund, Arum-t, Euphr, Just, Sabad.

## # XANTOXYLUM FRAXINEUM (xan.)

\* Female genitalia.

## Mind

- Anxiety, startled easily. Nervous.
- Closed personality.
- Fear of death, cancer, agg. during menses.
- Oversensitive to noise before or during menses.
- Irritability and anger directed at family (Sepia).

## Generalities

- Ailments from suppressed menses or suppressed sexual desire.
- Left-sided hemiplegia following spinal disorders.
- Injuries of nerves (Hyper).
- Numbness, agg. left side.
- Neuralgic pains.

## Head

- Neuralgic or congestive headache before and during menses.

Sensation of a band.

Pain over left eye.

## Eye

- Photophobia before menses.

## Nose

- Numbness of left side of body, division felt in nose, (Par).

## Face

- Flushes of heat. Red during dysmenorrhea.
- Neuralgia.

## Throat

- Swelling of thyroid, with hypo-function.

## Female genitalia

- **DYSMENORRHEA, OVARIAN NEURALGIA WITH PAIN EXTENDING DOWN THE THIGHS WHICH BECOME NUMB (Gnaph).**

agg. 4 a.m.

- After-pains with profuse lochia.
- Leucorrhea instead of menses.
- Amenorrhea from getting feet wet (Puls, Rhus-t).

- Ovarian tumors.
- Endometriosis.

#### Respiration

- Constant desire to take a long breath.
- Catching with the pain.

#### Back

- Pain as if broken, agg. before menses.
- Pain in whole left side of back.
- Coccyx very sensitive. Seems elongated.

#### Extremities

- Soreness of thighs before of during menses.
- Neuralgic shooting pains, as from electricity, all over limbs.
- Left sided hemiplegia. Numbness of left side.
- Floor feels soft, like wool, when walking.

#### Dd

Caul, Cimic, Gnaph, Sabin, Ust, Vib.

### # ZINCUM METALLICUM (zinc.)

\* OVER-STIMULATION OF NERVOUS SYSTEM, leading to exhaustion of it.

#### Mind

- RESTLESS, HYPER-ACTIVE, OVER-SENSITIVE.
- Over-active mind and ideas abundant. Loquacity.
- DISCONTENTED and complaining. Torments everyone with his complaints (Nit-ac).
- Irritability from noise (Ferr), talking of others.
- Fits of anger with weakness afterwards.
- Mental weakness agg. morning. Dullness. Confusion. Slowness in thinking. Mistakes in speaking and writing.
- Repeats questions before answering (Aur).
- Sadness amel. evening. Feels calm when thinking of suicide.
- Superstitious (Arg-n, Con, Rhus-t, Stram).
- Children: Restless. Discontented (Calc-p, Sanic, Tub).
- Shrieking like a cow.
- Delirium with violence and desire to escape.

#### Generalities

- OVER-STIMULATION OF THE NERVOUS SYSTEM, WITH WEAKNESS OF IT IN LATER STAGES.
- agg. WINE.
- agg. 11.00.
- agg. Vaccination (maland, Sil, Thuj).
- agg. Cold.

- amel. Evening (Med, Sep).
- amel. DISCHARGES. MENSES (Lach).
- AILMENTS FROM SUPPRESSED DISCHARGES AND ERUPTIONS.
- Parkinson.
- SPASMS, JERKS, TICS, CHOREA.

#### Food and drinks

- Aversion: Fish, sweets.
- agg. WINE (alcohol).

#### Head

- MENINGITIS. Rolls head from side to side, shrieks, bores head in pillow, twitching all over body, ending in stupor and paralysis (Hell).
- Forehead is cold and occiput is warm.
- Occipital headache with rolling of the head.
- Headache from wine. amel. Open air.

#### Eyes

- Stitching pain inner canthi.
- Inflammation during menses (Ars.).
- Strabismus.
- Photophobia.

#### Face

- Cracks lips and corners of mouth.
- Twitchings, tics.
- Sickly, unhealthy, withered, wrinkled.

#### Mouth

- Grinding during sleep (Ars, Bell, Cina, Cann-i, Tub).

#### Stomach

- Gastritis, indigestion, agg. wine, bread, veal, milk.
- Appetite increased around noon, 11 a.m. (Sulph).

#### Abdomen

- Cramping pain, colic, agg. eating, noise, conversation.

#### Rectum

- Diarrhea during headache.
- Constipation or diarrhea from wine.
- Suppressed diarrhea gives cerebral complaints.

#### Bladder

- Can urinate only when sitting, leaning backwards.
- Retention of urine from paralysis. Hysterical retention.

#### Male genitalia

- Desire increased. Violent erections.
- Easily excited. Premature ejaculation.
- Loss of pubic hair (Nat-m, Ph-ac, Sel).
- Child grasps genitals when coughing.

#### Female genitalia

- Strong desire. Masturbation. Nymphomania.
- agg. BEFORE MENSES AND amel. BY THE FLOW (Lach).
- Menses flow more at night (Mag-c).

#### Respiration

- Asthmatic from suppressed discharge, menses, eruptions.
- DYSPNEA amel. FROM THE LEAST EXPECTORATION.

#### Cough

- agg. Eating sweets.
- Dry cough in the morning before menses and during menses.

#### Chest

- Pain mammae before or during menses.

#### Back

- Burning pain in spots; in spine agg. sitting.

#### Extremities

- RESTLESSNESS. CONSTANTLY MOVES LEGS AND FEET (Rhus-t, Tarent), agg. in bed.
- Numbness and formication in legs when lying.
- Twitches, jerks, electric-like activity in the muscles.

#### Hyperactivity in the muscles.

- Painless paralysis.
- Pain in the heels from wine.
- Varicose veins on legs, agg. pregnancy (Ferr, Puls).

#### Sleep

- SLEEPLESSNESS FROM RESTLESSNESS or jerking of extremities, especially legs and feet (Ars, Caust, Rhus-t, Tarent).
- Wakes as from fright, with shrieking, recognizes no one.
- Comateuse sleep from suppressed eruptions.

#### Skin

- Eruptions. Fissures.

#### Compl.

Calc-p, Puls, Sep, Sulph.

#### Dd

Agar, Ars-i, Calc-p, Caust, Cic, Hell, Lach, Nit-ac, Rhus-t, Tarent, Tub, Verat.